



ANANTARA

SPA

PERSONAL TRAINING

LIFE IS A JOURNEY



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Welcome to the Anantara SPA.
A place that takes care of you in every aspect.

Our fitness room is equipped with the latest generation of connected "Technogym" equipment, allowing you to monitor your performance and progress.

UNIT	UNIT RATE	TOTAL	TOTAL FOR TWO
1 SESSION	145 €	145 €	215 €
PACK OF 3	140 €	420 €	630 €
PACK OF 5	120 €	600 €	900 €
PACK OF 10	115 €	1 150 €	1 700 €
PACK OF 15	110 €	1 650 €	2 475 €
PACK OF 20	105 €	2 100 €	3 100 €



PERSONAL TRAINING

Personal training is carried out according to your objectives by professionals who adapt to your daily needs.

This QR code gives you access to all our offers and course schedules directly on our "MyWellness" platform.





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For further information or reservations please contact
our Anantara Spa department at +33 4 93 16 75 71
or also by mail : spaanantarawellnessnice@taeconsulting.fr

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