



SPICE SPOONS

BY ANANTARA

A Creole Culinary Journey

Immerse yourself in the rich flavours of Creole gourmet culture and awaken your inner chef. Start your culinary journey with a visit to the bustling local market, where vibrant sights, enticing aromas, and lively sounds surround you. Handpick fresh produce and authentic spices before heading back to the resort for a hands-on cooking session led by our expert resident chef.

ANANTARA MAIA SEYCHELLES VILLAS

T +248 467 77 00 | E reservations.amsv@anantara.com | Anse Louis, Mahé Seychelles | PO Box 722 Mahé Seychelles

ANANTARA.COM

SPICE SPOONS

BY ANANTARA



Cooking Class Programme

10:00 am – 11:00 am

Local market tour with the chef (transfers provided)

Shopping and tasting of local snacks at the market

Transfer back to resort

11:00 am – 11:30 am

Garden and spices experience with our expert insider and artisan, Chief Gardener Allan.

11:30 am – 1:30 pm

Cooking class followed by lunch (3-course)

EUR330 per person

For full programme

EUR230 per person

For full programme without market tour

Inclusive of a beverage of your choice, wine or juice pairing, Spice Spoons certificate, apron and recipes in digital version

TERMS AND CONDITIONS

- Prices are inclusive of 10% service charge and 15% tax.
- Each class is subject to a minimum of 2 and maximum of 4 participants.
- Reservations are required at least 48 hours in advance.
- Cancellations must be made at least 24 hours in advance, otherwise a 50% charge applies.

SPICE SPOONS

BY ANANTARA

Recipes to Choose From

Please select one dish per category.

Depending what seasonal produce is available at the market, the chef may offer additional dishes to choose from.

APPETISER

Bouyon Blan - Creole Fish Broth
Coconut Ceviche
Local Mango Salad
Fresh Octopus Salad
Smoked Marlin and Mango Salad

MAIN

Fish Coconut Curry
Salted Pork Fricasse
Grilled Octopus and Calamari
Grilled Red Snapper Steak (Creole Style)
Tender Coconut in Curry Sauce

DESSERT

Banana Flambe (infused in rum)
Banana Fritters (infused in rum)
Coconut Nougat
Sweet Potato Daube
Tropical Fruit Soup

ANANTARA MAIA SEYCHELLES VILLAS

T +248 467 77 00 | E reservations.amsv@anantara.com | Anse Louis, Mahé Seychelles | PO Box 722 Mahé Seychelles

ANANTARA.COM