

IBU JERO - BALI HIGH PRIESTESS



A native of Bali, Ibu Jero is a revered High Priestess, one of very few on the island. She is a vessel of divine communication, healing through specific therapies that connect body, mind and spirit and ease the internal and external ailments that hinder your potential. Ibu Jero connects you with your inner voice and offers powerful treatments that provide holistic repair and spiritual awakening.

Signature Treatments Group Melukat Ceremony

Join in a traditional group cleansing experience. Achieve self-purification and release anything holding you back through this special ceremony, which can only be performed by a Priest or Priestess. A ritual unique to Bali, Ibu Jero is one of the few healers who can perform this transformative ceremony. Chant affirming mantras to increase positivity and open your heart and mind. Through a combination of holy spring water, flowers, incense and temple offerings, this refreshing ritual takes place in includes an energy cleansing session and 60-minute Balinese massage.

Balinese Reiki

Our esteemed High Priestess will locate and clear negative energies from your chakras with a calming Reiki session. Restore your body's subtle energy flow through this gentle treatment. Feel a sense of calm and release as Ibu Jero brings her divine powers to ease you into balance.

Sunset Couple Blessing and Healing Ritual

Perfect as an engagement ceremony, before a wedding or to celebrate an anniversary, share a memorable journey under the guidance of Ibu Jero. Begin with a past life issue cleanse, allowing you to move forward together afresh. Next, she'll align your chakra energies and let any negativity slip away. A sacred water blessing will follow, both of you feeling the strength of Ibu Jero's healing power as you connect with each other. Make a Balinese offering together as a special token of your respect and gratitude. Emerge feeling in tune with each other after spiritual enhancement.

Energy Cleansing Session

Your mind is a powerful master, which may be blocked and tainted by the stresses of everyday life. Ibu Jero has a deep intuition and ability to heal opportunities within. Let go of damaging thoughts that may be lodged within you, that can arise from a trauma or bad experiences throughout your life. Gain the ability to live more freely, without the constraints of energies that can feel restrictive.

Seven Chakra Cleansing at Tirta Sudamala Temple, Bangli

Experience a sacred journey under the guidance of High Priestess Ibu Jero. Travel to a revered temple, just outside Ubud, where a holy spring has provided cleansing for hundreds of years. Connect with the traditions of this captivating country as Ibu Jero guides you through the temple processes. She will perform a seven-stage chakra cleansing and purification ceremony to release any emotional obstructions that prevent you from living life to its full potential. Enjoy lunch at this hallowed spot and return to the hotel feeling replenished and revitalised.



ERIKA - KUNDALINI EXPERT



Drawn by a profound calling to guide others toward the light within, Kadek Ery Asmini, lovingly known as “Erika”, walks the sacred path of a wellness practitioner with grace and devotion. Her journey into holistic healing blossomed from an innate desire to help others find their true essence, peace, and wholeness. Erika weaves together ancient traditions and energetic wisdom into a seamless tapestry of healing, offering transformative experiences through Reiki, energy cleansing, chakra alignment, prana therapy, hypnotherapy, and conscious breathwork. Each session she offers is not merely a practice, but a ceremony of renewal an invitation for the soul to awaken, realign, and remember its divine nature.

Deeply connected to the sacred currents of movement and energy, Erika is also a passionate devotee of Kundalini Tantra Dance, a sacred healing art that awakens the primal life force and restores the natural harmony between body, mind, and spirit. Through her intuitive guidance, she creates a sanctuary where energies are balanced, old wounds are gently released, and the heart opens to deeper states of love and consciousness. Erika’s presence is both grounding and uplifting, allowing each individual she touches to embark on a profound journey back home to themselves a home filled with light, wisdom, and sacred peace.

Tantra Sacred Dance

Tantra Dance is a sacred movement practice that awakens the dormant energies within, guiding practitioners into a deep communion with their body, spirit, and the universal life force. Through flowing movements, conscious breathing, and inner awareness, Tantra Dance becomes a meditation in motion, balancing the masculine and feminine energies within, opening the heart, and igniting the sacred fire of Kundalini.

Kundalini

Kundalini Activation is a sacred awakening of the primal life force that lies coiled like a serpent at the base of the spine. When gently and consciously awakened, this powerful energy rises through the central channel of the body, cleansing and activating each chakra, dissolving energetic blockages, and expanding consciousness. The journey of Kundalini is not just a physical experience, but a profound spiritual rebirth — igniting deep emotional healing, heightened awareness, and a direct connection to the divine.

Energy Cleansing & Chakra Balancing

Energy Cleansing and Chakra Balancing are sacred practices that restore harmony to the subtle body, clearing away stagnant energies and realigning the natural flow of life force within. Over time, emotional wounds, stress, and external influences can create energetic blockages that disrupt our vitality and inner peace. Through gentle yet powerful techniques, Energy Cleansing purifies the aura and energetic field, while Chakra Balancing focuses on activating and harmonizing the seven major energy centers of the body.



ANANTARA
SPA

Trauma Healing or Trauma Release

Trauma Healing or Trauma Release is sacred processes of returning to wholeness, inviting the body, mind, and spirit to gently unravel the imprints of past pain. Trauma, often held not only in the mind but deeply stored within the body's energetic memory, can create unseen barriers to living fully and freely. Through conscious, compassionate practices, the trapped energies of fear, grief, and shock are lovingly acknowledged and released, allowing the nervous system to reset and the soul to reclaim its natural state of peace.

Reiki Prana Healing

Reiki Prana Healing is a sacred, energy-based healing art that channels the pure life force known as prana or universal energy to restore balance, vitality, and harmony within the body, mind, and spirit. Through gentle, intuitive touch or even non-physical transmission, the healer acts as a vessel for this divine energy, guiding it to where it is most needed. As prana flows through the energy centers and pathways, it dissolves blockages, clears stagnation, and reawakens the body's innate ability to heal itself.



WARMANA - REIKI MASTER



I Made Warmana, our Reiki Master Guru is a deeply intuitive master whose healing journey is rooted in the sacred traditions of Bali. Being a student of “Prana” and meditation for more than 10 years, he dedicated his mastery in reiki to help people to be better, happier and give a concrete and practical step in self-healing. With a gentle presence and profound spiritual connection, he guides others into deep states of relaxation and energetic alignment. Drawing from years of practice and his innate sensitivity to energy, Warmana offers sessions that are both nurturing and transformative. Each experience with him is a sacred exchange, one that invites clarity, emotional release, and inner peace. His approach honors the Balinese philosophy of harmony between body, mind, and spirit, making every session a soulful return to balance and well-being.

Reiki Treatment

Reiki is a gentle, non-invasive healing practice that promotes relaxation, reduces stress, and supports the body’s natural ability to heal. Originating from Japan, Reiki involves a practitioner channeling universal life energy through their hands to the recipient, either by light touch or hovering just above the body. This energy helps to clear blockages, balance the chakras, and restore harmony to the mind, body, and spirit.

Reiki Initiation

You will begin practicing Reiki soon after your First Degree class starts, and you will leave the training fully empowered to practice Reiki on yourself, and to share treatment informally with family, friends, and pets. Continuing to practice Reiki self-treatment consistently, every day, over a period of time, is how you really come to understand Reiki, and to reap the greatest benefits.



DEWA - TIBETAN SOUND HEALER



Balinese Tibetan Sound healer, Pak Dewa began his healing journey through learning pranic healing, concentrating his universal life force energies to cleanse the aura and chakra. Continuing his learning as a sound healer skilled with Tibetan singing bowl. Pak Dewa guides his clients on spiritual experiences that combined with sound healing, Pranic Healing and Reiki.



Water Sound Healing

Water Sound Healing is a deeply meditative and therapeutic practice that combines the ancient vibrations of singing bowls with the natural element of water to promote holistic well-being. During a session, specially crafted metal bowls filled with water are gently struck or circled with a mallet, producing harmonic tones and subtle ripples that create both audible and tactile sensations. These vibrations resonate through the body, helping to release energetic blockages, reduce stress, and restore balance to the mind, body, and spirit. The presence of water amplifies the sound frequencies, enhancing the healing effect and encouraging a state of deep relaxation, inner peace, and emotional clarity. This unique fusion of sound and element invites participants into a tranquil space of renewal and heightened awareness.

Balinese Reiki

Balinese Reiki is a sacred energy healing practice rooted in Bali's spiritual traditions, designed to restore balance and harmony within the body, mind, and spirit. Combining ancient Balinese wisdom with the universal life force energy of Reiki, this deeply intuitive therapy helps release energetic blockages, reduce stress, and promote emotional clarity. Practitioners often incorporate prayer, sacred symbols, and traditional rituals to enhance the healing experience, creating a powerful connection between the individual and the divine. Ideal for those seeking inner peace and holistic rejuvenation, Balinese Reiki offers a profound journey of self-discovery and energetic renewal.