DESERT WALKS.
DESSERT WALKS.

Enjoy the splendour of the great outdoors on a guided desert walk. Learn about the history of the local area, its unique culture and interesting animals. This activity is a fun excursion for the family, allowing you to select different trails to suit your needs and fitness levels.

Sunrise and Sunset Walks
The best time to book a desert walk is during sunrise or sunset, for optimum weather conditions and picture perfect skies.

Night Walks and Full Moon Walks
Embark on a truly mystical and enchanting desert walk at night and watch as the moonlight reflects onto the endless formations of magnificent dunes right before your eyes.

Comfortable walking shoes are recommended. Please note that this activity is subject to availability and weather conditions.

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ARCHERY.
The tribesmen of Liwa took great pride in their hunting skills. Try your hand at archery: with static targets set for different shooting ranges, this is an activity both beginners and professionals can enjoy. All you need is good upper body strength and a keen eye.

Choose from multiple sessions throughout the day at the range, just a short driving distance from the hotel. An archery activity can take around an hour and a half to complete and is suitable for adults and children over the age of eight.

*Please note that this activity is subject to availability and weather conditions.*
CAMEL TREKKING.
CAMEL TREKKING.

Climb aboard the ‘ship of the desert’ for an unforgettable journey across the Empty Quarter. Camel trekking is one of the most popular activities on offer. With a variety of treks to choose from, there is something for everyone.

Family Trek
Family treks are ideal for families with children over the age of four. This fun-filled activity takes place in the valleys around the hotel. The activity duration is around an hour and 15 minutes.

Sunrise and Sunset Treks
For those looking to capture the splendour of Arabia, the sunrise and sunset treks are the way to go. The longest of the trekking activities can take up to an hour and 45 minutes to complete, with a stop for refreshments in an Arabian setting.

Alternatively, you can just bring your camera and meet the stars of the show - our camels.

Please note that this activity is subject to availability and weather conditions.
DESERT DRIVES.

النزهات الصحراوية.
DESERT DRIVES.

If you’re looking to gain the most ground on your trip to the desert, then hop into our specially adapted 4x4 vehicles and let our guides take you on a scenic adventure. Learn about native flora and fauna on a desert safari. The dune bashing activity is perfect for action-seekers.

Desert Safari
Sit back and enjoy the view as your guide takes you on a journey among some of the tallest dunes around. Stop for a photo opportunity and learn about the shifting sands of the dunes and the indigenous plants and animals that inhabit them. This activity is suitable for adults and children over the age of four.

Dune Bashing
If you are a thrill-seeker, then you will thoroughly enjoy an action-packed 4x4 session as our trained guides steer you across the desert dunes. This activity usually takes place in the early morning or late afternoon, to ensure the sand is hard enough to drive on. Dune Bashing is suitable for adults and children over the age of six.

Please note that this activity is subject to availability and weather conditions.

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LIWA TOUR.
LIWA TOUR.

Take a trip to the Liwa Oasis and discover a historic place that emerges like a mirage within the Empty Quarter. Amidst the dry desert landscape, this verdant oasis symbolises the energy of life in a captivating romantic surrounding. An activity not to be missed!

The tour leaves daily from the resort and stops at several unique locations that portray the rich culture of the UAE. Explore the historic Liwa Fort and visit a palm tree farm, a vegetable farm and a camel farm.

Refreshments will be provided and our guides will also hand out information about the area and history of the region. Most importantly, don’t forget your camera! This activity takes four to five hours and is suitable for all ages.

Please note that this activity is subject to availability and weather conditions.

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DESERT YOGA.

اليوغا في الصحراء.
DESERT YOGA.

Feeling a little stressed and tense? Yoga is the perfect answer. This mental, physical and spiritual discipline, originating in ancient India, has provided relief, harmony and comfort to people around the world for centuries.

Eliminate the signs of stress from your body and mind. Embark on a unique experience with our Yoga sessions in the middle of the stunning desert. Wake up at dawn and begin your day in a healthy way with our classes at sunrise, or take the sunset class to end your day in serenity.

Yoga classes take about one hour and are suitable for adults and teenagers above the age of 16. Please note that this activity is subject to availability and weather conditions.

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TENNIS.
TENNIS.

For some, sports are an important element of recreation. If you enjoy being active during your holidays, our impeccably maintained floodlit tennis courts provide the perfect playground. Practise your shots day and night, whenever you desire, at a convenient time for you.

We provide the necessary equipment. For those who wish to avoid the day-time desert heat, the court stays open well into the night for evening play under the stars.

Please note that this activity is subject to availability and weather conditions.
HORSE RIDING.
HORSE RIDING.

For centuries, the Middle East has been renowned for its affiliation with equestrian trade and leisure activities, and Abu Dhabi is no exception. Enveloped by an alluring expanse of golden sand dunes, Qasr Al Sarab Desert Resort by Anantara offers guests the opportunity to traverse the Liwa desert in Abu Dhabi’s Empty Quarter on horseback.

Explore the captivating surroundings with a range of horse riding activities organised by the resort, each of which are tailored to suit individual abilities. Whether you are an amateur or a seasoned rider, we will ensure you leave with a truly memorable experience.

Available in the cooler months from October to May. Please note that this activity is subject to availability and weather conditions.
الدراجة الهوائية الصحراوية.

DESERT FAT BIKING.
DESERT FAT BIKING.

Explore the awe-inspiring beauty of the Empty Quarter aboard a fat bike, the only bicycle that can be ridden on the sand dunes. Ride through the golden sand dunes for an adrenaline-packed experience across the endless rugged landscape. The gently curving slopes and pleasant weather makes it an ideal spot for amateurs and experienced riders alike.

Choose from treks of different lengths to suit your fitness level.

The age limit for this activity is a minimum of 14 years. Please note that this activity is subject to availability and weather conditions.
FALCON AND SALUKI SHOW.
FALCON AND SALUKI SHOW.

Discover the ancient traditional sport of falconry and hunting with Salukis which has been practised for thousands of years in the UAE. Falcons have become a cultural symbol of the region owing to their skill and personality, whereas Arabian Salukis are known for their excellent speed, intelligence and stamina which has made them the perfect hunting companions for centuries.

Enjoy this unique indigenous experience and learn traditional hunting techniques. Be enthralled by a live falcon and Saluki show, followed by engaging stories and experiences about hunting with these wonderful creatures.

Available in the cooler months from October to May. Please note that this activity is subject to availability and weather conditions.

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FULL MOON
DESSERT EXPERIENCES.
If your stay coincides with the full moon, take this opportunity to discover the rugged beauty of the Empty Quarter by night during a unique desert activity. Choose from Horse Riding, a Desert Walk or Desert Drive in the moonlit valley for a timeless adventure.

Horse Riding available during the cooler months from October to April. Activities subject to availability and weather conditions.

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الزلج والتزلج على الرمال.

SAND BOARDING & SAND SLEDDING.
SAND BOARDING & SAND SLEDDING.

For a moment of thrill and fun with family and friends, take on the giant sand dunes of the Empty Quarter on a sand board or sand sled. Explore the resort’s surrounding dunes and slide down towering hills at any time of the day.

Please note this is not a guided activity. Boards and sleds are available for rent at The Workout Room desk located in B2.

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ANIMAL EXPERIENCE.
ANIMAL EXPERIENCE.

Ideal for families with young children, the Animal Experience is the opportunity to interact with the local fauna. Let our guides take you to a visit to our camel farm, Arabian horse stables, animal park farm with a donkey, rabbits and sheep, and falcon house shared with Saluki hunting dogs.

Activity subject to availability and weather conditions.

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ABU DHABI TOUR.
ABU DHABI TOUR.

Discover the rich Arabian culture and proud heritage of the UAE on a day trip to Abu Dhabi city. Learn about traditional hunting on a visit to the Falcon Hospital and Saluki Centre; take a tour of Abu Dhabi’s spectacular historical landmarks, including Sheikh Zayed Grand Mosque, Al Hosn Fort and Heritage Village; experience the Pearl Journey* and find out more about the history of the pearling industry in the Arabian Gulf. During this fascinating tour you will enjoy a sumptuous lunch at Eastern Mangroves Hotel & Spa by Anantara.

Please note that this activity is available for a minimum of two persons and includes return transfers to Abu Dhabi.

*Pearl Journey available at extra cost.