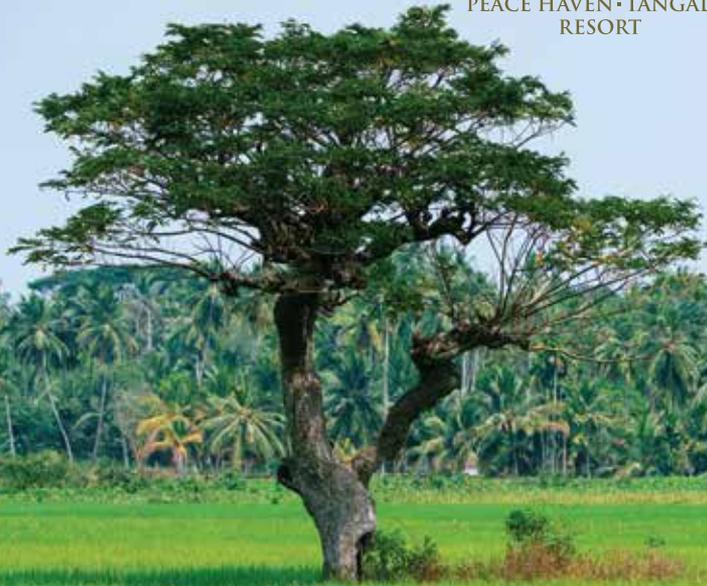




**ANANTARA**  
PEACE HAVEN • TANGALLE  
RESORT



DISCOVERY GUIDE



## LIFE IS A JOURNEY.

Everyday life is filled with opportunities to seek the exceptional, encounter the new and widen our horizons. For our guests, a stay at Anantara is just one more chapter in a lifetime of travel and exploration. And we intend to make it an extraordinary one.

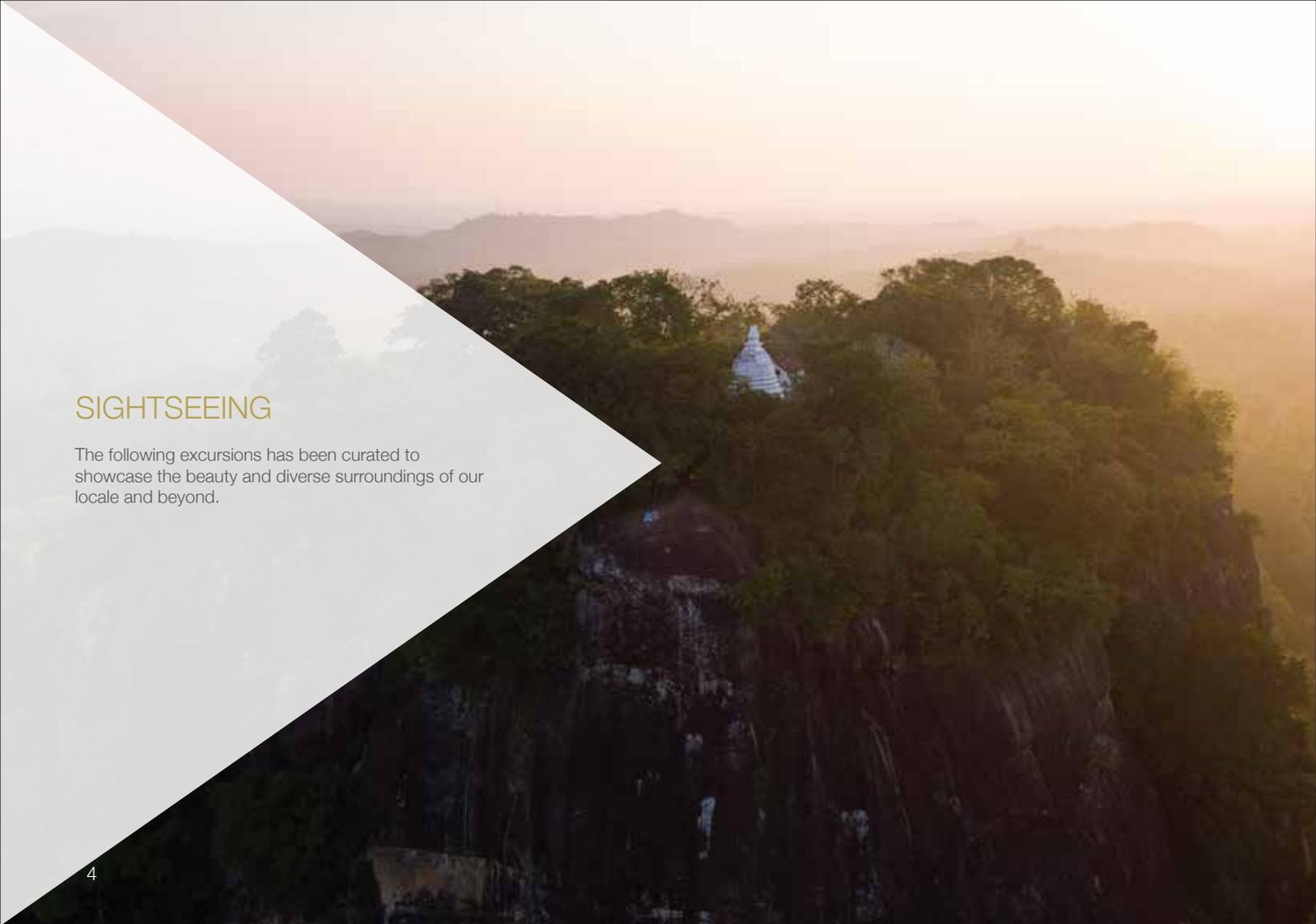
Tangalle encapsulates Sri Lanka at its most traditional with old-world charm and is a bastion of Sinhalese traditions exemplified by the string of temples and colourful festivals celebrated. Known for its tranquillity and picturesque beaches set against emerald hills teeming with wildlife, the town retains a laid-back way of life that revolves around coconut farming, rice cultivation, cottage industries, markets and fishing. Tangalle is the perfect eclectic destination to discover authentic local experiences.

Please contact our Les Clefs d'Or concierge team or Guest Services Centre for advanced reservations.

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## SIGHTSEEING

The following excursions has been curated to showcase the beauty and diverse surroundings of our locale and beyond.

## Tangalle Cultural Tour

Explore the sights and sounds of this quaint town, guided by our Experience Guru. Visit the historic Henakaduwa Temple, an artisan brass making workshop, paddy fields, fishing harbour and organic produce markets including age-old cottage industries such as buffalo curd making and pottery. If you wish to see other attractions along the way, our Experience Guru will try to accommodate your request.

Duration: 4 hours

Please contact Guest Services Centre on Ext: 0 for more information





## Galle Tour

Galle Fort was built in the late 1500s by the Portuguese, fortified by the Dutch thereafter and is now a UNESCO World Heritage Site. Discover how Asia's largest fort was created using granite ballast from merchant ships arriving from Europe and sea coral. Along the way, you will also visit the Hummanaya Blowhole, Dondra temple and lighthouse, Handunugoda Tea Estate and Habaraduwa turtle hatchery.

Distance: 80 km per way | Duration: 8 hours

## Kataragama

Kataragama is a holy town for Buddhists, Hindus, Muslims and the indigenous Vedda people of Sri Lanka. Its main temple complex is dedicated to the Buddhist guardian deity, Kataragama deviyo, and the Hindu War God Murugan with many shrines and a mosque nearby managed by the respective faiths. The festivals and daily rituals do not adhere to standard Hindu or Buddhist rituals but follows ancient Vedda traditions of worship.

Distance: 90 km per way | Duration: 6 hours



### Hummanaya Blowhole

The only known blowhole in Sri Lanka and considered to be the second largest in the world, Hummanaya's name refers to the low "hoo" sound that can be heard some distance away when the blowhole is active. The best times to visit this well-known attraction is during the monsoon season or at high tide when strong winds push the water high up the coast and into the cave. The blowhole can shoot spray up to heights of between 25 to 30 metres.

Distance: 10 km per way | Duration: 2 hours

### Wewurukannala Vihara

Famous for the island's largest Buddha, the temple is divided into three parts, the oldest dating back to the 18th century reign of King Rajadhi. The giant 50 metre high seated Buddha statue was constructed in the 1960s but to gaze at the statue's visage, visitors must first navigate the Tunnel of Hell which displays life-sized models illustrating various forms of punishments should one succumb to the earthly temptations lining the path to Enlightenment.

Distance: 15 km per way | Duration: 2 hours

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### Agricultural Technology Park

Eco-tourists will be delighted to visit this innovative park in Bata Atha where demonstrations of traditional and new agricultural methods are conducted.

Sample sun-ripened produce from their bountiful fruit orchard and admire the floriculture and herb gardens. Explore the rainwater harvesting section and a live crop museum that may inspire home garden ideas of your own.

Distance: 18 km per way | Duration: 1.5 hours

## Dondra

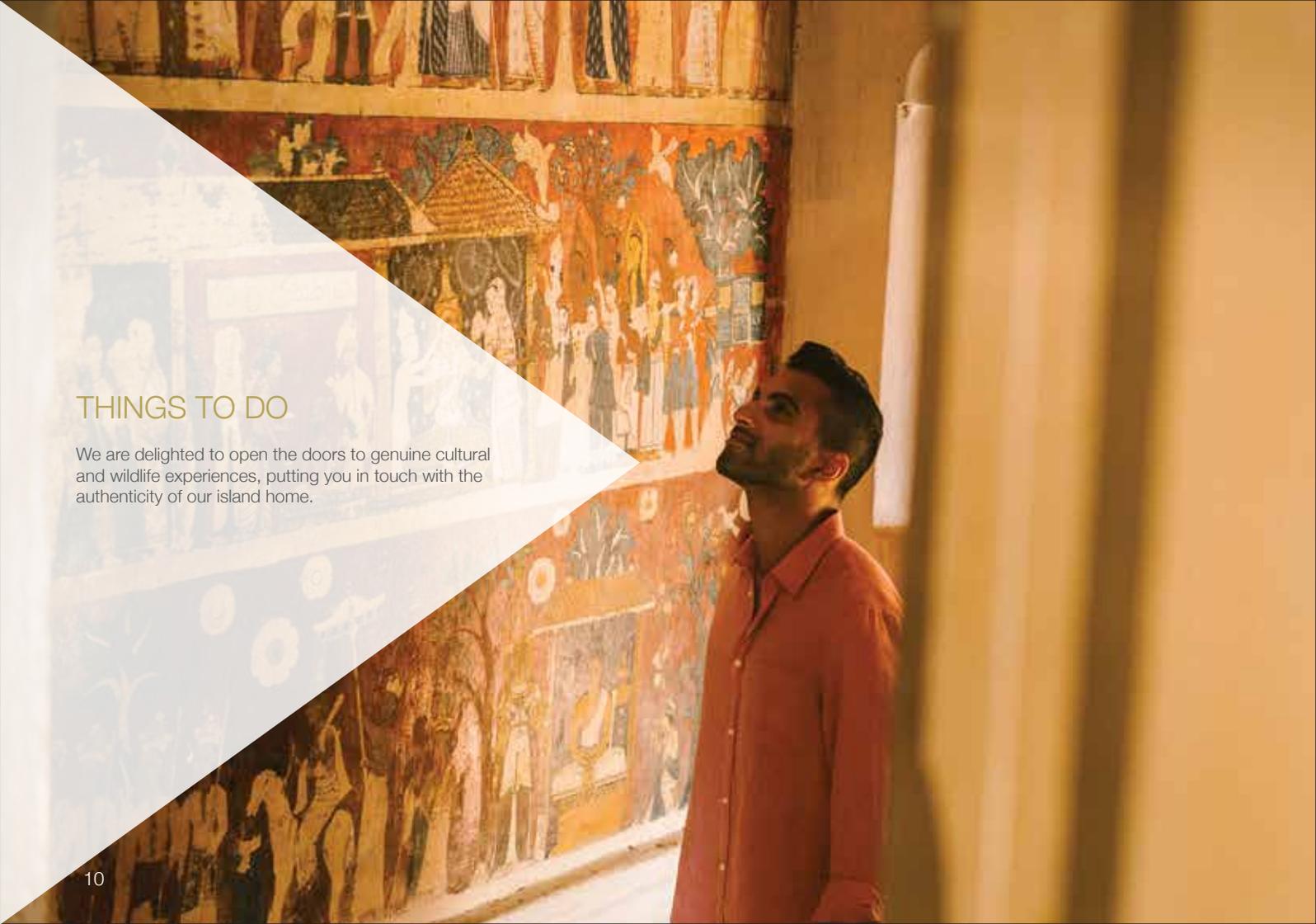
Located on the southernmost point on the island, Dondra is believed to be the abode of God Vishnu with its original name, Devi Nuwara, translating to mean "City of Gods". The ancient port town is revered by pilgrims seeking blessings at the blue coloured Devundara Devalaya, a temple complex that was rebuilt after it was destroyed in the 16th century.

Equally rich in historical and cultural importance, the still active Dondra Head Lighthouse, constructed in 1889 entirely out of stone imported from Scotland by the British, stands at 54 metres making it one of the tallest in Southeast Asia.

Distance: 30 km per way | Duration: 3 hours

Please contact Guest Services Centre on Ext: 0 for more information



A man with a beard, wearing a red button-down shirt, stands in profile looking upwards at a large, colorful ancient wall painting. The painting depicts various figures and scenes, including a central figure under a canopy and a group of people below. The background is a warm, golden-brown wall. A white diagonal shape overlaps the left side of the image, containing text.

## THINGS TO DO

We are delighted to open the doors to genuine cultural and wildlife experiences, putting you in touch with the authenticity of our island home.

## Sinharaja Forest Reserve

The majority of areas within Sinharaja was originally declared a forest reserve in 1875, providing a long history of protection. The island's last viable area of primary tropical rainforest, this forest reserve is afforded the highest level of legal protection under the National Heritage and Wilderness Area Act of Sri Lanka. Almost all the peripheral natural forests along the boundary have already been marked as conservation or reserved forests. Declared a Biosphere Reserve in 1978 and subsequently inscribed on the UNESCO World Heritage Site in 1988, more than 60% of the trees are endemic and many of them are considered rare. Home to vast indigenous wildlife, especially birds, and over 50% of Sri Lanka's endemic species of mammals and butterflies, including insects, reptiles and rare amphibians, this is a truly biodiverse hotspot not to be missed.

Distance: 75 km per way | Duration: 10 hours



## Whale Watching Tour (Seasonal)

Take a drive to Mirissa Harbour and set sail on a traditional leisure trawler to Weligama Bay where giant blue back whales and dolphins are known to frolic in the azure waters. Opt to go on a private speedboat charter and pack a picnic to enjoy aboard as you look out in search of these ocean's gentle giants. This seasonal excursion is available on the southern coast of Sri Lanka between December to April.

Distance: 55 km per way | Duration: 4-5 hours

Please contact Guest Services Centre on Ext: 0 for more information





## Udawalawe National Park & Elephant Transit Home

Established in 1972, the park provides a sanctuary for a host of endemic wildlife and protects the Udawalawe reservoir catchment area. Spanning over 30,821 hectares, it is also home to over 400 Asian elephants including Maligawa Tuskers. The habitat comprises of the Walawe river and its tributaries, marshes, forests and grasslands. Visit the Elephant Transit Home where orphaned calves are cared for until their release back to the wild with minimal human contact during their rehabilitation.

Distance: 60 km per way | Duration: 7 hours

## Kalametiya Bird Sanctuary

An extensive wetlands area of lagoons, mangrove swamps, open grassy areas and pockets of scrub jungle; over 150 bird species including 54 migratory birds, 20 mammal species, 41 fish species and 38 reptile species live in Kalametiya. This is also a nesting haven for weaver birds. Enter the sanctuary by boat and climb up the rocks in the centre for a beautiful viewpoint. The best time to visit is at 6.00 am or in the evening.

Distance: 23 km per way | Duration: 4 hours



## Yala National Park

Sri Lanka's most popular wildlife reserve, this is the second largest park on the island with a diverse ecosystem ranging from monsoon forests to freshwater and marine wetlands. Home to 215 bird species including 6 that are endemic to Sri Lanka, discover the natural treasures with a park tracker, in search of storks, crocodiles, fan-tailed peacocks, monkeys and more, including the most famous yet elusive residents, the leopards. The park has one of the highest leopard densities in the world.

Distance: 70 km per way | Duration: 7 hours

## Rekawa Turtle Watch

Sri Lanka has the extraordinary privilege of welcoming five of the world's seven species of sea turtle to its shores. At Rekawa Beach, the Turtle Conservation Project aims to nurture the sea turtles in their natural habitat and has established an in-situ nest protection and awareness programme since 1996. Volunteers lead groups to the beach nightly for a chance to sight turtles as they lay their eggs or return to sea. Visitors should note that flash photography and white or yellow torches are not allowed.

Distance: 13 km per way | Duration: 4 hours

Please contact Guest Services Centre on Ext: 0 for more information 13



### Handunugoda Tea Estate

This family-owned estate nestled in the southern province, is renowned as artisan producers of luxury teas including the prized Virgin White Tea. The exquisitely delicate white tea has the highest naturally occurring antioxidant content in any beverage, and is manufactured following an ancient Chinese legend that keeps to the imperial tradition of being completely untouched by human hands from harvest until it is brewed. They are the only tea estate in the world situated in close proximity to the sea, creating the distinctive flavour of their teas. Learn the age-old art of producing tea from your guided tour and enjoy a delightful tasting session to find your preferred brew.

Distance: 65 km per way | Duration: 5 hours

## The Cinnamon Experience

Sri Lanka produces 90% of world's supply of true cinnamon and cultivation is a unique, scarcely known process. Visit a hilltop villa surrounded by a working cinnamon plantation with 360° views over Koggala Lake and misty mountain ranges. The 1 hour guided tour will encompass the tools, techniques and interesting facts involved in making cinnamon quills. A 2.5 hour guided tour inclusive of a 4-course cinnamon inspired lunch is also available upon request. Combine this aromatic excursion with a visit to Handunugoda tea estate located nearby.

Distance: 65 km per way | Duration: 5 hours

Please contact Guest Services Centre on Ext: 0 for more information





## Mulkirigala Rock Temple

Known as "Punchi Seegiriya" or Little Sigiriya as it is reminiscent in architecture and style to Sigiriya, the Lion Rock. Mulkirigala houses an impressive series of cave temples with sculptures and exquisite murals said to be painted using natural elements during the Kandyan era, similar to those found in Dambulla. One of the oldest and revered temples in southern Sri Lanka, it is deemed to be the tallest rock standing at 107 metres, surrounded by a ring of small mountains and lush forest.

The site comprises of seven smaller temples and has been constructed within five terraces. A flight of rock hewn stairs comprising of 533 steps, guides pilgrims to each terrace before reaching the summit where the stupa is situated.

Distance: 20 km per way | Duration: 3.5 hours

## Bundala National Park

Designated as a wildlife sanctuary in 1969, Bundala was subsequently re-designated to a national park in 1993. In 1991, it became the first wetland to be declared as a Ramsar site in Sri Lanka. In 2005, the national park was designated as a biosphere reserve by UNESCO, making it the fourth biosphere reserve on the island.

An important wintering ground for migratory water birds, Bundala harbours 197 species of birds, the highlight being the greater flamingo which migrate in large flocks. The 6,216 hectare park is also home to very few but evident population of elephants as well as civets, sloth bears, giant squirrels and crocodiles. Leopard sightings are rare, but you might spot one preying on the numerous Spotted, Barking and Sambar deer that roam around Bundala if you're lucky.

Distance: 58 km per way | Duration: 6 hours

Please contact Guest Services Centre on Ext: 0 for more information



A man in a dark blue shirt and shorts is surfing on a white wave. The background features a dense line of palm trees under a clear blue sky. The water is a vibrant turquoise color. A large white diagonal shape is overlaid on the left side of the image, containing text.

## RESORT ACTIVITIES

Explore the diversions available within and nearby our stunning resort to lure you away from the serenity of your accommodation.

## Anantara Surf Centre by Tropicsurf

New to the surfing scene or a pro seeking the biggest swells? Sri Lanka is a paradise for novice, intermediate and advanced surfers. Learn the basics through our exclusive programmes with Tropicsurf or go on a road surfari to explore some of the finest surfing beaches with our expert guides. Surf season lasts all year long in Tangalle, with the biggest swells found between April and October. From November to March, smaller waves can be expected along with calmer conditions.

Water sport experiences conducted by Tropicsurf also includes stand-up paddle board lessons in calm sea conditions or venture out on an SUP excursion to view diverse wildlife up close in a lagoon.

Speak with our Surf Guru to discover the perfect programme to suit your needs.





### Peace Haven Nature Walk

Explore rich biodiversity through a complimentary 1.5 hour scheduled walk around our Peace Haven grounds, guided by the Nature Guru. Whether it's the mangroves, coastal ecosystem, endangered turtles or organic farmland, our resort is surrounded by beautiful flora and fauna that we strive hard to protect.

Nurturing green spaces, sustaining local communities, and encouraging mental wellbeing form the key goals of our informative stroll through nature.

Private walks are also available for groups upon request.

## Harvest Table by Anantara

A sprawling plot has been demarcated within our resort to grow our own rice, vegetables, herbs and spices. Enjoy a memorable organic culinary journey based on fresh sustainable ingredients, and the daily catch of the day. And we mean really fresh - menus are created depending on what's picked from our Anantara garden just before your dining experience.

Start with a guided stroll with our Chef through our organic garden and paddy fields to self-harvest your fresh seasonal produce while learning about our indigenous farming methods and health benefits of each ingredient. Select your sustainably caught fish for your main course as our fisherman arrives by boat through our mangrove river. Chef will prepare a wholesome four-course lunch in our custom-built traditional kitchen to be enjoyed in our rustic treehouse against the paddy field backdrop.

Please contact Guest Services Centre on Ext: 0 for more information





### Catch Of The Day

Between 10.30 am to 11.00 am daily, a clanging bell will signal the arrival of a local fisherman at our resort shoreline with his catch of the day. Join our Chef in picking out the freshest fish to be prepared to your individual preference for your dinner at our award-winning Il Mare restaurant, perched on the cliff side with stunning ocean views.

### Holistic Exercise

Reconnect with your natural flow through the power of yoga, meditation and stretching. Enjoy daily scheduled group classes at our yoga pavilion in the morning and evening overlooking the Indian Ocean or request for a private session in the privacy of your villa or on the beach. Enquire at Anantara Spa to discover how these holistic practices are also incorporated into their Ayurvedic wellness programmes.



### Bicycle Tour

Set off to explore the beauty of our resort on bicycles. Marvel at the variety of wildlife in and around the gardens. Stop to converse with local farmers who tend to the organic garden and rice paddy field or find a spot to enjoy the sun, sea and sand.



### Sundown Ceremony

The blowing of the "hak gediya" or conch shell heralds the start of a ceremonial sundown performance at 6.00 pm daily. The procession moves from the lobby onto a lower platform to the beat of Kandyan drums followed by graceful ladies. The fire pit is lit to pay tribute to the Sun God, worshipped in the olden days by farmers. The conch shell sounds a final time to conclude this majestic ceremony at our resort.

Please contact Guest Services Centre on Ext: 0 for more information



## DINING BY DESIGN

Anantara's signature private dining concept offers the ultimate personalised romantic occasion, inviting you to choose from a collection of fine dining and dégustation menus. Collaborate with your personal Chef to fine-tune a menu that is tailored to your individual tastes and desires.

Your beautifully decorated table, which takes place in a choice of dream settings, is enhanced by the flawless service of a personal butler. Make your occasion sparkle with wine recommendations from our Wine Guru.

## ANANTARA SPA

Embark upon spa journeys that draw on trusted indigenous therapies and from across Asia, as well as therapeutic Western pampering.

Calm your mind, body and soul as you experience relaxing spa treatments by therapists who are trained to the highest international standards. Consult with our Resident Ayurvedic Doctor for recommendations on ancient Ayurveda treatments and tailored wellness programmes that go beyond relaxation to offer holistic healing.

Please contact Anantara Spa on Ext: 8585 for more information





## JOLI KIDS AND TEENS CLUB

Our dedicated kids and teens club offers complimentary supervised indoor and outdoor games, educational activities, creative fun, movies, a cosy nap area and a shaded playground for ages 4 years and above. Foosball, pool and table tennis tables are also available. Babysitting service is available for a fee and requires an advanced reservation.

Open daily from 10.00 am – 7.00 pm



## SPICE SPOONS

Enjoy an interactive experience that immerses you in Sri Lanka's unique culinary culture. Begin with a guided tour of a bustling fishing port to select your fresh catch before choosing your organic produce from the local market.

Pick from time honoured recipes and create traditional dishes in a cooking class with our Chef. Savour your creations for lunch and take home cooking accessories and recipes cards to recreate the fond memories back home.





**ANANTARA**

PEACE HAVEN • TANGALLE  
RESORT

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