

MAY – JUNE 2024

THE COCONUT

ISLAND GUIDE



A JOURNEY
BENEATH THE WAVES

Marhaba!

"Adventure is worthwhile in itself." - Amelia Earhart

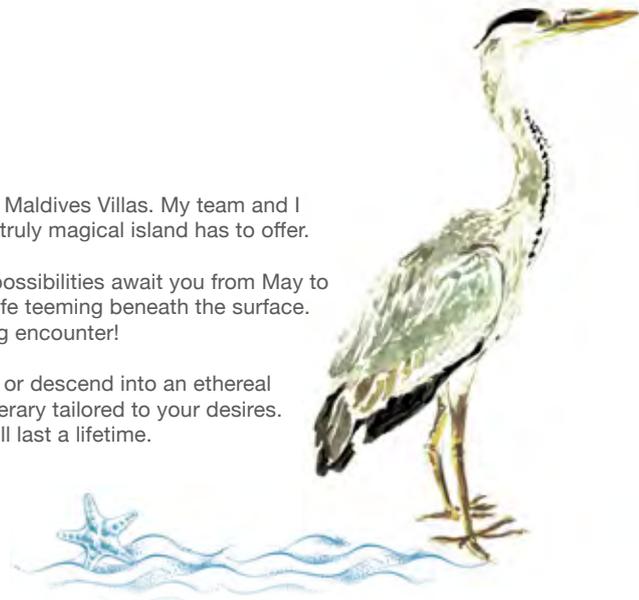
With this adventurous spirit in mind, we extend a warm welcome to Anantara Kihavah Maldives Villas. My team and I are excited to help you create everlasting memories and ensure you enjoy all that our truly magical island has to offer.

Brace yourself for a world of wonder as you step onto our pristine shores. Unending possibilities await you from May to June. Immerse yourself in the crystal-clear waters and discover the dazzling marine life teeming beneath the surface. Don't miss the chance to snorkel alongside majestic manta rays – a truly awe-inspiring encounter!

Embark on a culinary adventure, savoring a romantic dinner on a secluded sandbank, or descend into an ethereal world with an unforgettable underwater dining experience. Let us craft the perfect itinerary tailored to your desires. Ignite your sense of adventure with exhilarating activities and create memories that will last a lifetime.

May your stay be filled with excitement, wonder, and the thrill of exploration as you embark on this extraordinary journey with us.

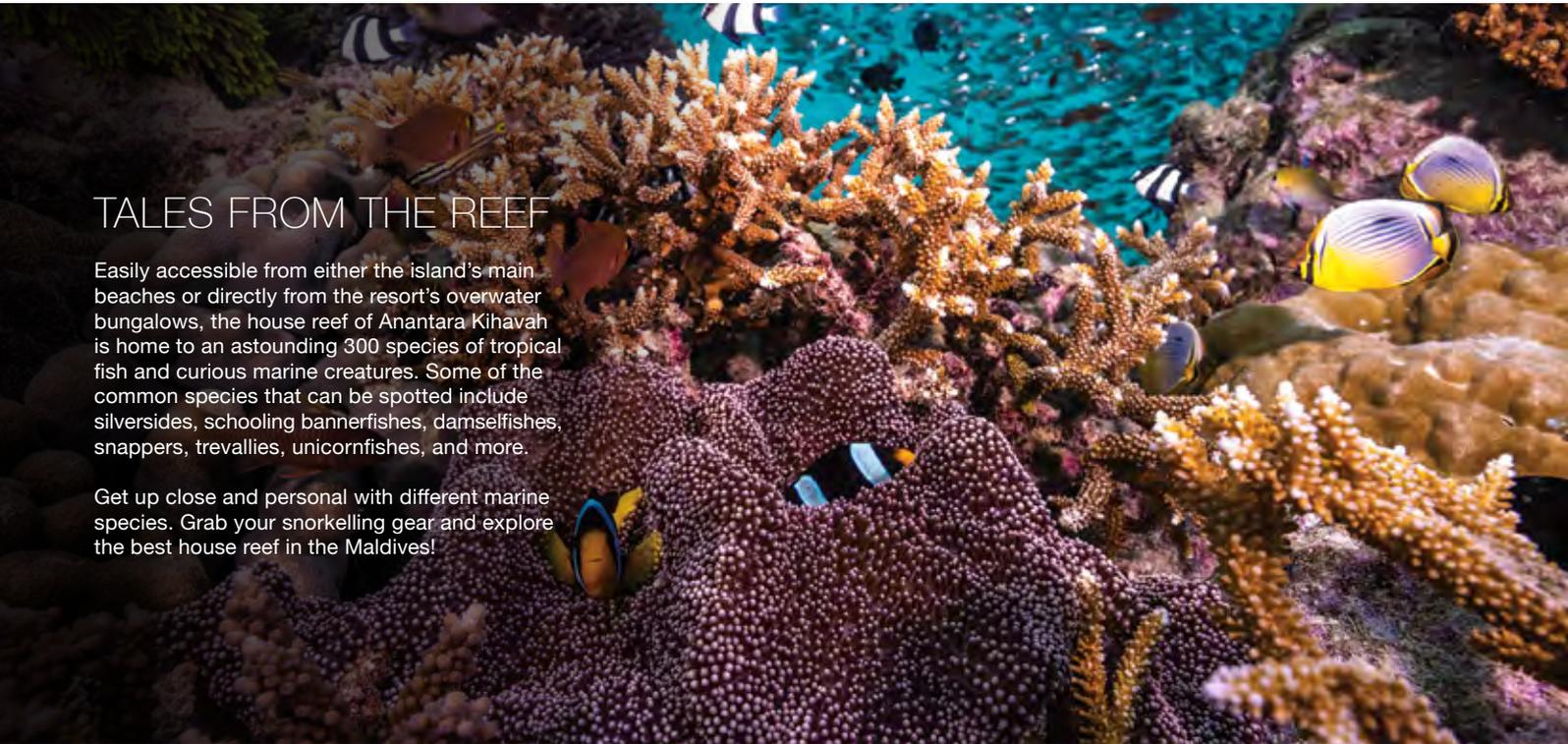
Warm regards,
STUART DE SAN NICOLAS – Cluster General Manager



TALES FROM THE REEF

Easily accessible from either the island's main beaches or directly from the resort's overwater bungalows, the house reef of Anantara Kihavah is home to an astounding 300 species of tropical fish and curious marine creatures. Some of the common species that can be spotted include silversides, schooling bannerfishes, damselfishes, snappers, trevallies, unicornfishes, and more.

Get up close and personal with different marine species. Grab your snorkelling gear and explore the best house reef in the Maldives!



FIND OUT MORE
ABOUT OUR
HOUSE REEF



WONDERS
of KIHAVAH
REEF BOOK

TAG US YOUR MOMENTS @ANANTARAKIHAVAH

 @anantarakihavah

 AnantaraKihavahMaldives

 @anantarakihavahmaldives

FOLLOW US TO SEE OUR
INSPIRING REAL TIME REELS



PRESSREADER CONNECTING
PEOPLE THROUGH NEWS.

An all-you-can-read digital newsstand
with thousands of the world's most
popular newspapers and magazines.



Enhance your stay
DOWNLOAD THE
ANANTARA APP
to find out about our
promotions and activities.

CELEBRATE THE FLAVOURS OF MEXICO:
CINCO DE MAYO ON THE BEACH

Join us for an enchanting evening under the stars as we celebrate Cinco De Mayo, the vibrant Mexican holiday, in style. Immerse yourself in the rich tapestry of Mexican culture and most importantly, its delectable cuisine. Our beachfront setting provides the perfect backdrop for an unforgettable dining experience filled with warmth, flavour, and celebration.

Date: Sunday 5 May 2024
Time: 7.00 pm – 10.00 pm
Venue: Plate Beach
Price: Set menu at USD 295++ / USD 125++ per child
(Half board/ Full board credit of USD 50 net per adult is applicable)
For more information, please contact your personal Villa Host.



CELEBRATE COSMOPOLITAN DAY IN STYLE
AT SKY BAR AND MANZARU BAR

Indulge in sophistication and glamour as we mark Cosmopolitan Day at our premier venues – SKY Bar and Manzarú Bar. Join us for a day of luxury, style, and the iconic Cosmopolitan cocktail. Whether you prefer panoramic rooftop views or chic bar ambiance, elevate your senses with the ultimate cosmopolitan experience.

Date: Tuesday 7 May 2024 Time: 9.00 am – 11.00 pm Time: 9.00 am – 12.00 noon
Price: USD 24++ per cocktail Venue: Manzarú Bar Venue: SKY Bar



CELEBRATE MUM:
INTERNATIONAL MOTHER'S DAY
AT SKY BAR

This International Mother's Day, let's toast to the remarkable women who enrich our lives with love and warmth. Join us at Sky Bar for a special celebration featuring a curated cocktails menu. Every mother will receive a beautiful rose with her chosen cocktail. Treat the special woman in your life to an indulgent experience filled with exquisite libations, delightful flavours, and cherished moments.

Date: Sunday 12 May 2024
Time: 7.00 pm – 12.00 noon
Venue: Sky Bar
Price: USD 24++



TOAST TO WORLD COCKTAIL DAY

Join us at SKY Bar as we toast to World Cocktail Day in style. With stunning views of the city skyline, indulge in an evening of sophistication and innovation, accompanied by exquisite cocktails. Let's pay homage to the art of mixology and celebrate the diverse flavours that make cocktails an integral part of global culture.

Date: Monday 13 May 2024 Time: 7.00 pm – 12.00 noon
Venue: SKY Bar Price: USD 24++

Mixology Masterclass:
Join our expert mixologists for an interactive masterclass where you'll learn the art of crafting the perfect cocktail.

Date: Monday 13 May 2024
Time: 3.00 pm – 4.00 pm
Venue: SKY Bar
Price: USD 55++

Cocktail Tasting Flight:
Explore a curated selection of miniature cocktails with our tasting flight experience, designed to tantalise your taste buds and showcase the diversity of cocktail culture.

Date: Monday 13 May 2024
Time: 4.30 pm – 5.30 pm
Venue: SKY Bar
Price: USD 55++





WORLD WHISKY DAY CELEBRATION AT SKY

SKY Bar invites you to indulge in an evening dedicated to the rich flavours and heritage of whisky. Explore our specially curated whisky cocktails menu and savour the finest selections from our chosen whisky menu, promising an unforgettable celebration of this revered spirit and cheers to World Whisky Day!

Date: Saturday 18 May 2024
Venue: SKY Bar

Time: 7.00 pm – 12.00 noon
Price: USD 24++



FULL MOON PARTY AT SKY BAR

Join us for an enchanting evening under the lunar canopy at SKY Bar as we celebrate the mystical allure of the full moon. Dance, drink, and revel beneath the luminous orb of the moon, surrounded by an atmosphere charged with energy.

Thursday 23 May 2024
Special Menu
Time: 9.00 pm – 12.00 midnight
Venue: SKY Bar
Price: USD 75++

Thursday 20 June 2024
Special Menu
Time: 9.00 pm – 12.00 midnight
Venue: SKY Bar
Price: USD 75++

WORLD WINE DAY EXCLUSIVE WINE DINNER AT SEA RESTAURANT

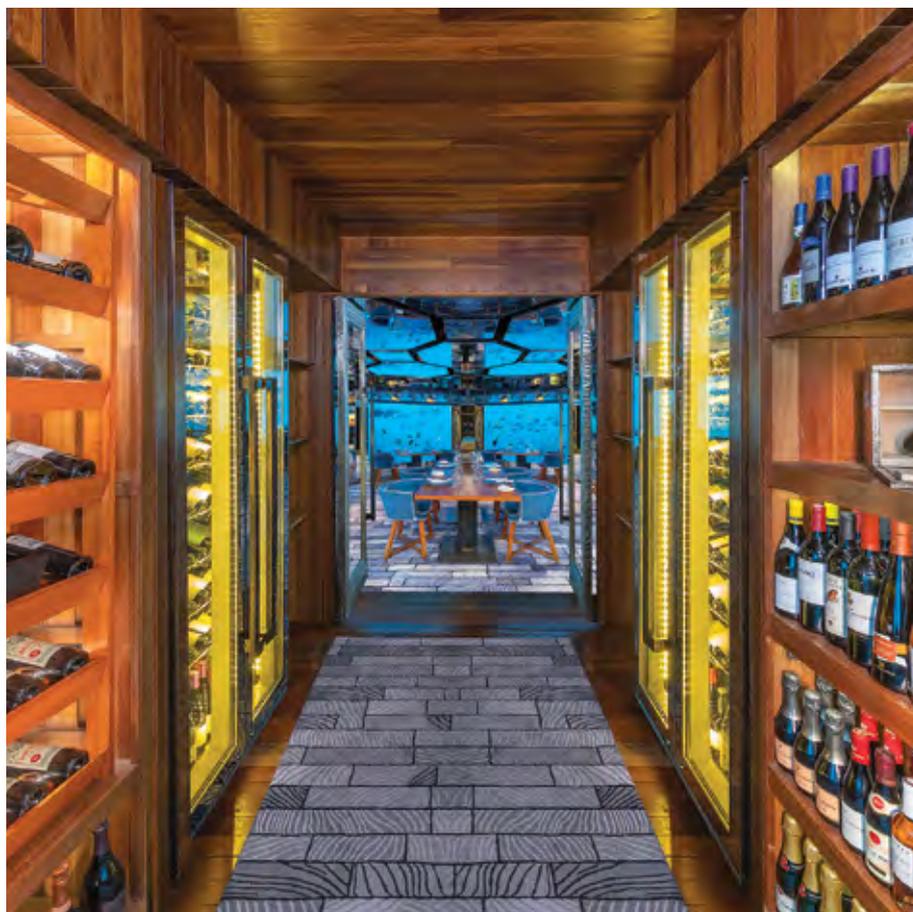
Embark on a journey of refinement and indulgence as we celebrate World Wine Day with an exclusive five-course wine dinner at SEA Restaurant.

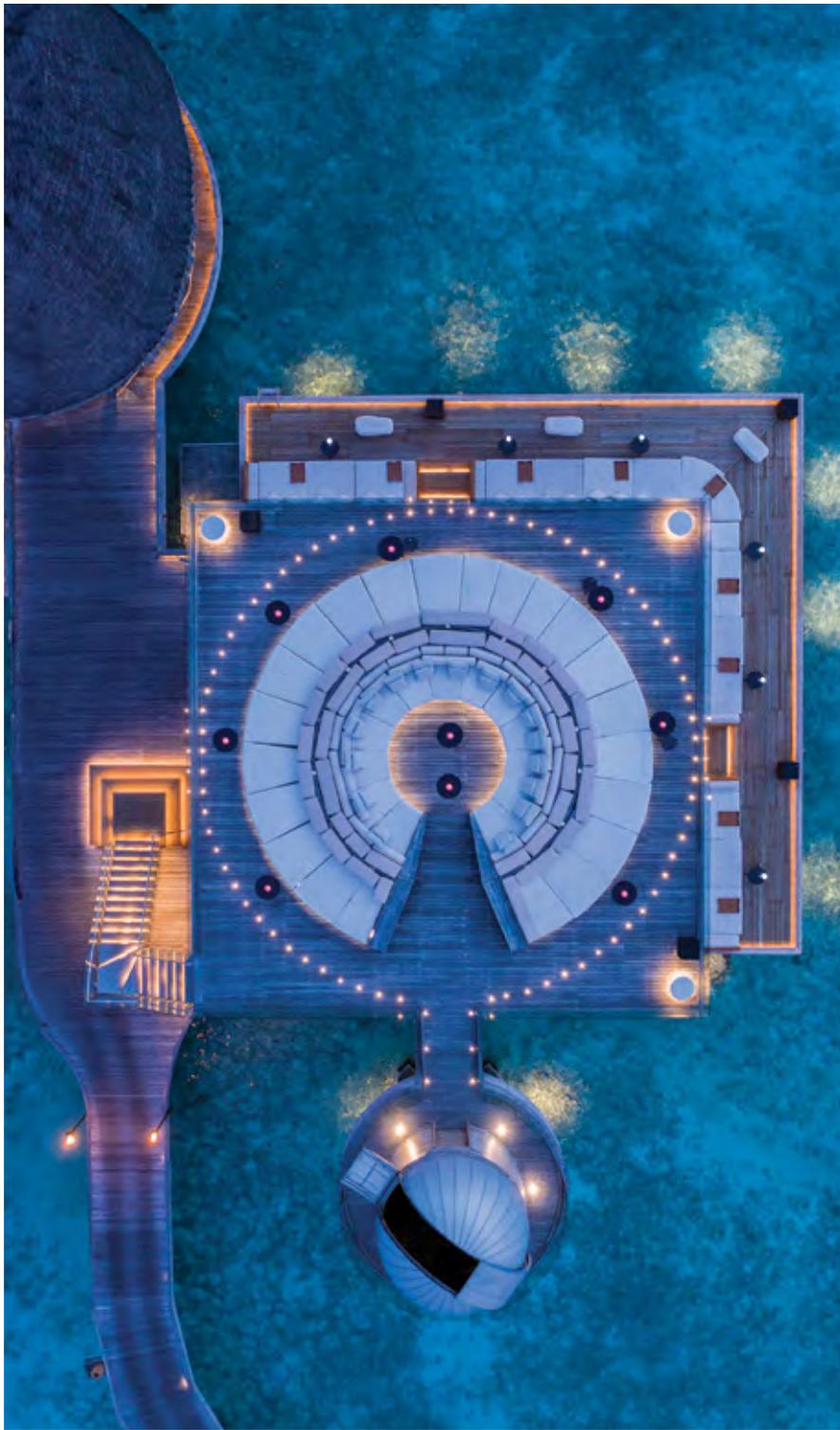
Surrounded by panoramic views of marine life, SEA Restaurant sets the stage for an unforgettable evening of culinary excellence paired with exceptional wines from around the world. Join us for a gastronomic voyage where each sip and each bite tell a story of craftsmanship, passion, and the timeless allure of wine.

Date: Saturday 25 May 2024
Time: 7.00 pm Aperitif at Sky Bar
7.30 pm onwards Dinner

Venue: SEA Restaurant
Price: USD 395++ per person
(Half board/Full board credit applicable)

Advance booking required due to limited seating for 14 guests.





COCKTAILS AND DESSERTS BY THE EXPERTS

Try our selection of decadent cocktails and desserts created by our talented mixologists and pastry chefs.

Date: Everyday
Time: 9.00 pm – 11.00 pm
Venue: SKY Bar
Price: USD 45++

SUNDOWNER COCKTAILS MENU AT SKY BAR

Bask in the glow as the sun descends, painting hues of gold and pink across the sky, while savouring your favourite drink. Indulge in our meticulously crafted cocktail menu, showcasing premium spirits and innovative concoctions.

Time: 5.00 pm – 7.00 pm
Venue: SKY Bar
Price: USD 75++
Available daily at SKY Bar

BOURBON DAY CELEBRATION AT SKY BAR

With breathtaking Indian Ocean views, indulge in an evening of bourbon-infused revelry. Immerse yourself in the warm embrace of bourbon's caramel notes and oak-aged complexity with our specially curated Bourbon Cocktails Menu, designed to elevate your spirits and ignite your passion for this beloved American classic.

Date: Friday 14 June 2024
Time: 7.00 pm – 12.00 midnight
Venue: SKY Bar
Price: USD 24++

EID UL-ADHA CELEBRATION

Join us in celebrating the spirit of Eid ul-Adha at Plate Restaurant, where music, dance, and festivity merge to create unforgettable memories. From the infectious beats of Boduberu and Duo band to mesmerising, immerse yourself in a cultural extravaganza like no other. With culinary delights and vibrant ambiance, this Eid ul-Adha promise an evening of joy, togetherness, and cultural immersion.

Date: Sunday 16 June 2024
Time: 6.30 pm
Venue: Plates Beach
Price: USD 195++ per adult / USD 95++ per child
(Half board/Full board credit applicable)





CHEERS TO MARTINI DAY!

Indulge in an evening of sophistication and elegance with our Martini Extravaganza. From classic concoctions to innovative twists, our specially curated Martini cocktails menu promises to delight even the most discerning palates.

Date: Wednesday 19 June 2024
Venue: SKY Bar

Time: 7.00 pm – 12.00 midnight
Price: USD 24++

CELEBRATE INTERNATIONAL SUSHI DAY

Join us as we celebrate the artistry and flavours of sushi on International Sushi Day. Immerse yourself in our vibrant restaurant ambiance, where the tantalising aromas of fresh seafood and savoury rice await. Indulge in our specially curated selection of sushi, expertly crafted to delight your palate and awaken your senses.

Date: Thursday 20 June 2024
Time: 7.00 pm – 12.00 midnight
Venue: Fire Restaurant
Price: USD 65++



SIP AND SAVOUR:

“Discovery of Rose”

Wine Dinner on National Rosé Day
Raise a toast to the elegant allure of rosé wine as we celebrate National Rosé Day with a special

“Discovery of Rose” Wine Dinner at Plates. Experience the elegance of Whispering Angel rosé, transporting you to sun-kissed Provence vineyards. Enjoy gourmet dining expertly paired with delicate flavours for an unforgettable evening.

Date: Sunday 23 June 2024
Time: 7:00 pm – 7.30 pm *Aperitif at Plates Beach*
7.30 pm onwards Dinner
Venue: Plates Restaurant
Price: USD 295++ per person
(Half board/Full board credit applicable)

Advance booking is required as the seating is limited to 20 guests for dinner

COCKTAILS AND DESSERTS BY THE EXPERTS: A DECADENT CULINARY EXPERIENCE

Indulge in an evening of culinary delight as we present “Cocktails and Desserts by The Experts” at Sky Bar. Join us for an exquisite journey curated by our talented mixologists and pastry chefs, where cocktails and desserts harmonize to create a symphony of flavors and textures. Prepare your palate for a sensory adventure unlike any other, where every sip and every bite is crafted with precision and passion.

Date: Everyday
Time: 9.00 pm – 11.00 pm
Venue: SKY Bar
Price: USD 45++



DISCOVER THE ART OF SAKE: AN EXCLUSIVE COLLECTION AT ANANTARA KIHAVAH MALDIVES RESORT

Join us at Anantara Kihavah Maldives Resort as we invite you to explore the art of sake with our exclusive collection. From the refined elegance of Junmai Daiginjo to the lively freshness of Namazake, our curated selection offers a glimpse into the rich heritage and exquisite craftsmanship of Japanese sake. Whether you're a seasoned sake enthusiast or discovering this iconic beverage for the first time, our resort promises a sensory journey of discovery and delight. Here's to the beauty of sake and the unforgettable experiences awaiting you at Anantara Kihavah Maldives Resort.

Sake tasting in Fire restaurant 5.00 to 6.00 pm / Price: USD 75++

EXCLUSIVE MINI BAR COLLECTION AT ANANTARA KIHAVAH MALDIVES RESORT

Whether you're seeking a savoury snack to accompany your sunset view or a decadent indulgence to satisfy your sweet tooth, our mini bar collection promises an unforgettable experience of luxury and indulgence amidst the breathtaking beauty of the Maldives.

BOTANICAL HERB GARDEN

Verdantly lush and environmentally friendly, the Botanical Garden at Anantara Kihavah Maldives embodies the essence of green living. Beyond its scenic beauty, it serves as a thriving vegetable and herb garden, supplying fresh ingredients for the resort's culinary delights. Guests keen on organic gardening or a leisurely stroll can join the resort's resident gardener for a guided tour, discovering sustainable practices along the way.



WELLNESS SANCTUARY

INTRODUCING OUR NEW WELLNESS SANCTUARY.

Embark on transformative treatments within our newly dedicated Over Water Wellness Sanctuary—an idyllic and serene space crafted to enhance your overall wellbeing. Elevated above calm waters, our sanctuary is equipped to deliver a range of treatments from our extensive wellness menu. Tailored to nurture your holistic health, these offerings include invigorating massages, mindfulness sessions, and personalised wellness programmes. Complementing these are inclusive activities such as group Yoga, Sound Healing and engaging Wellbeing Workshops.

For further details please see the Wellness Activity calendar or ask your Villa Host to book a complimentary Wellness Discovery Consultation to design your personalised wellbeing experience.

WELLNESS SANCTUARY TREATMENTS

Healing Massages

ABHYANGA MASSAGE

60 mins / USD 200
90 mins / USD 250

An ancient herbal oil massage therapy for healing and detoxifying body, mind and spirit. Ayurvedic techniques are applied to work along the energy channels of your body in a synchronised manner to release toxins and restore the flow of vital energy, prana, where it has become blocked.

KIHAVAH SIGNATURE HEALING

90 mins USD 250++

Feel at one with your surrounds and the wellness elements of air, fire and earth. Submit to gentle soothing massages and the hypnotic sound of singing bowls.

Consultations

COLLAGEN GOLD FACIAL

USD 120++ 30 mins

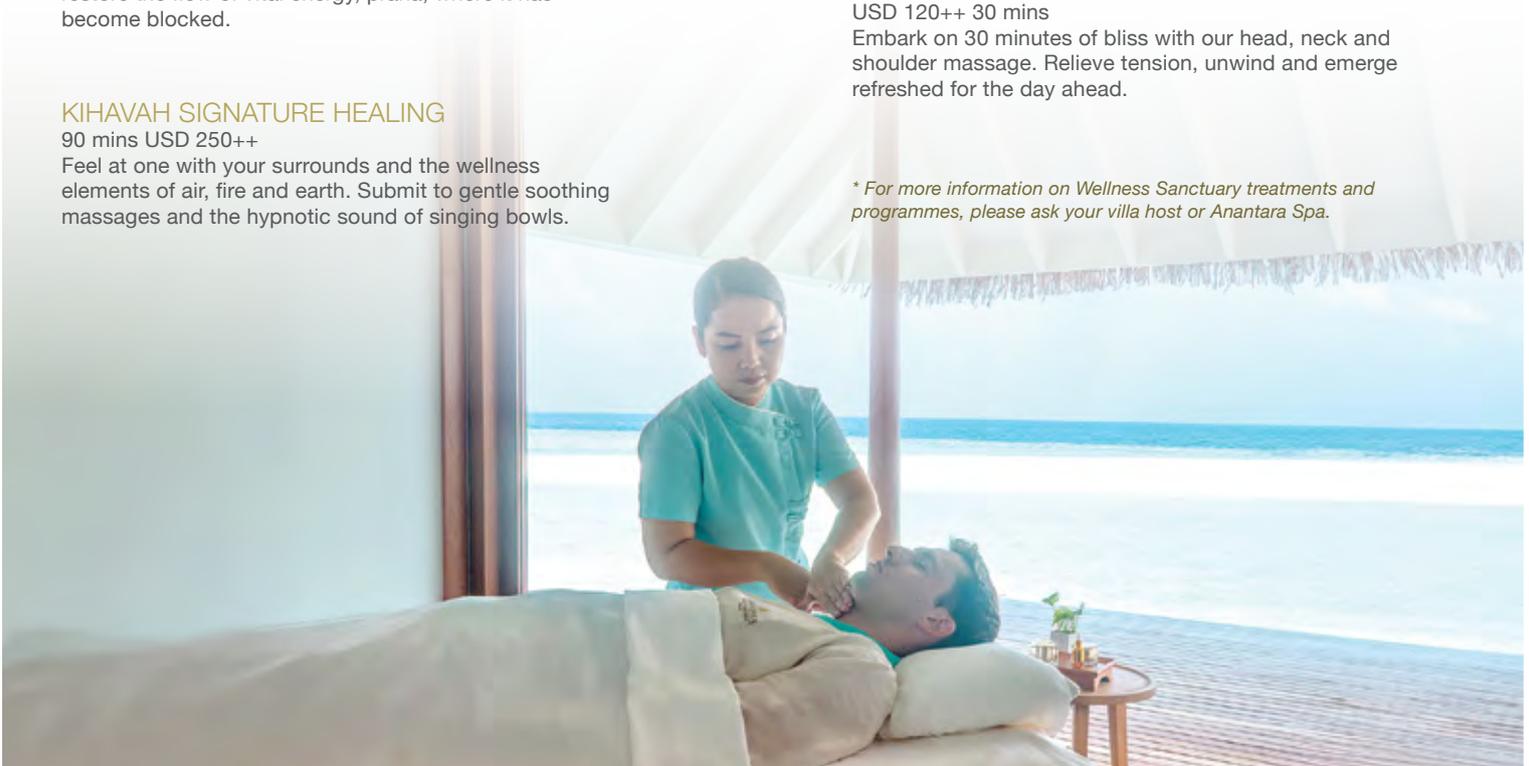
A combination of cleansing facial massage with Collagen Gold Mask to nourish your skin and promote relaxation.

HEAD, NECK AND SHOULDER MASSAGE

USD 120++ 30 mins

Embark on 30 minutes of bliss with our head, neck and shoulder massage. Relieve tension, unwind and emerge refreshed for the day ahead.

** For more information on Wellness Sanctuary treatments and programmes, please ask your villa host or Anantara Spa.*





EPIGENETIC DINING

EPIGENETIC TEST AND PERSONALISED CUISINE EXPERIENCE

Begin your journey with an Epigenetic Test, a comprehensive assessment tailored to measure your specific dietary requirements. Receive a 30-90 day personalised report and an in-depth analysis with our in-house nutritionist. Indulge in a truly bespoke culinary adventure, where every dish and beverage is artfully curated to resonate with your unique epigenetic profile. Savour the pleasure of dining that's not only exquisite but also aligned with your well-being.

USD 345++ for individuals | USD 650++ per couple

Price Includes one epigenetic test and lunch experience with two wellness beverages per person.

Advance booking is required. Please contact your Villa Host for pricing and reservations.



WELLNESS SANCTUARY VITAMIN IV PACKAGES

MYER'S COCKTAIL

USD 190++

Saline + Vit C

One of the most popular formulas in IV vitamin therapy. Consists of high doses of vitamin C mixed with saline solution to effectively boost the immune system, increased energy, and cellular regeneration

HANGOVER & REDEMPTION

USD 220++

Saline + Vit C + Vit B Complex

Designed to replenish essential vitamins and nutrients, providing a quick and effective recovery. Say goodbye to the aftermath of a night of indulgence and hello to renewed energy and well-being.

SLEEP SUPPORT

USD 250++

Saline + Vit C + Vit B Complex + Magnesium

Crafted to promote relaxation and enhance sleep quality, this infusion delivers a blend of essential nutrients and calming agents. Drift into a deeper, more rejuvenating sleep, waking up refreshed and ready to embrace the day.

DETOX & RECHARGE

USD 250++

Saline + Vit C + Vit B Complex + Glutathione

Potent detoxifying blend, replenishes essential nutrients for refreshed and energizing results. Embrace the revitalizing power of IV therapy for a renewed sense of well-being.

BEAUTY BOOSTER

USD 300++

Saline + Vit C + Vit B Complex + Glutathione + ALA

This specialised infusion is designed to nourish your skin from within, delivering a blend of essential vitamins and antioxidants for a revitalised, radiant complexion. Rediscover your natural glow with this beauty-enhancing treatment.

COMPLETE YOUTHFUL CELL

USD 350 ++

Saline + Vit C + Vit B Complex + ALA + Glutathione + Selenium

Specially formulated to promote cellular rejuvenation, this infusion combines potent elements to support your body's natural renewal processes. Unlock the secret to youthful vitality and embrace a renewed sense of well-being.

SPA JOURNEY

EMPOWERING ME, A WOMAN'S JOURNEY

150 minutes

Celebrating inner and outer beauty, this is a complete journey in addressing emotional and hormonal balance. The treatment starts with a gentle meditation, followed by an all over body massage using ancient active oils of empowerment and renewal, as a fusion of therapeutic techniques increase your vital energy. This continues into a result- driven facial that is tailored to bring harmony and nourishment to your skin, using potent actives such as Mogra, Saffron and Indian Rose. Be empowered, be rejuvenated, be you.

Gentle Meditation • Marma Massage with warm therapeutic oils • Facial Marma Massage

REIGNITING THE SPARK

180 minutes

USD 1,000++ / USD 1,250++ with a bottle of Champagne

Embark on a journey of rediscovery with your significant other. Combining fresh indigenous ingredients with exotic scents of signature oil blends, this is a head-to-toe deeply relaxing journey designed for you to reconnect with one another through shared experiences. For the ultimate in romantic gestures, elevate the experience further and toast to the completion of the journey with the refreshment of chocolate-dipped strawberries and champagne.

Foot Ritual • Anantara Milky Bath Collection • Guided Couple Meditation • Choice of Subtle Energies Body Buff or Body Polish • Anantara Signature

SANCTUARY RETREATS

Embark on a transformative journey with our Personalised Sanctuary Retreats, available for 3, 5, or 7 days. Immerse yourself in a tailored programme crafted to address your unique well-being goals. From rejuvenating treatments to personalised holistic and mindful activities, each day is curated to enhance your physical and mental vitality. Rediscover balance, serenity, and a renewed sense of self in the luxurious seclusion of our exclusive sanctuary. Your path to holistic wellness begins with a personalised retreat designed just for you.

THREE DAYS

USD 1,295 per individual / USD 2,125 per couple

One Wellness Discovery Consult and WellScan Assessment (45 mins)
One Medi Spa treatment (60 mins)
One customised wellness treatment (60 mins)
Three Private yoga classes or holistic wellness activities (60 mins)
One Subtle Energies Kit
Plant Based Cuisine meal plans available on request

FIVE DAYS

USD 2,330 per individual / USD 3,785 per couple

One Wellness Discovery Consult and WellScan Assessment (45 mins)
One Epigenetic Test and Analysis (20 mins + 30 mins)
One Medi Spa treatment (60 mins)
Three customised wellness treatments (60 mins)
Four Private yoga classes or holistic wellness activities (60 mins)
One Retreat Exit and Review
One Nutritional Supplement – *recommended by consultant*
Three Personalised beverages
One Subtle Energies Kit
Plant Based Cuisine meal plans available on request

SEVEN DAYS

USD 3,465 per individual / USD 6,245 per couple

One Wellness Discovery Consult and WellScan Assessment (45 mins)
One Epigenetic Test and Analysis (20 mins + 30 mins)
One Epigenetic Dining Experience
One Nutrition and Lifestyle Consultation or One Flower Essence Therapy (60 mins)
Two Medi Spa treatments (60 mins)
One customised wellness treatment (90 mins)
Three customised wellness treatments (60 mins)
Six Private yoga classes or holistic wellness activities (60 mins)
One retreat Exit and Review (15 mins)
One Nutritional Supplement – *recommended by consultant*
One Subtle Energies Kit
Plant-based Cuisine meal plans available on request

GLOBAL WELLNESS DAY

SATURDAY 8 JUNE

GLOBAL
WELLNESS
DAY®

Celebrate Global Wellness Day, a special occasion dedicated to honoring and promoting healthy living and well-being. At our Wellness Sanctuary, we firmly believe that wellness is not merely a destination; it is a journey that deserves daily nurturing.

This year, we proudly support GWD's theme of #magentanature, encouraging everyone to reconnect with the nature around them and within themselves.

For further details about the GWD complimentary events, please speak with your Villa Host or Spa Reception. Join us as we embrace the essence of well-being on this meaningful day.



WELLNESS SANCTUARY ACTIVITIES

Time: 30 minutes per activity | Venue: Wellness Sanctuary

MAY 2024

JUNE 2024

SUNDAY 11.00 am Medi-Spa IV Bar <i>USD 85++ per person</i>	SUNDAY 11.00 am Medi-Spa IV Bar <i>USD 85++ per person</i> 5.30 pm Group Sunset Yoga
MONDAY 5.30 pm Intuitive Dance <i>USD 55++ per person (until 13 May)</i>	MONDAY 7.00 am Group Sunrise Yoga
TUESDAY 11.00 am Wellness Talk* <i>(until 14 May)</i>	TUESDAY 5.30 pm Group Sunset Yoga
WEDNESDAY	WEDNESDAY 7.00 am Group Sunrise Yoga
THURSDAY 5.30 pm Intuitive Dance <i>USD 55++ per person (until 16 May)</i>	THURSDAY 5.30 pm Group Sunset Yoga
FRIDAY 11.00 am Wellness Workshop* <i>(until 10 May)</i>	FRIDAY 7.00 am Group Sunrise Yoga & Breathwork

* Wellness Talks and Wellness Workshops are led by our in-house wellness masters and the topics may vary depending on the specialist who is leading the session. Please see this month's Holistic Activity Calendar brochure or ask your Villa Host for further details on this week's wellness topics.

TERMS & CONDITIONS

Advanced Booking is required. If you wish to book an activity, please contact your villa host or a member of the Spa & Wellness Team up to two hours before your chosen activity. Please note that all activities with the USD symbol is a chargeable and bookable activity. All prices are subject to 10% service charge and applicable government taxes. All group activities are required minimum of 3 participants. Cancellations of booked activities or private sessions less than 24 hours prior will be charged at 100% of the activity rate.

All prices are subject to 10% service charge and 16% government tax.



MUAY THAI BOXING AND PERSONAL TRAINING SESSIONS

Get fighting fit in the Maldives' first and only Muay Thai boxing ring with a personal instructor. Learn about the fascinating combat history unique martial arts. Punch and kick out stress with pad and mitt work to improve your coordination, agility, stamina, strength and mobility. Engage in a one-on-one session with fitness expert and certified Muay Thai Boxing instructor. Work towards stepping closer to your health and wellbeing goals with personalised sessions in an island paradise setting. Children and family boxing sessions are also available upon request.

Programme	Adult	Child <i>(up to 16 years old)</i>
Private Muay Thai	USD 250++	USD 150++
Private Muay Thai <i>(Couple)</i>	USD 350++	USD 200++
3 Private Lesson	USD 650++	USD 350++
Personal Training	USD 100++	USD 75++
Personal Training <i>(Couple)</i>	USD 150++	USD 100++

LIFESTYLE ACTIVITIES DAILY SCHEDULE

MONDAY

7.00 am – 7.30 am Punch & Kick Workout *(Gym Terrace)*
 2.00 pm – 2.30 pm Stretch & MobilitY *(Boxing Ring)*
 5.00 pm – 5.30 pm ISLAND RUN *(Recreation Area)*

TUESDAY

7.00 am – 7.30 am Bootcamp *(Recreation Area)*
 11.00 am – 11.45 am Adult Tennis Clinic *(Tennis Court)*
 2.00 pm – 2.30 pm Core Workout *(Boxing Ring)*
 5.00 pm – 5.30 pm HIIT Workout *(Gym Terrace)*

WEDNESDAY

7.00 am – 7.30 am Stretch & Mobility *(Boxing Ring)*
 2.00 pm – 2.30 pm Punch & Kick Workou *(Gym Terrace)*
 3.00 pm – 3.45 pm Kids Tennis Clinic *(Tennis Court)*
 5.00 pm – 5.30 pm AQUA Fitness *(Manzaru Pool)*

THURSDAY

7.00 am – 7.30 am Dance Aerobics *(Gym Terrace)*
 2.00 pm – 2.30 pm Resistance Training *(Boxing Ring)*
 5.00 pm – 5.30 pm Fun Game *(Recreation Area)*

FRIDAY

7.00 am – 7.30 am Island Run *(Recreation Area)*
 2.00 pm – 2.30 pm Stretch & Mobility *(Boxing Ring)*
 5.00 pm – 5.30 pm Punch & Kick Workout *(Gym Terrace)*

SATURDAY

7.00 am – 7.30 am Bootcamp *(Recreation Area)*
 2.00 pm – 2.30 pm Core Workout *(Boxing Ring)*
 5.00 pm – 5.30 pm HIIT Workout *(Gym Terrace)*

SUNDAY

7.00 am – 7.30 am Stretch & Mobility *(Boxing Ring)*
 2.00 pm – 2.30 pm Punch & Kick Workou *(Gym Terrace)*
 5.00 pm – 5.30 pm AQUA Fitness *(Manzaru Pool)*



LUX TENNIS

LUX Tennis strives in offering a unique tennis experience during your stay at Anantara Kihavah. In-depth knowledge, education, performance improvement, and fun are being perfectly matched for tennis lovers.

TENNIS PROGRAMME

Private Lesson (60 minutes)

Work on the different aspects of the game and focus on cardio, technique, strategy or just have a fun hit with our LUX Tennis Pro.

Adult USD 160++

Child (up to 16 years old) USD 140++

Additional player at USD 30++

Beat the Pro (60 minutes)

USD 160++ per person

Challenge our LUX Tennis Pro in a full match. If you manage to win one set, you will receive the session for free!

Kids Tennis Clinic (45 minutes – Beginner level)

Open to children ages five to twelve years old. The tennis coach will organize fun games and various exercises to learn the basics of tennis.

Complimentary, minimum for 2 to maximum 8 children

Adult Tennis Clinic (45 minutes – Beginner level)

Discover some challenging and innovative training methods. Learn new techniques and sharpen your strategy on the tennis court.

Complimentary, minimum for 2 to maximum 8 adult



An international tennis management company providing personalised services, Lux Tennis focuses on understanding all clients' needs to ensure a lifetime experience on the court, based on quality coaching and a tailored made programme; from beginners to high performance. Lux Tennis also oversees a repertoire of professional-level tennis coaches who are coaching private clients, VIPs and celebrities, individually and at luxury resorts worldwide. All rates are published in USD. All prices are subject to 10% service charge and 12% government taxes. Please note that 100% cancellation fee applies when a session is cancelled less than 3 hours prior. For more information or to make a reservation, please contact the reception or book directly with our LUX Tennis Professional or your Villa Host.

RECREATIONAL AND SPORTS ACTIVITIES

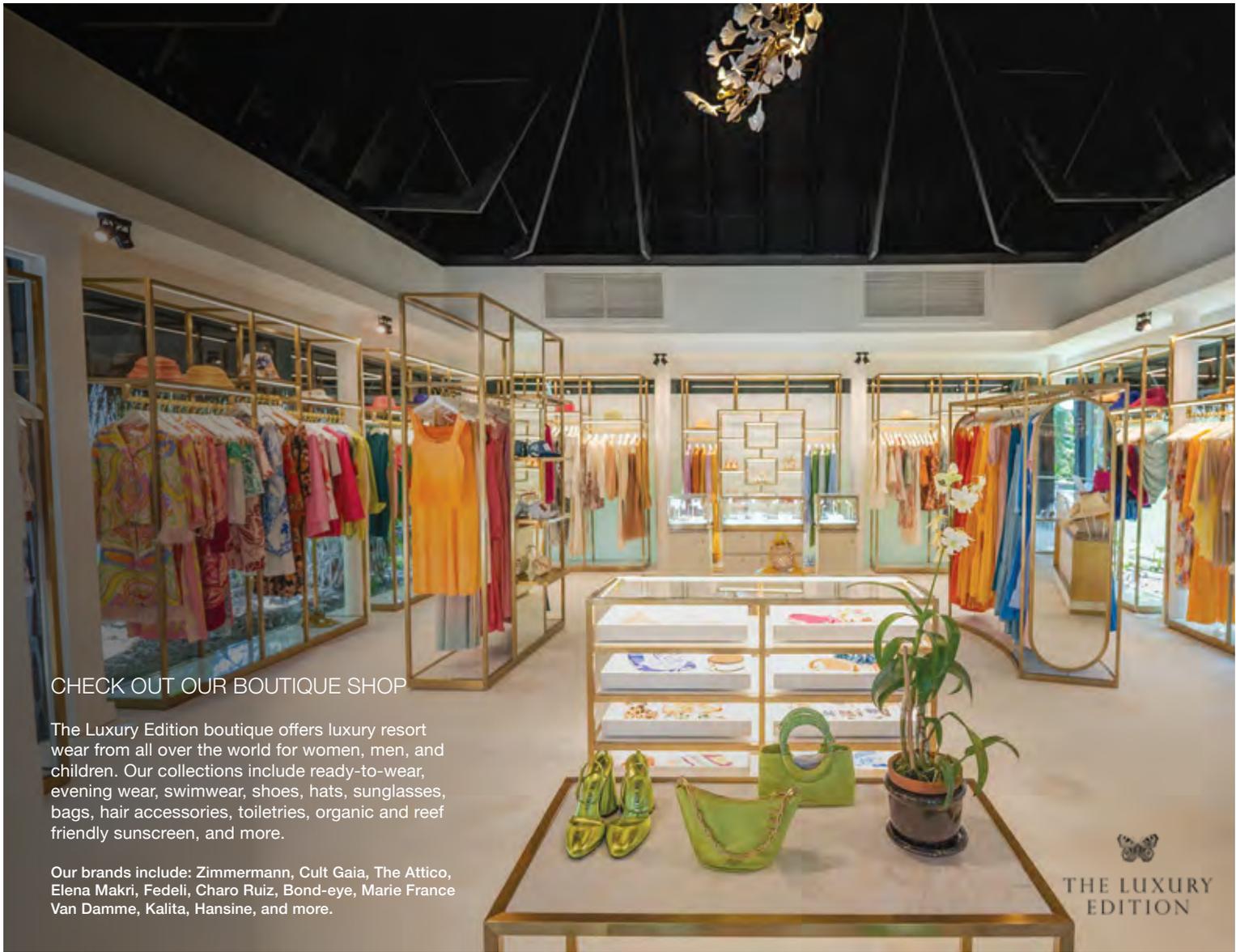
- Kayaking
- Yoga
- Turtle Quest
- Snorkelling
- Anantara Spa
- Dolphin Discovery
- Wind Surfing or Kite Surfing
- Sunset Fishing
- Badminton
- Snorkel Escape
- Tennis
- Sunset Cruise
- Table Tennis
- Cooking Class
- Volleyball
- Diving
- Local Island Trip
- Parasailing
- Thiththi Boli Kid's Club
- Cinema under the Stars

ISLAND EXPERIENCES Rediscover what it means to relax. Days spent at Anantara Kihavah can be as leisurely or as active as you wish.

DIVERSIONS Discover a range of experience in and around our resort and the local islands

Please contact your Villa Host or dial '0' for more information or to make a reservation.





CHECK OUT OUR BOUTIQUE SHOP

The Luxury Edition boutique offers luxury resort wear from all over the world for women, men, and children. Our collections include ready-to-wear, evening wear, swimwear, shoes, hats, sunglasses, bags, hair accessories, toiletries, organic and reef friendly sunscreen, and more.

Our brands include: Zimmermann, Cult Gaia, The Attico, Elena Makri, Fedeli, Charo Ruiz, Bond-eye, Marie France Van Damme, Kalita, Hansine, and more.



CAPTURE UNFORGETTABLE MOMENTS COUPLE'S PHOTOGRAPHY SESSION

Picturesque offers tailor-made, on-call photography services to capture your beautiful romantic moments together for a lifetime keepsake. Bespoke sessions may be arranged through your Villa Host.

Bronze Package: 60 mins USD 350++
(30 edited images and a USB)

Silver Package: 90 mins USD 450++
(45 edited images and a USB)

Gold Package: 2 hrs USD 550++
(60 edited images and a USB)

Platinum Package: 2 hrs USD 700++
(100 edited images, an A4 sized 20-page photo book and a USB)



BABYSITTING

Our babysitting service can be booked 24 hours in advance and is available in villa or at Thiththi Boli Kid's Club. Kindly note that one dedicated babysitter is required for every child under 4 years requiring this service. One babysitter for a maximum of 2 kids school age (Children aged 4 years and above). After every 4 hours consecutive babysitter, an IVD meal and 30 minutes break for the baby-sitter shall be provided at the cost to the parent.
 6.00 am – 12.00 midnight: USD 30++ per hour**
 12.00 midnight – 6.00 am: USD 40++ per hour**

PARENTS NOTICE BOARD:

- * Kids Club is a drop off service for ages 4-12 yrs.
- * All activities are subject to change due to weather or operational reasons
- * Kids Club is open from 10.00 am to 6.00 pm daily for all.
- * Please note some of these activities are water based. Children will be asked to use a life vest regardless of ability.
- * Check the reverse side for special experiences going on throughout the week.

LITTLE CHEFS IN THE MAKING

Complimentary Classes with Kid's Club

- Sunday: Donut Decoration**
 - Tuesday: Cupcake Decoration**
 - Thursday: Pizza making**
- Parental supervision is required for children under 4 years for all the cooking classes

KIDS CLUB ADVENTURES

- Monday: Pirate Cruise USD 30++ per kid**
- Saturday: Local Island Visit USD 30++** per kid**
- Thursday: Kids beach cinema USD 65++**per kid**

- * Any activity with a USD symbol is a charged activity. Required minimum of 4 Kids. Book via Kids Club or Villa Host with a 24 hours notice required.
- * Activity: Henna tattoo please note permission must be given on the registration form otherwise the kids club team will not allow the child to participate in this activity.
- * Any activities with a ** symbol is a bookable activity 24 hours notice is required.
- * Kids Club will be closed during outdoor activities and Excursion.

THITHTHIBOLI ACTIVITIES GUIDE

SUNDAY NATURE DAY	MONDAY PIRATE DAY	TUESDAY COCONUT DAY	WEDNESDAY OCEAN DAY	THURSDAY FUN DAY	FRIDAY KIHAVAH DAY	SATURDAY WELLNESS DAY
Stay and Play 10.00 am – 10.30 am						
Activity Match the Tree 10.30 am – 11.30 am	Activity Skeleton Making 10.30 am – 11.30 am	Activity Coconut Painting 10.30 am – 11.30 am	Activity Finding Sea Creatures 10.30 am – 11.30 am	Activity Ocean Mural 10.30 am – 11.30 am	Activity Origami 10.30 am – 11.30 am	Activity Tricky Ball 10.30 am – 11.30 am
Activity Holiday Book Making 11.30 am – 12.30 pm	Activity Pirate Flag Making 11.30 am – 12.30 pm	Activity Spot the Difference 11.30 am – 12.30 pm	Activity Shell Painting 11.30 am – 12.30 pm	Activity Pasta Painting 11.30 am – 12.30 pm	Activity Language Exchange 11.30 am – 12.30 pm	Activity Musical Hart 11.30 am – 12.30 pm
Lunch Break Movie 12.30 pm – 2.30 pm	Lunch Break Storytelling 12.30 pm – 2.30 pm	Lunch Break Memory Game 12.30 pm – 2.30 pm	Lunch Break Just Dance 12.30 pm – 2.30 pm	Lunch Break Movie 12.30 pm – 2.30 pm	Lunch Break Mario Kart 12.30 pm – 2.30 pm	Lunch Break Storytelling 12.30 pm – 2.30 pm
Kihavah Master Chef Donut Decoration** 2.30 pm – 3.30 pm	Activity Skeleton Hunting 2.30 pm – 3.30 pm	Kihavah Master Chef Cup Cake Decoration** 2.30 pm – 3.30 pm	Activity Guess What 2.30 pm – 3.00 pm	Kihavah Master Chef Pizza Making** 2.30 pm – 3.30 pm	Activity Bracelet Making 2.30 pm – 3.30 pm	Activity Magic Painting 2.30 pm – 3.30 pm
Activity Organic Garden Tour 4.00 pm – 5.00 pm	Activity Pirate Cruise Preparation 4.00 pm – 4.30 pm	Activity Coconut Opening 4.00 pm – 5.00 pm	Activity Kids Tennis Clinic** 3.00 pm – 3.45 pm	Activity Tag 4.00 pm – 5.00 pm	Activity Kihavah Your 4.00 pm – 5.00 pm	Activity Local Island Preparation 4.00 pm – 4.30 pm
Activity Beach Walk 5.00 pm – 6.00 pm	Activity Pirate Cruise USD 30++** 4.30 pm – 5.30 pm	Activity Football 5.00 pm – 6.00 pm	Activity Marine Talk 5.00 pm – 6.00 pm	Activity Nature Drawing 5.00 pm – 6.00 pm	Activity Sand Castle Making 5.00 pm – 6.00 pm	Activity Local Island Visit USD 30++** 4.30 pm – 5.30 pm
<p>PARENTS NOTICE BOARD: Kids Club is a drop off service for ages 4-12 years. All activities are subject to change due to weather or operational reasons Kids Club is open from 10.00 am to 6.00 pm daily for all. Please note some of these activities are water based. Children will be asked to use a life vest regardless of ability. Required minimum of 4 kids. Book via Kids Club or Villa Host with a 24 hours notice required. Activity: Henna tattoo please note permission must be given on the registration form otherwise the kids club team will not allow the child to participate in this activity. Any activities with a ** symbol is a bookable activity. 24 hours notice is required. Kids Club will be closed during outdoor activities and Excursion. All prices are subject to 10% service charge and applicable government taxes.</p>				Activity Beach Cinema USD 65++** 7.00 pm		



- 1 Plates Restaurant
- 2 Manzaru Restaurant and Swimming Pool
- 3 Organic Garden
- 4 Boutique Shop
- 5 SEA.FIRE.SPICE.SKY.
- 6 Anantara Spa
- 7 Thiththi Boli Kids' Club
- 8 Recreation Centre
- 9 Elements Dive and Watersports Centre
- 10 Tennis Court
- 11 Cinema Under the Stars
- 12 Nala Orchid Garden
- 13 Pirate Cruise
- 14 House Reef

KIDS BEACH CINEMA

Let the little ones escape into the enchantment of a fantasy film beneath the stars on a tropical beach.

Relax safe in the knowledge that your loved ones are completely immersed in a big screen adventure with tasty snacks and refreshing drinks under the guidance of professional childminders.

Date: Every Thursday Time: 7.00 pm
 Venue: Beach Price: USD 65++ per kid
 (Includes popcorn, juices, and water. Additional à la carte kids menu available with extra charges)

- * Subject to availability and weather conditions
- * Advance booking is required. Please contact your Villa Host for the booking
- * Minimum of 5 kids required (4 to 12 years age group)



PIRATE CRUISE

Captain Hook is seeking pirates ages 4-12 to join him on the search for hidden treasure! Set sail on a pirate adventure in full costume, following clue to discover and tour the waters of the Baa Atoll, whilst keeping an eye out for passing dolphins. All aboard, say aye!

USD 30++ per child, adventure includes treasure hunt and 60-minute speed boat cruise around the Kihavah lagoon.

Every Monday from 4.30 pm to 5.30 pm
 (subject to weather conditions) Minimum of 4 children required for activity to be booked, up to a maximum of 15 children.
 Advance reservation is required.



KIHAVAH TEENS FUN ACTIVITIES

Discover the fun and adventurous activities while learning new local culture and stay fit with our Kihavah Teens Activities to make your teen's holidays memorable.



Terms and Conditions:

- Activities are for ages 12 - 18 yrs.
- All activities are subject to change due to weather or operational reasons
- Please note some of these activities are water-based. All participants will be asked to use a life vest regardless of ability.
- Any activity with a USD symbol is a charged activity.
- Minimum of 4 participants for each activity.
- All activities are required an advance booking. Book via Villa Host or Recreation Center with 24 hours' notice required.
- Please give 4 hours' cancellation notice on any non-chargeable activities, and 24 hours' notice on any chargeable activities. Without this notification, 50% of the price will be charged to your account, and 100% of the price will be charged for no-shows.

MONDAY

Stretch & Mobility (Boxing Ring)

Time: 3.00 – 3.30 pm Venue: Recreation Center

TUESDAY

Beach Volleyball

Time: 4.00 – 4.30 pm Venue: Dive Center Beach

WEDNESDAY

Badminton Game

Time: 9.00 – 9:30 am Venue: Recreation Center

THURSDAY

Stretch & Mobility (Boxing Ring)

Time: 3.00 – 3.30 pm Venue: Recreation Center

FRIDAY

Beach Volleyball

Time: 4.00 – 4.30 pm Venue: Dive Center Beach

SATURDAY

Badminton Game

Time: 9.00 – 9:30 am Venue: Recreation Center

SUNDAY

Stretch & Mobility (Boxing Ring)

Time: 3.00 – 3.30 pm Venue: Recreation Center

OCEAN DISCOVERIES

EXPLORE THE BEST HOUSE REEF IN THE MALDIVES

DISCOVER SCUBA DIVING

Get up close with colourful schools of fish! Experience Scuba Diving with our professional instructors exploring our beautiful house reef and hopefully spotting one of our resident Hawksbill Turtles!

USD 250++ For non-divers; theory, confined water session, dive



LUXURY YACHT CHARTERS

Experience an element of adventure in deluxe surroundings on board Ocean Whisperer, a 24 metre luxury gulet ideal for romantic escapes, cruising days on the Indian Ocean or exclusive private diving and snorkelling.

PRIVATE SUNSET CRUISE

Price: USD 1,250++

Time: 5.00 pm – 6.30 pm

Watch the sun going down over the horizon sipping on Champagne and savouring delicious canapés and gourmet chocolates prepared by our Executive Chef. Includes one bottle of Champagne, canapés and gourmet chocolates.

Price includes 4 guests. Additional guests at USD 225++ per person.

SUNSET CRUISE

Price: USD 225++ per person

Time: 5.00 pm – 6.30 pm

Along with other guests watch the sun going down over the horizon sipping on your Champagne and savouring delicious canapés and gourmet chocolates prepared by our Executive Chef. Includes one glass of Champagne, canapes and gourmet chocolates.

Minimum 4 adults for the trip to depart

FULL-DAY CHARTER

Price: USD 6,800++

Time: 9.00 am – 5.00 pm (8 hours)

Watch dolphins, snorkel with turtles, stop on a sandbank for an incredible photo shoot or a scenic lagoon swim. Package includes lunch basket for 4 guests and a bottle of Champagne.

Additional guests at USD 680++ per person.

HALF-DAY CHARTER

Price: USD 3,600++

Time: 9.00 am – 1.00 pm or 2.00 pm – 6.00 pm (4 hours)

Cruise around the Indian Ocean, watch dolphins, snorkel with turtles or stop by a scenic sandbank.

Package includes lunch basket for 4 guests and a bottle of Champagne.

Additional guests at USD 360++ per person.

HOURLY YACHT RENTAL

Price: USD 900++ per hour (minimum 2 hours)

Price includes 4 guests.

Additional guests at USD 125++ per person per hour.

PRIVATE DIVE OR MANTA SNORKEL BY YACHT

Price: USD 4,200++

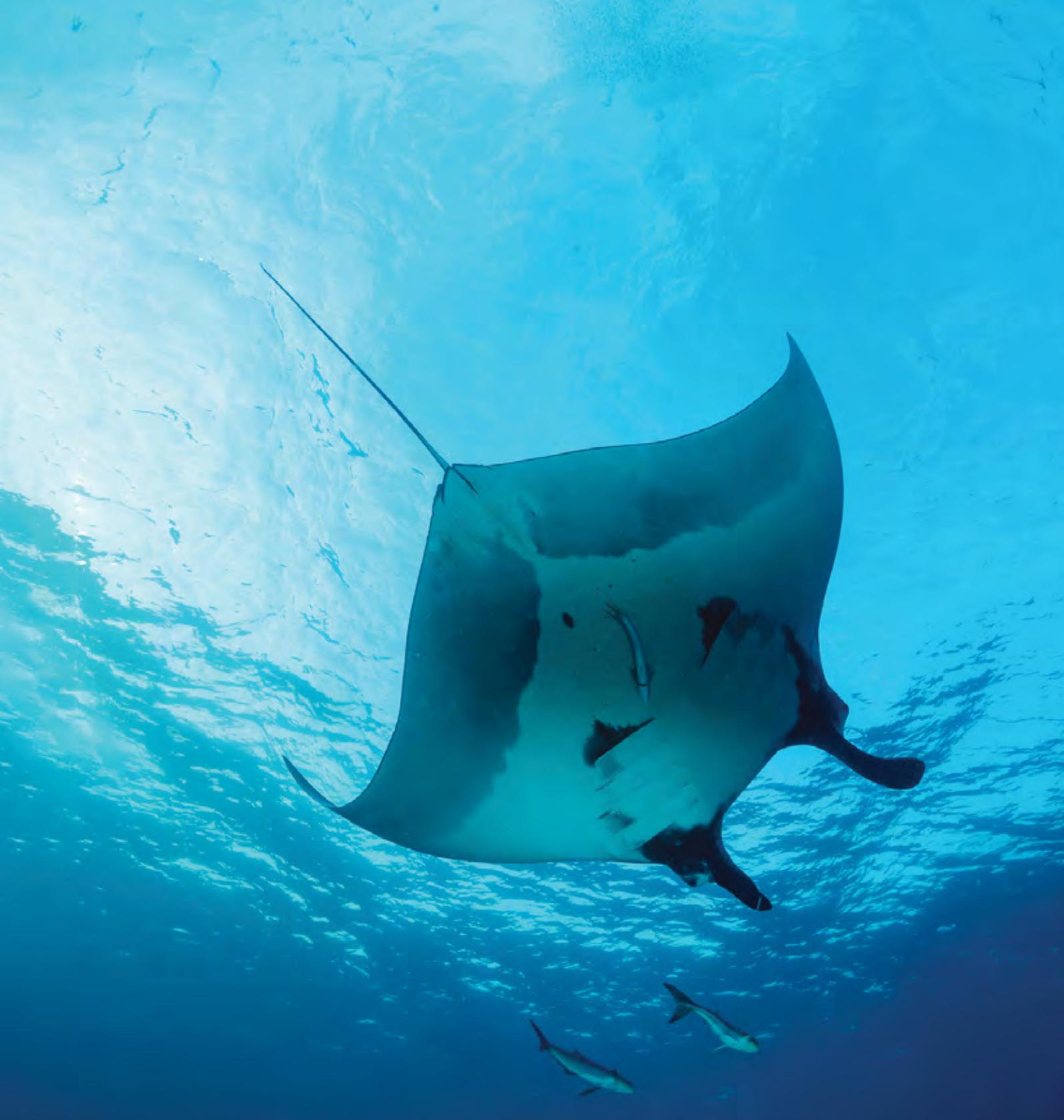
Time: 9.00 am – 1.00 pm or 2.00 pm – 6.00 pm (4 hours)

Explore Baa Atoll snorkelling, swimming with manta rays (seasonal) or completing a dive at one of our favourite sites.

Package includes one dive or manta snorkel, lunch basket and a bottle of Champagne for two guests.

Additional guests at USD 360++ per person.





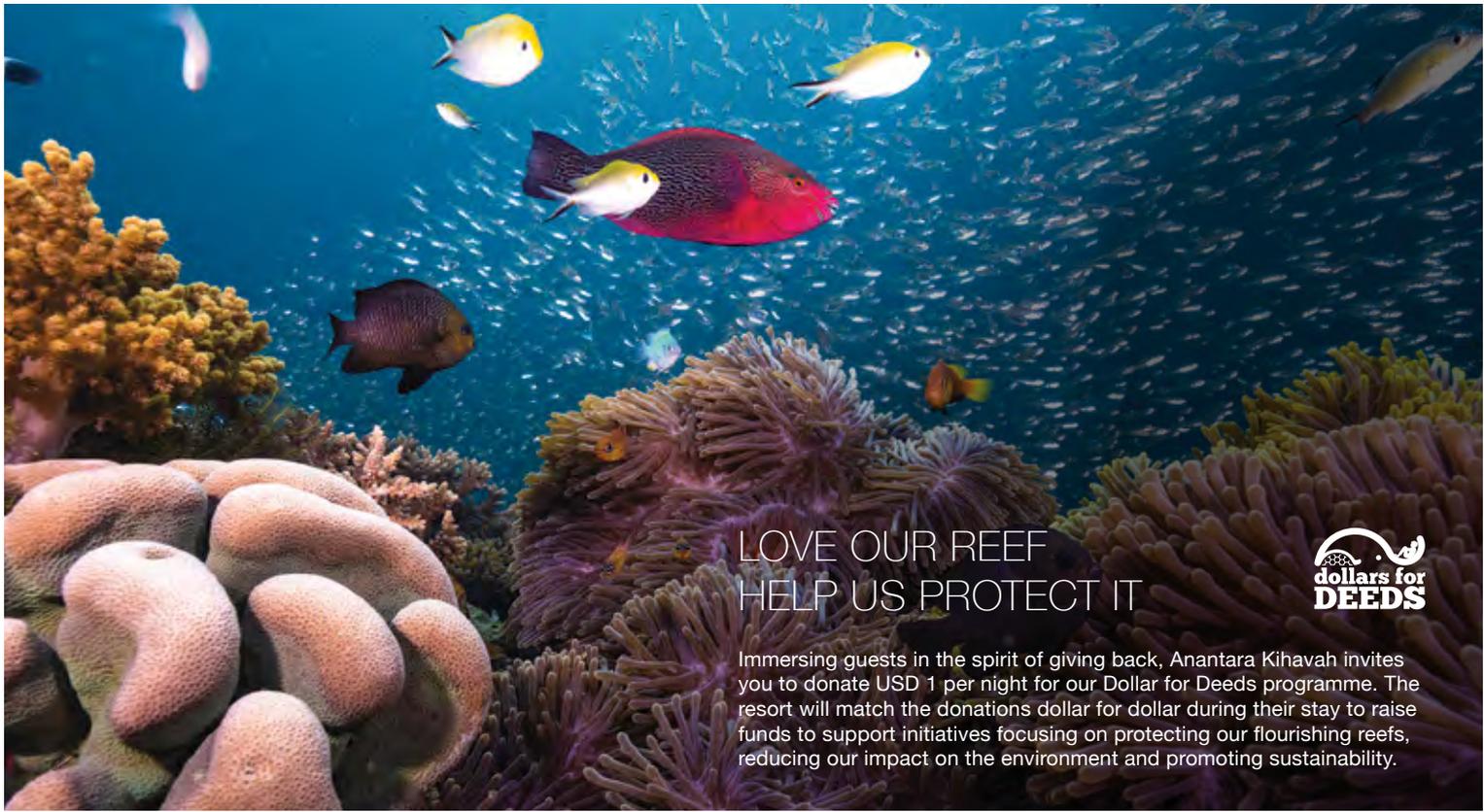
ENCOUNTER THE 'GENTLE GIANTS' OF THE OCEAN

MANTA SNORKELLING (3 hours)

Encounter stunning manta rays in the protected environment of Hanifaru Bay. Hop on our Dhoni or speed boat to snorkel in the water for a breathtaking encounter with these gentle giants as they glide effortlessly below you with their graceful movements and amusing somersaults.

Minimum 8 years old to participate. All participants must know how to swim.

**Please note that manta ray sightings at Hanifaru Bay are subject to seasonal availability. Ask your Villa Host for more information or reservations.*



LOVE OUR REEF HELP US PROTECT IT



Immersing guests in the spirit of giving back, Anantara Kihavah invites you to donate USD 1 per night for our Dollar for Deeds programme. The resort will match the donations dollar for dollar during their stay to raise funds to support initiatives focusing on protecting our flourishing reefs, reducing our impact on the environment and promoting sustainability.



MEET OUR MARINE BIOLOGIST REY GELERA

At Anantara Kihavah Villas, we appreciate and respect the importance of protecting and sustaining the incredible environment within which we are so fortunate to operate.

In line with this commitment, we have appointed a resident Marine Biologist to spearhead initiatives aimed at enabling guests to discover and explore marine life, as well as participate in our Coral Adoption programme.

Join our Marine Biologist for a weekly presentation on one of our many marine-related topics. Enjoy an educational discussion and bring your questions.

Date: Every Tuesday Venue: Manzaru Loft Time: 6.00 pm
* This activity is complimentary

PARASAILING

Soar in a cloudless sky above the islands on Chute Me, a fully-rigged parasail boat.

Price: USD 150++ per person
USD 30++ Non-participatory passenger

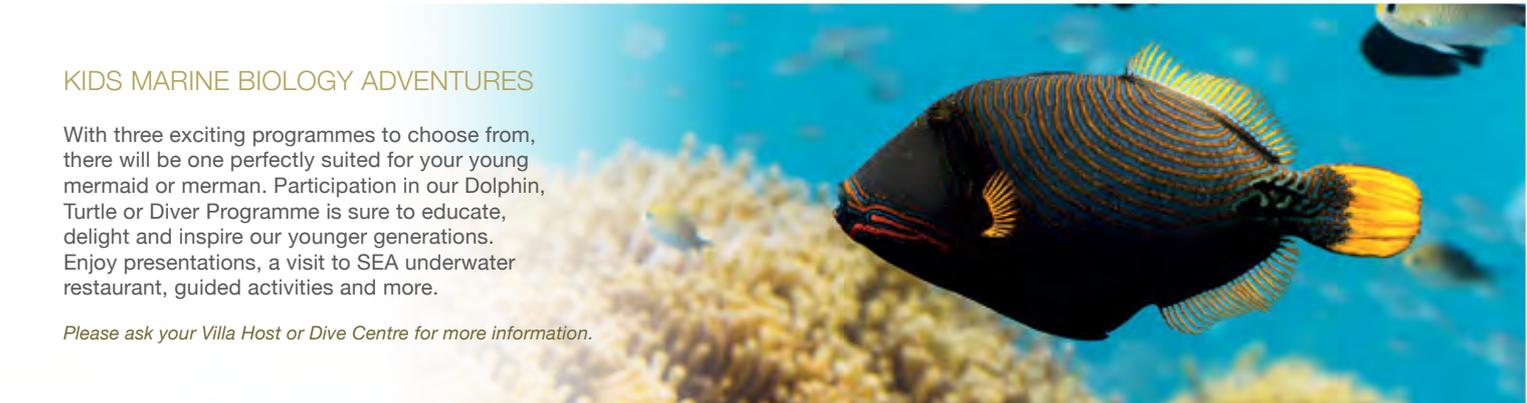
Time: 20 minutes per flight
maximum 140 kg for tandem combined weight;
minimum 2 people



KIDS MARINE BIOLOGY ADVENTURES

With three exciting programmes to choose from, there will be one perfectly suited for your young mermaid or merman. Participation in our Dolphin, Turtle or Diver Programme is sure to educate, delight and inspire our younger generations. Enjoy presentations, a visit to SEA underwater restaurant, guided activities and more.

Please ask your Villa Host or Dive Centre for more information.



All prices are subject to 10% service charge and 16% government tax.



-  House reef, safe for snorkelling/swimming, kayaks, and scuba diving.
-  Current shifts direction and strength, take caution depending on your abilities.
-  Snorkelling/swimming is not permitted in this area.
-  Elements dive and watersports centre

SNORKELLING ETIQUETTE

The abundance of corals and marine life makes Anantara Kihavah's house reef one of the top snorkelling destinations in the Maldives. Due to the fascinating yet delicate environment of the reef, we do everything we can to protect it with the help of our team at Elements. You too can help by following these simple steps:

DOS

-  Wear proper equipment and ensure it fits correctly.
-  Only snorkel in designated areas. Visit Elements for your snorkel safety briefing.
-  Check weather and tide conditions before heading out.
-  Swim with a partner or guide for safety.
-  Stay hydrated and use sunscreen with a high SPF that is safe for marine life and coral reefs.

DON'TS

-  Don't touch, stand, or step on corals.
-  Don't disturb or harass marine life.
-  Don't litter in the ocean / avoid using single-use plastic.
-  Avoid snorkelling with a full stomach to prevent discomfort or cramps.
-  Don't feed marine creatures, as it can disrupt their natural behaviour and ecosystem balance.