

BIOLOGIQUE RECHERCHÉ SPA FACIALS

After skin diagnosis, the therapist will prescribe a facial treatment best suited for your skin.

BANANA BESPOKE LUXURY SIGNATURE FACIAL	(90 minutes)	QAR 800
PURIFYING & DEEP CLEANSING FACIAL	(75 minutes)	QAR 700
OPTIMUM HYDRATION FACIAL	(60 minutes)	QAR 600

FACIAL ENHANCERS

Add any of these enhancements to your Biologique Recherche Facial for optimal results:

BIOVECTOR MARINE	(30 minutes)	QAR 250
MASK COLLAGEN BIOLOGIQUE FÉERIE	(30 minutes)	QAR 250
EYE PATCHES	(30 minutes)	QAR 180
MASK PIGMENT 400	(30 minutes)	QAR 250

ELEMIS SPA FACIALS

PRO-COLLAGEN	(60 minutes)	QAR 600
SUPERFOOD	(60 minutes)	QAR 600
EXPRESS FACIAL	(30 minutes)	QAR 350

ADD-ON

BODY RESURFACING	(30 minutes)	QAR 500
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A body polish to remove dead skin cells.

COCOON BODY WRAP	(30 minutes)	QAR 500
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Body wrap to hydrate, leaving your skin feeling soft and supple.

BACK, NECK AND SHOULDER MASSAGE	(30 minutes)	QAR 300
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30-minute back massage with a pressure of your choice.

HEAD MASSAGE	(30 minutes)	QAR 300
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To ease headache and tension whilst supplying oxygen and circulation to the scalp for a healthy hair.

ARGAN OIL HAIR TREATMENT	(30 minutes)	QAR 200
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Moroccan restorative hair treatment to promote hair growth, shine and combat hair loss.



COUPLE'S EXPERIENCE

COUPLE'S HIDEAWAY

(120 minutes) QAR 1,800

Enjoy a couple's hammam followed by a blissful signature massage and a hydrating facial. A complete head to toe treatment for each.

COUPLE'S EXPERIENCE

(60/90 minutes) QAR 1,200/QAR 1,600

An exfoliating body treatment followed by a hot stone massage for two in a beautiful couple's spa suite.

SPA SIGNATURE JOURNEY

BANANA ISLAND GOLD EXPERIENCE

(90 minutes) QAR 850

Body scrub to smoothen skin's surface followed by a hydrating 60-minute Amra Gold Massage. This treatment will make your skin soft and glowing for days to follow.

ARABIAN COFFEE INFUSION

(90 minutes) QAR 850

Coffee scrub removing dead skin cells will prepare your skin for further absorption of aromatic oils in a 60-minute full body Aromatherapy massage.

BANANA ISLAND SIGNATURE HAMMAM

(120 minutes) QAR 1,200

Customise your experience with our signature Hammam package. Indulge in a 60-minute Hammam followed by a 60-minute massage of your choice.



MASSAGES

ANANTARA SIGNATURE MASSAGE

(60/90 minutes) QAR 600/QAR 800

Our therapists will incorporate their own unique style and natural techniques upon determining your focal points.

ARABIAN MASSAGE

(60/90 minutes) QAR 600/QAR 800

Aromatherapy massage with a choice of pre-blended oils to focus on your current concerns.

HOT STONE MASSAGE

(60/90 minutes) QAR 600/QAR 800

Specialised massage that uses smooth, flat, heated basalt stones, that melts away tension, eases muscle stiffness and increases circulation and metabolism.

DEEP TISSUE

(60/90 minutes) QAR 600/QAR 800

Combines firm and slow pressure aiming at the deeper tissue structures of the muscles, more intense and designed to release tension and relieve chronic pain.

SWEDISH MASSAGE

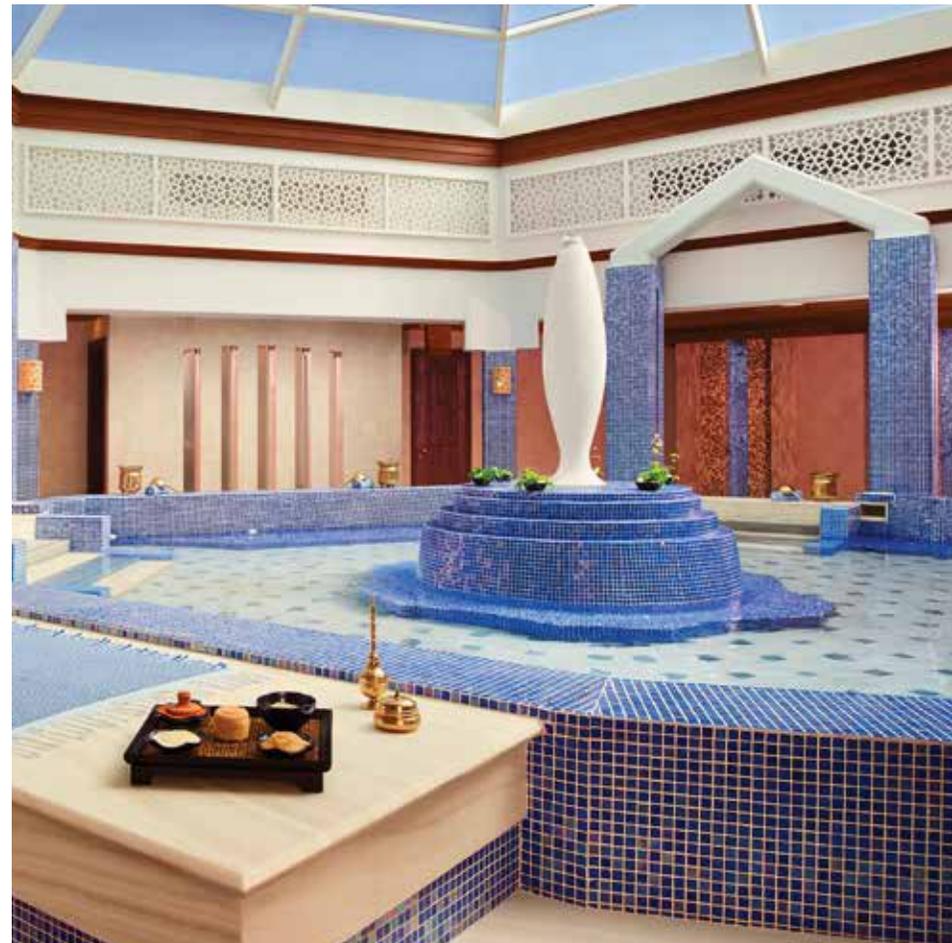
(60/90 minutes) QAR 600/QAR 800

Gentle to firm pressure with kneading and effleurage movements, combined with deep muscular techniques to stimulate circulation and soothe aching muscles.

STRESS RELIEF MASSAGE

(60/90 minutes) QAR 600/QAR 800

Smooth-flowing massage to manipulate the muscles at a level or pressure that is for your optimal comfort, focusing on most of the major muscle groups of the body.



HAMMAM

ORIENTAL TURKISH OR MOROCCAN HAMMAM

(90 minutes) QAR 800

Turkish Hammam: Deep cleansing and polishing on a heated marble slab followed by a foam treatment and a 30-minute relaxing back massage.

Moroccan Hammam: Treatment of black soap exfoliation on a heated marble slab followed by a ghassoul cocoon wrap and completed by a relaxing 30-minute back massage.

TRADITIONAL TURKISH OR MOROCCAN HAMMAM

(45 minutes) QAR 500

Deep purifying and bathing tradition from Turkey or Morocco, designed to purify, exfoliate and soothe aching muscles and relieve tension.

ADVANCED FACIALS

Analyze now, action now: Treat yourself to a complimentary skin analysis and our skincare therapist will advise the best advanced facial treatment suitable for your skin.

INFRACAV FACIAL TREATMENT

(60 minutes) QAR 500

Multifunctional LED lights channel the meridians of the face, mapping the skin as it lifts, tightens, detoxifies and rejuvenates.

MESOTHERAPY FACIAL

(90 minutes) QAR 1,000

Firms, Hydrates and Lifts. Serums are worked into your skin by means of micropuncture to smooth fine lines, polish skin's surface and stimulate cell renewal and regeneration.

OXYGLOW OR ILLUMINATING FACE WITH BIOLOGIQUE RECHERCHE

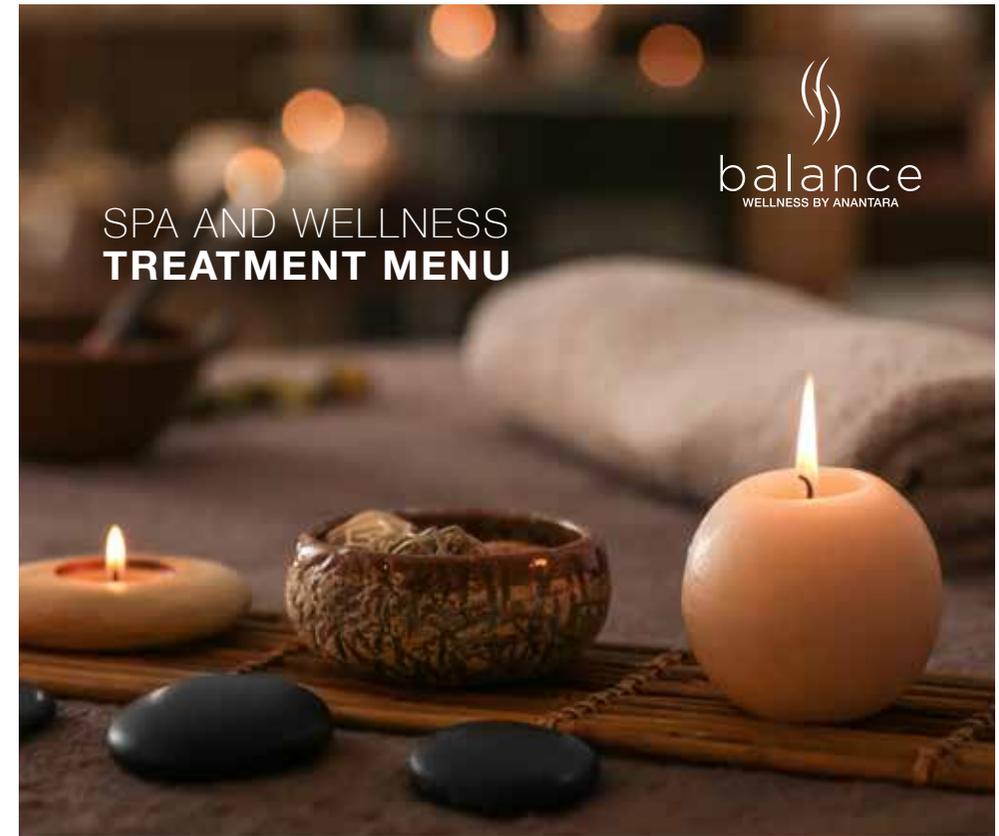
(75 minutes) QAR 800

Oxyglow Treatment:

An oxygenating skin treatment to reinstate and replenish the skin. Aimed to strengthen skin's elasticity and help eliminate acne-causing bacteria, as well as reduce fine lines and wrinkles, even out skin tone to improve overall complexion.

Illuminating Face Treatment:

Calms the skin from environmental aggressions, lessen sensitivity, irritation and redness.



ADVANCED BODY TREATMENTS

BODY RE-DEFINE TREATMENT

(90 minutes) QAR 900

Start your spa with a body exfoliation followed by a lymphatic massage in synergy with a personalised combination of Biologique Recherche body products such as serums, oils and crèmes for firming and lifting whilst improving blood circulation, leaving your skin feeling smooth, soft and hydrated.

INFRARED CONTOUR

(90 minutes) QAR 700

A detoxifying and contouring high-tech body treatment using a multifunction machine which offers a combination of cavitation, radio frequency and infrared LED to sculpt and eliminate toxins from the body.

TAI HERBAL COMPRESS

(60/90 minutes) QAR 600/QAR 800

This is age old tai treatment removes negative energy and sluggishness. Soothes muscle tension and eases out stiffness. The healing session begins with the application of a warm herbal poultice containing therapeutic tai herbs and spices followed by a full body massage with carefully selected herbal oils.



AYURVEDA TREATMENTS

Holistic treatments using warm herbal oils to trigger energies of mind, body, and spirit to promote good health and balance.

SHIRODHARA TREATMENT	60/90 minutes	QAR 600/QAR 800
ABHYANGA	60/90 minutes	QAR 600/QAR 800
KUNDALINI MASSAGE	60/90 minutes	QAR 600/QAR 800

AEMOTIO AND THALASSOTHERAPY

Resurfacing treatments that hydrate the skin, leaving it smooth, soft and glowing.

BIOLOGIQUE RECHERCHE BODY PEELING	35 minutes	QAR 300
SEA SALT BODY SCRUB	35 minutes	QAR 300

Replenishing body treatments to reinstate, detoxify and rejuvenate the skin.

BIOLOGIQUE RECHERCHÉ BODY WRAP	35 minutes	QAR 450
MARINE AND ALGAE BODY WRAP	35 minutes	QAR 450

Body resurfaces and replenishing treatments followed by hydrotherapy floatation pod.

SEA SALT BODY EXFOLIATION AND MARINE WRAP	90 minutes	QAR 700
BIOLOGIQUE RECHERCHE SLIMMING & OXYGENATING	90 minutes	QAR 700
BIOLOGIQUE RECHERCHE DOUBLE EXFOLIATING & LIFTING	90 minutes	QAR 700
THALASSOTHERAPY EXPERIENCE	120 minutes	QAR 1,000

ADD-ON

FLOATATION POD	30 minutes	QAR 300
Salt floatation hydrotherapy		
INFRARED SAUNA	20 minutes	QAR 200
Deep, penetrating infrared heat to relax muscles, detoxify and deliver oxygen-rich blood.		
FOOT AND LEG RESTORATION	45 minutes	QAR 400
Leg and foot treatment of exfoliation, wrap and massage to eliminate swelling and heavy, tired legs and feet.		



SPECIALIZED WELLNESS TREATMENTS

KNEIPP FOOT RITUAL

(60 minutes) QAR 300

A foot treatment to assist with swelling, poor circulation and fatigue. Both feet are immersed in contrasting temperatures of water to increase blood circulation. Treatment is followed through with a light lymphatic leg and foot massage to eliminate water retention.

CUPPING

(60/90 minutes) QAR 600/QAR 800

Ancient form of alternative deep tissue therapy using soft suction massage cups to relieve muscle tension, which can improve the overall blood flow and promote cell repair. Excellent for treating cellulite, pain and inflammation.





balance
HAIR STUDIO

BALANCE
HAIR STUDIO

MENU

THREADING

Hair removal with a refined finish and shape.

BROW OR LIP OR CHIN THREADING

QAR 50

FULL FACE THREADING

QAR 150

BEAUTY ENHANCERS

Enhance your natural beauty with a selection of quick fixes with instant results.

BROW TINT

QAR 50

LASH TINT

QAR 65

BROW SHAPE AND TINT

QAR 100

HIS & HER HAIR CARE

Selected hair care to complete your look.

HAIR FIT FOR A QUEEN

WASH, CUT AND BLOW-DRY

QAR 300

WET CUT

QAR 230

WASH AND BLOW-DRY

QAR 200

HAIR FIT FOR A KING

GENTS BEARD AND MUSTACHE GROOMING

QAR 100

GENTS CUT

QAR 200



HAND AND FEET CARE

MANICURE 60 minutes QAR 150

PEDICURE 60 minutes QAR 200

Full manicure or pedicure with a choice of Oly or OPI nail colour lacquer.

GEL MANICURE 75 minutes QAR 250

GEL PEDICURE 75 minutes QAR 280

Full manicure or pedicure with a gel paint overlay by OPI.

GARA RUFA 15/30 minutes QAR 50/100

Dip your feet in a tub of water filled with small fish called "Doctor Fish". Tiny fish will exfoliate the dead skin on your feet and leave new, soft skin in its place.

WAX ON, WAX OFF

For the removal of unwanted hair, try our selection of epilation treatments.

LIP, BROW OR CHIN WAX 15 minutes QAR 50

FULL FACE WAX 20 minutes QAR 150

BIKINI WAX 45 minutes QAR 180

FULL LEG 45 minutes QAR 250

HALF LEG 30 minutes QAR 150

FULL ARM 40 minutes QAR 200

HALF ARM 20 minutes QAR 150

UNDER ARM 20 minutes QAR 100