

THE RYTHM OF LAWANA

UNFORGETTABLE MOMENTS WORTH EXPERIENCING



JULY-AUGUST 2026

Gather and Savour

THE WHITE LOTUS CONNECTION

At The Singing Bird Lounge, the mood of *The White Lotus* lingers beneath the canopy. As a filming location for Season 3, Episode 1, it is the setting for the scene in which Chelsea, played by Aimee Lou Wood, crosses paths with Chloe, played by Charlotte Le Bon, over martinis after Rick disappears into the night. The connection carries through to the cocktail list, where Mook and Gaitok are named in homage to two of the series' Thai characters - including Mook, portrayed by BLACKPINK's Lisa. Join us for a quiet return to the setting, and relive your own *White Lotus* moment with us.



Glimpse of White Lotus

THE SINGING BIRD LOUNGE

A cinematic pause inspired by *The White Lotus*, Season 3. Begin with a signature cocktail and a lotus petal miang kham pairing, then linger over lotus folding in a setting shaped by birdsong, canopy views and the quiet glamour of the evening ahead.

Thursday, Sunday | 3:00 pm - 4:00 pm | THB 1,900++ per couple

White Lotus Cocktail Masterclass

THE SINGING BIRD LOUNGE

Craft two signature cocktails within the nature-framed lounge featured in *The White Lotus*, guided by our mixology team and inspired by the series' characters, and songbirds of the South.

Wednesday | 3:00 pm - 4:00 pm | THB 990++ per person



Latte Art Workshop

PALETTE CAFÉ & STUDIO

Monday, Wednesday | 1:00 pm - 2:00 pm | THB 590++ per person



Discover the quiet craft behind a beautifully poured cup where coffee and creativity meet in a slower, hands-on hour led by a master barista.



Happy Hour

SANDAL BY JOÃO COSTA

Daily | 5:00 pm - 7:00 pm

As the light turns gold, linger by the sea over a second complimentary pour from selected cocktails, beers, wines and spirits.

Live Music

SANDAL BY JOÃO COSTA

Tuesday | 6:00 pm - 8:00 pm
Thursday | 6:00 pm - 9:00 pm

Settle in by the sea to the sounds of an acoustic duo on Tuesdays, with our DJ bringing an easy rhythm to Thursday evenings.



End of Day Ritual

SANDAL BY JOÃO COSTA

Daily | 5:45 pm - 6:00 pm

Gather by the sea as the light softens, and pause for a quintessential Thai moment shaped by a cultural performance, rhythm and reflection.

Fire Show

RESORT BEACH

Tuesday | 8:00 pm
Saturday | 7:00 pm

As night falls, the beach comes alive with flame, movement and theatre - a dramatic shoreline spectacle against the evening sky.



Connect with Samui

Spice Spoons by Anantara

OCEAN KISS

Daily | 10:45 am - 3:00 pm | THB 2,750++ per person | THB 5,000++ per couple

Begin with a local market visit, then return for a hands-on Thai cooking experience guided by our chefs and shaped by the flavours of everyday Thailand.



Sunrise Kayak

RESORT BEACH

For those with some experience, paddle out at first light towards Koh Mat Lang as the island wakes and the shoreline reveals itself from the sea.

Wednesday, Friday | 6:00 am - 7:30 am
Ages 18 years and above



Lotus Folding Workshop

TREE TOPS

Monday, Friday | 3:00 pm - 4:00 pm

A quiet hour of Thai artistry beneath the canopy, where the delicate practice of lotus folding becomes a graceful pause in the day.

Sunrise Jogging By Chaweng Lake

RESORT LOBBY

Monday | 6:30 am - 7:30 am | Ages 13 years and above

Set out on a guided morning jog around Chaweng Lake, moving with the island as it wakes and the day begins to gather.

Move with intention

Muay Thai

BOXING RING

Learn the foundations of Thailand's national art through guided technique, rhythm and controlled movement, building confidence with every round.

Thursday | 6:30 am - 7:30 am

Wednesday, Sunday | 3:00 pm - 4:00 pm

Ages 13 years and above

Circuit Training

BOXING RING

A guided circuit led by a professional instructor, pairing purposeful movement with open-air energy and sweeping views across Koh Samui's green hills.

Saturday | 6:30 am - 7:30 am

Monday | 3:00 pm - 4:00 pm

Ages 13 years and above

Tabata Bodyweight

BOXING RING

A high-energy interval workout combining strength, endurance and bodyweight movements, guided by an instructor and set against panoramic island views.

Tuesday, Saturday | 3:00 pm - 4:00 pm

Ages 13 years and above



Aqua Aerobics

RESORT POOL

A refreshing water-based workout combining gentle resistance and movement, designed to energise the body while remaining easy on the joints.

Sunday | 6:30 am - 7:30 am | Ages 13 years and above

Kayaking and Paddle Boarding

RESORT BEACH

Explore calm coastal waters at an unhurried pace, building confidence, balance and connection with the sea.

Thursday | 3:00 pm - 4:00 pm



Slow down and *restore*

Sea Breeze Yoga

RESORT BEACH

Flow through gentle postures and mindful breathwork beside the sea, allowing fresh ocean air and the rhythm of the waves to restore balance and ease.

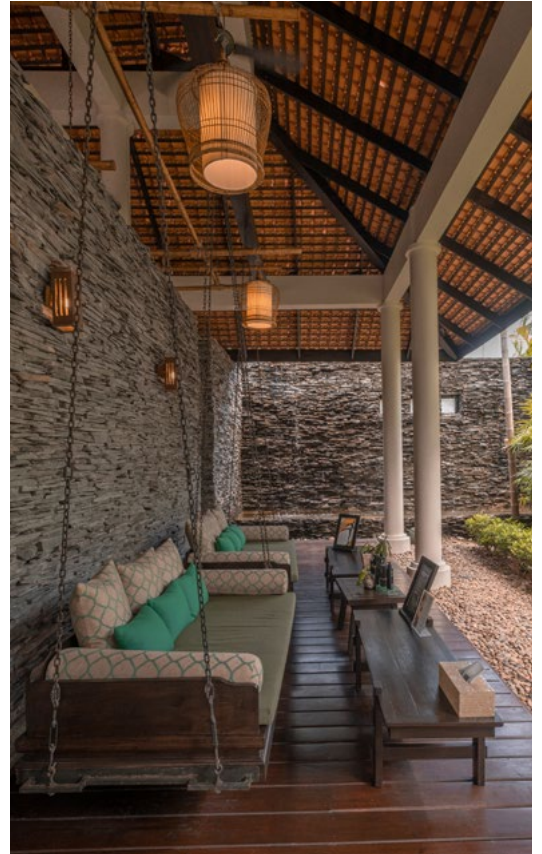
Friday | 3:00 pm - 4:00 pm
Ages 13 years and above

Green Pathways

THE SINGING BIRD LOUNGE

Follow a gentle path through Anantara Lawana's living landscape, where the scents, textures and seasonal beauty of Koh Samui reveal themselves along the way.

Thursday | 10:00 am - 11:00 am | All ages welcome



Anantara Signature Massage

ANANTARA SPA

Restore balance through purpose-designed movements and our signature blend of oils, crafted to ease tension and invite deep relaxation.

Daily | 10:00 am - 10:00 pm

Sunrise Yoga

RESORT BEACH

Begin the morning with breath, balance and gentle movement, as sea air and early light set an unhurried rhythm for the day.

Tuesday | 6:30 am - 7:30 am
Ages 13 years and above

Let the little ones *play*

Sushi Making

OCEAN KISS

A playful introduction to sushi making, where young guests learn to roll, assemble and enjoy their own bite-sized creations.

Thursday | 3:00 pm - 4:00 pm | Ages 5 to 12 years
THB 300++ per child



Junior Muay Thai

BOXING RING

Introduce your little ones to the spirit of Muay Thai through fun, age-appropriate movement, coordination and basic technique.

Wednesday | 11:00 am - 12:00 pm | Ages 7 to 12 years

Gel Candle Making

KIDS' CLUB

Create a candle layered with colour and seaside-inspired details, shaping a small keepsake to remember the island by.

Monday | 2:00 pm - 3:00 pm | THB 300++ per child

Babysitting services

Leave little ones in the thoughtful care of our team members while you savour a little time of your own.

Daily | From THB 400++ per child, per hour



Pizza Making

OCEAN KISS



Little ones can create their own pizza from scratch, layering favourite toppings before watching it emerge warm from the oven.

Sunday | 3:00 pm - 4:00 pm | Ages 5 to 12 years
THB 300++ per child

Umbrella Painting

KIDS' CLUB

A colourful creative session where children can paint their own umbrella to take home as a keepsake of Koh Samui.

Saturday | 2:00 pm - 3:00 pm | THB 300++ per child

Aquarium Gel

OCEAN KISS

Bring an underwater world to life through a bright, tactile craft inspired by the colours and creatures of the sea.

Sunday | 2:00 pm - 3:00 pm | THB 300++ per child

Junior Yoga

BOXING RING

A gentle, playful class designed to help children stretch, breathe and move with ease in a relaxed setting.

Sunday | 11:00 am - 12:00 pm | Ages 7 to 12 years





ANANTARA

LAWANA KOH SAMUI
RESORT

ANANTARA LAWANA KOH SAMUI RESORT

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