

18 MARCH 2019

GRAZIA

REPORT

EVERYTHING
YOU NEED TO
KNOW ABOUT
EGG FREEZING

Your new
**HIGH
STREET
HEROES!**

WORN
BY THE
FASHION
EDITORS

MANGO

ZARA

MARKET

H&M

KATE

• HER NEW 'PROFESSIONAL
PACT WITH MEGHAN

'Knows a fall-out is in no one's interest'

OPINION

HAVE YOU GOT
FINANCIAL
FOFO (FEAR OF
FINDING OUT)?

PLUS
SPRING'S
BEAUTY HIT
LIST IS HERE!



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SIENNA'S
ROMANCE
GETS
SERIOUS



Quy Nhon



Anantara Nhon Villas

OFF-THE-BEATEN TRACK IN VIETNAM

THE PLACE TO STAY Heading to Vietnam? Once you've visited the tourist hot spots, move on to more remote areas on the east coast for authentic Vietnamese culture and some of its most beautiful, untouched beaches. And just because you are in the middle of nowhere, doesn't mean you have to stay in a fleapit. The Anantara Hotel group has just launched a dreamy, villa-only resort on this hopelessly romantic stretch of coast where the only sign of life from your kingsize bed is the flicker of lights from distant fishing boats. Sea-view villas have their own plunge pools, sun decks and steps leading directly on to the sand.

CHECK OUT There are not many corners of the world left where tourists are still an oddity, which makes exploring the majestic temples and pagodas around Quy Nhon such a unique experience. Not only do you have these sacred sites all to yourself, but the friendly locals fall over themselves to make you feel welcome. There is a very calm spirituality about this region that makes you want to rise early for a yoga session in the shadow of the stunning Cham Towers or learn some wicked martial arts moves on the beach with Quy Nhon's master of Viet Vo Dao, Mr Phuc.

EAT While it's tempting to just chill in your villa and dial room service (anyone for a passionfruit kombucha or barbecued wagyu beef?) it would be a crying shame to miss out on the local food culture.

Make delicious rice paper rolls in a roadside restaurant and share a vast seafood feast with local families in a fishing village perched on stilts above the water.

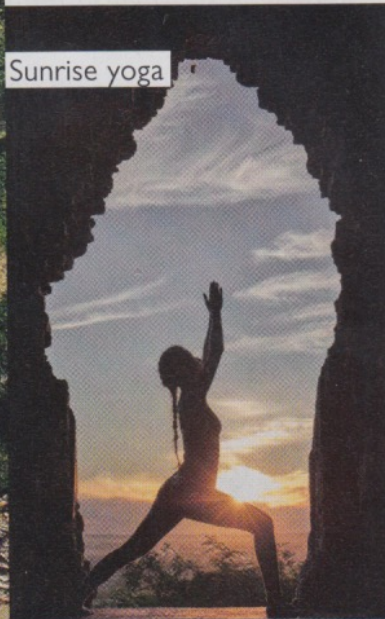
LOWDOWN Anantara Nhon Villas (anantara.com) from £382 per villa, per night including breakfast. The hotel also organises activities, trips to local sites and restaurants. Reach Quy Nhon via an internal flight with vietnamairlines.com from Ho Chi Minh City or Hanoi. The Anantara will also shortly be offering a rail connection from Hoi An to Quy Nhon in a bespoke carriage with an on-board bar and spa.



Pagoda and gardens



Sunrise yoga



Cham Towers

