



# RESORT ADULTS ACTIVITY DAILY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am - 8:00 am	Vinyasa Yoga (Yoga Hall)	Ricefield Jogging (Lobby)	Asthangga Yoga (Yoga Hall)	Ricefield Jogging (Lobby)	Vinyasa Yoga (Yoga Hall)	Ricefield Jogging (Lobby)	Asthangga Yoga (Yoga Hall)
12:00 pm - 1:00 pm	Mejejaitan (Yoga Hall)	Janur Weaving (Yoga Hall)	Scrub Class (Sulang Bar)	Balinese Brew and Bite (Sulang Bar)	Mejejaitan (Yoga Hall)	Scrub Class (Sulang Bar)	Janur Weaving (Yoga Hall)
5:00 pm - 6:00 pm	Kampoeng Walk (Lobby)	Kite Class (Yoga Hall)	HIIT (Yoga Hall)	Senja Yoga (Yoga Hall)	Force & Flow Training (Yoga Hall)	Kampoeng Walk (Lobby)	Kite Class (Yoga Hall)

ANANTARA UBUD BALI RESORT

Banjar Puhu, Kecamatan Payangan, Kabupaten Gianyar, Bali 80572 Indonesia

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## RESORT TEENS ACTIVITY DAILY SCHEDULE

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

11 am - 12 pm

2:30 - 3 pm

Traditional  
Games Day  
(Kids Club)

Canang  
Making  
(Kids Club)

Core and  
Motion Class  
(Kids Club)

Busana  
Bali  
(Kids Club)

Canang  
Making  
(Kids Club)

Core &  
Motion Class  
(Kids Club)

Canang  
Making  
(Kids Club)

Daluman  
Making  
(Kids Club)

Rujak  
Making  
(Kids Club)

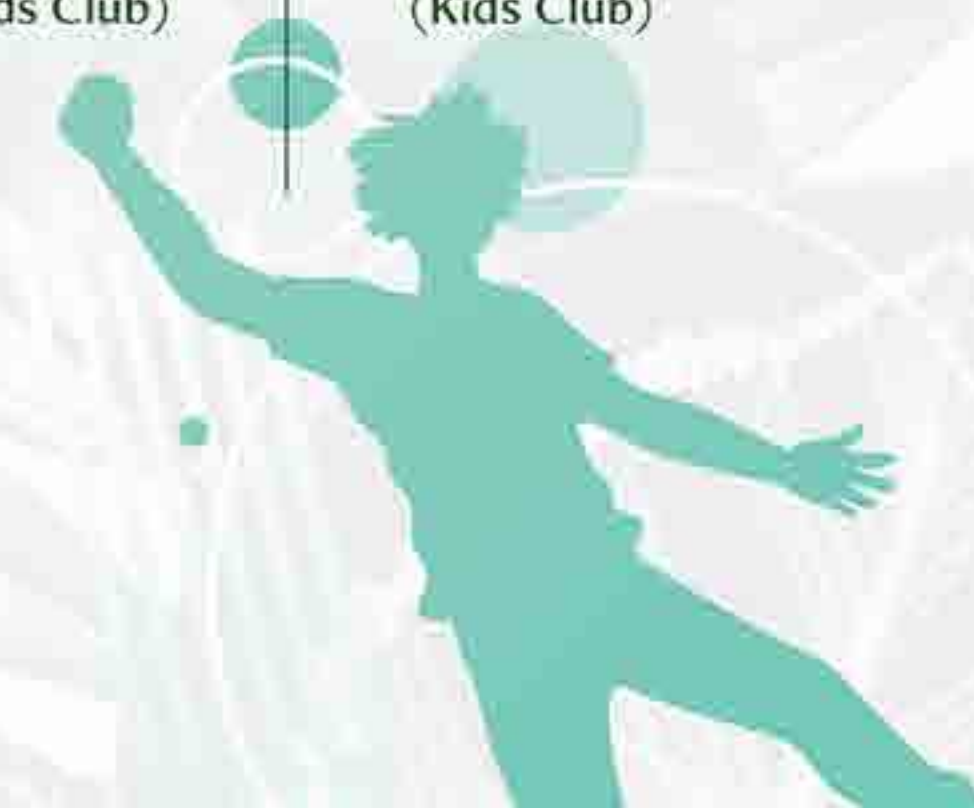
Ricefield  
Tour  
(Kids Club)

Daluman  
Making  
(Kids Club)

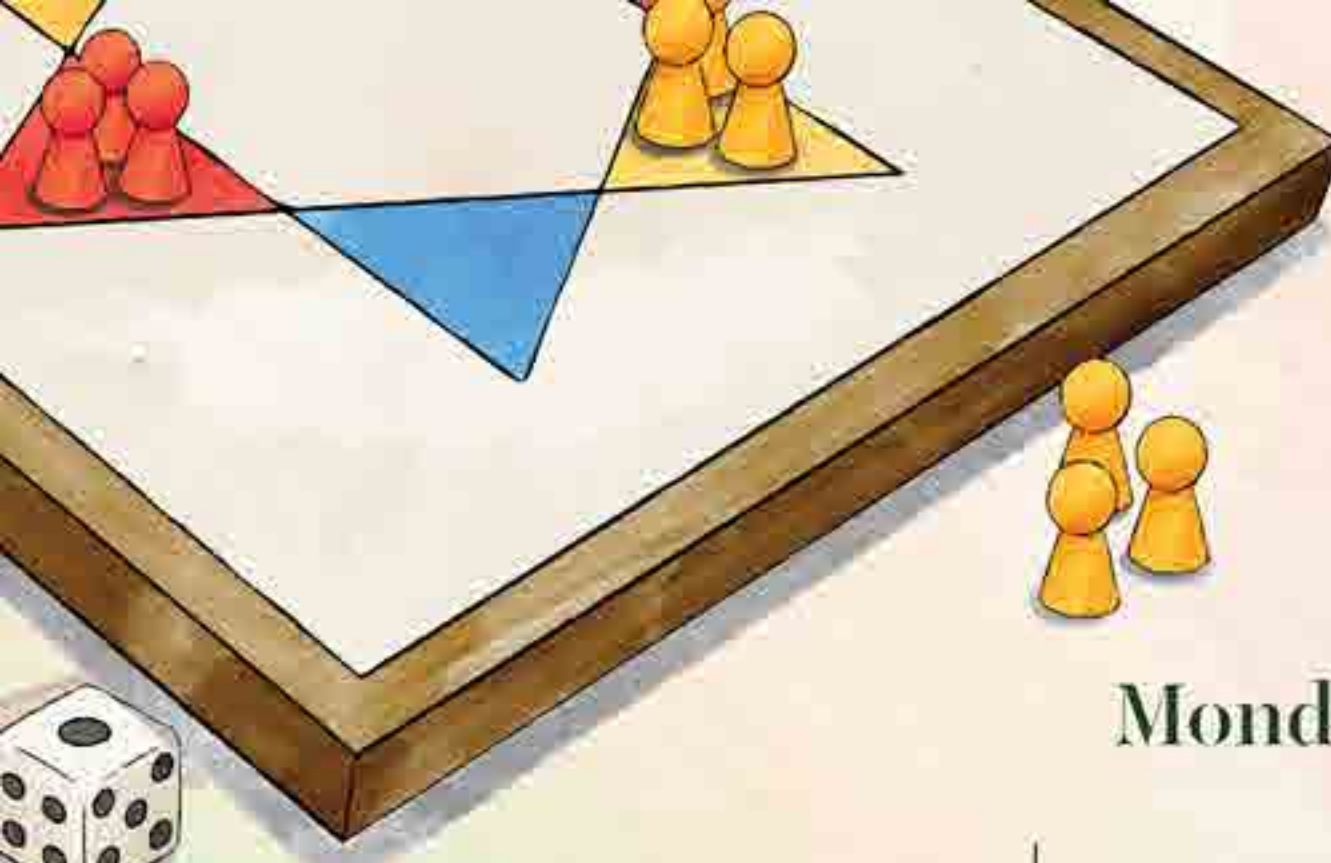
Ricefield  
Tour  
(Kids Club)

Daluman  
Making  
(Kids Club)

Rujak  
Making  
(Kids Club)



# RESORT KIDS ACTIVITY DAILY SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10 - 10:30 am	Animal Flow (Kids Club)	Ricefield Walk (Kids Club)	Balinese Games (Kids Club)	Animal Flow (Kids Club)	Ricefield Walk (Kids Club)	Balinese Games (Kids Club)	Animal Flow (Kids Club)
1 - 2 pm	Leaf Creation (Kids Club)	Face Painting (Kids Club)	Wooden Egg Painting (Kids Club)	Leaf Stamping (Kids Club)	Face Painting (Kids Club)	Wooden Egg Painting (Kids Club)	The Art of Seeds (Kids Club)
3:30 - 4:30 pm	The Art of Seeds (Kids Club)	Making Playdough (Kids Club)	Janur Weaving (Kids Club)	Slime Time (Kids Club)	The Art of Seeds (Kids Club)	Making Playdough (Kids Club)	Janur Weaving (Kids Club)
5 - 6 pm	Find Local Animals (Kids Club)	Art and Craft (Kids Club)	Hasta Karya (Kids Club)	Find Local Animals (Kids Club)	Art and Craft (Kids Club)	Hasta Karya (Kids Club)	Find Local Animals (Kids Club)



# RAINING ACTIVITIES

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am - 8:00 am	Vinyasa Yoga (Yoga Hall)	Busana bali (Yoga Hall)	Asthangga Yoga (Yoga Hall)	Busana Bali (Yoga Hall)	Vinyasa Yoga (Yoga Hall)	Busana Bali (Yoga Hall)	Asthangga Yoga (Yoga Hall)
12:00 pm - 1:00 pm	Mejejaitan (Yoga Hall)	Janur Weaving (Yoga Hall)	Scrub Class (Sulang Bar)	Balinese Brew and Bite (Sulang Bar)	Mejejaitan (Yoga Hall)	Scrub Class (Sulang Bar)	Janur Weaving (Yoga Hall)
5:00 pm - 6:00 pm	Body Wrap Making (Sulang Bar)	Kite Class (Yoga Hall)	HIIT (Yoga Hall)	Senja Yoga (Yoga Hall)	Force & Flow Training (Yoga Hall)	Body Wrap Making (Sulang Bar)	Kite Class (Yoga Hall)

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