

MODERN DAY DETOX

A YEAR FROM NOW YOU WILL WISH YOU STARTED TODAY, BALANCE YOUR WAY BACK TO BETTER HEALTH!



TREATMENT

Reflexology and head massage	90
Skin Healing Treatment For Stretch Marks and foot or head massage	90
Pinda Swedena	90
Slimming Algae Treatment	90
Cellulite Smoothing Treatment	90
Firming Body Lift Treatment	90

BATH

Green Tea Bath	30
Steam Bath Treatment	30

FITNESS

Core Stability Training	60
Cardio Training	60
Boot Camp	60

YOGA

Hot Yoga	60
Power Yoga	60

Choose 1 treatment / class from each section and enjoy a healthy breakfast smoothie and a 3 course lunch especially prepared by our award winning chefs.

USD 455++ per person

