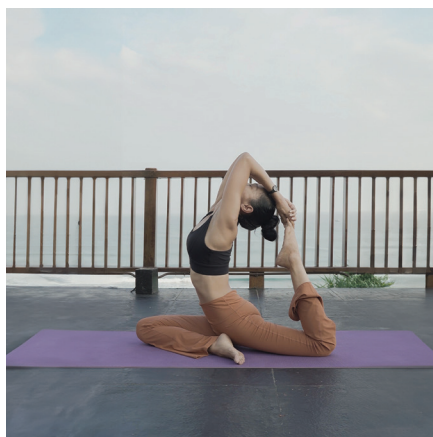


August Daily Activities


ANANTARA
ULUWATU BALI
RESORT



Monday

HATHA YOGA | 8.00 AM - 9.00 AM | CHAPEL

THE ART OF CLAY | 10.00 AM - 11.00 AM
ACTIVITY ROOM | IDR 250,000 NETT PER PERSON



Tuesday

THE ART OF PAINTING | 10.00 AM - 11.00 AM
ACTIVITY ROOM | IDR 250,000 NETT PER PERSON

HERBAL COMPRESS CREATION
03.00 PM - 04.00 PM | ANANTARA SPA



Wednesday

MATT PILATES | 8.00 AM - 9.00 AM | CHAPEL

THE ART OF BATIK
10.00 AM - 11.00 AM | ACTIVITY ROOM



Thursday

TOWEL ART | 11.00 AM - 12.00 PM
BOTOL BIRU BAR & GRILL

THE ART OF PAINTING | 03.00 PM - 04.00 PM
ACTIVITY ROOM | IDR 250,000 NETT PER PERSON



Friday

VINYASA YOGA | 8.00 AM - 9.00 AM | CHAPEL

THE ART OF CLAY | 10.00 AM - 11.00 AM
ACTIVITY ROOM | IDR 250,000 NETT PER PERSON



Saturday

THE ART OF BALINESE DANCE
10.00 AM - 11.00 AM | ACTIVITY ROOM

TOWEL ART | 11.00 AM - 12.00 PM
BOTOL BIRU BAR & GRILL



Sunday

MATT PILATES | 8.00 AM - 9.00 AM | CHAPEL

CANANG MAKING | 10.00 AM - 11.00 AM
ACTIVITY ROOM



Anantara Artshop

BRING HOME A LITTLE PIECE OF BALI

3RD FLOOR
OPEN FROM 9.00 AM - 7.00 PM



For more information or booking, please scan the QR code or call us at ext. 0

Sunrise Yoga

Welcome the day with a bespoke yoga session guided by a dedicated instructor, as the first light of dawn illuminates the ocean horizon. This personalised practice focuses on gentle movement, breath awareness, and intention setting for the day ahead.

IDR 900,000 nett per person

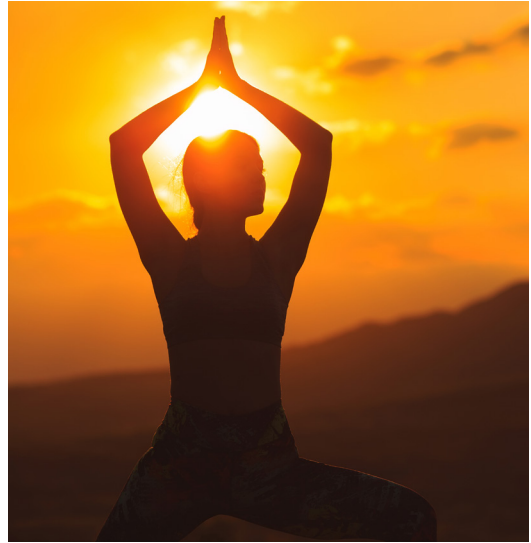
IDR 1,500,000 nett per couple

Ideal for : All Yoga Level

Duration: 60 minutes

Location: Cliff-edge or Yoga Pavilion

Advance reservation required



Personal Training Session

A bespoke one-on-one fitness experience tailored to your individual wellness goals. Whether focusing on strength, mobility, endurance, or overall vitality, each session is thoughtfully designed to suit your pace and preferences.

IDR 1,400,000++ per person

Location: Ocean View Gym or outdoor training area

Advance reservation required

Private Boxing Training

Channel energy and build strength through a private boxing session guided by a professional trainer. This high-energy experience focuses on technique, coordination, cardiovascular fitness, and stress release, all adapted to your personal level and objectives.

IDR 1,500,000++ per person

Ideal for: Beginner to advanced

Location: Gym or Yoga Pavilion

Advance reservation required



For more information or booking, please scan the QR code or call us at ext. 0