



Where luxury
meets tranquility



ANANTARA

SPA

Welcome to Anantara Spa



Indulge in the opulence of Anantara Spa at Anantara Palais Hansen Vienna Hotel, where luxury meets tranquility. From our oasis on the Ringstrasse, enjoy six lavish treatment rooms, fitness centre, rejuvenating hydropool, Finnish sauna (90°C), steam bath (45°C) and sanarium (60°C).

Experience the epitome of wellness with massage treatments and advanced skincare regimes, all set in sumptuous surroundings. Open seven days a week, let our knowledgeable Anantara Spa team guide you to the perfect treatment, ensuring a blissful retreat.

ENQUIRIES OR RESERVATIONS

For enquiries or reservations, reach out to the Anantara Spa team at spa.palaishansen@anantara-hotels.com or call +43 1 236 1000.

HOW TO SPA

OPERATING HOURS

Anantara Spa is open daily from 10:00 am – 9:00 pm. Children under 16 years of hotel guests are allowed in the hydropool between 10:00 am and 4:00 pm, provided they are accompanied by a parent who takes full responsibility. Guests at Anantara Palais Hansen Vienna Hotel have 24-hour access to the fitness centre.

RESERVATIONS

To avoid disappointment, we recommend booking treatments at Anantara Spa in advance.

SPA ARRIVAL

To ensure you reap the full benefits of your experience at Anantara Spa we ask that you arrive 15 minutes prior to your treatment time. Late arrivals will be facilitated to the best of our ability; however, your treatment time may be shortened.

Some medical conditions are contraindicated to certain treatments, so we ask that you notify any medical conditions at the time of booking. All information is kept in the strictest of confidence.

WELLNESS AREA

There is an additional fee if you wish to add on use of the facilities to any treatments. Please enquire at Anantara Spa reception.

Please respect the serenity of Anantara Spa by refraining from talking loudly or shouting while in the treatment rooms, pool area or relaxation suites. Use of mobile phones is not permitted in the pool, thermal suite and relaxation area.

SPA ATTIRE AND VALUABLES

Swimwear must be worn at all times in the pool area. For your convenience Anantara Spa will provide bathrobes, towels, slippers, shower caps and a locker to place your belongings. We recommend you do not bring valuables to your appointment, as Anantara Spa does not assume responsibility for lost items.

AGE REQUIREMENTS

Children under 16 years of hotel guests are allowed in the hydropool between 10:00 am and 4:00 pm, provided they are accompanied by a parent who takes full responsibility.

CANCELLATION POLICY

If you are unable to attend your appointment or need to reschedule, please provide at least 24 hours’ notice. For groups of three or more please provide at least 72-hours’ notice. Should the required notice not be provided, a cancellation fee of 100% of the treatment price will be charged, deducted from your credit card, or charged to your room bill.

MASSAGE

PALAIS HANSEN SIGNATURE

Discover the rejuvenating benefits of our Signature healing massage at Anantara Spa. Tailored to promote deep relaxation, alleviate pain, and ease muscle tension, this therapeutic treatment employs a blend of techniques designed to enhance your overall well-being.

25 minutes	EUR 75
50 minutes	EUR 125
80 minutes	EUR 170

AROMATHERAPY MASSAGE

Our signature aroma massage has been developed with your overall relaxation in mind. We combine light to medium pressure and a flowing technique using intuitive touch and a blend of stunning essential oils.

25 minutes	EUR 80
50 minutes	EUR 130
80 minutes	EUR 175

DEEP TISSUE MASSAGE

Personalised to focus on the deeper layers of tissue, using an array of massage techniques to release stored tension and encourage optimum circulation. Ensuring relaxation for deep-seated muscles.

25 minutes	EUR 95
50 minutes	EUR 145
80 minutes	EUR 195

HOT STONE MASSAGE

Heated volcanic stones and a stunning blend of essential oils are used in this massage. The heat from the stones helps to relieve muscle or joint tension and increase blood circulation creating a balance of calm and wellbeing. This treatment is perfectly designed to promote a profound state of relaxation.

50 minutes	EUR 135
80 minutes	EUR 180

PEACEFUL PREGNANCY MASSAGE by Elemis

Nurture, Restore & Calm

This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics formulated to be used safely during pregnancy are selected for optimum wellbeing, leaving you feeling nurtured, restored and calm.

You must be a minimum of 12 weeks pregnant at time of treatment.

50 minutes	EUR 150
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THAI HERBAL MASSAGE

This distinctive style of traditional Thai massage uses a heated compress filled with remedial herbs to release muscle tension and stiffness, enhance energy flow and relieve fatigue.

80 minutes	EUR 180
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TENSION RELIEF BACK MASSAGE

A focused massage that releases tension and restores comfort to this typically tense area.

30 minutes	EUR 85
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TENSION RELIEF BACK MASSAGE

Combining the eastern art of pressure points and a reviving foot and leg massage to stimulate circulatory and lymphatic systems.

30 minutes	EUR 85
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FIRMING MASSAGE

Revitalize your skin with our Firming and Cellulite Reducing Massage, specifically designed to target the appearance of cellulite while promoting smoother, firmer skin. This invigorating treatment combines specialized techniques to stimulate circulation and enhance lymphatic drainage, helping to reduce the visibility of dimples and improve skin texture

50 minutes EUR 145

LOMI LOMI MASSAGE

A traditional Hawaiian healing technique that transcends mere relaxation. This unique therapy combines long, flowing strokes with gentle stretches, utilizing the forearms and hands to create a rhythm that mimics the waves of the ocean. The Lomi Lomi experience is not just about physical relief; it also nurtures the spirit, promoting emotional balance and a deep sense of well-being. Allow yourself to be enveloped in warmth and tranquility as you reconnect with your body and mind. Embrace the healing power of Aloha (essence of being)

80 minutes EUR 190

BALANCE MASSAGE

Incorporating chakra energy balancing, this tranquil experience merges the therapeutic advantages of massage with ancient healing traditions to realign the body and restore its natural energy flow, resulting in a rejuvenated and balanced state of mind and body.

80 minutes EUR 190

LYMPHATIC DRAINAGE MASSAGE

A gentle treatment that enhances the body's natural detoxification processes through light, rhythmic strokes and gentle pressure. This massage stimulates the lymphatic system, reducing swelling, improving circulation, and promoting overall wellness. Ideal for stress relief, post-surgical recovery, or enhancing your wellness routine, this nurturing experience rejuvenates the skin and boosts immunity.

50 minutes EUR 140



BODY TREATMENTS

PEELING

Our selection of body scrubs help circulation, draw out toxins and impurities leaving the skin revitalised.

CLEANSING SALT SCRUB by Elemis

Minutes An invigorating experience with the extraordinary cleansing, mineral-rich power of salt. Aromatic salt is used to gently slough away dead skin cells, encouraging the regeneration skin and leaving the body smooth and responsive to oils and balms. Once thoroughly revived, the body is swept with beautiful oils for velvety-soft, conditioned skin.

50 minutes EUR 125

GRAPE MARC PEELING

Ground grape seeds with a formula of nourishing oils, which naturally exfoliate your skin to leave it soft and fresh.

60 minutes EUR 125

HERBAL PEELING

Has a vasodilation effect and promotes blood circulation, providing a soft and rosy skin texture.

60 minutes EUR 125

BODY WRAPS

Designed to seal in moisture, nourish and rejuvenate the skin. Cocooned in a moisturising, rejuvenating or detoxifying wrap.

FRANGIPANI NOURISHING WRAP by Elemis

The velvety texture of Monoi Oil offers intense hydration to quench thirsty skin. You are kept cocooned in warmth whilst the mood-balancing aromatics and skin-conditioning oils perform their magic. A facial and scalp massage ease you further into relaxation. An emotionally grounding experience for skin that has never felt silkier.

50 minutes EUR 125

MOUSSE AU CHOCOLAT BODY WRAP

Enhances the skin and increases the blood circulation to speed up your own natural regeneration process.

60 minutes EUR 150

DETOX ALGAE WRAP

Harnessing the incredible benefits of seaweed, this treatment activates circulation, supports the metabolism, and helps to nourish and detox your skin.

60 minutes EUR 150

FIRMING WRAP

Focusing on specific areas, skin will be toned and firmed, and the signs of ageing and cellulite will be visibly reduced.

60 minutes EUR 150

SPA JOURNEYS

‘Nam Jai’ is at the core of Anantara’s philosophy. It is rooted in Thai culture referring to sincere kindness and helping others without expectation. Our signature journeys represent ‘water from the heart’ to you.

ANANTARA SIGNATURE JOURNEY

Indulge in a Rejuvenating Journey of Sincere Kindness

Immerse your feet in a soothing foot ritual, infused with the exotic aromas of frangipani flowers and hibiscus. This time-honored practice holds deep cultural significance in Thailand. This cleansing ritual symbolizes a fresh start and the release of negative energy. Surrender to the skilled hands of our therapists as you receive a personalized massage, tailored to your unique needs. Choose from a selection of stunning oils, such as Monoi and coconut, rosemary and pine, or orange and fennel, each designed to nourish the skin and promote a sense of calm. This massage will melt away tension and restore balance to your mind and body. Conclude your journey with an express facial, specifically crafted to revitalize and hydrate your skin, leaving it radiant and glowing. Inspired by Anantara’s philosophy of ‘Nam Jai’, which embodies sincere kindness and heartfelt service, this experience is a true celebration of your well-being.

80 minutes EUR 325

ABSOLUTE FACE + BODY RITUAL by Elemis

Restore, Rejuvenate & Renew

Indulge in an exquisite experience with our personalized spa package. Curate your own selection of facial and body treatments or allow our skilled therapist to recommend the ideal combination to rejuvenate you from head to toe. Enjoy a harmonious blend of customized facial and body therapies. Select from

our expert touch facials, soothing back or scalp massages, invigorating scrubs, and luxurious wraps.

80 minutes EUR 305

ESSENCE OF ANANTARA

Unwind and awaken your senses with a unique spa journey designed to capture the essence of Anantara. Enrich tired and dull skin with an enchanting body cleanse leaving your skin fresh and re-energised. Further, nourish your body with a healing massage using specially blended aromatherapy oils.

Dry Brushing, Body Exfoliation & Private Steam Massage

120 minutes EUR 260

ANANTARA COUPLES MASSAGE

Find a deeper connection in this personalised massage experience for two, designed to elevate your physical and mental state and provide clarity to support profound bonding.

60 minutes EUR 240
80 minutes EUR 320 per couple

TIME FOR TWO

Tucked away in your own private moment reconnect with your loved one. Commence with a steam, fall into deep relaxation with our signature aroma massage experience accompanied by an additional therapeutic head and foot massage combination. Unwind with champagne and time together in your own private treatment suite.

Private Steam, Aroma Massage, 1 glass of champagne per person

90 minutes EUR 390 per couple



FACIALS

FACIALS BY ELEMIS

ELEMIS EXPERT TECH FACIALS

Expert tech facial treatments are where groundbreaking technology meets active ingredients and transformative touch. The pioneering innovation of the tech machine works in combination with the therapist to turbo charge your facial results.

LIFT + REJUVENATE FACIAL

Renew, Plump & Tone

Restore your skin’s vitality with our targeted Microcurrent technology for the ultimate skin lift, Ultrasonic Peel to gently exfoliate, and Oxygen Infusion to plump. Skin will appear renewed, toned and lifted.

Includes:
Ultrasonic Peel for glowing skin
Microcurrent to lift the skin.
Oxygen Infusion to plump the skin.

75min EUR 255

SMOOTH + POLISH FACIAL

Reset, Resurface & Brighten

Reset uneven skin tone and texture with our Ultrasonic Peel to refine, LED Light Mask to re-energize and Galvanic technology to nourish, revealing bright, polished, and smooth skin.

Includes:
Ultrasonic Peel for glowing skin.
LED Light Mask to re-energize the skin.
Galvanic technology to restore the skin.

75min EUR 245

SCULPT + FIRM FACIAL

Revitalize, Strengthen & Define

Our ultimate treatment, this multi-faceted facial is customized to target your skin needs using all 6 BIOTEC technologies for a transformative facial experience like no other. Your complexion will be left revitalized, strengthened, and defined.

Includes:
Cryotherapy for skin sculpting.
Ultrasonic Peel for glowing skin.
Microcurrent to lift the skin.
Oxygen Infusion to plump the skin.
LED Light Mask to re-energize the skin.
Galvanic technology to restore the skin.

90 min EUR 285

ELEMIS HIGH TOUCH FACIALS

Hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive actives. This is where intuition meets expertise.

RENEW FACIAL

Hydrate, Lift & Firm

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

60 min EUR 220

REVEAL FACIAL

Resurface, Smooth & Glow

Powered by our patented Tri-Enzyme technology, this facial helps to minimize the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

60 min EUR 220

DEFINE FACIAL

Energize, Rejuvenate & Sculpt

This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energized, rejuvenated and sculpted-looking skin.

75 min EUR 265

ELEMIS EXPERT ADD ONS

Choose from our range of specialized treatment add-ons, designed to target specific concerns and enhance your experience.

LED ENERGY MASK

Glow, Soothe & Energize

Illuminate your skin with our LED facial mask enhancement. Discover the power of the innovative ELEMIS 7-in-1 Light Mask to calm, soothe and energize, leaving your skin visibly refreshed and glowing.

EUR 45

COLLAGEN EYE BOOST

Brighten, Hydrate & Revitalize

Elevate your facial experience with our targeted eye treatment add-on, specially designed to brighten, hydrate, and revitalize.

EUR 50



FACIALS

FACIALS BY VALMONT

The science of skincare and wellness of mind each treatment, a precious skincare ritual, is designed as an immersive sensorial experience to meet your every expectation in exclusive service and skin therapy excellence. A unique fusion of exceptional skincare savoir-faire, massage protocols structured around our signature butterfly movement.

Its effects are supercharged thanks to Valmont's powerful Firm-C Boost – a concentrated serum that delivers triple DNA, Vitamin C and collagen to the skin. Reveal a younger-looking face with a radiant glow, plump texture, and visibly more definition.

60 minutes	EUR 235
80 minutes	EUR 285

HYDRATION OF THE BISSES

Reveal vibrant, supple, re-plumped skin with a slow, delicate, and relaxing massage that targets the lymphatic system to improve fluid flow, powered up by the ultra-hydrating H2O Boost. It takes its name from the irrigation channels known as 'bisses', used by highlanders of Switzerland's Valais region, as it imparts a similar level of deep hydration to your skin.

LIFT FROM THE PEAKS

Smooth your skin and reduce stress in wrinkle-prone areas. Inspired by fascia therapy and performed with Lift Boost, reserved exclusively for beauty professionals, this slow, deep massage fights wrinkles by relaxing and toning muscles. Taking its name from ski lifts – the gravity-defying devices that carry skiers up to mountain peaks – this treatment visibly elevates the quality of your skin with a powerfully smoothing and stress-relieving effect.

60 minutes	EUR 225
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60 minutes	EUR 235
80 minutes	EUR 285

LUMINOSITY OF ICE

Look at an ice crystal and it sparkles like pure diamond – that's the inspiration behind this treatment. It's designed to help you create softer, smoother and more radiant skin, reducing the appearance of irregularities for a glow as immaculate as a snow-covered landscape. Grounded in facial reflexology and performed with Lumi Boost, the massage focuses on specific areas of the face to detoxify and brighten the skin.

60 minutes	EUR 225
80 minutes	EUR 275

MAJESTIC TREATMENT ELIXIR DES GLACIERS

Rediscover a radiant glow for skin that feels lifted, restored and rejuvenated. This comprehensive treatment for the face and neck offers a moment of perfect delight, with the exceptional range of Elixir des Glaciers skincare. Your therapist combines three different massage techniques, including Kobido – an ancient technique focused on restoring tone in the facial muscles.

90 minutes	EUR 395
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FIRMNESS OF THE HILLS

A nourishing, sculpting and remodeling treatment designed to improve skin firmness. You'll enjoy a facial massage incorporating therapeutic deep massage techniques and slow, smoothing strokes to sculpt and define.

HAND AND FOOT CARE

Indulge in our specialized treatments designed to pamper and rejuvenate your hands and feet.

WELLNESS MANICURE

A soothing treatment that includes nail shaping, cuticle care, and a relaxing hand massage.

EUR 45

WELLNESS MANICURE WITH LACQUER

Enjoy all the benefits of our Wellness Manicure, finished with a beautiful coat of nail polish.

EUR 65

WELLNESS PEDICURE

A comprehensive foot treatment that includes exfoliation, nail care, and a calming foot massage.

EUR 95

WELLNESS PEDICURE WITH LACQUER

Complete your pedicure experience with a fresh layer of polish for a polished look.

EUR 110

FOOT MASSAGE

Combining the eastern art of pressure points and a reviving foot and leg massage to stimulate circulatory and lymphatic system.

EUR 85

BEAUTY

Enhance your natural beauty with our expert depilation and beauty services. Available upon request please speak with a member of the Anantara Spa team.

DAY SPA PACKAGES

Experience the ultimate relaxation, where you can enjoy our luxurious facilities designed to enhance your wellbeing.

Facilities include:

Fitness centre, rejuvenating hydropool, Finnish sauna (90°C), steam bath (45°C) and sanarium (60°C).

3 HOUR DAY PASS

Enjoy three hours of bliss with access to the fitness centre, hydropool and steam and sauna experiences at Anantara Spa.

Monday to Thursday EUR 55

Friday to Sunday and public holidays EUR 65

DAY SPA PASSES

DAY SPA PASS + 30-minute Treatment
3 hour access EUR 105

DAY SPA PASS + 50-minute Treatment
3 hour access EUR 165

ALL DAY SPA PASS + 80-minute Treatment
EUR 240

DAY SPA PASS + Afternoon Tea at Lobby Lounge and Bar
3 hour access EUR 100

ALL DAY SPA PASS + 50-minute Treatment +
Afternoon Tea at Lobby Lounge and Bar
EUR 240

Passes are subject to availability, and does not include access to Anantara Spa Relaxation Room.

Available for adults only (16 years and above)



