



Master Coach
Mary Jane

Holiday Therapy

The first & only in the UAE





“One’s destination is never a place, but always a new way of seeing things”

Henry Miller

Your holiday is the moment to take time to relax, think about different projects and take decisions.

Holiday Therapy is the perfect solution to get the best from your favourite time of the year with immediate and long-term results.

Vitamin C for the mind, this is a life changer opportunity provided in a bespoke environment that follows the spirit of your vacation!



Master Coach Marjorie

After working more than 12 years in the hospitality industry managing marketing & communication activities for international hotel groups, Marjorie Gonzalez-Housseau made a drastic career change to be aligned with her values, decisions and became free.

She is now an experienced Master Life Coach, managing her own coaching company and founder of the first and only "Holiday Therapy" concept in Dubai.

Delivered in both English or French languages, the Holiday Therapy offers unique premium programs which will help you to disconnect, relax and discover about yourself for real meaningful vacation to remember!



Holiday Therapy Benefits

Using playful yet efficient exercises & techniques, Marjorie will help you to prioritise yourself.

Remember that taking time off is not a sign of weakness or lack of commitment, it is an investment in yourself, your health, happiness and productivity will improve... so relax and enjoy the benefits:

- Real and deep ME time moments
- A relaxed body and mind
- Self-development
- Health improvement
- Unique experience
- Bring back your happy spirit
- Positive state-of-mind
- Relieve stress and anxiety
- Facilitate important decisions
- Feel empowered and motivated

Package 1

The True Holiday Therapy

FULL INDIVIDUAL SUPPORT DURING YOUR STAY TO FEEL EMPOWERED

Day 1 or 2: Define your holidays goals: switch off and prepare for your stress-free vacation

Mid-stay: Deep relaxation session through Hypnosis

Last day: Reset new habits and feel boosted for a fresh start

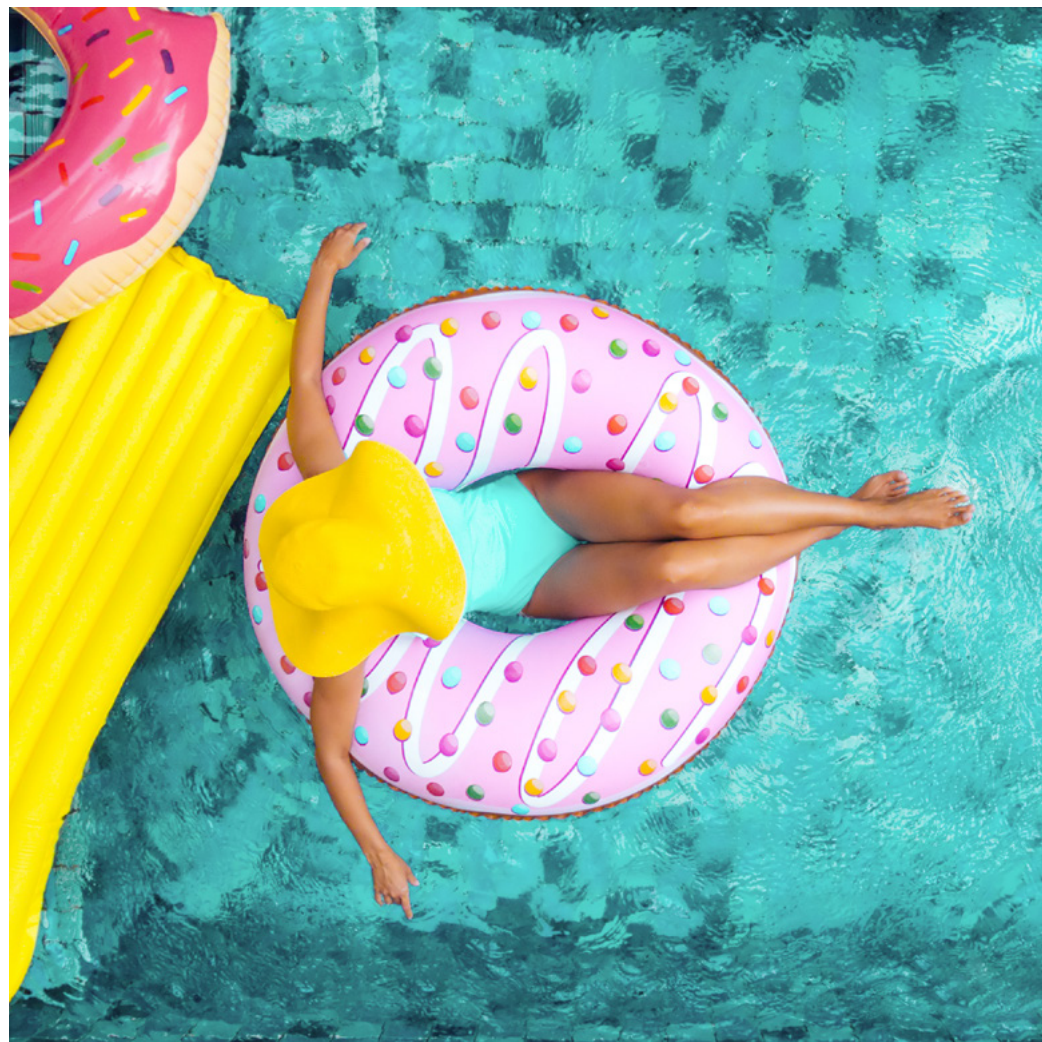


Package 2

Life Wheel Diagnosis

PERFECT FOR BEGINNERS LOOKING TO ENHANCE THEIR FULL POTENTIAL

- Your priorities assessment
- Current life values evaluation
- Get clear on what you stand for
- Fun & playful exercises to clear your mind
- Feel congruent with yourself, achieve your perfect life balance



Package 3

I have a Meeting with Myself

BE YOU^rself!

Deep session to understand who you really are:

- Release your doubts
- Define new goals
- Design your dream life/career
- Make a sustainable life plan



Package 4

The You & Me Therapy

TIME TO FALL IN LOVE AGAIN

Convenient for singles, married or divorced couples:

- Discover your relationship needs
- Clear the past
- Embrace new beginnings
- Become irresistible and spend quality time while on holidays



*Relax. Unwind.
Get in a flip flop state of mind!*

Let Go & Move On (1hr)

AED850

Special Offer!

Holiday Therapy Discovery (1hr)

AED650

Packages

Package 1

The True Holiday Therapy
(3hrs) AED 2,700

Package 2

Life Wheel Diagnosis
(2hrs) AED 1,620

Package 3

I Have a Meeting with Myself
(3hrs) AED 2,380

Package 4

The You & Me Therapy
(2hrs) AE D1,620

All rates are inclusive of 7% Municipality Fee, 10% Service Charge and 5% VAT.



Bookings must be made 24hrs in advance

For bookings:

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Master Coach
Marjorie

motivation · growth · happiness