



ANANTARA

MAI KHAO PHUKET
VILLAS



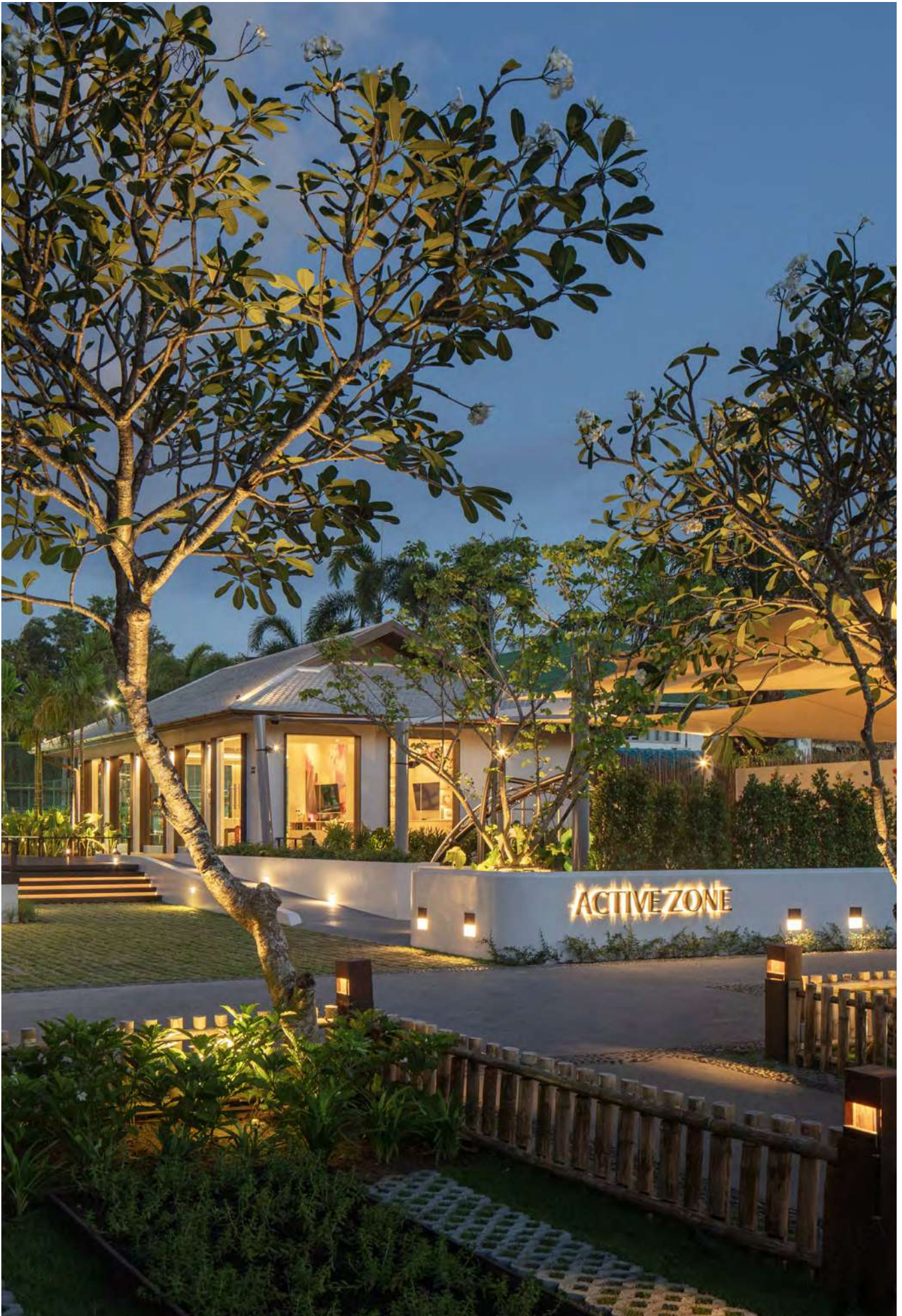
Discover Mai Khao
Nature, Movement and Local Experiences

Life in Mai Khao moves at a gentler rhythm, shaped by nature,
local traditions and simple moments of discovery.

Begin the day with yoga, Pilates or Tai Chi,
set out on a birdwatching walk through landscapes alive with native birdlife,
or experience the energy of Muay Thai and tennis. Explore our organic farm,
learn about the sea turtles that return to these shores, and uncover
another side of Phuket by bicycle or on a Scomadi adventure.

The journey continues through flavour, from preparing treasured Thai recipes
with Spice Spoons to sharing a candlelit dinner by the sea or a private barbecue
in your villa.

However you choose to spend your day, each experience
brings you closer to the nature, culture and quiet beauty of Mai Khao.





Turtle Conservation Experience

Learn about the dedicated work of the Mai Khao Marine Turtle Foundation and its efforts to protect Phuket's sea turtles. Gain a deeper understanding of these remarkable marine creatures and the importance of preserving their natural habitat.

Complimentary | Tuesday–Saturday at 11.00 am
Except public holidays | JW Marriott Resort & Spa



Birdwatching Experience

Spend a peaceful morning observing the diverse birdlife that thrives across Mai Khao's tropical landscape. Guided through the resort's lush surroundings, each sighting offers a closer connection to the area's rich natural habitat.

Complimentary | Tuesday & Friday at 9.00 am
Meet at the Library | Ages 6+ | Maximum 8 guests
Cancelled in the event of rain



Farm Discovery

Explore our organic farm and meet the friendly animals that call it home. Along the way, discover how seasonal herbs, fruits and vegetables are carefully cultivated and harvested, bringing the freshness of Mai Khao's natural surroundings to our restaurant kitchens.

Complimentary | Tuesday at 3.00 pm
Maximum 10 guests | Meet at the Active Zone
Cancelled in the event of rain



Tennis

Step onto the court for a relaxed match or a focused coaching session shaped around your experience. From mastering the essentials to sharpening your technique, each session offers an engaging way to enjoy the game amid Mai Khao's tropical surroundings.

Daily | 8.00 am–8.00 pm | Active Zone
Court and equipment:
Complimentary for 60 minutes per room, per day

Tennis partner:
THB 2,500++ per person
Duration: 60 Minutes

Private lesson:
THB 3,500++ per person
Duration: 60 Minutes



Muay Thai

Explore the strength, rhythm and traditions of Thailand's celebrated martial art in a private session guided by our experienced instructor. Tailored to all ages and abilities, each experience combines dynamic movement with authentic technique.

Discover the discipline and artistry of Thailand's iconic martial art through a private session tailored to your pace and ability.

Price:

Private session:

THB 1,800++ per person

Duration: 60 Minutes

Couple's session:

THB 2,700++ per couple

Duration: 30 Minutes

Children's session (under 13 years):

THB 1,000++ per child

Duration: 30 Minutes



Bike Tour

Experience the quiet beauty of Mai Khao on two wheels, passing through peaceful landscapes and some of Phuket's richest bird habitats. Choose a scenic ride around Jea Son Lake or continue towards Mai Khao Beach for a memorable plane-spotting experience.

Cycle through Mai Khao's natural landscapes, home to one of Phuket's richest bird habitats.

Price:

Bike Tour (Jea Son Lake)

THB 1,000++ per person

Duration: 30 Minutes

Mai Khao Plane Spotting Biking Tour

THB 1,800++ per person

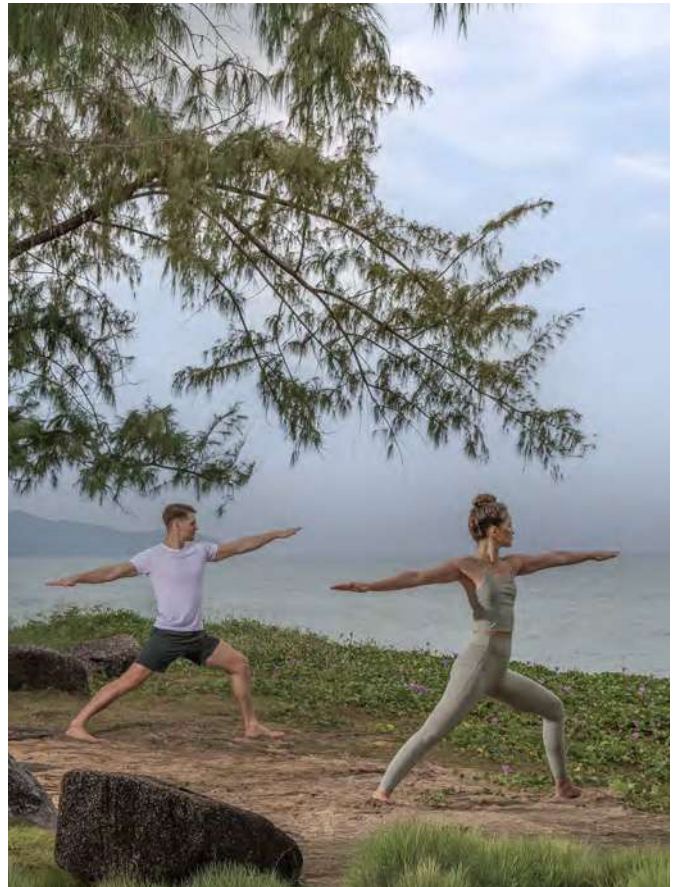
Duration: 120 Minutes



Pilates Mat Class

Cultivate strength, flexibility and graceful movement through a mindful mat-based Pilates session. Guided by our experienced instructor, each class focuses on core stability, posture and controlled movement to leave the body feeling balanced and renewed.

Price: Free of charge
Operation: Monday & Saturday,
 8.00 am. – 9.00 am.
Location: Active Zone Studio



Beginner Yoga

Ease into the foundations of yoga through gentle postures, mindful breathing and unhurried movement. Designed for those new to the practice, each session encourages flexibility, balance and a calm beginning to the day.

Price: Free of charge
Operation: Tuesday, Thursday & Sunday,
 8.00 am. – 9.00 am.
Location: Active Zone Studio , Beach lawn



Tai Chi Class

Embrace the quiet rhythm of Tai Chi through a graceful sequence of flowing movements and focused breathing. This ancient practice nurtures balance, relaxation and a deeper sense of inner harmony.

Price: Free of charge
Operation: Wednesday, 8.00 am. – 8.30 am.
Location: Active Zone Studio , Beach lawn



Morning Stretching

Gently awaken the body with guided stretches that improve flexibility, ease muscular tension and encourage freedom of movement. A restorative way to feel refreshed and energised for the day ahead.

Price: Free of charge
Operation: Friday, 8.00 am. – 9.00 am.
Location: Active Zone Studio , Beach lawn



Circuit Training

Move through a dynamic sequence of strength and cardiovascular exercises designed to engage the entire body. Each energising session builds endurance, coordination and overall fitness.

Price: Free of charge
Operation: Tuesday, 5.00 pm. – 6.00 pm.
Location: Active Zone Studio



Full Body Workout

Strengthen and mobilise the body through a balanced combination of functional movements targeting all major muscle groups. The session supports greater stability, mobility and everyday performance.

Price: Free of charge
Operation: Thursday, 5.00 pm. – 6.00 pm.
Location: Active Zone Studio



Cardio Workout

Elevate your heart rate with an invigorating session of rhythmic, high-energy movement. Designed to enhance stamina and cardiovascular fitness, the workout leaves you feeling energised and accomplished.

Price: Free of charge
Operation: Friday, 5.00 pm. – 5.30 pm.
Location: Active Zone Studio



Scomadi Adventure

Set out on a classic Scomadi scooter and experience another side of Phuket, travelling through local communities, farms and cultural landmarks. Each journey reveals quiet corners and scenic routes beyond the island's familiar shores.

Price: THB 700 per bike per day
Remark: *Deposit is required at THB 2,000 and International motorbike license is strongly required*



Spice Spoons

Delve into the flavours of Thailand with a personalised cooking class in our picturesque herb garden, surrounded by fragrant plants and friendly farm animals. Select favourite dishes from La Sala's Thai menu and prepare them under the guidance of our expert chef, with the option to begin the journey at a local market in search of authentic ingredients and culinary traditions.

Price:

Cooking Class only
at THB 3,000 net per person

Cooking Class with market experience
at THB 4,000 net per person

Operation: Selction of 1 pm, 2 pm and 3 pm
Remark: *Market experience begins at 8.30 am and takes approximately 1 hour / Cooking Class takes 2½ hours*

Designer Dining by Anantara

Share an intimate candlelit dinner by the beach, framed by the gentle sound of the sea. Choose from thoughtfully composed Thai or Western menus, personalised to your preferences and complemented by carefully selected wine pairings. A private butler attends to every detail, creating an evening of effortless romance.

For more information, please contact our Front Desk or dial 0. Reservations are required at least **24 hours in advance** and are subject to weather conditions.



In-Villa Barbecue

Savour a private barbecue in the comfort of your villa, with a choice of curated menus served at your preferred time. Every detail is thoughtfully arranged by our culinary team, with the option of a private chef to prepare each dish at your villa for an elevated dining occasion.



The Turtle Club

From creative arts and crafts to fun games and active play, children can enjoy a variety of engaging activities at The Turtle Club throughout the day. Thoughtfully designed to inspire creativity and social interaction, the club offers a safe and enjoyable environment for young guests, while parents can relax with peace of mind.

Children under 4 years old must be accompanied by a parent or babysitter.



Library

Retreat to the quiet comfort of The Library. Browse a selection of books and magazines, settle in with a good read, or simply enjoy a peaceful break from the tropical surroundings. The Library also offers a comfortable space to unwind before check-in or after check-out.

Operation: 24 hours

Location: The Library



Himalayan Singing Bowl Therapy

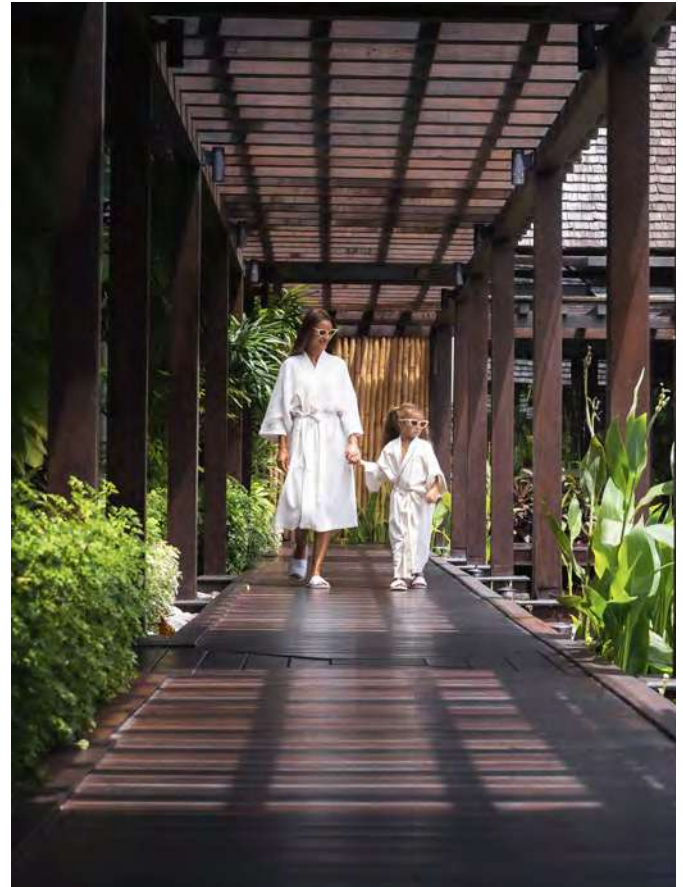
Experience the calming vibrations of Himalayan singing bowls, with each unique tone designed to encourage deep relaxation, restore inner balance and create a peaceful sense of wellbeing.

Price: THB 1,000++ per person
(Maximum capacity 4 people)

Duration: 30 Minutes

Schedule: Monday, Thursday and Saturday
at 12.30 pm

Location: Anantara Spa



Kids' Spa Time

Little guests deserve a little pampering too. Designed for children aged 5 to 12, our kids' spa experiences feature gentle massages, fruity body scrubs, bubbly baths and colourful nail treatments—a playful moment of relaxation made just for them.

Duration: 30–90 minutes

Location: Anantara Spa

Advance reservation is required.



Water Sports

Explore Mai Khao's beautiful coastal setting with a selection of non-motorised water sports. Paddle along the Andaman shoreline by kayak or stand-up paddleboard, or ride the waves on a bodyboard for a refreshing seaside adventure.

Price: Complimentary for one hour per day, subject to availability

Operation: 9.00 am – 5.00 pm

Available: Early November to the end of April, subject to weather conditions

Service Provided: *Stand-up paddleboard, kayak and bodyboard Available on a first-come, first-served basis*

Water Scooter

Zoom through the water with ease and add a splash of adventure to your pool time. Choose from three water scooter models, each offering a different level of underwater fun.

Price: SWII – THB 300 | Tini – THB 500
| Navbow – THB 700

Operation: 9.00 am – 5.00 pm

Location: Aqua Pool, South Wing



Rock Climbing

Put your strength, balance and confidence to the test on our climbing wall. Designed for both adults and children, this exciting activity offers a fun challenge for families to enjoy together under the careful supervision of our recreation team.

Location: South Wing



Lagoon Discovery

Discover the natural life within our tranquil lagoon, home to colourful fish, impressive water monitor lizards and beautiful pink lotus flowers. Take a gentle stroll along the water's edge and enjoy a peaceful glimpse into the resort's thriving ecosystem.

Location: Resort Lagoon

Information & Reservations

- Availability:** Daily, upon request
- Advance Booking:** Advance booking is required for all activities.
Early reservations are encouraged to secure your preferred date and time.
- Private Lessons:** Available upon request and subject to availability.
- Prices:** Charged per person and subject to a 10% service charge and 7% government tax.

Activities are guided by experienced instructors and thoughtfully adapted to suit different ages and ability levels. All necessary equipment is provided unless otherwise stated.

Programmes are subject to weather conditions and availability. Minimum participation requirements and cancellation terms may apply.

For further assistance, please contact the Guest Service Centre by dialling “0”, visit the Concierge Desk, or email us at concierge.apk@anantara.com.

ANANTARA MAI KHAO PHUKET VILLAS

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