



ANANTARA

RIVERSIDE BANGKOK
RESORT

RIVERSIDE JOURNEYS

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360° VIRTUAL HOTEL TOUR

We are excited to announce the launch of our immersive 360-degree virtual hotel tour, designed to give potential guests a comprehensive look at the exceptional offerings at Anantara. This innovative feature allows you to explore our stunning property from the comfort of your own home, and can help guests already in-house ensure they aren't missing anything.

From beautifully appointed rooms to exquisite dining venues and our world-class spa, our virtual tour showcases every corner of the hotel, ensuring you can visualise your stay. Discover the elegance of our lobby and public areas, where authentic Thai touches blend with contemporary design. Navigate through diverse dining options, featuring cuisines that promise a culinary journey for every palate.

For those who love adventure, the tour also highlights our luxurious boats, providing glimpses of the experiences awaiting you on the water. Whether you're enjoying an evening meal or planning a romantic getaway or a family vacation, our virtual tour enables you to envision the perfect escape tailored to your needs.



Accessing the tour is easy! Simply visit our website or scan the QR code provided for instant entry into the captivating world of Anantara. This interactive experience empowers you to explore our hotel at your own pace, ensuring you discover everything we have to offer.

We encourage you to explore this virtual experience from the comfort of your room and enhance your stay at Anantara.



ANANTARA: THE TASTE OF THAI

With the recent introduction of a new brand standard that highlights Anantara's Thai roots, three classic Thai dishes - Fried Rice, Green Curry, and Pad Thai - can now be savoured at every Anantara hotel or resort from Bali to Bangkok and Vienna to Victoria Falls. This delightful initiative ensures that guests enjoy an authentic taste of Thailand during their travels, celebrating the rich flavours and culinary traditions that inspire the Anantara experience and the brand's rich heritage.



Thai Fried Rice



Thai Green Curry



Pad Thai

A promotional image for the SIN rooftop bar. The background features a large, ornate, arched structure with a glowing yellow oval in the center containing a stylized 'S' logo. A bartender is visible behind the bar within this oval. Below, a curved bar is filled with various bottles and glasses, with several patrons gathered around. The scene is dimly lit with warm, golden light emanating from the central oval and the bar area. The overall atmosphere is sophisticated and modern.

SIN

WELCOME TO SIN

If you're looking for panoramic views over Bangkok, then look no further than the most recently launched rooftop bar in the city... SIN. Perched on the 27th floor of Avani+ Bangkok, SIN boasts the best views in the capital, creating the perfect backdrop to explore your deepest desires. With Bangkok's best DJs spinning exhilarating beats, SIN is the premier gathering place for the city's elite to connect, share, and celebrate! Featuring inventive cocktails, an exquisite selection of world-class wines, and premium bites, SIN is the ultimate destination to indulge your every craving.



RIPARIAN PASTIMES

SPICE SPOONS

Thai cuisine is a vibrant celebration of flavours, colours, and aromas that reflect Thailand's rich history and cultural heritage. From bustling street food stalls in Bangkok to the serene countryside, Thai food has evolved through centuries of trade and regional ingredients. At Spice Spoons, Anantara Riverside's renowned cooking school, immerse yourself in this culinary legacy.

Your journey starts at a local market with an expert chef, exploring vibrant stalls filled with fresh vegetables, herbs, and spices. After gathering essential ingredients, return to Anantara Riverside to create classic dishes like Pad Thai and Green Curry. Learn to balance the five essential Thai tastes: sweet, sour, salty, bitter, and spicy. Regardless of skill level, develop culinary skills to share with loved ones. Book your unforgettable culinary adventure today!



MUAY THAI

Immerse yourself in Thailand's ancient martial art treasured for its unique techniques and rich cultural significance. Whether you're a beginner or an experienced practitioner, our expert instructors will guide you through the fundamentals, teaching you proper techniques and stances while emphasising the importance of discipline and respect. Experience invigorating training sessions that blend strength, flexibility, and conditioning, set against the backdrop of our stunning resort. You'll learn the five elements of Muay Thai: the punches, kicks, elbows, and knees, all while mastering this dynamic combat sport.

Discover the historical roots and spiritual aspects of Muay Thai that make it a way of life for many. Join us to enhance your physical wellness and self-confidence in this iconic Thai tradition.



TENNIS

Elevate your game at Anantara Riverside with our exceptional tennis program, designed for players of all levels, from beginners to advanced competitors. Under the guidance of our skilled tennis coaches, immerse yourself in dynamic training sessions that focus on improving your skills, strategy, and fitness. Whether you prefer one-on-one lessons or small group clinics, our personalised approach ensures you receive expert guidance. Enjoy matches on our stunning courts high above the River of Kings,

Enjoy friendly competitions that foster camaraderie among fellow enthusiasts. Experience the perfect blend of sport and leisure at Anantara Riverside, where you can enhance your tennis abilities while enjoying the excitement of this popular game. Join us for a memorable tennis experience that will elevate your skills and invigorate your spirit!





THE RIVER OF KINGS

LONGTAIL TOUR

Embark on an extraordinary journey through Thonburi, Siam's former capital, where you can explore the enchanting waterways of Bangkok. Once the heartbeat of communication and transport, this maze of canals offers a unique glimpse into the city's vibrant culture.

Join local guide Diamond, who grew up around the waterways, as he shares stories and uncovers hidden gems, from traditional stilt house communities to the charming Artist's House. Guests will not only enjoy the scenic beauty but will also have the opportunity to immerse themselves in Thai culture by participating in hands-on activities. Try your hand at cultural handicrafts like carving, creating artistic paper prints, or painting a traditional Thai mask. Take home your unique creation as a cherished souvenir of this unforgettable experience!



MANOHRA CRUISES

Savour an enchanting Manohra Dinner Cruise, a delightful journey on the Chao Phraya River, available daily at 5:00 PM, 7:00 PM, and 8:30 PM. Enjoy a wonderful evening that includes welcome drinks and canapés, a curated set menu of fine Thai cuisine, and free-flow soft and alcoholic beverages.

Step aboard our beautifully restored antique rice barge and marvel at the breathtaking views of royal palaces, glittering temples, and iconic landmarks as they shimmer under the setting sun, as your captain navigates the ebb and flow of the mighty River of Kings.

Savour an exquisite menu of fine Thai cuisine, with the option to upgrade to our new premium menu, featuring a modern twist on traditional Thai classics. Join us for an unforgettable dining experience that captures the essence of Thailand!



LOY PELA

Experience heartfelt hospitality on the historic River of Kings with Loy Pela Voyages! Our Bangkok river cruise offers a unique opportunity to immerse yourself in Thailand's rich culture, delicious cuisine, and scenic beauty, connecting the vibrant pulse of modern Bangkok with the captivating history of the ancient capital, Ayutthaya. Set sail aboard our luxurious barges, Loy Dream and Loy River Song, exclusively accommodating up to eight guests. Encounter crumbling ruins, tranquil rustic villages, and the breathtaking natural beauty along the riverbanks.

Relax on your sundeck and savor gourmet dishes crafted by elite personal chefs as you witness the mesmerising tapestry of Thai life unfold around you. Join us for an unforgettable voyage on the River of Kings, where exceptional service and cultural experiences await!

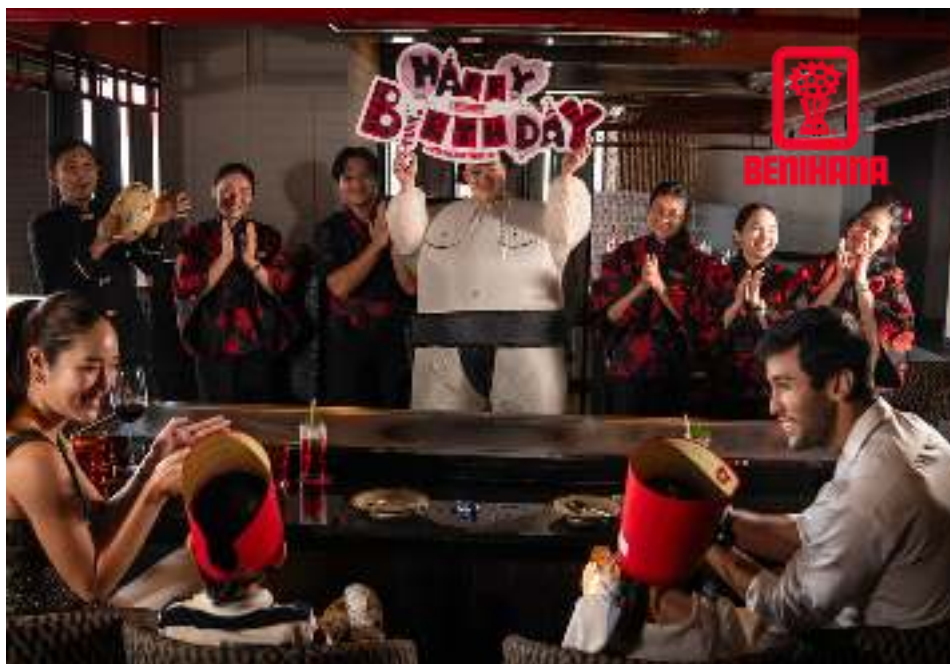


BENIHANA BIRTHDAYS

When it comes to birthday celebrations, nothing compares to the excitement and joy of dining at Benihana, the renowned Japanese steakhouse founded by Hiroaki "Rocky" Aoki in 1964. With a legacy that began in New York City, Benihana has been captivating guests for decades with its innovative teppanyaki cooking style, where skilled chefs prepare meals right before your eyes. This interactive dining experience promises not only delicious food but also a vibrant atmosphere filled with flair, flames, and fun!

At Benihana, every birthday celebration becomes a unique event. Imagine gathering with your friends and family around the grill, watching as your personal chef showcases impressive culinary techniques, cooks your favorite dishes, and creates a feast tailored just for you. From sizzling steak and fresh seafood to mouthwatering vegetables, there's something for everyone to enjoy. You can even request special birthday surprises, making your day even more unforgettable.

Whether it's an intimate gathering or a large party, Benihana accommodates groups of all sizes. Our spacious dining area allows you to celebrate with all your loved ones, ensuring everyone shares in the excitement. Plus, our



dedicated team members are committed to making your birthday extraordinary, helping you plan the perfect celebration from start to finish.

Benihana is located on the 3rd floor of Riverside Plaza, a short walk away, but why walk when you could arrive in style? Utilise our branded tuk-tuk service by dialing 'O' for a quick and stylish pick-up, so you can focus on enjoying your special day.

As you plan your birthday festivities, consider Benihana where delicious food, entertainment come together for an experience that's truly special. Be sure to ask about any packages that might include complimentary desserts or decorations to enhance your celebration.

Book your reservation today and get ready to indulge in a birthday celebration that you and your guests will never forget.

SIGNATURE SIPS

At Longtail River Bar & Lounge, discover a captivating cocktail experience inspired by the tributaries of the Chao Phraya River. Our latest signature menu showcases a blend of Thailand's rich heritage and diverse flavours, with each drink narrating a unique story connected to the region's cultural landscapes.

One standout is the Wang cocktail, which celebrates the fertile orchards of Chiang Rai. This refreshing blend of vodka and elderflower liqueur is infused with the sweet and tart notes of lychees and apples, capturing the essence of the region's vibrant agricultural bounty.

Another highlight is the Ping cocktail, a nod to the river that once linked the Silk Road to Lanna's ancient capital. This drink features a gin-like base enhanced with the unique aroma of watermelon and dill, while also boasting one of the most unique cocktail garnishes you're ever likely to come across: dried fish.

Join us at Longtail River Bar & Lounge, for lunch or dinner, every day and take a taste journey through Thailand's iconic waterways, where you can enjoy unique and authentic flavours that immerse you in the stories behind each and every exquisite sip.



The Wang signature cocktail



MANOHRA DINNER CRUISES

Manohra Cruises offer a number of different options for those looking for an evening on the river, with a fresh modern take on Thai cuisine, prepared by local chefs and served by a dedicated team of servers, in full traditional Thai costume.

Manohra's fleet of boats are all traditional antique rice barges, which have been restored to preserve the original artistry and fine craftsmanship. Made from solid teak, these highly ornate vessels were used to transport rice from Thailand's central plains to the capital city, long before their modern-day counterparts, we see on the river today. Take in the sights and sounds of some of the capital's iconic landmarks including Wat Arun, the Temple of the Dawn, arguably Thailand's most beautiful temple, which has stood on the eastern bank of the Chao Phraya, since the Ayutthaya period.

There will be three departure times to choose from. Departure times are at 5:00pm, 7:00pm and 8:30pm. These dinner cruises offer a choice of three five-course set menus, including a vegetarian option.

The regular menu features a crab and coconut vol au vent to whet the appetite, followed by 'Goong Sorn Klin' a grilled prawn salad for appetiser and a traditional tom kha soup with chicken. For main course, diners will have a choice of khao soy curry with cod fish or a Thai southern-style biryani dish with chargrilled Thai wagyu.

Those who choose the Premium menu will be rewarded with an Alaska king crab panipuri for amuse bouche, a spicy lychee and pomelo salad with grilled prawns to start and a traditional tom kha soup with seafood

will follow. For mains, there will be a choice of 'hor mok' with cod fish or an authentic massaman curry with Japanese wagyu.

Our vegetarian menu starts with a tofu and coconut cream tart followed by the konjac tofu salad for appetiser and a tom kha soup with mushrooms. For mains, a choice of khao soy curry with vegetables or the southern-style biryani dish with plant-based protein can be availed.

All three menus finish the same way, with Thailand's most famous and national dessert, mango and sticky rice, which has long held a Top 10 ranking in the 'World's Best Desserts'. A selection of traditional Thai sweets will also be served.

For reservations, please contact the concierge or dial '0' for our Guest Service Centre.



Goong Sorn Klin, grilled prawn salad



Khao Soy with cod fish



Thai wagyu with biryani rice



ANANTARA WELLNESS

Anantara Wellness signifies a remarkable transformation from the traditional Anantara Spa, embracing cutting-edge wellness concepts that redefines luxury and health. We aim to elevate the wellness experience from mere pampering and relaxation to comprehensive health and wellness programs including preventative and corrective treatments.

A WORLD OF WELLNESS AWAITS



ICOONE® TREATMENTS

Icoone® Treatments utilise cutting-edge Roboderm® technology for non-invasive skin and body care. This method provides precise multi-microstimulation to tone, contour, and reduce cellulite while enhancing lymphatic drainage and skin elasticity. Ideal for those seeking a body-contouring solution, Icoone® promotes rejuvenation and improved circulation. Available through January 2025, this promotion can't be combined with other promotions or discounts, and advanced bookings are required and subject to availability.



EPIGENETIC TESTING

Epigenetic Testing analyses your unique cellular profile to provide insights for optimising nutrition and lifestyle. This testing offers tailored health strategies that enhance long-term vitality and cellular function. Celebrate February by embracing our transformative 90-day personalised Epigenetic Cell Wellbeing Program. Enjoy a THB 1,000 credit towards your next purchase. Available through February 2025, this promotion can't be combined with other promotions. Advanced bookings are required and subject to availability.



IV DRIP THERAPY

Revitalise your body with our IV Vitamin Drips, specially designed to deliver essential nutrients directly into your bloodstream for optimal absorption. Whether you're looking to boost immunity, enhance beauty, or recover from fatigue, our curated drips cater to your specific needs. Popular options include the Immunity Glow Infusion for immune defense, the Radiance Beauty Elixir for glowing skin and hair health. For more information on IV Drip Therapy and its benefits, please refer to the article on the next page.



ULTHERAPY®

Experience the gold standard in non-surgical skin lifting with Ultherapy®, which utilises ultrasound technology to stimulate collagen production, naturally lifting and firming the skin on the face, neck, and décolletage. Enjoy natural-looking results, improved elasticity, and a youthful appearance. Recommended for those seeking a non-invasive solution to sagging skin and wrinkles, our exclusive holiday promotion offers 500 lines of Ultherapy for just THB 48,000, plus an extra 100 lines as a gift. Available through January 2025, this promotion can't be combined with other promotions or discounts, and advanced bookings are required and subject to availability.



HYDRAFACIAL®

Achieve radiant, healthy skin with HydraFacial®, a multi-step treatment that uses advanced vortex technology to deeply cleanse, exfoliate, and hydrate your complexion. This customisable facial effectively targets fine lines, wrinkles, congestion, and uneven skin tone, resulting in refreshed and glowing skin. Suitable for all skin types, our exclusive HydraFacial offers include a complimentary LED Light Therapy add-on, and a free upgrade to HydraFacial Platinum with the Deluxe option. Available through March 2025, this promotion can't be combined with other promotions or discounts, and advanced bookings are required and subject to availability.



MEMBERSHIPS

Commit to your wellbeing with our exclusive Membership Programs, designed to provide continuous access to luxury wellness services for a comprehensive approach to health and vitality.

Anantara Wellness Membership benefits include up to 15% extra credit redeemable on wellness treatments, year-round access to advanced facilities, personalised consultations with expert practitioners, and exclusive discounts on spa, dining, and accommodation. This program is perfect for those seeking a long-term, personalised experience in a luxurious setting.



BENEFITS OF IV DRIP THERAPY

IV drip therapy is a wellness sensation which has captivated the globe with its promise of instant rejuvenation and vitality. At the forefront of this trend, Anantara Wellness, offers guests an opportunity to partake in personalised IV drips.

Intravenous (IV) drip therapy, also known as intravenous infusion therapy, is a medical technique that delivers fluids, vitamins, minerals, and other nutrients directly into the bloodstream. This method bypasses the digestive system, allowing for more rapid absorption by the body. IV drip therapy has gained popularity in recent years for its potential to address health concerns and promote well-being.

One of the primary benefits of IV drip therapy is its ability to hydrate the body. Dehydration can occur due to factors such as illness, strenuous exercise, excessive alcohol consumption, or inadequate fluid intake. IV hydration therapy helps alleviate symptoms like fatigue, dizziness, and headaches.

Moreover, IV drip therapy can be customized to address specific health needs or goals. For instance, vitamin IV drips are formulated to deliver high doses of vitamins directly into the bloodstream, which may be beneficial for individuals seeking to boost their immune system, energy levels, or skin health. Common vitamins and minerals administered through IV therapy include vitamin C, B vitamins, magnesium, and calcium.

Athletes and fitness enthusiasts often turn to IV drip therapy for recovery and performance enhancement. IV infusions can help rehydrate the body after intense workouts, reduce muscle soreness, and support faster recovery by delivering essential nutrients directly to muscle tissues.

Frequent flyers who transcend time zones or those who have just stepped off a red-eye flight may wish to avail of the IV Drip therapy's myriad benefits, including alleviating headaches, fatigue, dizziness and brain-fog.

Other IV cocktails are specifically designed to boost your immune, your metabolism and your overall health, while others focus on alleviating stress, improving sleep, and increasing sexual appetite and sensation.



Scan here for more information



HIMALAYAN THERAPY



Inspired by the timeless energy of the majestic Himalayan mountains, we harness the power of artisanal, hand-carved salt stones to melt away both mental and physical tension. These ethically sourced stones, which interestingly are mined deep under the Khewra region of Punjab, more than three hundred kilometres away from the Himalayas, are imbued with the essence of ancient minerals, reintroducing 84 vital minerals and trace elements back into the body. This process not only promotes a profound sense of equilibrium and balance but also aids in the body's natural detoxification, revitalising your overall wellbeing and making you feel a renewed sense of vigour.

In addition, we offer a rejuvenating facial massage that incorporates an ice rose quartz gua sha tool. This exquisite technique works wonders by relieving muscle tension, enhancing circulation, and promoting lymphatic drainage. The combination of the cool rose quartz and gentle scraping motion revitalises the skin, leaving it refreshed and radiant. As the tension melts away, your complexion glows with a youthful vitality. Embrace this holistic treatment for a truly transformative experience that connects the mind, body, and spirit.

For more information, please contact Anantara Spa or dial '0' from your room.

TIBETAN HEALING

Tibetan healing therapy dates back 4000 years. It combines traditional massage and herbal compress with the atavistic art of sound therapy, delivered through the rich and resonating sounds and vibrations of what have become known across the world as 'Tibetan Singing Bowls'.

Guests will be transported to the foothills of the Tibetan plateau, as a herbal compress works strategically along the meridian lines, while the bronze bowls are struck, allowing the sounds and vibrations to penetrate deep into the body, releasing tension and relaxing the mind.



A Tibetan singing bowl

MEN'S GROOMING

Anantara Spa offers a series of curated treatments for the modern man. With an extensive range of massages and facials and everything in between, there is no better time to treat yourself to a bit of pampering – after all, why should the girls get to have all the fun?

What works for women, doesn't necessarily work for men. Male skin is 25% thicker than female skin. It's oilier, and has more collagen than female skin due to different hormone levels.



Men's treatments

Gentlemen's Tonic is an international and award-winning luxury spa, grooming and hair concept, founded in Mayfair, London, in 2004. Their philosophy is simple; to provide the cure for the strains and stresses of modern day living, with a range of bespoke products that rejuvenate, invigorate and promote overall wellbeing. Men typically have larger oil glands, producing more sebum than ladies. Collagen and elastin also degrade slower in males, thanks to their testosterone levels. Hence, it's important for the modern man to use grooming products that are designed specifically for men.

After your treatment, while we can't (of course) guarantee you will look ten years younger, we are confident you will, at least, feel it.



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