

FOOD

SALADS

GREEK SALAD (V,D) 336 Cal Tomato, Onion, Peppers, Cucumber, Olives, Feta Cheese and Oregano	95
DYNAMITE SHRIMPS (SH,G,E,SE,S) 745 Cal Sriracha Mayonnaise, Pickled Cucumber, Sesame Seeds, Wasabi Mayo, Red Onions, Coriander Sprigs	95
CRETAN DAKOS SALAD (G,D) 440 Cal Cretan Dakos Rusk, Fresh Tomatoes, Feta Cheese, Greek Kalamata Olives, Capers, Oregano, Extra Virgin Olive Oil	85
VIETNAMESE PRAWN AND PAPAYA SALAD (SH,SE,S, N) 745 Cal Green Papaya, Jumbo Shrimps, Mint, Basil, Peanuts, Red Chilli, Lime, Vinegar, Fried Shallots, Sesame Oil	95
CLASSIC CAESAR SALAD (D,G,E) 538 Cal Parmesan Cheese, Croutons and Caesar Dressing Add on Chicken 709 Cal Add on Prawns 602 Cal	95
CAPRESE SALAD (V,D) 623 Cal Buffalo, Vine Ripe Tomatoes, Tossed Salad, Honey Balsamic Dressing	95
ORGANIC QUINOA SALAD (Vegan) 605 Cal Shaved Fennel, Pomegranate, Baby Spinach, Charred Corn and Peppers, Citrus Vinaigrette Dressing	90

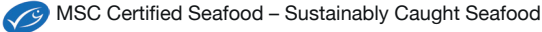
SANDWICHES & SNACKS

CURRIED CAULIFLOWER AND RED PEPPER HUMMUS WRAP (Vegan,G,SE) 835 Cal Curried Cauliflower, Red Pepper Hummus, Marinated Avocado, Mix Bell Pepper, Vegan Cheese Served with Mixed Leaves	95
SALMON PASTRAMI SANDWICH (S,G,E) 645 Cal Salmon Pastrami, Harissa Mayo, Rocket Leaves, Pickled Red Onions on Panini Bread	120
TOMATO & FRESH MOZZARELLA PANINI (D,V,G) 909 Cal Basil Pesto, Buffalo, Roma Tomatoes on Freshly Toasted Panini	110
WAGYU CHEESEBURGER (D,E,G) 1632 Cal Chargrilled Beef Burger, Siracha Mayonnaise, Sliced Tomatoes, Cheese, Pickles and French Fries	135
MAI CIABATTA CLUB (D,E,G) 1560 Cal Ciabatta Bread, Shredded Chicken, Mayo, Fried Egg, Veal Bacon or Turkey Bacon, Lettuce, Tomatoes, Mild Cheddar and French Fries	125
LOADED CHEESE FRIES (G,D) 817 Cal French Fries, Cheese Sauce, Turkey Bacon, Spring Onions, and Tomato Salsa	70
XL LOADED NACHOS (D,V,G) 912 Cal Homemade Chilli con Carne, Black Beans, Cheddar Cheese Sauce, Tomato Salsa, Sour Cream, Jalapeno Chili, Fresh Coriander, and Guacamole	110
FISH & CHIPS (S,E,G) 1020 Cal Battered Seabass, French Fries, Tartar Sauce and Grilled Lemon	130
CHICKEN STRIPS (E,G) 918 Cal Breaded Chicken Tenders Served with French Fries and Ranch Dip	120
HOT DOG (D,E,G) 1044 Cal Soft Hot Dog Bun, Beef Frankfurt Sausages, Coleslaw, Mayo, Cheese Sauce, and French Fries	110
THE CHILI HOT DOG (D,E,G,M) 933 Cal Soft Hot Dog Bun, Chicken with Chilli Frankfurt Sausage, Coleslaw, Jalapenos, Crisp Nachos, Cheddar Cheese, Mustard, Mayo, and French Fries	120
MEDITERRANEAN FALAFEL SANDWICH (D,V,G,SE) 1950 Cal Markook Bread, Hummus, Mix Pickles, Parsley Salad, Tahina Yoghurt, French Fries	105
KOREAN CRISPY CHICKEN WRAP (G,E) 1243 Cal Crispy Chicken Tenders, Korean Sweet Chili Dressing, Shredded Lettuce, Onions, Organic Kimchi Mayo Slaw, French Fries	120
BAKED CAMEMBERT BITES WITH CRANBERRY SAUCE (D, G) 1159 Cal Baked Camembert Bites, Cranberry Sauce, and Mixed Salad with Marinated Cherry Tomato	85
SPAGHETTI OR PENNE PASTA 494 Cal Mushroom and Cream Sauce (D,V,G) 790 Cal Classic Bolognese (D,G) 506 Cal Tomato and Basil (D,V,G) 144 Cal Chicken, Pesto and Olive Oil (D,G) 372 Cal	105
GAI PAD KRAPOW (G,E) 762 Cal Thai Style Minced Chicken Cooked with Chili Garlic Mushroom, Thai Hot Basil, Long Beans, Baby Corn in Rich Brown Sauce, Fried Eggs and Jasmine Rice	110
CHICKEN WINGS TRIO (G,M,D) 1225 Cal Buffalo and Butter Sauce, Homemade BBQ Sauce, Honey Parmesan and Parsley, Celery Sticks, Blue Cheese Dip on the Side	120
CHEF'S SPECIAL OF THE DAY Set Menu	145

NUTRITIONAL GUIDE

While we are committed to providing accurate nutrition information since our recipes are freshly prepared to order, there may be differences between the actual nutritional content of your order and the nutritional values provided. The values are derived from standardized recipes and serving sizes. While we will do our best to accommodate special requests to prepare your meal the way you like it; modifications may alter the nutritional values. The estimated daily calorie needs are 2,000 calories a day for teenagers and adults (ages 13 and older) and 1,500 calories a day for children (ages 4 to 12), but individual needs vary from one person to another.

Menu Designations: Alcohol (A), Eggs (E), Seafood (S), Shellfish (SH), Gluten (G), Dairy (D), Nuts (N), Sesame Seeds (SE), Vegetarian (V), Mustard (M)



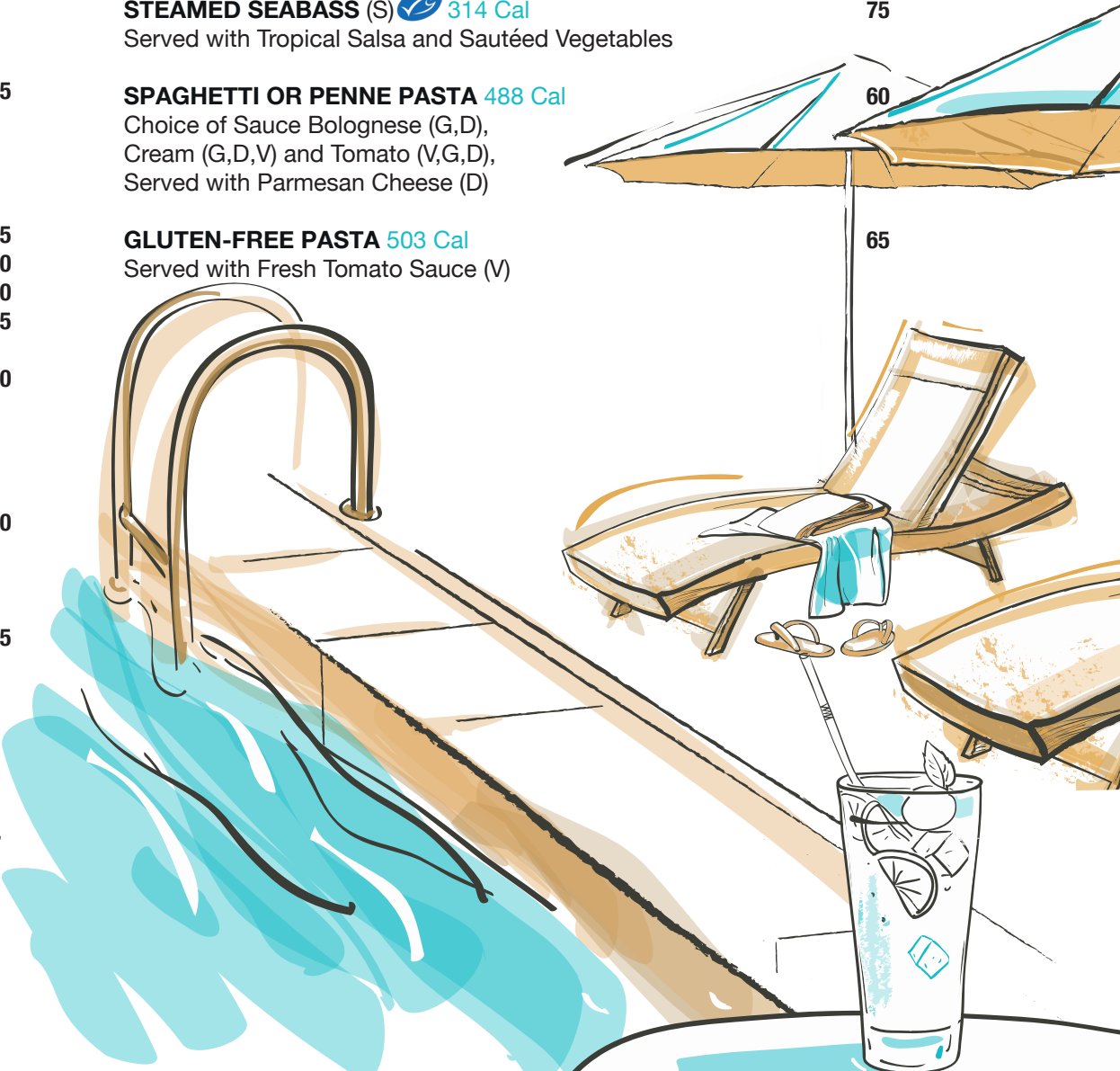
Consumption of raw or undercooked animal, seafood or poultry products such as eggs may increase your risk of food-borne illness. Written further information is available upon request.

If you have any concerns regarding food allergies, please alert your server prior to ordering.
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Food and beverages purchased outside of the resort restaurants may not be consumed around the beach, pool and lagoon area.



SWEET TREATS

SEASONAL FRUIT PLATTER (V) 201 Cal	70
HALF WATERMELON POT (V) 600 Cal	95
CHOCOLATE MOUSSE CAKE (D,G,E,N) 624 Cal With Fresh Raspberries	70
KID'S FAVOURITES	
PEANUT BUTTER SANDWICH (N,D,G) 620 Cal Toasted White Bread, Peanut Spread, Marshmallows & Nutella	50
CHICKEN POPCORN (E,G) 1348 Cal Served with French Fries	70
KIDS SLIDERS CHOICE (D,G,E) 880 Cal Beef Patty, Tomato. Lettuce, Cheddar Cheese or Tender Chicken Mince, Mayo, Tomato, Crispy Lettuce & Cheddar Cheese Served with French Fries	65
STEAMED SEABASS (S) 314 Cal Served with Tropical Salsa and Sautéed Vegetables	75
SPAGHETTI OR PENNE PASTA 488 Cal Choice of Sauce Bolognese (G,D), Cream (G,D,V) and Tomato (V,G,D), Served with Parmesan Cheese (D)	60
GLUTEN-FREE PASTA 503 Cal Served with Fresh Tomato Sauce (V)	65



NON-ALCOHOLIC BEVERAGES

FRESH FRUIT JUICE	35
Orange 123 Cal Watermelon 105 Cal Pineapple 158 Cal Carrot 123 Cal Mango 108 Cal	
FRESH COCONUT 190 Cal	55
CARBONATED	32
Pepsi 126 Cal Diet Pepsi 1 Cal Pepsi Zero 0 Cal 7UP 131 Cal 7UP Free 5 Cal Mirinda 159 Cal Ginger Ale 114 Cal Tonic 78 Cal Soda 0 Cal	
FRESH ICED TEAS	35
RED BULL	50
Regular 115 Cal Watermelon 115 Cal Sugar Free 48 Cal	
H2O IMPORTED	Small Large
Still	28 40
Sparkling	28 40
H2O LOCAL	
Still	16 27
MAI SLUSH	32
Wake Up Coffee Crazy Mango Piña Coco Tropical Banana Strawberry Yummy Blue Palm	
SMOOTHIES & MILKSHAKES (Signature Selection)	45
FRESH FRUIT MOCKTAILS	68
Coco Cooler 383 Cal The Pineapple Pot 408 Cal	
SIGNATURE DETOX	52
ZERO ALCOHOL COCKTAILS	
Bellini Zero	55
Peach, Vintense Prestige	
Americano Zero	55
Italian Orange, Aperitif Rosso, Tonic	
Negroni Zero	55
London Dry, Italian Orange, Aperitif Rosso	
Italian Spritz	57
Italian Spritz, Vintense Prestige	
HOT BEVERAGES	
Single Espresso 1 Cal	26
Double Espresso 2 Cal	30
Americano 1 Cal	28
Cappuccino 69 Cal	32
Café Latte 78 Cal	32
Tea	29



HOPS

Draught Pint

Bottle	64
Chang	54
Singha	54
Corona	54
Heineken	54
Becks	54
Bulmers Cider	60
Corona Zero (Alcohol Free)	42
Peroni 0.0% (Alcohol Free)	42

DAILY
HAPPY HOURS
30% OFF
ALL BEVERAGES*

3:00 pm - 5:00 pm

GRAPES

	Glass (150ml)	Bottle (750ml)
CHAMPAGNE	180	900
Taittinger Brut Réserve, NV, Reims, France		
SPARKLING GRAPE	85	420
Prosecco Valdo Millesimato, Treviso, Brut, NV, Italy		
DJ Antonie K-Prosecco Brut, Veneto, Italy 1,5 LTR		825
WHITE GRAPE		
Sauvignon Blanc, Argento, Mendoza, Argentina	60	290
Pinot Grigio, Gabbiano, Veneto, Italy	70	340
Petit Chablis, La Chablisienne, Chablis, France	80	395
RED GRAPE		
Cabernet Sauvignon I Merlot, Hardy's, Australia	60	290
Cabernet Sauvignon, Gran Coronas, Torres, Spain	80	395
Pinot Noir, Matua, Marlborough, New Zealand	85	420
ROSÉ GRAPE		
Rosé d'Anjou, Sauvion & Fils, Anjou-Saumur, France	68	335
Château Minuty 'M de Minuty', Côtes de Provence, France	85	420
Château Minuty 'M de Minuty', Côtes de Provence, France 1,5 LTR		750
REFRESHING SANGRIA	Glass	Jar
White Rosé Red	70	240

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*T&C Apply.

SPIRITS

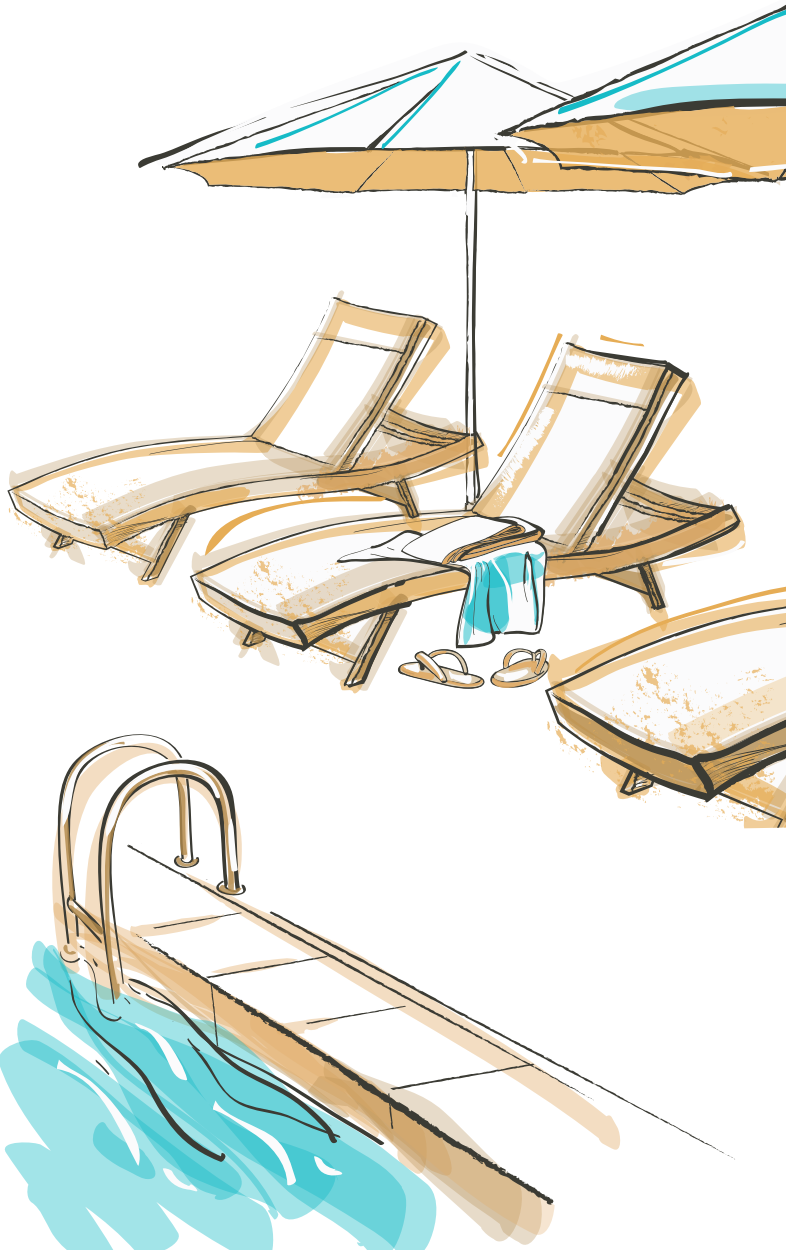
	30ml	Bottle
BARLEY		
Chivas Regal 12 YO	60	1200
JW Black Label 12 YO	60	1200
Macallan 12 YO	70	1500
CORN		
Jack Daniel's	60	1200
Maker's Mark	60	1200
WHEAT		
Stolichnaya Premium	50	870
Absolut Blue Label	55	1000
Grey Goose	65	1400
Belvedere	65	1400
BOTANICAL		
Bombay Sapphire	50	870
Hendrick's	65	1300
Tanqueray No10	65	1300
Gin Mare	65	1300
BLUE AGAVE		
Patron Silver	65	1300
Patron Reposado	70	1400
Don Julio Anejo	75	1700
MOLASSES		
Captain Morgan White Spiced Black	50	870
Bacardi Superior	55	1000
Havana Club Especial	60	1200

SIGNATURE COCKTAILS

GINSMASH	80
Gin Shaken with Fresh Lemon, Pineapple and Grapefruit with a Splash of Soda	
JUNIPER TWIST	75
Gin, Black Raspberry Liqueur, Lemon Juice, and Tonic	
LET DRAGON FLY	87
Vodka, Dragon Fruit, Lychee, Raspberry	
PALM BORA	80
Vodka, Blue Curaçao, Lychee, Apple and Lemon Juice	
SAMUI COLADA	80
A Duo Of Rum Blended with Mango, Passion Fruit and Coconut	
RED MELON	75
Gin, Passion Fruit, Watermelon Juice, Watermelon Red Bull	
EL NIDO	75
Tequila, Calamansi, Grapefruit, Peach and Jasmine Soda	



BANANA ISLAND	75
Bourbon, Amaretto, Banana, Orange, Pineapple	
SMOKY JOHN	75
Whisky, Cranberry, Orange, Lemon, Smoked Oak	
KOKOS LAGOON	80
Malibu, Melon Liqueur, Blue Curaçao, Mango Juice, Orange Juice and Coconut Cream	
FRESH FRUIT COCKTAILS	
Tipsy Pineapple	92
Melon Cooler	92
Tipsy Coconut	92





SAVOURY BITE MENU

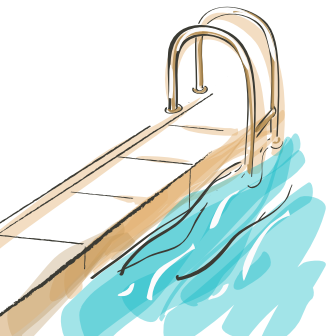
HUMMUS (G,V,SE) 774 Cal Hummus with toasted sumac pita bread and cucumber & carrot crudites	75
BBQ MARINATED CHICKEN SKEWERS (G,E,D,SE) 1,113 Cal Honey BBQ dressing, sesame seeds, spring onion	95
SEMOLINA DUSTED BABY SQUID (G,D,SE,S,E)  740 Cal Served with Tartar sauce, lemon, sesame seeds	90
VEGETABLE SPRING ROLL, SWEET CHILI SAUCE (G,E) 894 Cal Vegetable stuffed in crispy wonton sheet	65

Gluten (G), Seafood (S), Egg (E), Dairy (D), Sesame Seeds (SE)



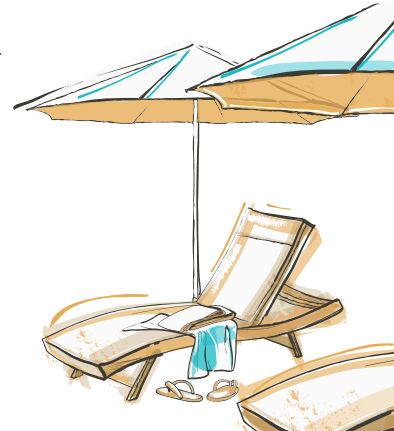
MSC Certified Seafood – Sustainably Caught Seafood

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ANANTARA

THE PALM DUBAI
RESORT





CHAMPAGNE MENU

CHAMPAGNE BRUT

Taittinger Réserve, NV, Reims, France	
Moët & Chandon, Imperial, NV, Épernay	
Veuve Clicquot, Yellow Label, NV, Reims	
Bollinger Special Cuvée, NV, Ay	
Moët & Chandon, Imperial, NV, Epernay 1.5 LTR	
Dom Pérignon, Vintage, Epernay	

Bottle

900
1100
1160
1299
1700
4300

CHAMPAGNE ROSE

Moët & Chandon, Impérial, Brut Rosé, NV, Épernay	
Veuve Clicquot, Yellow Label, Brut Rosé, NV, Reims	
Laurent-Perrier, Brut Rosé, NV, Reims	

1150
1280
1900



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WINE MENU

ROSÉ WINE

Bottle

Domaine Ott, By.Ott, Côtes du Provence, France	540
Château D'Esclans, Whispering Angel Rosé, Côtes de Provence, France	510
Rosé d'Anjou, Sauvion & Fils, d'Anjou-Saumur, France	335
Château Minuty 'M de Minuty', Côtes de Provence, France	420
Château Minuty 'M de Minuty', Côtes de Provence, France 1.5 LTR	750

WHITE WINE

Gérard Bertrand, Naturae Chardonnay, France Organic	340
Alois Lageder, Gewürztraminer, Italy Bio	355
Gavi DOCG, Beni di Batasiolo, Piedmont, Italy	390
Chablis, Moreau & Fils, Burgundy, France	560
Chardonnay, Kendall-Jackson, Vintner's Reserve, California, USA	510
Pouilly-Fumé, Château Favray, Loire Valley, France	640
Sancerre, Sauvion, Les Fondettes, Loire Valley, France	690
Sauvignon Blanc, Cloudy Bay, Marlborough, New Zealand	710
Sancerre, Henri Borgeois, Loire Valley, France 1.5 LTR	1800

RED WINE

Valpolicella Classico, Speri, Italy Organic	380
M.Chapoutier, Côtes du Rhône, France Bio	340
Pinot Noir, Tyrrell's, Old Winery, Australia	420
Malbec, Kaiken Ultra, Montes, Mendoza, Argentina	495
Merlot, Montes Alpha, Casablanca Valley, Chile	510
'Buissonier' Bourgogne Pinot Noir, Vignerous de Buxy, France	540
Merlot I Syrah I Sangiovese, Gaja, Ca'Marcanda, Promis, Tuscany, Italy	810
Penfolds, Shiraz, Bin 28, South Australia	890
Pinot Noir, Pommard, Bouchard Pere & Fils, Burgundy, France	1290
Gaja, Sito Moresco, Langhe, Italy 1.5 LTR	3200

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SMOOTHIES



PASH N SHOOT

Passion fruit, Mango, Pineapple



BIG 5

Strawberry, Mango, Kiwi, Pineapple



TROPICAL COLADA

Coconut, Pineapple, Banana



MELON REFRESHER

Strawberry, Mango, Melon



BLUEBERRY THRILL

Blueberry, Raspberry, Banana, Flaxseed



BRAZILIAN AÇAÍ

Strawberry, Blueberry, Açaí Berry, Mango



AVO GO GO

Mango, Spinach, Broccoli, Avocado, Coconut, Lime, Ginger

AED 45

MILKSHAKES



VANILLA MILKSHAKE



STRAWBERRY MILKSHAKE



CHOCOLATE MILKSHAKE

SORBET ICE CREAMS IN NATURAL FRUIT SHELLS



ZESTY LEMON

AED 20



MANGO ORANGE/ PASSION MANGO

AED 20



RUBY RED BERRY

AED 30



HEAVENLY COCONUT

AED 30



CHOCOLATE COCONUT

AED 30



SWEET PINEAPPLE

AED 30



Island Way

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KAYAK BAR MENU

COCKTAILS

Piña Colada	67
Mojito	67
Strawberry Mojito	70
Mango Mojito	70
Aperol Spritz	85
Rose & White Pepper Negroni	80
Jumbo Mojito	90
Jumbo Piña Colada	90

BEER

Heineken	55
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RED BULL ENERGY DRINK 50

Original | Red Edition

FRESH COCONUT JUICE 55

SOFT DRINKS

32

Pepsi | Diet Pepsi | Pepsi Zero
7UP | 7UP Free | Mirinda | Ginger Ale
Tonic Water | Soda Water

MOCKTAILS

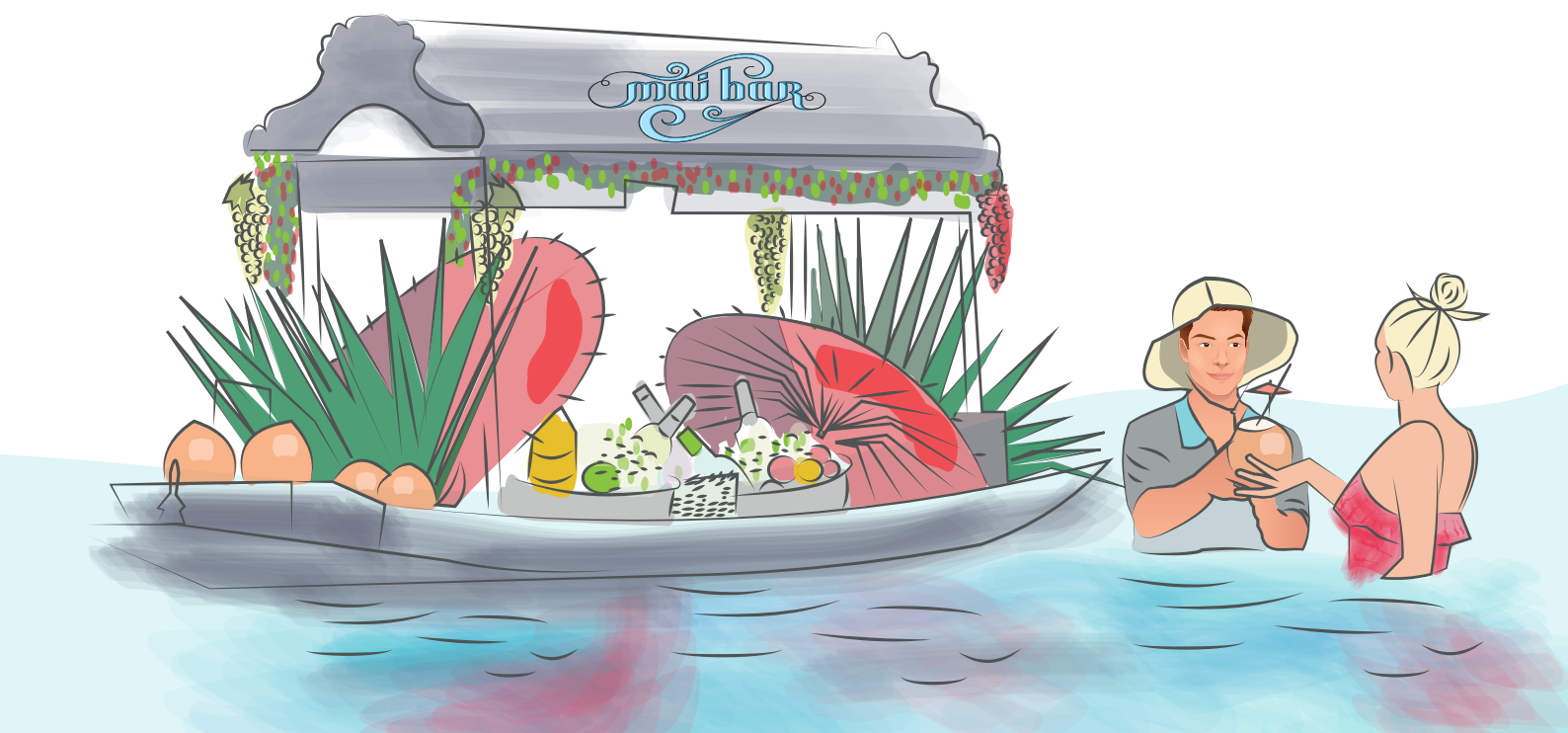
Virgin Piña Colada	45
Virgin Mojito	45
Virgin Strawberry Mojito	45
Virgin Mango Mojito	45
Jumbo Virgin Mojito	60
Jumbo Virgin Piña Colada	60

FRESH JUICES

35

Orange | Pineapple | Watermelon
Mango | Carrot

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WINE

CHAMPAGNE

Taittinger Brut Réserve, NV, Reims, France

Glass

180

SPARKLING WINE

Prosecco Valdo Millesimato, Treviso, Brut, NV, Italy

85

WHITE WINE

Pinot Grigio, Gabbiano, Veneto, Italy

70

ROSE WINE

Château Minuty 'M de Minuty', Côtes de Provence, France

85

RED WINE

Pinot Noir, Matua, Marlborough, New Zealand

85

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