



فندق وسبا القرم الشرقي، أبوظبي
EASTERN MANGROVES HOTEL & SPA, ABU DHABI
بإدارة أنانتارا BY ANANTARA

IN-ROOM DINING MENU



ANANTARA
HOTELS • RESORTS • SPAS
فنادق ومنتجعات وسبا أنانتارا

IN-ROOM DINING

BREAKFAST ...
INSPIRED BY ANANTARA
Available from 6.00 am - 11.00 am

EMIRATI BREAKFAST 126

Choice of freshly brewed coffee, decaffeinated coffee, tea or hot chocolate

Choice of juice: orange, grapefruit, pineapple, watermelon, carrot

Arabic bread, chabab bread, legeimat and whole dates

Arabic cheese, olives, cucumber and tomato

Choice of balaleet with egg or egg chakchouka

ARABIC BREAKFAST (N) 151

Choice of freshly brewed coffee, decaffeinated coffee, Moroccan mint tea or hot chocolate

Choice of juice: orange, grapefruit, pineapple, watermelon, carrot

Selection of seasonal sliced fruits and dates

Arabic cheese, labneh, olives, cucumber and tomato, Arabic bread, zaatar and cheese croissant

Choice of eggs cooked any style, foul medames

CONTINENTAL BREAKFAST (V)

113

Choice of freshly brewed coffee, decaffeinated coffee, tea or hot chocolate

Choice of juice: orange, grapefruit, pineapple, watermelon or carrot juice

Selection of seasonal sliced fruits and berries

Oven fresh morning bakery basket and toast served with fruit preserves, honey and butter

Choice of yoghurt: natural, fruit or low fat

Choice of cereals: Corn Flakes, All-Bran, Rice Krispies, Choco Pops, Frosties or muesli

INTERNATIONAL BREAKFAST

163

Choice of freshly brewed coffee, decaffeinated coffee, tea or hot chocolate

Choice of juice: orange, grapefruit, pineapple, watermelon or carrot

Selection of seasonal sliced fruits and berries

Oven fresh morning bakery basket and toast served with fruit preserves, honey and butter

Choice of yoghurt: natural, fruit or low fat

Choice of cereals: Corn Flakes, All-Bran, Rice Krispies, Choco Pops, Frosties or muesli

Choice of eggs cooked any style with your choice of chicken sausage, veal bacon, homemade potato hash brown, sautéed mushrooms or roasted tomato

HEALTHY BREAKFAST

126

Choice of freshly brewed coffee, decaffeinated coffee, tea or hot chocolate

Choice of juice: orange, grapefruit, pineapple, watermelon or carrot

Selection of seasonal sliced fruit and berries

Traditional Bircher muesli (N)

Plain or vegetable egg white omelette

Whole wheat toast, sugar-free fruit jam and margarine

A-LA-CARTE

BREAKFAST ...

Available from 6.00 am - 11.00 am

FRESH FRUIT (V)

Seasonal sliced fruits	38
Mixed seasonal berries	63
Selection of premium dates	38

DAIRY (V)

Yoghurt: plain, low fat plain, selection of fruits	38
Assorted Arabic cheeses, olives, cucumber and tomato	75
International cheeses with dried fruits and organic crackers	100

CEREALS (V)

Corn Flakes, All-Bran, Rice Krispies, Choco Pops, Frosties or muesli	38
Full fat, low fat, skimmed or soya milk	
Bircher muesli with berries	

BAKERY BASKET (V)

50

Choice of five bakery items with a selection of preserves, honey and butter from the following:

Soft roll, hard roll, rye roll, white or wholewheat toast, Danish pastry muffin, doughnut, plain brioche, zaatar, cheese or chocolate croissant

SMOKED SALMON	88
Cream cheese, onion, chopped eggs, capers and white or whole wheat toast	
EGG DISHES	63
Scrambled eggs and omelettes can also be prepared with egg whites only	
Your choice of eggs: boiled, fried, scrambled or omelettes	
Served with your choice of chicken sausage, veal bacon, potato hash brown, mushroom or roasted tomato	
EGGS BENEDICT	75
Two poached eggs on English muffin, smoked turkey and Hollandaise sauce	
CHAKCHOUKA	63
Scrambled eggs with onion, tomato, chili and paprika	
BREAKFAST SPECIALS	
FOUL MEDAMES (V)	50
Fava beans, garlic, lemon juice and olive oil	
BELGIAN WAFFLES (V)	63
Canadian maple syrup, chocolate sauce, berry sauce or honey	
BUTTERMILK PANCAKES (V)	50
Canadian maple syrup, chocolate sauce or berry sauce	
HOT OATMEAL (V)	50
With raisins, cinnamon and sugar	
FRENCH TOAST (V)	63
Canadian maple syrup, chocolate sauce or berry sauce	
CHANA CHOLE MASALA (V)	50
Chickpeas, garam masala and paratha bread	

ALL DAY DINING

Available from noon - 11.00 pm

STARTER

TRADITIONAL CAESAR SALAD	63
With chicken breast	75
With prawns	100
BURRATA MOZZARELLA SALAD (V)	98
Vine ripened tomato, Casa Madaio burrata mozzarella, rocket leaves and green basil oil	
GREEK SALAD (V)	63
Tomato, cucumber, pepper, onion, Kalamata olives, feta cheese, oregano and olive oil	
QUINOA SALAD (V)	82
Avocado, red radish, seasonal baby vegetables, and micro greens	
NICOISE SALAD	88
Lettuce, boiled eggs, green beans, olives, tomatoes, tuna, potato, cucumber and Ortiz Anchovies	
NIGIRI/MAKI MORIAWASE	145
Sushi 6 pieces, maki 2 rolls	
NIGIRI/MAKI/SASHIMI MORIAWASE	163
Sushi 6 pieces, maki 2 rolls, sashimi 5 pieces	
SPRING ROLLS	63
Thai vegetable spring rolls and sweet chilli sauce	
CALAMARI	88
Fried calamari and spicy marinara sauce	

ARABIC COLD MEZZEH

MOUTABEL (V)	31
Eggplant purée, sesame paste, olive oil and lemon juice	
HUMMUS (V)	31
Chickpeas, sesame paste, olive oil and lemon juice	
TABOULEH (V)	31
Parsley, wheat, tomato, onion, mint, olive oil and lemon juice	
WARAK ENAB (V)	31
Stuffed vine leaves with rice	
FATTOUSH (V)	31
Lettuce, tomato, onion, peppers, sumac flavoured dressing and crispy pita bread	
LABNEH (V)	31
Strained yoghurt, garlic mint and olive oil	

ARABIC HOT MEZZEH

FRIED LAMB KIBBEH (N) 38

Crushed wheat with minced lamb, onion and pine nuts

FRIED MEAT SAMBOUSEK (N) 38

Crispy pastries filled with minced meat, onion and pine nuts

FRIED SPINACH FATAYER (V) 38

Pastries filled with chopped spinach, lemon and sumac

CHEESE RUKKAK (V) 38

Crispy stuffed cheese rolls

SERVED IN A BOWL

ORIENTAL LENTIL SOUP (V) 50

With lemon and fried pita bread

MUSHROOM SOUP 50

Creamy wild mushroom and cheese croutons

CHICKEN & VEGETABLE CLEAR SOUP 50

Skinless breast chicken cubes, vegetables and lemon

TOM YUM KUNG 75

Spicy Thai prawn soup

PASTA

Spaghetti, tagliatelle, or penne with your choice of sauce	
Tomato, basil, olives and capers (V)	90
Mushrooms and cream (V)	90
Bolognese	100
Seafood marinara	108

BETWEEN BREAD

All sandwiches are served with fries and green leaves

CHICKEN BURGER	75
Free range chicken cheese burger in sesame bun	
BEEF BURGER	108
Nebraska prime beef cheese burger in sesame bun	
CLUB SANDWICH	96
Egg, turkey bacon, lettuce, tomato and turkey ham	
STEAK SANDWICH	100
Beef tenderloin, caramelised onion, mushroom and cheese in ciabatta bread	

PIZZA

MARGHERITA (V)	63
Tomato sauce, mozzarella and oregano	
VEGETARIANA (V)	63
Tomato sauce, mozzarella, oregano and mixed vegetables	
PEPPERONI	75
Tomato sauce, mozzarella, oregano, olives and pepperoni	
FRUTTI DI MARE	75
Tomato sauce, mozzarella, oregano and mixed seafood	

MAIN COURSES

CHICKEN SCHNITZEL	95
Fried breaded chicken breast served with French fries, green salad and tar tar sauce	
FOGA SEMACH	98
Baked marinated grouper with yellow rice, chilli pepper and coriander	
VEGETABLE TORTILLA	70
Sautéed vegetables wrapped in tortilla bread served with French fries and raita sauce	
ARABIC MIXED GRILL (N)	210
Lamb chop, lamb kebab, chicken kebab, kofta served with fries or rice	
ARABIC SEAFOOD MIXED GRILL	220
Grouper, salmon, calamari, half lobster and prawns served with rice	
CHICKEN MASAHAB (N)	135
Grilled boneless baby chicken, onion and sumac compote, pomegranate reduction, toasted pine nuts served with green salad or French fries	
BUTTER CHICKEN	100
Chicken cooked in mildly spiced curry sauce served with steamed rice	
INDIAN BIRYANIS (N)	
Served with papadum, mango chutney and cucumber raita	
LAMB	110
CHICKEN	100
SHRIMP	110
VEGETABLE (V)	69
THAI RED OR GREEN CURRY	
Served with Thai jasmine rice	
CHICKEN	100
VEGETABLE	80
PRAWN	115

FROM THE GRILL

Served with one side dish and one sauce

Prime beef rib-eye steak 300g	182
Wagyu beef strip-loin steak 300g	235
Black Angus beef tenderloin 200g	176
Australian Mulwarra lamb chops 300 g	169
Salmon fillet 200g	138
Seabass fillet 200g	151
King prawns 450g	201

CHOOSE ONE FROM THE FOLLOWING SIDE DISHES:

Mashed potato, French fries, biryani rice, cream spinach, sautéed mushroom or baby vegetables

CHOOSE ONE FROM THE FOLLOWING SAUCES:

Harissa, hollandaise, bleu cheese butter, mushroom cream, lemon butter or pepper sauce

EXTRA SIDE DISHES 25

French fries, biryani rice, sautéed mushrooms, mashed potatoes, creamed spinach or sautéed baby vegetables

DESSERTS

APPLE PIE 56

Warm apple pie, whipped cream and vanilla sauce

UMM ALI (N) 56

Warm traditional Arabic bread pudding and pistachios

OREO CHEESECAKE 56

Cream cheese, Oreo cookies and fresh raspberries and vanilla whipped cream

CHOCOLATE FONDANT 56

Warm Chocolate Fondant, vanilla ice cream and fresh berries

CHOCOLATE FUDGE CAKE 56

A gooey chocolate sponge cake with layers of velvety smooth fudge topped with chocolate fudge icing, served with a vanilla crème and chocolate sauce

TIRAMISU 56

Coffee flavoured biscuit with layers of mascarpone cream and chocolate

FRUITS 56

Seasonal sliced fruits and berries

ICE-CREAM 56

Premium Häagen-Dazs ice-cream - 100 ml
Vanilla, strawberry, chocolate or dulce de leche

LATE HOURS MENU

Available from 11.00 pm - 5.00 am

STARTER

TRADITIONAL CAESAR SALAD	63
With chicken breast	75
With prawns	100
BURRATA MOZZARELLA SALAD (V)	98
Vine ripened tomato, Casa Madaio burrata mozzarella, rocket leaves and green basil oil	
GREEK SALAD (V)	63
Tomato, cucumber, pepper, onion, Kalamata olives, dodoni feta cheese, oregano and olive oil	
SPRING ROLLS	63
Thai vegetable spring rolls and sweet chilli sauce	
CALAMARI	88
Salt and pepper calamari and spicy marinara sauce	
ARABIC COLD MEZZEH	
MOUTABEL (V)	31
Eggplant purée, sesame paste, olive oil and lemon juice	
HUMMUS (V)	31
Chickpeas, sesame paste, olive oil and lemon juice	
TABOULEH (V)	31
Parsley, wheat, tomato, onion, mint, olive oil and lemon juice	
WARAK ENAB (V)	31
Stuffed vine leaves with rice	
LABNEH (V)	31
Strained yoghurt, garlic mint and olive oil	

ARABIC HOT MEZZEH

FRIED LAMB KEBBEH (N) 38

Crushed wheat with minced lamb, onion and pine nuts

FRIED SPINACH FATAYER (V) 38

Pastries filled with chopped spinach, lemon and sumac

CHEESE RUKKAK (V) 38

Crispy stuffed cheese rolls

SERVED IN A BOWL

ORIENTAL LENTIL SOUP (V) 50

With lemon and fried pita bread

PASTA

Spaghetti, tagliatelle or penne with your choice of sauce

Tomato, basil, olives and capers (V) 90

Mushrooms and cream (V) 90

Bolognese 100

Seafood marinara sauce 108

BETWEEN BREAD

All sandwiches are served with fries and green leaves

CHICKEN BURGER	75
Free range chicken cheese burger in sesame bun	
BEEF BURGER	108
Nebraska prime beef cheese burger in sesame bun	
CLUB SANDWICH	96
Egg, turkey bacon, lettuce, tomato and turkey ham	

MAIN COURSES

CHICKEN SCHNITZEL	95
Fried breaded chicken breast served with French fries, lemon, green salad and tar tar sauce	
FOGA SEMACH	98
Baked marinated grouper with yellow rice, chilli pepper and coriander	
VEGETABLES TORTILLA (V)	70
Sautéed vegetables wrapped in tortilla bread served with French fries and raita sauce	
INDIAN BIRYANIS (N)	
Served with papadum, mango chutney and cucumber raita	
LAMB	110
CHICKEN	100
SHRIMP	110
VEGETABLE (V)	69
CHICKEN MASAHAB (N)	135
Grilled boneless baby chicken, onion and sumac compote, pomegranate reduction, toasted pine nuts served with green salad or French fries	
BUTTER CHICKEN	100
Chicken cooked in mildly spiced curry sauce served with steamed rice	

DESSERTS

UMM ALI (N) 56

Warm traditional Arabic bread pudding and pistachios

OREO CHEESECAKE 56

Cream cheese, Oreo cookies, fresh raspberries and vanilla whipped cream

FRUITS 56

Seasonal sliced fruits and berries

TIRAMISU 56

Coffee flavoured biscuit with layers of mascarpone cream and chocolate

ICE-CREAM 56

Premium Häagen-Dazs ice-cream - 100 ml
Vanilla, strawberry, chocolate or dulce de leche

KIDS' MENU

Fried mozzarella sticks and tomato dipping sauce (V)	38
Fried chicken nuggets or fish fingers with French fries	50
Smoked turkey and cheese grilled sandwich	50
Mini cheese burger served with French fries	50
Roasted salmon with a choice of mashed potatoes, steamed vegetables or rice	50

PASTA

Penne or spaghetti with your choice of sauce: Tomato sauce (V), bolognese sauce, cream or mushroom sauce (V)	50
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DESSERT

Smiley mini cup cake	38
Chocolate brownie, vanilla whipped cream and toffee sauce	38
Premium Häagen-Dazs ice-cream - 100 ml Vanilla, strawberry, chocolate or dulce de leche	38

DRINKS MENU

SPECIALITY COFFEES 63

IRISH COFFEE (A)

Irish whiskey, freshly brewed coffee and whipped cream

FRENCH COFFEE (A)

Cognac, freshly brewed coffee and whipped cream

NORMANDY COFFEE (A)

Havana Club, Drambuie, freshly brewed coffee and whipped cream

SOFT DRINKS

Coca-Cola 25

Coca-Cola Light 25

Sprite 25

Fanta 25

Ginger Ale 25

Tonic Water 25

Soda Water 19

Bitter Lemon 25

Red Bull Regular 50

Red Bull Sugar free 50

COFFEE

Espresso 23

Caffé Latte 28

Americano 23

Cappuccino 28

Turkish Coffee 35

TEA

23

Royal Ceylon tea

Earl Grey

Breakfast tea

Sencha green

Green tea

Chamomile

Peppermint

FRESH JUICES

31

Orange

Strawberry

Apple

Pineapple

Carrot

Lemon mint

Grapefruit

Mango

WATER

Acqua Panna, Italy	500 ml	23
	750 ml	31
Al Ain, United Arab Emirates	1 ltr	19
Evian, France	750 ml	31
Perrier, France	330 ml	23
	750 ml	31
San Pellegrino, Italy	500 ml	23
	750 ml	31

ALCOHOL FREE REFRESHERS

38

LYCHEE LYNCHEE

Lychee, mint leaves, lemon juice, sugar syrup topped with sprite

THAI SKY

Kaffir leaves, lime, red chili, sprite, sugar syrup

LEMON & MINT

Fresh lemon juice, mint leaves, sugar syrup, rose water

VIRGIN COLADA

Pineapple juice, coconut cream

MINT ICED TEA

Tea, lemon juice, mint leaves, sugar syrup

LEMONGRASS & JASMINE TEA

Jasmine tea, lemongrass, sugar syrup

ICED LEMON TEA

Tea, lemon juice sugar syrup

SMOOTHIES & MILKSHAKES

44

SLIM LINE

Mixed of avocado, banana and milk

MINTY MANGO

Combination of mango, mint, yoghurt and milk

VANILLA, CHOCOLATE & STRAWBERRY MILKSHAKES

Choice of your ice cream blended with milk

BOTTLED BEER

Heineken, Netherlands	38
Peroni, Italy	38
Corona, Mexico	38
Amstel Light, Netherlands	38

COCKTAILS

56

DRY MARTINI

Gin, Martini Extra dry

CITRUS COSMOPOLITAN

Vodka, triplesec, cranberry juice, lemon juice

DAIQUIRI

Rum, lemon juice

MARGARITA

Tequila, triplesec, lemon juice

PINA COLADA

Rum, Malibu, pineapple juice, coconut cream

CLASSICAL MOJITO

Rum, fresh mint, lemon juice, sparkling water

VODKA 30 ML

Smirnoff Red	44
Absolute Blue	44
Grey Goose	63

GIN 30 ML

Tanqueray	44
Bombay Sapphire	44
Hendricks	63

RUM 30 ML

Captain Morgan	44
Havana Club Anejo 3 Anos	44
Cachaca 51	38
Sagatiba Pura	63

TEQUILA 30 ML

Jose Cuervo Silver	44
Patron Silver	69
Don Julio Anejo	75

WHISKY 30 ML

Johnnie Walker Black Label	56
Johnnie Walker Red Label	44
Chivas Regal 18 Years	100
Jack Daniel's	44

SINGLE MALT 30 ML

Glenfiddich 15 Years	50
Macallan 12 Years	63

LIQUERS 30 ML

Bailey's Irish Cream	44
Grand Marnier	44
Kahlua	44
Jagermeister	44

COGNAC/ ARMAGNAC/ CALVADOS 30 ML

Camus VSOP Elegance	75
Remy Martin XO	113
Hennessey VS	44

WINES

CHAMPAGNE

	Glass	Bottle
Imperial de Moet & Chandon, Brut, NV France		828
Bollinger Rose, Brut, NV France		1883
Laurent Perrier, Brut, NV France	163	816

SPARKLING WINE

NV Valdo, Millesimato Prosecco di Treviso Italy DOC, Veneto	69	339
NV Graham beck Brut Cuvee, West Cape South Africa	78	345

WHITE WINE

2013 Argento Chardonnay Argentina	56	276
2014 Danzante, Pinot Grigio DOCG Italy	69	326

RED WINE

2012 Keith Tulloch, Shiraz-Viognier Hunter Valley Australia	63	339
2014 Argento, Malbec, Mendoza Argentina	56	276

ROSÉ WINE

Glass Bottle

2014 Chateau Ksara, Sunset Rose Bekkaa Valley Lebanon 56 276

WHITE WINE

2013 Pinot Blanc, Domaine Trimbach, Alsace, France 287
2010 Chardonnay, Dalwhinnie, Pyrenees, Victoria, Australia 609
2014 Danzante Pinot Grigio, DOCG, Italy 326
2006 Montrachet Grand Cru, Michel Picard, Côte de Beaune, France 2196
2013 Meursault “Les Criots”, Domaine Ballot Millot,
Côte de Beaune, France 847

RED WINE

12/13 Erath, Pinot Noir, Oregon, USA 402
2014 Argento, Malbec, Mendoza, Argentina 276
2014 Chianti Classico, Boriolio, Italy 402
06/07 Gigondas, E.Guigal, Côtes du Rhône, France 477
2008 Volnay, Nicolas Rossignol, Burgundy, France 602
2006 Shiraz “Mount Edelstone”, Henschke, Eden/Barossa Valley 1192

ROSÉ WINE

2014 Ksara, Sunset Rose, Bekaa Valley, Lebanon 276