



il Mare

LUNCH MENU


ANTIPASTI

Insalata di mare  	4600
Seafood salad, tuna-artichoke mayonnaise rémoulade, olives, capers	
Insalata di verdure grigliate con mozzarella di bufala  	4900
Grilled seasonal vegetables, buffalo mozzarella, aged balsamic vinegar, crushed almonds	
Frittura Mista	4800
Deep-fried calamari, local fish fillet and prawns, zucchini, home-made Italian tartar sauce	
Tartare di tonno con agrumi, finocchi e avocado	4800
Tuna tartare, orange-fennel salad, avocado, citrus-extra virgin olive oil dressing	
Minestrone 	3800
Anantara garden fresh vegetables, kidney beans in tomato and herb broth	
Zuppa di aglio e cipolla arrosto 	3800
Roasted garlic and onions, potato, leeks, crispy croutons, fine herbs	

PRIMI PIATTI

Spaghetti all'astice dell'oceano Indiano  	9800
Indian Ocean lobster, spaghetti, fresh tomatoes, garden basil	
Linguine ai frutti di mare	8700
Linguine with prawns, calamari, mussels, scallops, fresh tomato, garlic and extra virgin olive oil, fresh garden basil	
Fettuccine al pesto fatto in casa, patate, fagiolini, ricotta e pinoli tostati 	5700
Fettuccine pasta, home-made basil pesto, potatoes, green beans, ricotta cheese, roasted pine nuts	
Penne or spaghetti alla carbonara	5400
Penne carbonara with pork bacon, parmigiano regiano, eggs, fresh garden basil	
Gnocchi sorrentina 	5200
Home-made potato gnocchi, basil, tomato sauce, buffalo mozzarella	
Risotto ai frutti di mare di Tangalle con pomodoro e prezzemolo 	6900
Tangalle fresh seafood risotto, tomato sauce, parsley	
Risotto ai funghi e gorgonzola alle noci  	6200
Wild mushroom risotto with gorgonzola, roasted walnuts, truffle oil, shaved parmesan	

SPECIALITÀ PIZZA

Gamberoni e chorizzo pizza  	4900
Mozzarella, ricotta, chorizo, prawns, spinach, sundried tomato and garden basil	
Pizza margherita	3700
Tomato, shredded mozzarella, garden basil	
Pizza ai frutti di mare	4700
Prawns, calamari, local fish, tomato, shredded mozzarella, garden basil	
Pizza di pollo alla brace	4700
barbecued chicken, caramelized onion, garden capsicum, tomato, shredded mozzarella	



Pork



Alcohol



Vegetarian





Nuts



Signature

Please inform us of your dietary preferences or allergies
Prices are in Sri Lankan rupees (LKR) and are exclusive of 10% service charge and applicable government taxes.

PESCE E CARNE ALLA GRIGLIA

350g Galletto marinato alle erbe aromatiche Toscane - grilled baby chicken, marinated with aromatic Tuscan herbs	6900
180g Filetto di manzo della Tasmania di cape grim - grass fed cape grim Tasmanian beef tenderloin 	12500
300g Controfiletto di manzo della Tasmania di Cape Grim – grass fed Cape Grim Tasmanian rib eye steak 	11000
600g - 700g Aragosta locale - local lobster	14000
180g Bistecca di salmone norvegese – Norwegian salmon steak	10200
380g Gamberi jumbo marinati con aglio e lime – jumbo shrimp marinated with garlic and lime	9900
180g Bistecca di tonno – local tuna steak	7500
180g Bistecca barramundi locale – local Barramundi steak	7500

CONTORNI E SALSE INCLUSI PER PIATTI ALLA GRIGLIA – CHOICE OF TWO SIDE DISHES AND A SAUCE INCLUDED

Patate al forno con rosmarino - roasted baby potato, rosemary

Verdure grigliate di stagione con crema di aceto balsamico - seasonal grilled vegetable, balsamic vinegar cream

Insalata mista - mixed salad, tomato, cucumber, carrot

Purè di patate al tartufo - truffle mash potato

For additional side dish 2900

Salsa al pepe verde - peppercorn sauce 

Salsa salmoriglio - sicilian herb sauce

Salsa ai funghi - mushroom sauce

Salsa bernese - béarnaise sauce

DOLCE

Tiramisu   3800
Mascarpone, biscotti, vanilla, double espresso

Sfera di cioccolato 3800
Chocolate ball, chocolate & pear sauce, crunchy meringue

Panna cotta tropicale   3800
Coconut panna cotta, passionfruit, pineapple, cinnamon

Torta caprese 3800
Decadent flourless chocolate cake with sea salt, caramel ganache, raspberry coulis

Il Mare signature gelato 1800 (per scoop)
Puttalam sea salt and caramel / cake so cheesy / island coconut / chunk in your trunk

Homemade sorbet 1600 (per scoop)
Passion fruit sorbet / virgin piña colada sorbet / lemon and lime sorbet / mango sorbet



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