

Opening hours: 10.00 am - 8.00 pm





# STEP INTO A WORLD OF ADVENTURE

Prepare yourself for an electrifying journey filled with thrills and spills. From heart-pounding ziplining adventures to the exhilarating human slingshot, every moment at our park is designed to get your adrenaline pumping. Feel the rush as you soar through the air and experience the thrill of flying like never before.

## **JOURNEY**

The Banana Island Adventure Park on Banana Island is just a 30-minute catamaran ride from our private Al Shyoukh Terminal on the Corniche in downtown Doha. Our 45-passenger catamaran operates at regular intervals throughout the day, making access to the Adventure Park easy.















# CORPORATE TEAM BUILDING ADVENTURE CHALLENGE

Treasure Hunt-style team-building experience set across our Adventure Park. Corporate teams will navigate a series of thrilling physical and mental challenges including Ropes Courses, Climbing Walls, Ziplines, a Giant Swing, and a Human Slingshot to collect coloured tokens according to assigned team colour. Each token contains a letter. Teams must gather all their color-coded tokens and work together to decode a final word or phrase ("Teamwork", "Synergy", "Great teams together") or a phrase. The team that finishes first in decoding the final word or phrase will be the winner.

#### **Objectives**

Foster collaboration and trust through physically engaging activities

Develop effective communication, especially during blindfolded or guided challenges

Encourage problem-solving and decision-making under pressure

Promote time management and team coordination

Provide a memorable and fun bonding experience outside the office



# **SAFETY & TRAINING**

#### **Experience adventure with peace of mind!**

Your safety is paramount at Banana Island Adventure Park. We strictly adhere to rigorous safety protocols and conduct regular inspections and maintenance checks on all our equipment to ensure optimal performance and reliability. Should you have any questions or concerns about safety during your visit, our friendly staff are here to guide you.









#### **Safety Briefings**

Before embarking on any adventure, our experienced staff conducts comprehensive safety briefings and provides training sessions to ensure that you are fully equipped with the knowledge to use the equipment safely.

### **Top-of-the-Line Equipment**

Our zipline courses feature top-of-the-line pulleys and trolleys, ensuring smooth and safe rides for all participants.

### **Sturdy Helmets**

Our sturdy helmets offer essential protection for your head during activities such as zip lining or rope courses. Experience the thrill of Banana Island Adventure Park with confidence, prioritising safety without compromising the thrill

#### Smart Belay X

Smart Belay X enhances safety with cutting-edge technology and automatic locking, securely attaching adventurers. Its individual control and adaptability make it perfect for zip lines, rope courses, and climbing walls, ensuring a user-friendly, personalized experience.

# ROPE COURSE

Embark on an unforgettable adventure across three floors with 95 games, including rope courses and obstacles. Test your balance, agility, and bravery with endless excitement!







Age Limit: Minimum 10 years

## ZIPLINE

Soar to new heights with the longest zipline experience in Doha! Enjoy breathtaking views from a 21-metre tower and two 275-metre tracks for an unforgettable adventure.





Weight Limit:



Age Limit:

Minimum 12 years





# AIRBAG JUMP

Experience the thrill of Airbag Jumps with two levels: 6 metres for beginners and 9 metres for advanced jumpers. Enjoy safe, exhilarating leaps, whether you are a first-time jumper or a seasoned adrenaline junkie.







Age Limit:
Minimum 10 years

# CLIMBING WALL

Explore four climbing walls around the Adventure Tower: two at 8.5 metres for beginners and two at 11.5 metres for advanced climbers. Immerse yourself in the thrill of the climb as you navigate intricate handholds and footholds carefully crafted to mimic the complexity of natural rock formations. Challenge yourself on Doha's highest climbing wall!









## GIANT SWING

Our Giant Swing attraction offers the perfect blend of adrenaline-pumping excitement and breathtaking sea views, making it an unforgettable experience for thrill-seekers of all ages. The Giant Swing, accommodating up to 3 people at a time, allows friends and family to share the fun.







Age Limit: Minimum 12 years

## **BOUNCING NETS**

Our park offers thrilling adventures for kids with two-floor bouncing nets, colorful balls, and Pilates balls, seamlessly integrated into the Ropes Course for endless fun.







3 - 12 years

## **HUMAN SLINGSHOT**

Experience the thrill of the Human Slingshot, a heart-pounding experience that defies gravity and propels you to unimaginable speed, soaring 18 metres upward within just one second!







## FREE FALL

Experience the thrill of free fall from 21 metres high! As you step off the platform, feel the rush of wind and gravity in an electrifying descent. Are you ready to take the plunge?







**Age Limit:**Minimum 7 years



# **TUBBY JUMP**

Experience the thrill of Tubby Jump: glide down a ramp seated in an inflated donut, launch into the sky, and land safely on a massive air pillow. It's a true test of courage and skill!



Weight Limit: 50 - 90 kg



Age Limit:

Minimum 10 years





Discover a globe-trotting culinary adventure awaiting you on our island paradise! Indulge in an array of tantalizing flavours from around the world, conveniently nestled in one spectacular destination. Rest assured, all our dining venues maintain an alcohol-free environment, perfect for families and friends to enjoy together.

## TEDS



Once vou've explored the Adventure Park, make sure to swing by Ted's. Slide into a cozy booth and treat vourself to a classic burger and shake experience, featuring signature flavors like Oreo, Rocky Road, and mint chocolate chip. For those special occasions like kids' birthday parties, our private dining area is ideal, offering entertainment suitable for all ages.

Cuisine: International

#### **Opening hours:**

Daily from 12.00 pm to 10.00 pm

# RIVA



After your adventure at the park, immerse yourself in the flavors of contemporary Mediterranean cuisine. Indulge in an array of traditional delicacies, from hearty salads to homemade pasta dishes and delectable pizzas.

Cuisine: Italian

#### **Opening hours:**

Mon - Sat: 1:00 pm - 10:00 pm Closed on Sundays



## Q LOUNGE & RESTAURANT



Q Lounge is the perfect spot for all-day relaxing dining, either indoor or al fresco by the poolside enjoying scenic vistas surrounded by the soothing sea breeze. Indian cuisine lovers will discover a mouth-watering collection and guests looking for international flavours will find a selection of comfort food and spacks

Cuisine: Indian & International

#### **Opening hours:**

Pool and Beach Service from 9:00 am - sunset A la Carte Lunch and Dinner from 12:00 pm - 12:00 am

## TANZERIN



With the azure waters of the Arabian Gulf as your backdrop and your toes buried in the warm sand, Tanzerin presents a truly unparalleled dining experience. Treat your taste buds to our varied menu, boasting a tantalizing array of light bites. Refresh yourself with our invigorating selection of freshly squeezed juices and revitalizing beverages.

Cuisine: Drinks and light bites

**Opening hours:** 

Daily from 10:00 am - sunset



Reservations: fbreservations.adoh@anantara.com | +974 4040 5073





Banana Island Resort Doha 23919, Doha, Qatar

> T +974 4040 5041 M +974 5070 8967

reservations.doha@anantara.com

