

HOUSE & GARDEN®

October
2016
£4.30



*The sitting room
of a New York house
designed by Rita Konig*

**FIRST
LOOK**
13 PAGES
OF THE LATEST
FABRICS
and
LONDON
DESIGN
FESTIVAL
HIGHLIGHTS

plus
THE
INSTANT
POWER
OF PAINT

NEW CHAPTER

THE STORIES BEHIND HOUSES IN LONDON, SHROPSHIRE & FRANCE
THE NEXT PHASE IN THE LIFE OF A HISTORIC IRISH GARDEN
THE RUG COMPANY'S WORK IN NEPAL AFTER THE EARTHQUAKES



ARABIAN DAYS

LAURA HOULDSWORTH HIGHLIGHTS MIDDLE EASTERN DESTINATIONS THAT ARE IDEAL FOR WINTER SUN. WITH SPECTACULAR SCENERY AND LUXURY HOTELS

BAHRAIN

The first Arab state to have its own Formula One Grand Prix, Bahrain is fast becoming the new Middle Eastern hot spot. Coinciding with this renaissance is the opening of a new One & Only resort in Seef on the north-western coast early next year. The resort will have private villas with direct access to the beach - ideal for families - in addition to 150 rooms and suites. Food lovers will enjoy the Hakkasan restaurant, overseen by Michelin-starred chef Ho Chee Boon, and there will be boutiques offering the world's leading fashion brands, a Givenchy Spa and a wide range of water sports on offer. oneandonlyresorts.com

OMAN

There is an abundance of natural beauty in Oman - from glorious mountains and wind-blown deserts to miles of pristine coastline, so make the most of your visit by staying in both the north and south of the country. There is a new Anantara resort opening in both areas.

The Anantara Al Jabal Al Akhdar in the north east opens in October and is set 2,000 metres above sea level on the curving rim of a great canyon, while the Al Baleed Resort Salalah By Anantara in the southern province lies on a scenic beach and is near a UNESCO World Heritage Site. Anantara offers seven nights from £4,430 per person, B&B, based on two sharing a premier room, including three nights at Anantara Al Jabal Al Akhdar Resort and four nights at Al Baleed Resort Salalah By Anantara, transfers and selected activities and tours, but excluding flights. anantara.com

UNITED ARAB EMIRATES

Dubai's lavish Burj Al Arab Jumeirah hotel, situated on a man-made island off Jumeirah Beach, is one of the city's most well-known landmarks and is the ideal place to soak up some winter sun. Its iconic sail-shape structure has a new addition - a 10,000-square-metre terrace that stretches out into the azure waters of the Persian gulf. It opened this summer and

is home to a restaurant and bar, two pools, butler-serviced cabanas and a beach area. Elegant Resorts offers five nights from £5,595 per person, B&B, based on two people sharing a One Bedroom Deluxe Suite, including flights and transfers. Valid from November 7 to December 20, 2016. elegantresorts.co.uk

QATAR

Doha, the capital city, is set to eclipse Dubai as the Arabian Peninsula's most dynamic city with its heady mix of old and new. Futuristic skyscrapers sit comfortably next to the city's vibrant souks and markets, and there is a thriving contemporary art scene developing, too. Art and history buffs will enjoy visiting the Museum of Islamic Art, which houses an extensive collection from across the Muslim world. Destinology offers three nights from £1,145 per person, B&B, based on two people sharing a standard room at W Doha Hotel & Residences, including Qatar Airways flights. destinology.co.uk | qatartourism.gov.qa



Katara Cultural Village in Doha, the capital of Qatar

packing list



From left: BEACH BAG 'Bucket Bag' (ananas indigo), £39.95, from Elizabeth Scarlett. elizabethscarlett.com FACE MASK Express Flower Gel Mask, by Sisley, £80 for 60ml, from Space NK. spacenk.com SUN CARE SPF50 Protective Face Base, £29.50 for 50ml, from Bobbi Brown. bobbibrown.co.uk SWIMSUIT 'Long Island Scallop Halter', £190, from Heidi Klein. heidiklein.com □