

SPICE SPOONS

# A THAI CULINARY JOURNEY





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Much more than just a cooking class, Spice Spoons offers a rich and interactive immersion in Thailand's world famous gastronomy, renowned for its artistry and unique four flavour balance of salty, sweet, spicy and pungent.

For the more adventurous the journey begins early in the morning with a chef guided tour of the market to select fresh ingredients and sample a popular local snack. In the afternoon cooking class, held in the open kitchen of our Thai restaurant La Sala, you'll learn about Thai cuisine's cultural significance and health benefits, indigenous ingredients and cooking equipment, as well as convenient replacements to use at home. Choose from a menu of authentic regional recipes from across Thailand, including age old southern specialties. Experience how our unique, modern approach preserves traditional Thai flavours, as you cook your favourite dishes in a step by step class and savour each delicious recipe. Enjoy the option of crafting a personalised menu to suit your tastes and timescale, and enhance your culinary presentation with a fruit and vegetable carving class.

Leave with wonderful memories and impressive new skills to entertain family and friends back home, as well as a Spice Spoons shopping bag containing a certificate, apron, chopping board and box of recipe cards.

To book, please contact the reception desk one day in advance before 6.00 pm.



## COOKING CLASS PROGRAMME

#### Market Experience

8.30 am - 10.30 am

- Meet chef at the lobby and transfer to local market
- Chef guided market tour and traditional Thai snack
- Return to the hotel for breakfast and to relax

#### Cooking Class

12 noon - 6.00 pm

- Meet at La Sala restaurant for welcome drinks
- Theory session and step by step cooking class with master Thai chef
- Enjoy each freshly prepared dish as you cook them (four recipes in total)

THB 3,000 nett per person for cooking class only THB 4,000 nett per person for cooking class and market experience

Prices include a Spice Spoons shopping bag containing a certificate, apron, chopping board and box of recipe cards

Cooking classes are limited to a minimum of one and a maximum of four guests to ensure a personalised experience.

## Package Upgrade Options

### Enhanced Menu

Additional dishes are priced at THB 500 nett per recipe. In addition to the menu above, guests are also welcome to personalise a special menu by collaborating with our chef.

### Fruit & Vegetable Carving Class (1 hour)

Enhance your culinary presentation skills by mastering the intricate art of carving a variety of fruits and vegetables into decorative shapes.

# PHAD THAI KHUNG SOD









### MENU OPTIONS

Please select one dish from each category (four in total).

Appetisers Krathong Thong

Tod Man Pla Satay Gai Som Tum Thai Pla Goong

Soups Tom Yum Goong Tom Kha Gai

#### Mains

Khao Soi Gai Yam Mamuang Pla Krob Pla Kapong Nung Manow Gai Pad Med Mamuang Phad Thai Goong Sod Chu Chi Goong Massaman Nuea Gang Kiew Wan Gai

#### Dessert

Khao Niew Mamuang

Light crispy, golden cups with various savoury fillings Thai fish cakes Chicken satay Green papaya salad Spicy prawn salad

Spicy prawn soup\* Coconut chicken soup

Chiang Mai noodles Crispy fish with spicy mango salad Steamed sea bass Chicken and cashew nut stirfry Thai fried noodles with prawns Prawn chu chi curry\* Massaman beef curry Chicken green curry

Mango with sweet sticky rice

\* Southern Thai specialties

#### Terms and Conditions

Prices are inclusive of 10% service charge and applicable government tax. A minimum of one and a maximum of four guests per class. Reservations must be made at least one day in advance before 6.00 pm.

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