# IN-ROOM DINING MENU

Relax in the comfort of your room and savour a selection of tasty dishes from our In-Room Dining menu. Whether it's a wholesome breakfast, a mouthwatering light lunch, or a romantic gourmet dinner served on your balcony, our In-Room Dining team will deliver the very best food and drink service right to your room.

Using only the finest ingredients in our freshly prepared culinary delights, our In-Room Dining menu offers something to satisfy every appetite. In addition to international favourites from around the world, such as Caesar salad, juicy steaks and deliciously tempting desserts, try modern twists on traditional dishes, combining familiar flavours with new ingredients, all complemented by indulgent beverages from our extensive list.

If you're planning on going out for the day seeing the incredible sights Dubai has to offer, or for those with an early flight, our Meals take-away option offers a choice of delicious dishes, carefully prepared by one of our chefs and perfectly packaged for those on the go. Call In-Room Dining for more details. In-Room Dining is available 24 hours, seven days a week.

### **NUTRITIONAL GUIDE**

While we are committed to providing accurate nutrition information, since our recipes are freshly prepared to order, there may be differences between the actual nutritional content of your order and the nutritional values provided. The values are derived from standardised recipes and serving sizes. While we will do our best to accommodate special requests to prepare your meal the way you like it; modifications may alter the nutritional values.

The estimated daily calorie needs are 2,000 calories a day for teenagers and adults (ages 13 and older) and 1,500 calories a day for children (ages 4 to 12), but individual needs vary from one person to another.

# MENU DESIGNATIONS:



If you have any concerns regarding food allergies, please alert your server prior to ordering.

Consumption of raw or undercooked animal, seafood or poultry products such as eggs may increase your risk of food-borne illness. Written further information is available upon request

All prices are in United Arab Emirates Dirhams and inclusive of Municipality fee, service charge and VAT.

Call In-Room Dining to place an order by dialing extension 8317.

# BREAKFAST SERVED FROM 6:30 AM - 11:30 AM

# BREAKFAST FAVOURITES

Freshly Sliced Seasonal Fruit 200 Cal	80	Two Fresh Farm Eggs Prepared to Your Liking   Sorved with grilled temptons, back brown notations	90
International Cheese Platter 924 Cal	90	Served with grilled tomatoes, hash brown potatoes, sautéed mushrooms, turkey bacon or chicken sausage Fried egg 476 Cal, Poached egg 358 Cal, Scrambled egg 472 Cal	
served with crackers, celery, walnuts and grapes  Scottish Smoked Salmon 266 Cal	115	Eggs Benedict   Poached eggs on toasted English muffin with choice of Turkey ham 740 Cal, smoked salmon 735 Cal or	90
Cereal © © © © © © Corn Flakes 91 Cal, All Bran 144 Cal, Frosties 131 Cal, Rice Krispies 85 Cal or gluten free cereal 160 Cal, served with full fat 86 Cal, low fat 59 Cal, almond 48 Cal or soy milk 47 Cal	35	Bread Basket 731 Cal D D D D D D D D D D D D D D D D D D D	35
Hot Oatmeal Porridge 284 Cal	35	Bakery Basket 1037 Cal Selection of Viennoiseries and toast, served with butter,	40
Traditional Pancakes 479 Cal	69	selected preserves and honey	
Homemade Waffles 373 Cal With maple syrup and mixed berry compote	69		



### CONTINENTAL BREAKFAST

115



Selection of Viennoiseries and white or brown toast, served with butter, selected preserves and honey

Freshly Sliced Seasonal Fruit 200 Cal



**Your Choice of Fresh Juice** 

Orange 81 Cal, mango 115 Cal, pineapple 104 Cal, watermelon 69 Cal or carrot 81 Cal

Choice of Freshly Brewed Filter Coffee 69 Cal, Hot Chocolate 603 Cal, Tea or Herbal Infusion

## AMERICAN BREAKFAST

175

Bakery Basket 1237 Cal



Selection of Viennoiseries and white or brown toast, served with butter, selected preserves and honey

Freshly Sliced Seasonal Fruit 200 Cal



Two Fresh Fried, Poached or Scrambled Eggs 476/358/472 Cal Served with grilled tomatoes, hash brown potatoes, sautéed mushrooms and your choice of turkey bacon or chicken sausage

**Your Choice of Fresh Juice** 

Orange 81 Cal, mango 115 Cal, pineapple 104 Cal, watermelon 69 Cal or carrot 81 Cal

Choice of Freshly Brewed Filter Coffee 69 Cal, Hot Chocolate 603 Cal, Tea or Herbal Infusion

## ANANTARA HEALTHY START

145

Bakery Basket 1237 Cal



Selection white or brown toast, served with butter, selected preserves and honey



Egg White Omelette 267 Cal

Served with grilled tomatoes, sautéed spinach and mushrooms

Freshly Sliced Asian-style Seasonal Fruit 200 Cal



**Your Choice of Fresh Juice** 

Orange 81 Cal, mango 115 Cal, pineapple 104 Cal, watermelon 69 Cal or carrot 81 C

Choice of Freshly Brewed Filter Coffee 69 Cal, Hot Chocolate 603 Cal, Tea or Herbal Infusion

Thai Congee 217 Cal

## ORIENTAL BREAKFAST

165

Bakery Basket 1237 Cal







Selection of Viennoiseries and white or brown toast, served with butter, selected preserves and honey

Freshly Sliced Seasonal Fruit 200 Cal



Arabic Specialities 435 Cal ( )



Foul medames, labneh, feta and halloumi cheese, mixed olives, hummus, sliced tomatoes and cucumber

**Your Choice of Fresh Juice** 

Orange 81 Cal, mango 115 Cal, pineapple 104 Cal, watermelon 69 Cal or carrot 81 Ccal

Choice of Freshly Brewed Filter Coffee 69 Cal, Hot Chocolate 603 Cal, Tea or Herbal Infusion



## INDIAN BREAKFAST

165

Bakery Basket 1237 Cal

Selection of Viennoiseries and white or brown toast, served with butter, selected preserves and honey

Freshly Sliced Seasonal Fruit 200 Cal

**Indian Specialities** 435 Cal

Masala omelette or plain paratha with chef special of the day curry or plain idly, chutney and sambar

Salty or Sweet Lassi

**Your Choice of Fresh Juice** 

Orange 81 Cal, mango 115 Cal, pineapple 104 Cal, watermelon 69 Cal or carrot 81 Cal

Choice of Freshly Brewed Filter Coffee 69 Cal, Hot Chocolate 603 Cal, Tea or Herbal Infusion

ASIAN BREAKFAST

Bakery Basket 1237 Cal DO DO DO



Selection of Viennoiseries and white or brown toast, served with butter, selected preserves and honey

Freshly Sliced Seasonal Fruit 200 Cal

Asian Specialities 515 Cal

Chicken and mushroom congee, Chinese doughnut braised tofu with minced chicken or vegetable fried rice

**Your Choice of Fresh Juice** 

Orange 81 Cal, mango 115 Cal, pineapple 104 Cal, watermelon 69 Cal or carrot 81 Cal

Choice of Freshly Brewed Filter Coffee 69 Cal, Hot Chocolate 603 Cal, Tea or Herbal Infusion

### WELLNESS DISHES Wellness Breakfast 515 Cal 145 Poached eggs on top of English muffin served with grilled tomato, fresh spinach and sautéed mushrooms; avocado slice with brown toast and cherry tomato; granola with berries - plain yogurt and healthy green juice Bircher Muesli 446 Cal 45 Mixed oats, apple, pear, nuts, yoghurt and honey Organic Quinoa Salad 605 Cal 90 Organic South American quinoa, spiced with Egyptian dukkah, shaved fennel, pomegranate, baby spinach leaves and citrus zest, dressed with classic vinaigrette Scottish Smoked Salmon 271 Cal 115 With caper berries and red onion Curried Cauliflower and Red Pepper Hummus Wrap 875 Cal 85 Curried cauliflower, red pepper hummus, marinated avocado, mixed bell pepper served with mixed leaves **APPETISERS** Roma Plum Tomato and Burrata Cheese 623 Cal 90 Avocado, basil chiffonade and cold pressed extra virgin olive oil Prawn Cocktail 365 Cal ( ) ( ) ( ) ( ) ( ) ( ) 95 Crisp lettuce, smoked paprika, celery, avocado and quail egg with cocktail sauce St. Maure Goat's Cheese Salad 387 Cal 90 Fresh mixed leaf salad with Medjool dates and crumbled St. Maure goat's cheese and citrus olive oil dressing Classic Caesar Salad 538 Cal 95 Romaine lettuce tossed in Caesar dressing, served with turkey bacon, crunchy croutons and parmesan cheese Add Grilled Chicken 709 Cal Add Grilled Prawns 602 Cal 105 115 Chicken Tikka Salad 963 Cal 89 Crisp garden greens, slow roasted chicken tikka, cherry tomato, cucumber, onions, peppers, papadum, tamarind & mint dressing Cold Mezzeh Platter 1080 Cal W & 🕒 105 Hummus, moutabel, tabouleh, fattoush, stuffed vine leaves,

mixed Arabic pickles, served with Arabic bread

Crisp lettuce, plum tomatoes, turkey bacon, chicken breast, nard-boiled egg, avocado, Roquefort cheese and vinaigrette	95
<b>Thai Papaya Salad</b> <i>261 Cal</i>	89
Greek Salad 336 Cal	90
FROM THE SOUP KETTLE	
Oriental Lentil Soup 484 Cal ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) (	65
Slow Roasted Tomato Soup 263 Cal (b) (c) (c) (d) (d) (d) (d) (d) (d) (d) (d) (d) (d	65
Soup of the Day	65
PIZZA IN A BOX	
<b>Margherita</b> 1322 Cal	100
Grilled Mediterranean Vegetables 1428 Cal ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) (	110
<b>Marinated Chicken Pesto</b> 1777 Cal (a) (b) (b) (c) (c) Chicken, pesto, sun-dried tomatoes and fresh rocket leaves	115
Pepperoni 1814 Cal 🕒 🕑 🕟 🐷 Pepperoni, vine-ripened tomatoes and Mozzarella cheese	115
F <b>unghi</b> <i>1326 Cal</i>	110
<b>Middle Eastern Spiced Lamb Pizza</b> 796 Cal (a) (b) Zucchini yellow/green, lamb mince, mozzarella cheese, zaatar spice dried, feta cheese, red onion semi dried tomato, chilli flakes	120
eta eneese, rea omon semi anea tomato, emi nates	

#### Chicken Fajita Wrap 965 Cal Chicken strips cooked with Mexican spices, peppers, white tortilla, TV SNACKS spicy mayo, cheddar cheese, mozzarella cheese served with sour cream, Salted Popcorn Bag 360 cal **30** jalapeño chilli, salsa guacamole, and tortilla chips Mini Beef Sliders 1104 Cal Beef Steak & Cheese 1195 Cal 75 Cheese burger with pickles, aioli, onion relish and fries Ciabatta, chorizo, bell pepper, tomato, cheddar cheese, rocket lettuce served, grain mustard mayo and fries Chicken Popcorn 902 Cal Tender chicken bites with crunchy popcorn and fries 60 **ASIAN FAVOURITES** Classic Nachos 740 Cal 75 Served with jalapenos, guacamole, sour cream, tomato salsa and Thai Yellow Vegan Curry 859 Cal Monterey Jack cheese sauce Authentic Thai yellow curry, seasonal vegetables, coconut milk, fried onion, coriander and fragrant Thai jasmine rice Chicken Tenders 1925 Cal 85 Stir Fry Vegetable & Egg Noodle with Choice of 🔌 🔮 🕒 🍪 💿 Served with ranch dressing, coleslaw and onion rings Mini Prawn Skewers 1060 Cal Chicken 992 Cal 115 Prawns 987 Cal Spicy sauce, pickled cucumber salad, sesame seeds Nasi Goreng 1207 Cal ANANTARA COMFORT FOOD Chicken satay, fried rice, Indonesian spiced prawn crackers, fried egg and Asian pickles Hot Mezzeh Platter 1098 Cal 115 **Wok Tossed Vegetables** Lamb kibbeh, cheese rakakat, spinach fattayer, meat sambousek, Soya sauce, garlic, ginger and a touch of chilli with your choice of **Chicken** 1020 Cal served with tahina sauce East-West Combo 1993 Cal Prawns 776 Cal 115 Onion rings, mozzarella sticks, vegetable spring rolls and chicken tenders with ranch dressing "Gaeng Keaw Waan Gai" Chicken Green Curry 1343 Cal Panini Club 1703 Cal 99 Authentic Thai green curry sauce, chicken, sweet basil, Thai eggplant, Chicken breast on grilled bread, with crispy turkey bacon, baby gem lettuce, coconut milk and Thai jasmine rice sliced plum tomatoes and egg, mayonnaise, served with fries Club Sandwich 1065 Cal "Phad Thai Goong" Wok-fried Rice Noodles with Prawns 429 Cal 95 Poached chicken, turkey bacon, lettuce, sliced plum tomatoes, fried egg, Thailand's national dish sees rice noodles stir-fried with succulent prawns, crisp mayonnaise on white sliced bread and fries vegetables, in a tamarind sauce, topped with peanuts and fresh lime Falafel Wrap 1247 Cal 89 "Khao Phad Pu" Crab Fried Rice 654 Cal Homemade falafel wrapped in markouk bread with crisp lettuce, garlic cream, red pepper hummus, Arabic pickles and fries A classic Thai dish featuring succulent crab meat stir-fried with aromatic jasmine rice, fresh vegetables, and topped with a fried egg Wagyu Burger 1632 Cal 135

Chargrilled Wagyu ground beef, melted cheddar cheese, homemade coleslaw

and fries

95

105

85

85

95

115

105

115

115

120

# INDIAN AND ORIENTAL

Paneer Makhani 1030 Cal D D D D D D D D D D D D D D D D D D D				
curry sauce, s	served 105			
	120 125 130			
n and mixed s	alad			
n and mixed s	alad			
Arabic Mixed Grill Platter 1416 Cal				
Grilled Sumac Spiced Lamb Cutlet 664 Cal				
Dal Tadka 1281 Cal				
Kadai Chicken 1030 Cal  Juicy chicken, spices, kadai masala gravy, smokey onions, capsicum served with flavoured rice and oven roasted papadum				
115 45 25 15	Choose your sauce Tomato 149 Cal  Arrabiata Sauce152 Cal  Bolognese 505 Cal  Cream Sauce 790 Cal  Pesto 252 Cal			
	and mixed so curry sauce, so and mixed so and mixed so at and mixed so at a served whato, tahini sa a second constant of the second const			

# SURF AND TURF

Mediterranean Sea Bass 1024 Cal ( ) ( ) ( ) ( ) ( ) Pan-seared sea bass, served with heritage tomatoes, potato, capers, Kalamata olives and basil pesto	175
Pan Seared Salmon 1105 Cal Property Company Company Company Cal Property Company Compa	180 sauce
Seafood Platter 1747 Cal	th erge,
Chargrilled Harissa Marinated Baby Chicken 1265 Cal With mint, piperade sauce, mashed potato, Sumac powder, pomegranate	165
Grilled Australian Beef Tenderloin 200g 984 Cal Color	245
VEGETARIAN FAVOURITES	
Hand Rolled Potato Gnocchi 767 Cal (a) (b) (c) (c) Gnocchi with creamy tomato sauce, mozzarella and fresh basil	95
Truffled Mushroom Risotto 1031 Cal Sautéed mixed mushrooms with truffle scent and fresh shaved Grana Padano	95
Kung Pao Tofu 946 Cal Asian-inspired tofu and vegetables stir fry, served with steamed aromatic jasmine rice	95

# **VEGAN MENU**

Pasta with choice of vegan cheese sauce or vegan bolognaise sauce 💜 🎉 Penne and Spaghetti Pasta Served with Choice of Rice Milk, Coconut Milk and Cashew Based Cream Sauce 956 Cal Soya Based Bolognaise sauce 934 Cal 105 Tofu Makhani 1370 Cal 85 Tofu simmered in rich tomato and coconut milk sauce, served with steamed aromatic basmati rice Eggplant Milanese 1439 Cal 85 Cajun flavoured crumbed eggplant with smoked paprika spiked tomato sauce, cherry tomato and garden leaves, vegan cheese Velvety Vegan Chocolate Indulgence 450 Cal
Rich bitter chocolate cake, chocolate velvety mousse,
fresh berry ensemble, berry coulis, chocolate sheet **60** Freshly Sliced Seasonal Fruit 200 Cal 80 SIDE DISHES Steamed Vegetables 80 Cal **35** Mashed Potato 350 Cal **40** French Fries 822 Cal **30** Sweet Potato Fries 258 Cal 35 Green Salad 60 Cal

## KIDS MENU

Creamy Chicken Soup 241 Cal (1) (1) With sweetcorn	40
Kids Vegetable Spring Rolls 894 Cal	55
<b>Tiny Burger</b> 880 Cal (a) (b) (c) (b) (c) (w) Plain mini-beef burger with tomatoes, salad leaves and fries	55
Chicken Nuggets 1010 Cal Della Obligation  Breaded chicken breast strips, salad leaves and fries	60
Kids Spaghetti 247 Cal Sorved with tomato 74 Cal Sorved with the control of	55
Chocolate or Strawberry Milk 🕞	20
KIDS HEALTHY	
Tomato Soup 160 Cal	40
<b>Vegetable Purée</b> 117 Cal	30
Vegetable Purée with Grilled Chicken 245 Cal Concentration  Carrot, cauliflower, broccoli, green and yellow zucchini with grilled chicken	40
Vegetable Purée with Grilled Fish 211 Cal ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) (	40

# **DESSERTS**

Platter of Fresh Local Dates 423 Cal 36
Triple Cookies 691 Cal Oatmeal raisin, double chocolate, peanut butter
Dessert of the Day Daily selection of fresh sweet treats
Umm Ali 172 Cal D D D D D D D D D D D D D D D D D D D
Vanilla Crème Brûlée 686 Cal 🕞 🕒 🕟 🐼
Valrhona Chocolate Mousse Cake 624 Cal (a) (b) (b) (b) Vanilla ice cream, fresh raspberries
Sticky Date Pudding 391 Cal
New York Cheesecake 640 Cal (a) (b) (b) (c) Topped with fresh berries and fruit coulis
Freshly Sliced Seasonal Fruit 200 Cal
Ice Cream "Häagen-Dazs" Vanilla 251 Cal, chocolate 266 Cal, strawberry 208 Cal, cookies & cream 225 Cal



# **DESIGNER DINING**

Anantara The Palm Dubai Resort invites you to indulge in the ultimate private dining experience.

Select the ideal culinary sequence from our impeccable fine dining menus or craft a personalised menu in collaboration with your very own private chef. Then let a private butler tend to your every need, while you savour each precious moment.

Designer Dining offers a unique opportunity to spoil someone special with an extraordinary evening. Simply let us know your preferences and desires and our Food & Beverage Team will perfect every last detail, precisely as you wish.

### Starting from AED 1,900

To allow us the time we need to prepare your private dining retreat, we kindly request that you make your reservation at least 24 hours in advance.

To reserve your Designer Dining experience, please contact our Restaurant Reservation Team.

Cancellation policy: A fee of 50% of the menu charge applies for reservations cancelled within six hours of your reservation.

# BEVERAGE MENU

BEERS			WINE AND CHAMPAGNE		NON-ALCOHOLIC BEVERAGES	
Chang		54				
Singha		54	CHAMPAGNE BRUT GLASS	BOTTLE	STILL WATER SMALL	LARGE
Corona		54	Taittinger Brut Reserve NV, France	900	Imported water still 28	40
Heineken		54	Dom Perignon Brut, Epernay	4300	CDADI// INC.WATER	
Bucket of Beers (5 beers of your choice)		220	Veuve Clicquot, Yellow Label, NV, Reims	1160	SPARKLING WATER  SMALL	LARGE
•			Moët & Chandon, Imperial, NV, Epernay	1100	Imported water sparkling 28	40
SPIRITS	60 ML	BOTTLE	Moët & Chandon, Imperial, NV, Epernay (Magnum, 1,5 LTR)	1700	FRESH JUICES	35
SCOTCH WHISKY					Orange 123 Cal   Watermelon 105 Cal	33
Johnnie Walker Black Label 12 YO	110	1200	CHAMPAGNE ROSÉ		Pineapple 158 Cal   Carrot 123 Cal   Mango 108 Cal	
Chivas Regal 12 YO		1200	Moët & Chandon, Impérial, Brut Rosé, NV, Éperna	y 1150		
Chivas Regal 18 YO		2250	Veuve Clicquot, Yellow Label, Brut Rosé, NV, Reim	ns 1280	ICE TEA	35
O			Laurent Perrier, Brut Rosé, NV, Reims	1900	Lemon   Peach   Berries	
TENNESSEE WHISKEY					SOFT DRINKS	32
Jack Daniel's	110	1200	SPARKLING		Pepsi <i>126 Cal</i>   Diet Pepsi <i>1 Cal</i>   Pepsi Zero <i>0 Cal</i>	52
			Prosecco Valdo, Brut, NV, Italy	420	7UP 131 Cal   7UP Free 5 Cal   Mirinda 159 Cal	
IRISH WHISKEY					Ginger Ale 114 Cal   Tonic 78 Cal   Soda 0 Cal	
Jameson		1000	WHITE WINE			
			Sauvignon Blanc, Argento, Argentina 60	290	Corona Zero 56 Cal (Alcohol Free)	42
RUM			Pinot Grigio, Gabbiano, Veneto, Italy	340		
Havana Club Especial	110	1200	Petit Chablis, La Chablisienne, Chablis, France	395	ENERGY DRINKS	
			Sauvignon Blanc, Cloudy Bay, New Zealand	710	Red Bull 115 Cal	50
VODKA					Red Bull Sugar Free 8 Cal	50
Absolut Blue	100	1000	ROSÉ WINE		HOT BEVERAGES	
Grey Goose	120	1400	Rose d'Anjou, Sauvion, France 68	335	HOT BEVERAGES	
Belvedere	120	1400	Whispering Angel, Provence, France	510	COFFEE	
			Chateau Minuty 'M de Minuty', Provence, France (1,5 LTR)	750	Anantara The Palm Dubai Resorts serves only Coffee Planet,	
GIN					UTZ Certified	
Bombay Sapphire	90	870	RED WINE			
Tanqueray No. 10	120	1300	Cab Sauv   Merlot, Hardy's, Australia 60	290	Americano 1 Cal	28
Hendrick's	120	1300	Montepulciano d'Abruzzo, Moncaro, Italy	290	Cappuccino 70 Cal	32
			Cabernet Sauvignon, Alamos Estate, Argentina	320	Café Latte <i>78 Cal</i> Turkish Coffee <i>1 Cal</i>	32 32
			Buissonier, Bourgogne, Pinot Noir, France	540	Turkish Conce i Cui	32
			Chianti Classico, Castello di Gabiano, DOCG, Italy	390	HOT CHOCOLATE	30
					DILMAH TEAS AND INFUSIONS	29
					Every cup of Dilmah is Carbon Neutral Certified	

# MINIBAR MENU

SOFT BEVERAGE		BEER	
Pepsi	32	Heineken Bottle	54
Mirinda	32		
7UP	32	WINE	
Soda   Tonic Water	32	Santa Julia, Chardonnay, Argentina	150
Red Bull Energy Drink	50	Casillero del Diablo, Cabernet Sauvignon, Chile	150
Apple Juice	32		
		SPIRIT	50 ML
SNACKS		Vodka	79
Mini Jar Smoked Almonds   Salted Cashew Nuts		Rum	79
Thai Mix   Pistachio Roasted	50	Gin	79
Mini Jar Twix & Snickers   M&M Chocolate	50	Tennessee Whiskey	79
Canister Potato Salted Chips	50	Cognac	79
Mint Tins	25		
		PROTECTION PACK	50
MINERAL WATER			
Imported – Still or Sparkling 25cl	30		

All prices are in UAE dirhams, inclusive of Municipality fee, service charge and VAT On Request items please call In Room Dining on - 8317