

WELLNESS DIAMOND SIGNATURE

A comprehensive head-to-toe assessment programme aimed at the early detection and prevention of diseases. It incorporates a range of examinations and tests including complete blood work, diagnostic imaging tests, diet and nutritional assessment, hormone testing, exercise stress testing, fitness assessment, hearing and vision screening, and vital signs. The program also analyses signs of biological and bio-chemical ageing processes to improve your health and help you maintain a healthy and balanced lifestyle, slow the ageing process, and increase your longevity.

* Please note: diagnostic imaging tests will be conducted at our facility on Wireless Rd - the BDMS Wellness Clinic.

Male THB 200,000 | Female THB 210,000

WELLNESS GOLD SIGNATURE

As we age, hormone levels change. Having too much or too little of certain hormones can affect the health of your body and mind. In addition to comprehensive blood work, and a diet and nutritional assessment, we will screen for hormonal imbalances that might cause fatigue, skin issues, weight gain, decreased cognitive function, mood swings and sleep disorders. A small amount of blood will be drawn to assess the levels of thyroid hormone, cortisol hormone, sex hormone, DHEA hormone and insulin. Based on the results, your physician will develop a therapy plan best suited to your needs, which includes hormone replacement therapy, a nutrition plan, and exercise schedule to restore vitality and youthfulness.

Male THB 40,500 | Female THB 40,900

WELLNESS PLATINUM SIGNATURE

This programme focuses on early detection and prevention of diseases while delaying the ageing process. It involves comprehensive laboratory testing, hormone testing, diet and nutritional assessment, and a detailed physical examination. We also measure the length of your DNA telomeres to determine the body's biological age on a cellular level, as well as assessing functional performance of internal organs, identifying tumour markers, and determining antioxidant levels. In addition, the programme tests for cancer immunity to allow your doctor to develop a precise health plan.

Male THB 90,500 | Female THB 93,500

WELLNESS SILVER SIGNATURE

This health check-up programme offers laboratory testing, a detailed physical examination, and a nutritional assessment to measure your levels of essential vitamins and minerals, including vitamin C, A and E, beta carotene and zinc. Vitamins and minerals are vital to the function of every cell and system in the body, and the test reveals which your body lacks and which you get enough of from natural sources. This knowledge will help you use them safely and is instrumental in building an effective weight management plan, introducing changes to your exercise regime, and promoting good sleep.

Male/Female THB 28,900

	Antioxidants & Micronutrients	Hormones	Hematology	Cardio	Sugar	Liver	Renal	Bone & Joint	Tumour Markers	Others Lab	@ BWC
WELLNESS DIAMOND SIGNATURE	●	●	●	●	●	●	●	●	●	●	●
WELLNESS PLATINUM SIGNATURE	●	●	●	●	●	●	●	●	●	●	
WELLNESS GOLD SIGNATURE	●	●	●	●	●	●	●	●			
WELLNESS SILVER SIGNATURE	●		●	●	●	●	●	●			