

MENU

BAO'S & POKE BOWLS

MADAGASCAR BAO EUR 17

Camarão, maionese de wasabi, chutney de manga, rabanete crocante e coentros
Shrimp, wasabi mayonnaise, mango chutney, crispy radish and coriander

BBQ. BAO EUR 16

Porco Hoisin, assado a baixa temperatura, pickle de couve roxa, folhas de coentros frescos
Slow cooked Hoisin pork roast, red cabbage pickle, fresh coriander leaves

CRUNCHY VEGGIE BAO EUR 13

Tofu crocante com Panko, molho de ameixa, gomo de laranja, agrião
Crispy tofu with Panko, plum sauce, orange wedge, watercress

SURF BOWL EUR 15

Bulgur, beterraba assada, maçã granny, limão, rúcula, molho de iogurte e sementes
Bulgur, roasted beet, granny Smith apple, lemon, rocket, yogurt sauce and seeds

ALASKA BOWL EUR 17

Salmão em cura de beterraba, arroz de sushi, mix de algas, abacaxi, rabanetes, tomate cherry, favas, molho de tamarindo
Beetroot-cured Salmon, sushi rice, seaweed mix, pineapple, radishes, cherry tomatoes, broad beans, tamarind sauce

COCKTAIL BOWL EUR 18

Camarão, alface romana, manga, abacaxi, ovo cozido, tomate cherry, molho cocktail
Shrimp, romaine lettuce, mango, pineapple, boiled egg, cherry tomatoes, cocktail sauce

SURF & TURF BOWL EUR 22

Frango e camarão salteados com sésamo e gengibre, arroz de sushi, pickle de couve roxa, manga fresca, tomate cherry, caju tostado, rabanetes, maionese de wasabi
Chicken and shrimp sautéed with sesame and ginger, sushi rice, red cabbage pickle, fresh mango, cherry tomatoes, toasted cashews, radishes, wasabi mayonnaise

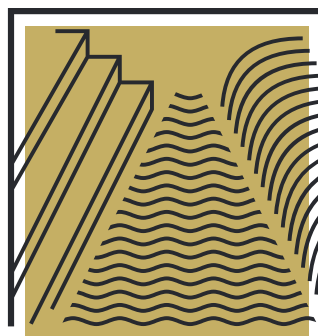
OSTRAS E CAMARÃO OYSTERS & SHRIMPS

OSTRAS DA RIA FORMOSA OYSTERS FROM RIA FORMOSA

Servidas ao natural com gomos de limão
Freshly shucked oysters with lemon

½ Dúzia | 6 pieces 20,00

1 Dúzia | 12 pieces 38,00



CASCADES
CHAMPAGNE POOL BAR

MENU

PIZZA

MARGHERITA EUR 18

Molho de tomate, mozzarella, oregãos.
Tomato sauce, mozzarella, oregano.

CAMPESINA EUR 20

Molho de tomate, tomate cherry, rúcula, mozzarella fresca.
Tomato sauce, cherry tomato, rocket leaves, fresh mozzarella.

PROSCIUTTO & FUNGHI EUR 22

Cogumelos, fiambre, mozzarella, azeitonas, orégãos
Mushrooms, ham, mozzarella, olives, oregano

INGREDIENTES ADICIONAIS | ADDITIONAL INGREDIENTS (preço por ingrediente) (Price per ingredient)

**Cogumelos, pimentos,
tomate cherry, rúcula,
azeitonas, abacaxi** EUR 2
*Mushrooms, roasted bell
pepper, cherry tomatoes,
rocket leaves, olives,
pineapple*

Fiambre, presunto, atum EUR 3,5
Ham, cured ham, tuna

**Carne de porco assada,
frango, camarão, burrata
de bufala** EUR 6,5
*Pulled pork, chicken,
prawns, burrata de bufala*

HAMBÚRGUERES BURGERS

*Servidos com batatas fritas.
Served with french fries*

VEGAN BUTCHER'S BURGER EUR 17

No beef burger, alface, tomate, cebola crocante, molho BBQ, pão de brioche
No beef burger, lettuce, tomato, onion crisp, BBQ sauce, home-made brioche bun

CHEESE PRIME BURGER EUR 20

Hamburger de novilho premium, alface, tomate, queijo Cheddar, pão de brioche
Premium Beef burger, lettuce, tomato, Cheddar cheese, home-made brioche bun

SOBREMESAS DESSERTS

FRESH BOWL EUR 9

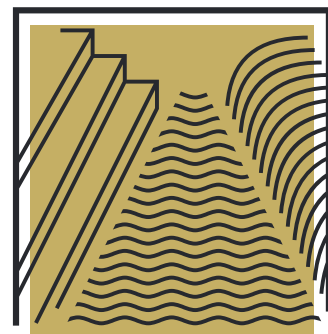
Frutas frescas da época, crumble salgado e sorbet de limão
Fresh seasonal fruits, salty crumble and lemon sorbet

PARFAIT EUR 10

Basílico, morangos e Champagne
Basil, Strawberries and Champagne

ICE CREAM BOWL EUR 9

Morango, chocolate e baunilha
Strawberry, chocolate and vanilla scoop



CASCADES

CHAMPAGNE POOL BAR

DRINKS MENU

COCKTAILS CLÁSSICOS CLASSIC COCKTAILS

PS MARTINI EUR 16

Perrier Jouët Grand Brut Champagne, vodka baunilha, sumo de lima, licor maracujá Passoã, puré de maracujá açucarado

Perrier Jouët Grand Brut Champagne, vodka vanilla, lime juice, Passoã passion fruit liqueur, sweetened passion fruit puree

NEGRONI SBAGLIATO EUR 15

Champagne Mumm Rosé Brut, Campari e vermute rosso

Mumm Rosé Brut Champagne, Campari and vermute rosso

AGRIPINO EUR 15

Champagne Mumm Cordon Rouge Brut, vodka citron e sorbet de limão

Mumm Cordon Rouge Brut Champagne, vodka citron, lemon sorbet

APEROL SPRITZER EUR 14

Aperol, espumante bruto, soda

Aperol, sparkling wine brut, soda

ROYAL MOJITO EUR 16

Clássico ou sabores (morango, frutos vermelhos, maracujá, manga) – Perrier Jouët Grand Brut, rum, hortelã, sumo de lima, xarope de açúcar ou purés de fruta açucarados

Classic or flavoured (strawberry, red berries, passion fruit, mango) – Perrier Jouët Grand Brut, rum, fresh mint, lime juice, sugar syrup, sweetened fruit purees

COCKTAILS ASSINATURA SIGNATURE COCKTAILS

G&G EUR 15

Gin, xarope de romã, sumo de toranja, sumo de limão, água tônica

Gin, pomegranate syrup, pink grapefruit juice, lime juice, tonic water

CARLOS DE LA PALMA EUR 15

Gin, amaretto, sumo de maçã, puré de maracujá açucarado, sumo de lima, claro de ovo

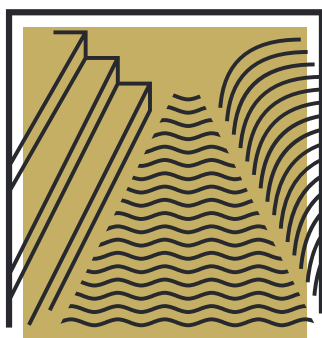
Gin, amaretto, apple juice, passion fruit puree, lime juice, egg white

MONCHIQUE EUR 15

Vodka, licor de frutos vermelhos, sumos de lima, arando

Vodka, red berry liqueur, cranberry and fresh lime juice

CHAMPAGNE	Garrafa Bottle	Flute Flute
MUMM CORDON ROUGE BRUT	80,00	16,00
MUMM ROSÉ BRUT	95,00	23,00
PERRIER JOUËT GRAND BRUT	100,00	



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DRINKS MENU

SUMOS NATURAIS FRESH JUICES

LARANJA ORANGE	EUR 6,5
LIMONADA LEMONADE	EUR 4,5
FRUTA DA ÉPOCA SEASONAL FRUIT	EUR 7,5

REFRIGERANTES SOFT DRINKS

REFRIGERANTES SOFT DRINKS	EUR 4,5
ENERGÉTICOS ENERGY DRINKS	EUR 6,5
Red Bull	EUR 5,5
REFRIGERANTES PREMIUM PREMIUM SOFT DRINKS	
Fever Tree Mediterranean	

CERVEJAS BEERS

PRESSÃO DRAUGHT	
Pequena 30cl <i>Small 30cl</i>	EUR 4,5
Grande 40cl <i>Large 40cl</i>	EUR 5,5

GARRAFA BOTTLE

SUPER BOCK	EUR 5
SUPER BOCK ZERO	EUR 5
SUPER BOCK STOUT	EUR 5
CORONA	EUR 6,5
HEINEKEN	EUR 6,5

SIDRA CIDER

SOMMERSBY	EUR 7
MAGNERS	EUR 7,5

ÁGUAS WATERS

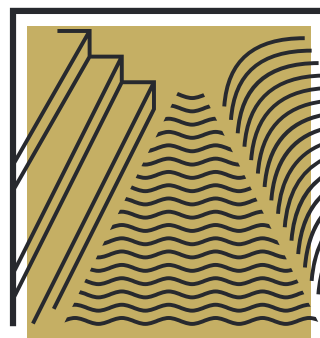
LISA STILL	
Vitalis 25cl	EUR 3,5
Vitalis 1L	EUR 5,5

COM GÁS SPARKLING

PEDRAS SALGADAS 25CL	EUR 4
PEDRAS SALGADAS 1L	EUR 6

CAFETARIA COFFEE & TEA

ESPRESSO	EUR 3,5
ESPRESSO DUPLO DOUBLE ESPRESSO	EUR 5
DESCAFEINADO DECAFFEINATED	EUR 4
AMERICANO	EUR 4,5
LATTE MACCHIATO	EUR 5,5
CAPPUCCINO	EUR 5,5
CHÁ TEA	EUR 6,5



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