



ANANTARA

QUY NHON VILLAS

Discover With Anantara



Welcome

Vietnam's South Central Coast is a hidden paradise of untouched golden shores. Delve deeper into the countryside and a world of discovery awaits, from majestic ruins to handicraft villages.

Quy Nhon was once the capital of the powerful Champa Kingdom, spreading across central and southern Vietnam from the 2nd Century and reaching its peak in the 11th Century. Evidence remains in the form of brick and stone ruins, reminiscent of Angkor Wat, rising up out of the surrounding jungle.

Quy Nhon was also one the kingdom's most important ports and remains a busy cargo port today. Sleepy fishing villages are in abundance offering fresh catches, which contribute to the superb cuisine of the area, distinct from both north and south Vietnam. A wide variety of spices are produced in Binh Dinh province, which are used in rich, complex and delicious recipes.

At Anantara, we invite you to connect with the places, people and stories that make Quy Nhon unique. Explore indigenous flora and fauna, visit nearby villages to meet the locals and sample fresh flavours, or hike into the mountains to seek out breath-taking wonders.





Exploration

Chef's Local Market Visit And Cooking Class

Take an early morning visit to the bustling local market and follow the Chef through the winding stalls to seek out the freshest ingredients for your cooking lesson. Get to grips with some of the more local produce including fish, herbs and vegetables.

Return to the resort with a full shopping basket and channel your inner MasterChef as you learn some of the tips and tricks to creating Vietnamese cuisine under the guidance of the Chef. Enjoy the fruits of your labour and take home new culinary skills and recipes to try out with friends and family.

Departure: 7:00 am

Duration: 4 – 5 hours, including cooking class





Quy Nhon Street Gourmand

Discover the distinct flavours of Central Vietnam from Banh Xeo (sizzling crêpes with different fillings) to Bun Thit Nuong (rice noodles with grilled pork and fresh herbs). Sample typical Vietnamese street food as your guide explains the origins and ingredients of each dish and takes you to some of their favourite stalls in the city.

Departure: Anytime during the day - please book in advance
Duration: 3 - 4 hours

Guided Sea Fishing

Join a fisherman at sunset and cast your net to catch squid!
Watch the locals at work as the sky darkens and the twinkling lights of the fishing traps and boats come alive to entice the squid to the surface and the fishermen get to work.

Departure: 5:30 pm

Duration: 3 – 4 hours



Việt Võ Đạo Martial Arts

Founded in 1936 as Vovinam and more commonly known today as Việt Võ Đạo, this is a form of self-defense martial arts, native only to Binh Dinh Province and is the largest and most developed form of martial arts in Vietnam.

Bringing influences from Chinese Kung Fu, along with elements of the Japanese and Korean forms of martial arts, Việt Võ Đạo involves the use of the hands, elbows, legs and knees, as well as teaching counter-attacks among its moves. It also includes training of both the body and mind, encouraging individuals to be self-confident and self-controlled.

These sessions are conducted by the resort's Head of Security, Mr Phuc, who is recognized as the Master of Việt Võ Đạo in the Binh Dinh Province.

Timing: Early morning or late afternoon. Please ask the Villa Host team to schedule a specific time.

Duration: 45 Minutes



Binh Dinh Cultural Discovery

Home to the Quang Trung Emperor and the Tay Son Dynasty, Binh Dinh Province is a destination infused with rich history and culture. A visit to the Quang Trung Museum offers an insight into one of Vietnam's most celebrated leaders and the youngest of the ruling three brothers of the Tay Son Dynasty. The museum grounds also house a 300-year old tamarind tree and an ancient pure water well, which is said to bring good fortune when you drink from it. Catch a performance of Tay Son battle drums and traditional martial arts, for which Quy Nhon is well-known.

After the museum, visit one of the Cham tower ruins which lie across the province and hold centuries of stories within their bricks from the origin of the Champa Kingdom in Vietnam in the 2nd Century.

Built in the late 1600s, next is a stop at Thap Thap Pagoda, also known as the pagoda of ten towers and one of the most famous Buddhist centres in the country. It has been named by Vietnam's Ministry of Culture, Sports and Tourism as "a national cultural and historical site".

At the end of your morning cultural experience, relax at a local restaurant and enjoy a traditional Banh Xeo, the famous Quy Nhon sizzling crêpe, filling with prawns, beef, or just plenty of fresh herbs and vegetables.

Departure: 8:30 am

Duration: 4 – 5 hours



A woman in a traditional conical hat and a man in a white shirt are sitting on the floor, surrounded by woven baskets and hats. The woman is wearing a blue sleeveless top and a red beaded necklace. The man is wearing a white long-sleeved shirt and glasses. They are both looking down at the items in front of them. The background is a simple, light-colored wall with a window.

Champa Towers And Local Artisanal Handicraft Villages

Ruled by Cham people for more than 500 years between the 11th and 15th Centuries and with a handful of Cham locals still living in the area, Quy Nhon is home to a variety of Cham monuments and ruins, the majority in the form of towers. The Banh It Towers, hidden in plain sight high on a hillside in the An Nhon area just outside Quy Nhon City, are some of the oldest Cham ruins in Vietnam. Offering stunning 360° views across rice paddies, the cluster of towers resembles the It cake, a Binh Dinh three-cornered rice cake speciality, which gave rise the name Banh It Towers. The architecture is very specific to the Champa culture, while also containing influences of Hinduism.

There are many centuries-old villages in the Province which specialise in making traditional crafts and Quy Nhon style food and drink with ancient techniques, such as rice wine, rice paper, rice noodles and conical hats, which are, to this day, still meticulously created by hand by more than six generations of one Binh Dinh family.

Departure: 8:30 am
Duration: 4 – 5 hours

Quy Nhon Science Exploration And Binh Dinh Museum

Quy Nhon is fast becoming a research and development hub for science and Artificial Intelligence. It houses a dedicated Science Complex, ExploraScience Quy Nhon, which offers a full, educational, science-themed experience for visitors to learn about areas including astronomy, space exploration, the solar system and natural resources.

Binh Dinh General Museum houses more than 1,000 artefacts detailing the different historical periods of the Province and including an impressive selection of Cham sculptures. There is also a chronological history of Ho Chi Minh's life.

Departure: 10:30 am, or other times upon request

Duration: 4 – 5 hours



Nature Hiking Tour

At Xuan Van Mountain

Xuan Van Mountain, located in the south of the city is covered with lush, dense trees with a stunning view of the city and horseshoe-shaped coastline. The hiking route leads to one of the most beautiful sunrise and sunset spots in Quy Nhon.

Departure: 4:30 am for sunrise and 4:30 pm for sunset

Duration: 4 – 5 hours

Countryside Bicycle Tour

Pedal your way through the peaceful countryside on this charming bicycle tour of some of the local villages. Admire the beauty of Bình Định's rural landscapes, with roads flanked by rice fields and visit communities who produce rice paper and rice wine. A stop at the famous Trường Cửu rice paper village gives you the chance to make your own rice paper under the guidance of the local artisans.

Next, cycle on to the Bàu Đá rice wine village, where rice wine is made by hand using a variety of ingredients including regular white rice, sticky rice and mung beans. Enjoy tasting this fine wine right at the source of its creation.

Departure: 10:30 am, or other times upon request

Duration: 4 – 5 hours



Con Chim Ecological Zone

Con Chim Ecological Zone is renowned as a “green oasis” on Thi Nai lagoon and is divided into areas including the ecological breeding area with mangrove forest, seagrass conservation area, bird sanctuary and mollusc rearing area. There are about 25 species of plants and 64 species of plankton, 76 species of fish and hundreds of species of Vietnamese birds, including some endemic storks.

The highest point of the entire zone is called chòi where you can see thousands of white storks flying through the sky. Take the opportunity to try your hand at fishing in the lagoon, where there are different varieties of fish and local shrimps.

Departure: 10:30 am
Duration: 4 – 5 hours



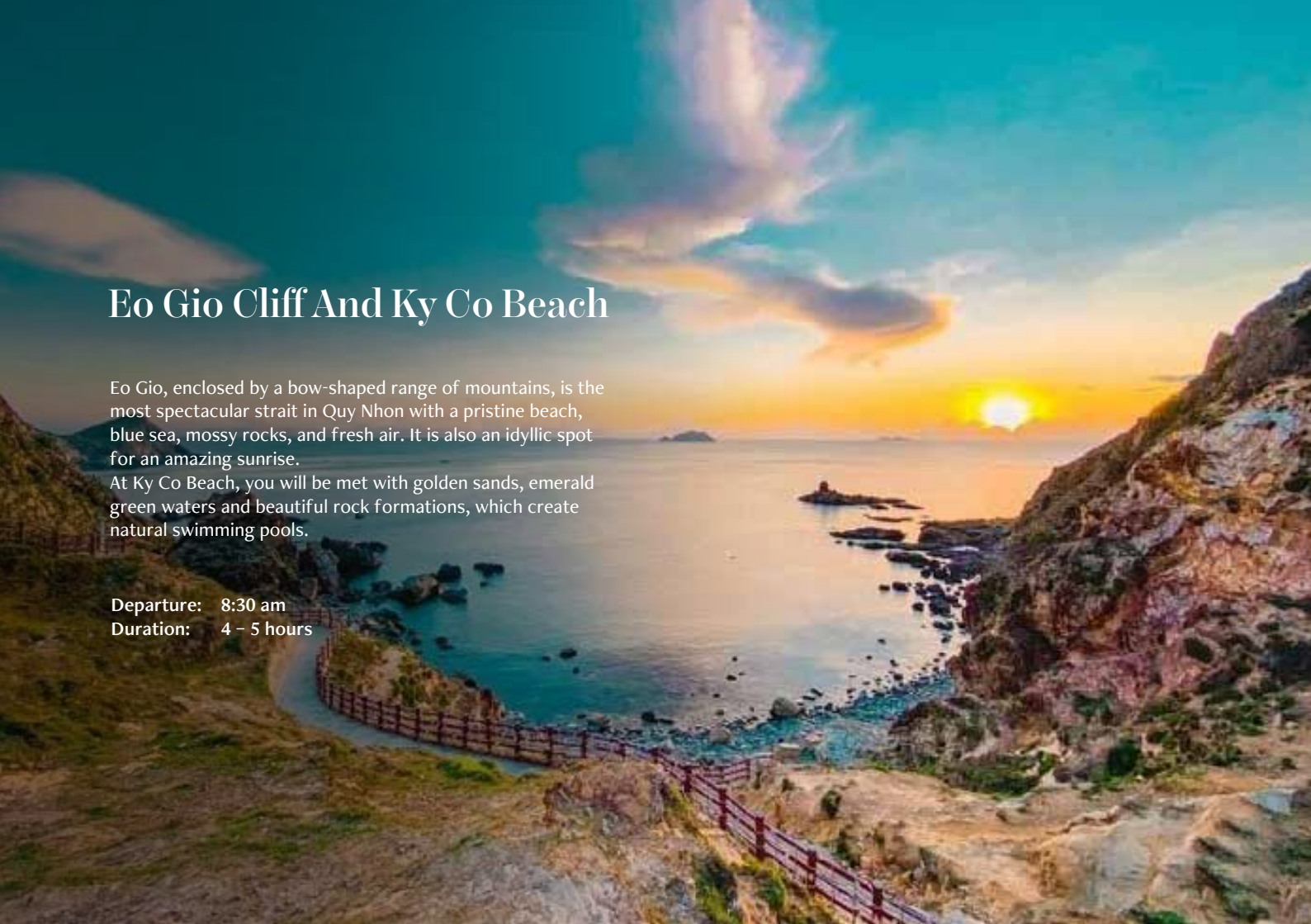
Eo Gio Cliff And Ky Co Beach

Eo Gio, enclosed by a bow-shaped range of mountains, is the most spectacular strait in Quy Nhon with a pristine beach, blue sea, mossy rocks, and fresh air. It is also an idyllic spot for an amazing sunrise.

At Ky Co Beach, you will be met with golden sands, emerald green waters and beautiful rock formations, which create natural swimming pools.

Departure: 8:30 am

Duration: 4 – 5 hours



Scuba Diving And Island Exploration In Nhon Ly

Ky Co beach is one of the most beautiful beaches in Quy Nhon with pristine sands and clear waters. Nearby is both Bai Dua beach and Hon Seo Island and all offer perfect locations for snorkelling and diving. See stunning coral reefs and marine life and don't forget to bring an underwater camera!

Departure: 9:30 am

Duration: 4 – 5 hours





ANANTARA

QUY NHON VILLAS

ANANTARA QUY NHON VILLAS

Bai Dai Area, Quy Nhon Nam Ward, Gia Lai, Vietnam | +84 256 3840 077 | quynhon.villas@anantara.com

[ANANTARA.COM](https://www.anantara.com)