

BERU



AN EXCLUSIVE RESORT FOR
A ROMANTIC GETAWAY.

ONCE-IN-A-LIFETIME EXPERIENCES AT
OUR MALDIVES HONEYMOON RESORT.

LUXURY ADULT ONLY
OFFERS IN MALDIVES.


ANANTARA
VELI • MALDIVES
RESORT



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MAGAZINES DURING YOUR STAY.



WELCOME

Welcome to our tropical paradise, we truly care about your travel needs and making your holiday comfortable and memorable. With superb restaurants and bars, Anantara Veli offers dining experiences that are delightful and delicious. Be sure to pamper yourself at Anantara Spa offering spa experiences tailored to your specific needs and desires. We invite you to explore the above and underwater excursions that our island has to offer.

WE WISH YOU A WONDERFUL STAY IN OUR RESORT.

MICHAEL PARKER – *Complex General Manager* –



ROMANTIC CINEMA

Food is an emotion, it brings us togetherness, love, and laughter. Ignite your love life with a romantic evening by spending quality time at the Outdoor Movie night, the ultra-luxury ambience will create a more memorable time spent together when this is coupled with a sophisticated cuisine – Tapas and a rewarding champagne is what you need at the end to cherish these memories forever and ever.

Every Thursday during the February

Time: 7.00 pm – 9.00 pm

Your choice of 6 tapas per couple from the Tapas menu with bottle of Champagne & soft beverages

USD 300 net per couple (USD 200 net supplement for HB & FB)

Maximum 10 couples

* Advance reservations required



All prices are in US dollars and inclusive of 10% service charge and 16% GST.

DINING EXPERIENCES



**BROWSE OUR
DINING PROMOTIONS
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**BROWSE OUR
IN ROOM DINING MENU
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ZEN & SAKE

at the Origami Beach

5 course Japanese set menu with paired Sake

Date: Every Tuesday

Price: Bed & Breakfast Meal Plan

USD 260 net per person

(USD 180 net per person food only)

Half Board & Full Board Meal Plan

USD 200 net per person

(USD 120 net per person food only)

Time: 6.30 pm – 10.00 pm

ORIGAMI WINE CELLAR DINNER

at Origami

5 course Japanese set menu with paired wine

Date: Every Saturday

Price: Bed & Breakfast Meal Plan

USD 179 net per person

Half Board & Full Board Meal Plan

USD 120 net per person

Time: 7.00 pm – 10.00 pm

SEAFOOD DEGUSTATION

at Baan Huraa

6 course special tasting menu

Date: Every Monday

Price: Bed & Breakfast Meal Plan

USD 260 net per person

(USD 180 net per person food only)

Half Board & Full Board Meal Plan

USD 200 net per person

(USD 120 net per person food only)

Time: 6.30 pm – 10.00 pm

All prices are in US dollars and inclusive of 10% service charge and 16% GST.





DINING BY
Design

GO WHEREVER YOUR TASTES MAY TAKE YOU

Indulge in romance with private dining in the middle of the sea. Dig your toes into the sand as fresh grilled lobster is served on your dugout table by your private chef. Restaurants at Anantara Veli Maldives extend beyond the dining room.

For further information and inquiries, please contact our Guest Service Center by dialing extension 0.



GULHIFUSHI ISLAND DINING BY DESIGN

A few minutes' boat ride whisks you away to our Gulhifushi island. The sunsets here are out of this world, and tropical lagoon waters promise absolute tranquility. Choose your perfect set up for a romantic evening – a tastefully made dining table, a fare tent with white drapes or a table carved out of sand. Indulge in the ultimate escape by reserving Gulhifushi Island.

USD 300 net per person (with private chef & butler)

BEAUTY JOURNEY

This month, redefine beauty from the inside out. Go back to nature and reap the benefits from this beautiful surrounding to clam, relax and refresh.



**BROWSE OUR
SPA MENU FROM
YOUR PHONE.
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FREE SKIN ANALYSIS AND CONSULTATION



Meet Yulia – our resident facial specialist and Medi-Spa Nurse. Whether you want to consult about your skin problem, skin maintenance, or cellulite (*yes, cellulite is a skin condition*), Yulia will walk you through some personalized home care tips and treatment recommendations you can enjoy whilst on your holiday.

Yulia Dwi Rahmawati
Medi Spa Nurse and Aesthetic Facial Specialist

Yulia is a certified Medi Spa Nurse who specializes in detox, rejuvenation, and beauty. She offers variety of Aesthetic facials using cutting edge tools and authentic doctor driven skincare brand, with ground-breaking ingredients that escalate its effectiveness, as well as selections of Medi Spa therapy such as Colon Hydrotherapy. Yulia's kind and holistic approach provides a nurturing and safe environment to heal and restore your energy.

FACE TOUCH BY ELEMIS (60 mins) USD 185

Experience a healing fusion, where touch and technology are turbo-charged by the power of minerals, plants, and active natural aromatics. Defy the hands of time with clinically proven anti-wrinkle, radiance, and resurfacing facials for instant results. The facial will be customized depending on your needs.

CLARITY RE-BALANCING FACIAL (60/90 mins)

Targeted treatment for acne-prone and problematic skin. Featuring a highly intelligent mask system which utilizes the exclusive 111SKIN Facial Architecture method, balancing the skin microbiome and minimizing oil production. A selection of our Clarity Collection combined with LED blue light therapy and active ingredients like Colloidal Sulphur and Salicylic acid dissolve dead skin cells and reduce inflammation. You are left with a clear complexion and refined, polished skin.

**Only available at Anantara Veli Spa*

VELASHAPE FAT BLAST One / Three / Five Sessions (60 mins) USD 220 / USD 580 / USD 880

Eliminate stubborn fat, reshape “problem” areas, no downtime. This treatment is fast, safe, and effective to reduce cellulite, shape, firm the skin, and reduce body fat in the areas such as abdomen, hips, thighs, and arms. It works by using a combination of technologies, including cavitation and radiofrequency, to target and destroy fat cells, while normal body tissue remains unaffected. Expect to see results in just one appointment!

One / Three / Five Sessions (60 mins) USD 220 / USD 580 / USD 880

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MIND & BODY PAMPERING

Let us pamper you with these selections of traditional and holistic therapy. Drawing from the plentiful natural sources, combine with ancient wellness practices from around the world, we present you our Spa and Wellness collections below.

COMPLIMENTARY UPGRADE ON COUPLE'S HAMMAM EXPERIENCE

(90 mins) USD 420 per couple

Pay for 60 minutes experience, and enjoy an upgraded 90 minutes Signature Hammam Experience with your loved ones. This complete Hammam ritual combines exfoliation using Kessa glove with the detoxifying body scrub "Miel d'Ambre", followed by a soothing soaping with the orange blossom infused shower milk "Infusion d'Orange". the skin receives all the needed elements (*Hammam steam, stretching with Infusion d'Orange, exfoliation with Miel Ambre and Grains de Lumière*)

**Only available at Anantara Veli Spa*

CANDLE "SENSORY AWAKENING" MASSAGE

(60 mins) USD 220

This deeply nourishing and relaxing treatment uses warm melted candles with argan oil and amber scents. Stretching combined with the candle's circular movements release tension from the legs, forearms and stomach followed by the arms, the back of the legs and back.

4-ELEMENTS WARM BAMBOO MASSAGE

(75/90 mins) USD 250/285

According to Traditional Thai Medicine, the human body is composed of four fundamental elements: earth, fire, water, and wind. Experience one of your preferred elements in an unforgettable aroma massage experience helping to reduce any deep-seated muscular pain, anxiety, or stress, and revitalize the mind, ensuring your ultimate wellbeing. Your massage is complemented with a bamboo fusion, releasing tension, softening muscle tissue and helping increase blood flow for better circulation.

ACUPUNCTURE WITH SOUND HEALING

(60 mins) USD 225

This therapy derived from ancient Chinese medicine. Fine needles are inserted at certain sites in the body for therapeutic or preventative purposes. By doing this, the Acupuncturist seeks to re-establish the free flow of Qi to restore balance and trigger the body's natural healing response. Let us treat you with a complimentary sound healing ritual using full moon Tibetan singing bowl as you embark on new healing sensations.

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WELLNESS WITH ANANTARA MALDIVES

Stay well, healthy, and happy even during your holiday. As your body takes a break, all the accumulated stress and tensions may come out as a way of our mind and body to detox. Be well with us, enjoy these selections of wellness movement and therapy to ensure you receive the best out of your holiday.

EPIGENETIC TEST & ANALYSIS WITH NUTRITION CONSULTATION

Day 1 Test (20 mins) / Day 2 Analysis and consultation (30 mins)

USD 160 per person

Family Offers: USD 300 (2 adults and 1 kid)

Dig deeper into your genetic data. Undergo an epigenetic hair test, through a bio profiler, which provides information about your body's levels of nutrients, vitamins, minerals, essential amino acids, fatty acids, antioxidants, and contaminants. Discover which daily nutritional and environmental factors are impacting your body's cells and learn through a personalized reading with our Balance Wellness Consultant how to reverse your epigenetic expression and live a healthier more resilient life.

Inclusive of: test, report and analysis with Wellness Consultant.*

** The epigenetic report is available in various languages – please discuss with your wellness consultant before your test*

ACRO-YOGA

(60 mins) USD 95

Acro Yoga is a physical practice that combines yoga and acrobatics. It is a form of partner and group acrobatics in which at least someone is lifted. It is a playful, fun but also therapeutic. This beginner level class is available for individual practice with our instructor as the partner or couples who want to master some of the most Instagram-able poses.

TAI CHI

(45 mins) USD 85

Series of gentle physical exercises and stretches. Each posture flows into the next without pause, ensuring that your body is in constant slow and evenly paced motion. Our class follows the Yang Style which is the most widely practiced form of Tai Chi. Regular practice of Tai Chi can improve general health and promotes serenity through gentle movements – connecting the mind and body.



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WEDNESDAY



WOMEN'S DAY SPECIAL

We celebrate women's day with various complimentary beauty and wellness activities.

Join us at the Dhigu Boxing Ring from 3.00 pm – 4.30 pm

LADIES SPECIAL OFFERS

Offers are available only on Wednesday 8th of March 2023 to celebrate International Women's Day. Not applicable to combine with other discount, promotions or packages.

MASSAGE & FACIAL

Enjoy a complimentary 30-minute mini-facial by Elemis for all the ladies when booking any 60 minutes massages or body treatments.

LADIES WELLNESS OFFER

Enjoy a complimentary 30-minute Scalp or Foot massage when booking an Epigenetic Test.



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VISITING PRACTITIONER

AZUSA SEGAWA

Originally from Japan, Azusa is a Wellness Practitioner specializing in Chi Nei Tsang (*Taoist abdominal massage, Internal organs therapy*). She has 14 years of experience in 5-Star Wellness Resorts. To support her practice, Azusa has undertaken Vipassana meditation retreats since 2003 and attended many Buddhist teachings by His Holiness the Dalai Lama and Dzongsar Jamyang Khyentse Rinpoche in Delhi and Dharamsala, India. She has also studied Reiki (Master Level IIIA), Thai massage, Reflexology and Yoga. Azusa Segawa shares her global expertise and passion for cultural wellness practices with guests, offering personalized treatments in energizing abdominal massages, re-discovered Reiki healing, and traditional Thai massage body work in combination with Chi Nei Tsang. Through treatments designed to rebalance energy systems and stimulate physical healing, Asuza's residency brings the best of Thai, Indian and Chinese practices to the heart of the Maldives.

COMPLIMENTARY WELLNESS AND SPA WORKSHOPS

MONDAY	8.00 am Hatha Yoga at Yoga Pavilion	9.00 am Guided Smoothie Session at Fushi Café	3.00 pm Epigenetic Workshop at Veli Spa
TUESDAY	8.00 am Flow at Yoga Pavilion	4.00 pm Sound Healing at Boxing Ring	
WEDNESDAY	8.00 am Lets-role Wrestling-Fit Workout at Boxing Ring	9.00 am Guided Smoothie Session at Fushi Café	3.00 pm Nutrition & Nourishment Workshop at Veli Spa
THURSDAY	8.00 am Flow at Yoga Pavilion	3.00 pm Happy Little Masters at Kids Club	5.00 pm Stretching at Yoga Pavilion
FRIDAY	8.00 am Pranayama at Yoga Pavilion	4.00 pm Sound Healing at Boxing Ring	
SATURDAY	8.00 am Tai Chi at Yoga Pavilion	4.00 pm Yoga Workshop at Yoga Pavilion	
SUNDAY	8.00 am Qi Gong at Yoga Pavilion	5.00 pm Active Stretching at Yoga Pavilion	

WORKSHOPS

Women's Day Workshop (available on Wednesday 8 March 2023)

On the occasion of Women's day on 8th March Specifically designed and dedicated for women's to understand various factors which contribute to a lead a healthy lifestyle, this includes a detailed talk and demo with our aesthetic facial therapist to enhance the external beauty and alongside with our Nutritionist to amplify the beauty from within with the help of healthy dietary and lifestyle choices

Guided Smoothie Session

We invite you to attend the session conducted by our Resident Nutritionist who guides you through the healthy selection of smoothies according your wellbeing goals

Nutrition & Nourishment

Join us in a transformational journey towards making you a best version of yourself by getting awareness towards basics on Nutrition which is to be followed on day-to-day basis in order to stay healthy on a longer run

Epigenetics Workshop

Join us in understanding the epigenetic test. Cell Wellbeing offers epigenetic testing via hair bulb analysis and provides a thorough 37-page nutrition report for the guest.

Happy Little Masters

Join us in a kid-s workshop where we seed them with the lifestyle changes in a fun way, starts with mild stretching and kid's anatomy, followed by rainbow eating habits with our wellness experts.

FITNESS EXPERIENCE

Active Stretching

Witness the magnificent Sunset at Indian ocean along to stretch your body with our guided stretching session which stretching helps increase your range of motion in the joints, improves blood circulation and posture and alleviates muscular tension throughout the body

Wrestling-Fit Workout

Join us, in an activity which is a combination involves body workout, weightlifting, stretching to enhance flexibility and have a toned body.

HOLISTIC EXPERIENCE

Qi Gong

A system of coordinated body posture movement with breathing meditation

Sound Healing

Train the brain to move to the theta brain wave frequencies that induce deep meditative and peace full state.

Tai Chi

On a physical level, Tai Chi improves strength, flexibility, aerobic conditioning and balance. It's been proven to improve cardiovascular fitness, lower blood pressure, prevent falls and help people who have arthritis.

YOGA & MEDITATION

Yoga Flow

Using relaxation techniques, poses, stretches and breathing exercises to establish a positive flow for your day

Hatha Yoga

An energizing sequence with focus on stamina, strength, and breath Mats provided in Villa

Pranayama

The practice of breath regulation involves breathing exercises and patterns. Mats provided in Villa

Yoga Workshop

In this session, we will assist you to come to a correct alignment show you some modifications to practice yoga in a safe manner.

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JULIA KERANOVIC RESIDENT TENNIS DIRECTOR

At age 25, Swedish born Julia Keranovic has spent 14 years as a coach and sparring partner in her 18-year-old tennis career. She ranks in the top 25 singles and 14 in doubles in Sweden. While her current focus is on coaching and sparring, Julia still participates in ITF Futures Tournaments. Age is just a number when it comes to training as she conducts sparring sessions with competition players of different ages and levels, including top WTA players.

Fluent in Swedish and Serbian, and of course English, Julia is very sociable and outgoing. She loves meeting new people and interact with others – you can be sure to have a ball while training with Julia!

TENNIS PROGRAMME

Private Lesson (60 mins)

Work on the different aspects of the game and focus on cardio, technique, strategy or just have a fun hit with our LUX Tennis Pro.

Child (up to 12 years old) USD 180 per child
Adult USD 200 per person

Additional player at USD 40 per person

Beat the Pro (60 mins) USD 200 per person
Challenge our LUX Tennis Pro in a full match. If you manage to win one set, you will receive the session for free!

Kids Tennis Clinic (60 mins)

Open to children ages five to twelve years old. All levels are welcome including first timers. The tennis coach will organize fun games and various exercises to learn the basics of tennis. Every Wednesday, from 7.00 pm – 8.00 pm
Complimentary, minimum 2 and maximum 4 for children

Adult Tennis Clinic (60 mins)

Open to all levels, discover some challenging and innovative training methods. Learn new techniques and sharpen your strategy on the tennis court. Every Thursday, from 11.00 am – 12.00 noon
Complimentary, minimum 2 and maximum 4 for players



An international tennis management company providing personalised services, Lux Tennis focuses on understanding all clients' needs to ensure a lifetime experience on the court, based on quality coaching and a tailored made programme; from beginners to high performance. Lux Tennis also oversees a repertoire of professional-level tennis coaches who are coaching private clients, VIPs and celebrities, individually and at luxury resorts worldwide.

Please note that 100% cancellation fee applies when a session is cancelled less than 3 hours prior. For more information or to make a reservation, please contact the reception or book directly with our LUX Tennis Professional or your Villa Host.

RECREATION EXPERIENCES



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RAY SNORKELING

Experience one of the most amazing snorkeling spots in South Male Atoll. Encounter here Pink Whip Rays, Nurse Sharks, an abundance of tropical fish and the occasional Black tip reef shark too.

Time: Trip is 2 hours

Price: Adult: USD 275 / Child: 205 (3-11years)



FLYBOARD

Learn to fly like Iron Man. This is an adrenaline pumping fun experience you cant miss. Anyone can try from the age of 10. It is done in the calm waters of the lagoon, and we will teach you in a 30 mins session.

Time: 30 mins

Price: USD 270



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**BROWSE OUR
WATER ACTIVITIES
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FUN RIDES

A thrill for adults.
15 minutes USD 75 per person

Visit TropicSurf’s surf shack at Dhigu resort to learn more about their offered programs or dial ext. 3232.

TROPICSURF

Ideally located in the heart of South Male’s surf scene, Anantara Dhigu resort is a few minutes away from a variety of breaks which cater to all surfing levels and abilities from peeling, playful rights to down-the-line left barrels. The peak surf season is from April to October when the winds are from the west and swell is from the southeast. From November to March, we organise trips to North Male Atoll where waves are stronger, however swell is less consistent.

For those wanting to stretch their legs a little further afield we offer half day trips to the famous North Male’ breaks too. During the off season from November to March we can still find some good waves at Honkey’s which offers shelter from the prevailing North East winds at this time. These trips are a 5 hour round trip which includes three hours of surfing time and a transit time of one hour each way via speedboat.

TropicSurf operates exclusively from Anantara Dhigu and offers expert guidance, water safety and coaching tips. One of the advantages of surfing from our resorts is the wide range of experiences on offer, which cater to any level, from beginner to advanced surfers.

For first timers our surf gurus will teach you the basics of surfing within the safety of the lagoon. This flat water lagoon session is offered all year round and is for first time learners, both young and old before moving into learning in the waves. In the lagoon session we teach, ocean awareness, safety, board control and the take off technical in the waveless calm waters of the lagoon.

Within a 10 minute boat ride from the resort we have a dreamy beginner wave named “Henrys”, perfect for those looking to catch their first wave.

Additionally to surfing, TropicSurf has stand-up paddleboards for rental allowing guests to paddle around the crystal clear lagoon granting great views of the sea life underneath. Whether it be sunrise, during the day or sunset it is a great way too unwind and take in the beauty of Anantara Dhigu/Veli.

SURFING

Learn the basics of surfing with a lagoon lesson.
USD 115 net per person

STAND UP PADDLEBOARD

USD 77 net for two-hour rental
USD 205 net for daily rental

RECREATIONAL WEEKLY ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11.30 am Water Polo at Aqua Pool	11.30 am VDO Games Challenge at Aqua Bar	11.30 am Darts Game at Aqua Pool	11.00 am Adults’ tennis clinic at Tennis Court	11.30 am Table Tennis Near Boxing Ring	11.30 am VDO Games Challenge at Aqua Bar	11.30 am Water Gymnastic at Aqua Pool
4.30 pm Beach Football at Aqua Beach	4.30 pm Beach Volleyball at Volley Court	4.30 pm Sunset jogging at Aqua Beach	11.30 am Water Polo Aqua Pool	12.00 noon Stand up paddle lesson at Arrival Jetty	4.30 pm Beach Volleyball at Volley Court	4.30 pm Guest vs Team members Football Match at Marina Court
		7.00 pm Kids tennis clinic at Tennis Court	4.30 pm Beach Football at Aqua Beach	4.30 pm Guest vs Team members Beach Volleyball Match at Volley court		7.00 pm Camping on the Beach at Aquafanatics
		7.00 pm Camping on the Beach at Aquafanatics				



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SUSTAINABILITY

LOVE OUR REEF? HELP US PROTECT IT.

Immersing guests in the spirit of giving back, Anantara Veli invites you to donate USD 1 per night stay in the Dollars for Deeds programme. The resort will match guests' donations dollar for dollar during their stay to raise funds to support Coral Reef CPR by protecting our flourishing reefs, reducing our impact on the environment and promoting sustainability.

