



# GENTLEMEN'S SPA

CURATED SPA TREATMENTS FOR MEN



GENTLEMEN'S TONIC  
MAYFAIR



THE GENTLEMEN'S TONIC IS AN  
INTERNATIONAL AWARD-WINNING SPA AND  
GROOMING CONCEPT. A PIONEER IN BOTH  
TREATMENTS AND OFFERING A SELECTION OF  
HOMECARE GROOMING PRODUCTS AS WELL  
AS THE MOST SCIENTIFICALLY ADVANCED  
ANTI-AGING COSMECEUTICAL RANGE EVER  
DEVELOPED FOR MEN.



GENTLEMEN'S TONIC  
MAYFAIR

## ◇ TREATMENTS ◇

### BNS DE-STRESS

| 30/45 mins

Allow us to tailor a swift massage treatment for your back neck and shoulders according to your choice of warm oil and pressure.

### AFTER THE WALK

| 30/45 mins

Experience holistic balance and deep relaxation. This invigorating foot treatment provides physical renewal with specific thumb, finger and hand techniques applied to various reflex points on the feet to stimulate corresponding organ groups in the upper body.

### OUT OF OFFICE

| 60/90 mins

An ultimate stress release experience delivers triple results by targeting three key areas – the back, the face, and the scalp, making it the ideal treatment after an exhausting day.

### THE SECRET OF CANNABIS

| 60/90 mins

A vital body massage that reconnects a positive flow of energy, restores balance and leaves your mind, body and spirit calm and soothed. It simply restores a natural vibrant energy.

### MUSCLE MELT

| 60/90 mins

Long deep strokes, elbow movements and stretches are used to mobilize the entire motor system and all the muscles. This treatment can be tailored to your specific needs, fitness, or strenuous physical activities.

For more information or reservations, please call +66 2476 0022 Ext. 1563 & 1564  
or [spa.ariv@anantara.com](mailto:spa.ariv@anantara.com)

## ◇ TONIC FACIALS ◇

### BOOSTER FACIAL

| 30 mins

Toning & Soothing

Quick and efficient, the booster facial allows the skin to be expertly cleansed, toned, and soothed using a combination of Gentlemen's Tonic professional products and tailored to your skin type. This facial has been conceived as an introductory facial for those who never had one before or for those who just want a quick but effective treatment.

### ADVANCED TIME CONTROL FACIAL

| 60 mins

Brightening & Instant lift

Get a firmer, smoother, younger-looking complexion with this potent cell metabolism-stimulating treatment. Using the latest peptide technology to promote collagen production, cell renewal, and increased hydration, a tonic specially formulated for male skin softens the appearance of fine lines and wrinkles, leaving the skin significantly refreshed, brighter and instantly lifted.

### THE HYDRO MAGNIFYING FACIAL

| 60 mins

Nourish & Protect

A highly effective facial that helps nourish and protect the skin from environmental aggressors and excess sun exposure while improving its overall texture using a carefully selected blend of Gentlemen's Tonic award-winning Cosmeceutical products. Recommended for any man, especially those experiencing dry, flaky skin.

### DETOXIFYING FACIAL

| 60 mins

Repair & Replenish

Ideal in Bangkok's humid conditions, this deep-cleansing facial uses Gentlemen's Tonics' professional range to unblock pores and improve the skin tone. Invigorating Gel Cleanser decongests with a blend of botanical extracts rich in naturally-occurring AHAs; Facial Focus Complex with fruit enzymes brightens; and kaolin-based clay Eliminator Mask draws out impurities.

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## ◇ BODY TREATMENTS ◇

### INVIGORATING BODY POLISH

| 50 mins

A selected blend of Gentlemen's Tonics' advanced professional products are used for this invigorating, full body scrub that will leave the skin smooth, nourished and free of impurities.

### PURIFYING BACK TREATMENT

| 40 mins

Involves deep cleansing and exfoliation of the back, shoulders, and upper arms, congestion and impurities.

### BACK TONING BOOSTER FACIAL

| 40 mins

This relaxing treatment removes excess oil, congestion and impurities from the back, shoulders and upper arms and includes a tension-busting massage. After a cleanse, a hydrating pack is applied to the problem areas, while the face is treated to the Booster Facial for an expertly cleansed, toned and soothed complexion.

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## ◇ THE LINGER LONGER COLLECTIONS ◇

### THE MEN'S ULTIMATE DEFENSE

| 100 mins

First, the Purifying Back treatment gives your back, shoulders and upper arms a deep cleanse. This is followed by the Siam Hydration Facial formulated to protect the face from environmental aggressors and UV damage, leaving the skin nourished and refreshed. The Revitalising Eye Treatment lifts and tones the eye area.

### THE TRAVELER'S DAY

| 120 mins

The Traveller Package combines the best of both worlds- the ultimate head to toe massage with a Gentlemen's Tonic Booster Facial for maximum relaxation.

### THE COMPLETE GENTLEMEN'S TONIC

| 120 mins

Carefully selected head to toe treatments have been combined in order to create this exclusive package, offering pure indulgence for any gentleman! The package consists of a Gentlemen's Tonic Advanced Time Control Facial, a relaxing Bespoke Foot Treatment and, to finish, a 60 min full body massage.

## ◇ NAILS ◇

### MANICURE & PEDICURE

Make yourself comfortable in a luxurious pedi-chair, which massages you into deep relaxation. Feel beautifully pampered from fingertips to toes that include a cleansing ritual, exfoliating scrub, nourishing mask, cuticle care.

## ◇ BOOSTERS ◇

### REVITALISING EYE TREATMENT

| 25 mins

This treatment uses the world's most advanced men's Cosmeceutical range to help lift, tone and refresh the entire eye area, leaving you looking and feeling younger immediately!

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## SPA ETIQUETTE

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- Please arrive 15 minutes prior to your treatment in order to complete your health assessment form and take time to relax in our tranquil surroundings.
- We have a wonderful selection of refreshing teas for you to enjoy after your treatment.
- Please note that the spa is unsuitable for small children and babies as we try to ensure that all our guests benefit from the peace and quiet.
- We recommend that you leave all jewellery in your room before coming to the spa.
- All treatments will be charged to your room and will appear on your account at check-out.
- Please give five hours' cancellation notice on individual treatments and 24 hours' notice on packages, otherwise 50% of the price may be charged to your account.
- We recommend that you do not sunbathe after an aromatherapy or waxing treatment.
- If you are having a facial, we recommend you to shave prior to all facial treatments to ensure that maximum results are achieved. We also can arrange a reservation for a wet shave at our Truefit&hill salon.
- Smoking and the use of mobile phones is not permitted in the spa.
- Arriving late will decrease your treatment's duration.
- Guests with high blood pressure, with heart conditions, with allergies, who are pregnant or have any other medical complications, are advised to consult a doctor before undergoing any treatments. Please notify the spa receptionists of any existing medical conditions.
- Prices are subject to 10% service charge and 7% applicable government tax.

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## ◇ PRICE LISTS ◇

### TREATMENTS

BNS DE-STRESS 30/45 MIN	1,900 / 2,500
AFTER THE WALK 30/45 MIN	1,900 / 2,500
OUT OF OFFICE 60 MIN	3,700
OUT OF OFFICE 90 MIN	4,200
THE SECRET OF CANNABIS 60 MIN	3,500
THE SECRET OF CANNABIS 90 MIN	4,000
MUSCLE MELT 60 MIN	4,000
MUSCLE MELT 90 MIN	4,500

### TONIC FACIALS

BOOSTER FACIAL 30 MIN	2,300
ADVANCE TIME CONTROL FACIAL 60 MIN	3,500
ADVANCE TIME CONTROL FACIAL 90 MIN	4,500
THE HYDRO MAGNIFYING FACIAL 40 MIN	2,500
DETOXIFYING FACIAL 60 MIN	3,000

### BODY TREATMENTS

INVIGORATING BODY POLISH 50 MIN	2,900
PURIFYING BACK TREATMENT 40 MIN	2,700
BACK TONING BOOSTER FACIAL 40 MIN	4,200

### THE LINGER LONGER COLLECTIONS

THE MEN'S ULTIMATE DEFENSE 100 MIN	4,800
THE TRAVELLER DAY'S 120 MIN	5,200
THE COMPLETE GENTLEMAN'S TONIC 165 MIN	8,000
GENTLEMEN'S PEDICURE & MANICURE 60 MIN	2,400

### ADD-ON

REVITALISING EYE TREATMENT 25 MIN	1,800
NOURISHING COCONUT HAIR TREATMENT	500
RELAX MORE 30 MIN	500
INTENSIVE HEAD MASSAGE 20 MIN	500
INSTANT FACE LIFTING MASSAGE 30 MIN	700
EYE TREATMENT 20 MIN	800

All above prices are Thai baht and subject to government tax and 10% service charge



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