



COCOON
— MEDICAL SPA —



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Rejuvenate your body from the inside out with innovative new therapies that detoxify and cleanse. Experience total relaxation in our beautiful spa sanctuary whilst your body is transformed using holistic treatments by our qualified team. Our cutting-edge therapies can help with weight loss and skin problems to reveal a happier, healthier you.



NUR LAILI

Senior Aesthetic and Wellness Nurse

Nur has been providing hands-on artistry and expertise in the areas of beauty, wellness and anti-aging for more than 12 years. With a driving passion to help others achieve a higher level of self-confidence, she is devoted to empowering others to look and feel their absolute best. Nur takes pride in helping her patients achieve their desired results with customised treatment plans and individual attention.

AESTHETIC FACIALS

DIAMOND MICRODERMABRASION

30 mins / USD 130

Exfoliate away dead skin cells, clear old acne scars, reduce the size of pores and produce even texture and tone. Our advanced Diamond Microdermabrasion system is strong enough to remove dead skin cells but gentle enough for the most sensitive of skins. It increases blood flow to the skin and helps to produce collagen.

LED RED LIGHT THERAPY

30 mins / USD 120

LED therapy uses low intensity light-emitting diodes (LEDs) in a process similar to photosynthesis (in which plants use chlorophyll to convert sunlight into cellular building blocks). The light stimulates production of collagen and elastin, and suppresses collagenase, the enzyme that breaks down collagen and accelerates aging. The Bio-Synthesis system uses the latest technology and treatment principles that stem from extensive research, data and efficacy studies on photosynthesis conducted by NASA.

GALVANIC IONTOPHORESIS

30 mins / USD 140

Gavanic Iontophoresis therapy involves the use of mild electric currents, consisting of positive and negative ions, to refresh, stimulate and rejuvenate the skin. It uses iontophoresis to transport electronically charged particles (ions) into the skin. This advanced therapy promotes the absorption of products used on the skin, driving them deeper into the pores to increase hydration, circulation, radiance and firming. This helps reduce the appearance of fine lines and wrinkles and gives a dewy fresh appearance. Recommended for most skin types, including sensitive skin.

PLATELET RICH PLASMA

1.5 hour / USD 380

The “Vampire Facial” is popular for those seeking a natural method to rejuvenate their skin and stimulate healing. PRP is tissue regeneration with your own blood cells. Your own blood platelets are harvested and treated to extract growth factors and specialised cells involved in the healing process (post injury) and cell regeneration. This concentrated plasma is enriched with your own platelets, growth factors and natural stem cells. Platelets are blood cells with several crucial functions. They contain important growth factors that, when secreted, are responsible for: tissue regeneration, increasing collagen production, initiating vascular re-growth, inducing cell differentiation and extra-cellular matrix formation. Growth factors and stem cells also increase cellular turnover and collagen production, which promotes youthful, glowing and radiant skin. When growth factors are stimulated by a PRP treatment, collagen production is boosted, helping to improve the appearance of ageing related skin damage, including wrinkles, scarring and fine lines.

DERMAPEN MICRONEEDLING

1 hour / USD 280

Erase your skin’s history and try one of the most popular anti-aging treatments in the world. Microneedling has been used for centuries to produce microscopic channels as a way to regenerate skin cells and improve skin texture. Dermapen is an advanced skin needling treatment increasing collagen production and skin regeneration. It also increases product absorption x 1000. Dermapen increases collagen production up to 400% and leads to reorganisation of old collagen fibres and laying down of new collagen, elastin, and capillaries. It can also reduce the appearance of scars, wrinkles and lines.

All prices are subject to 10% service charge and 12% GST.

AESTHETIC FACIALS

CLEOPATRA 24 CARAT GOLD FACIAL

1.5 hour / USD 230

The Queen of Luxury Facials: Diamond Microdermabrasion + LED Red Light therapy + 24 Carat Gold Leaf Mask + Peptide Hyaluronic Acid Serum + Peptide Gold Collagen Moisturiser

Cocoon's 24-carat gold and collagen skin package is designed to improve skin elasticity, reverse cell damage, improve blood circulation and increase the regeneration of your natural collagen. This is a superb pick-me-up facial with great results, unveiling a clean, luminous glow. The advanced microdermabrasion treatment prepares the skin by exfoliating dead skin cells. This increases blood flow to the skin and helps to produce collagen. The LED (Light-emitting diode) delivers deep stimulation to the skin, improving your natural collagen levels. Finally the intense nourishment of the 24 Carat Gold + Collagen mask, hyaluronic acid + peptide moisturiser will help stimulate the natural collagen production in your skin and reduce the appearance of wrinkles and fine lines.

SILK PEEL DERMAL INFUSION

1.5 hours / USD 370

For a truly luminous holiday glow: Diamond Microdermabrasion + Galvanic iontophoresis facial + LED Red Light therapy + Gold Collagen Mask + Peptide Hyaluronic Acid Serum + Peptide Collagen Moisturiser

A Diamond Microdermabrasion prepares the skin by exfoliating dead skin. This is followed by a Galvanic facial that infuses hydration, collagen and hyaluronic acid. Finally the LED and mask will leave your skin glowing, and radiant!

MESO-NEEDLING FACIAL

2 hours / USD 480

Achieve smoother and younger skin: Diamond Microdermabrasion + Dermapen Microneedling + LED Red Light therapy + Gold Collagen Mask + Peptide Hyaluronic Acid Serum + Peptide Collagen Moisturiser

This deep, long lasting facial is a deeper skin rejuvenation treatment, used to treat fine lines and wrinkles, improve skin texture and colour, and stimulate new collagen growth. The Dermapen's multiple, vibrating needles pierce the skin several hundred times per minute to enhance rejuvenation results. Followed by a deeply hydrating gold mask and LED red light therapy to promote additional collagen production.

BIO CELL FACIAL

1.5 hours / USD 610

10 Years Younger Makeover: Diamond Microdermabrasion + PRP Cell Rejuvenation + Galvanic Infusion + LED red light therapy

The powerful PRP (active stem cells cultured from your own blood) repairs cells and encourages the growth of new ones. It activates deep tissue that tighten and firm the skin. The treatment also includes a Diamond Peel to deeply exfoliate the skin, and LED red light therapy to stimulate the growth of new collagen. The treatment cleans, exfoliates, tightens and hydrates, so it's a one-stop treatment for anti-aging. By tightening facial muscles and repairing the skin's cells, the Bio Cell Lift will deliver firmer, fresher and more youthful skin.

ANTI AGEING PACKAGES

NAKED SKIN PACKAGE

2 hours / USD 860

No makeup! No filters! Just glowing, fresh, healthy skin: Diamond Microdermabrasion + Dermastamp + PRP Cell Rejuvenation + LED

Our most raved about package at Cocoon Medical Spa is our “Naked Skin” package, which clears and brightens the skin naturally so you can go makeup-free everyday. The package includes 4 treatments that target different levels and resolve different problems – including reducing pigmentation, fine lines and wrinkles, large pores, old acne scars. It renews the skin and promotes the growth of collagen naturally, in a process called “collagenization”.

MARINE PEPTIDE BRIGHTENING FACIAL

1.5 hours / USD 270

A pick-me-up brightening facial that clears impurities and deeply hydrates the skin:

- Deep Clean + toner
- High Frequency
- LED red light therapy
- Facial massage
- Algae peel off masque
- Peptide Moisturizer
- Steam extraction
- Ginseng Mist
- Sunscreen

Cocoon’s signature facial works to rejuvenate your skin and visibly reduce skin imperfections. This facial is perfect for congested skins with blackheads and whiteheads from pollution or stress. After a deep cleanse and facial massage, the clogged pores will be manually extracted under a steamer that opens the pores and makes extraction easy and pain free. This is followed by high frequency and LED which both calm the skin and have anti-bacterial properties to prevent future break outs. A peel off mask will further extract any remaining impurities from the skin. Finally, after the skin is completely clean, a hydrating serum and moisturiser is applied. This will stimulate the growth of new skin cells promoting a smoother, tighter and brighter skin complexion.

WELLNESS, DETOX AND BODY CONTOURING

COLON HYDROTHERAPY

1 hour / USD 175

Are you suffering from any of the following: bloating, constipation, dark circles under the eyes, tiredness, pot belly, tension, fatigue, indigestion, chronic headaches or nausea? All these are symptoms of an underactive and clogged bowel. With our modern lifestyles and unhealthy diets, this can lead to huge amounts of toxic build up in our bodies. If you desire the added benefits of tummy flattening and intense detoxification, the colonic should be perfect for you. Cocoon Medical Spa uses a closed system of colon hydrotherapy. This means no mess, no smell, no embarrassment. It is a very gentle system, our expert therapist gently massages your abdomen and releases the tubes when required. Feel relaxed and cleansed from this gentle treatment.

VITAMIN IV INFUSION

JET LAG HYDRATION

30 mins / USD 190

Don't let a long flight ruin your holiday with tiredness and sleepless nights. A therapeutic cocktail of high-dose Vitamin C and saline reboot the system.

DETOX & RECHARGE

30 mins / USD 230

Similar to the famous Myers Cocktail from Johns Hopkins, Vitamins C, B1, B6, B12, Neurobion and Glutathione detox the liver, improve your immune system and give you a much needed energy boost.

ANTI-AGEING

30 mins / USD 280

The ultimate combination of vitamins and minerals bring back youthful skin: Vitamins B1, B6, B12, Glutathione, and the miracle skin ingredient Alpha-Lipoic Acid with collagen and Vitamin C.

VELASHAPE FAT BLAST

1 area USD 250 | 2 areas USD 480 | 3 areas USD 600

The Cocoon Fat Blast Package is fast, safe and an effective weight loss solution. Cocoon's Slimming/Package offers a harmonious blend of the latest scientific technologies to remove the stubborn fat that diet and exercise have been unable to shift. This treatment will reduce cellulite, shape and firm the skin, and reduce body fat in the areas of abdomen, hips and thighs, arms. The advanced treatment works by using a combination of technologies, including cavitation and radio frequency, to target and destroy fat cells, while normal body tissue remains unaffected. Once the fat cells are broken down, the body naturally removes them through its normal elimination process. Expect to see results in just one appointment!

- Eliminate stubborn fat
- Reshape "problem" areas - perfect for those last pockets of fat that diet and exercise simply cannot move
- No downtime - the fat blaster is a walk-in walk-out procedure and you may resume your normal routines the same day

EPIGENETIC ANALYSIS

USD 195 per person | USD 350 per couple

Dig deeper into your genetic data. Undergo an epigenetic hair test, through a bio profiler, which provides information about your body's levels of nutrients, vitamins, minerals, essential amino acids, fatty acids, antioxidants and contaminants. Discover which daily nutritional and environmental factors are impacting on your body's cells. The epigenetic test gives you lifestyle and diet recommendations to optimise your health.

All prices are subject to 10% service charge and 12% GST.

