

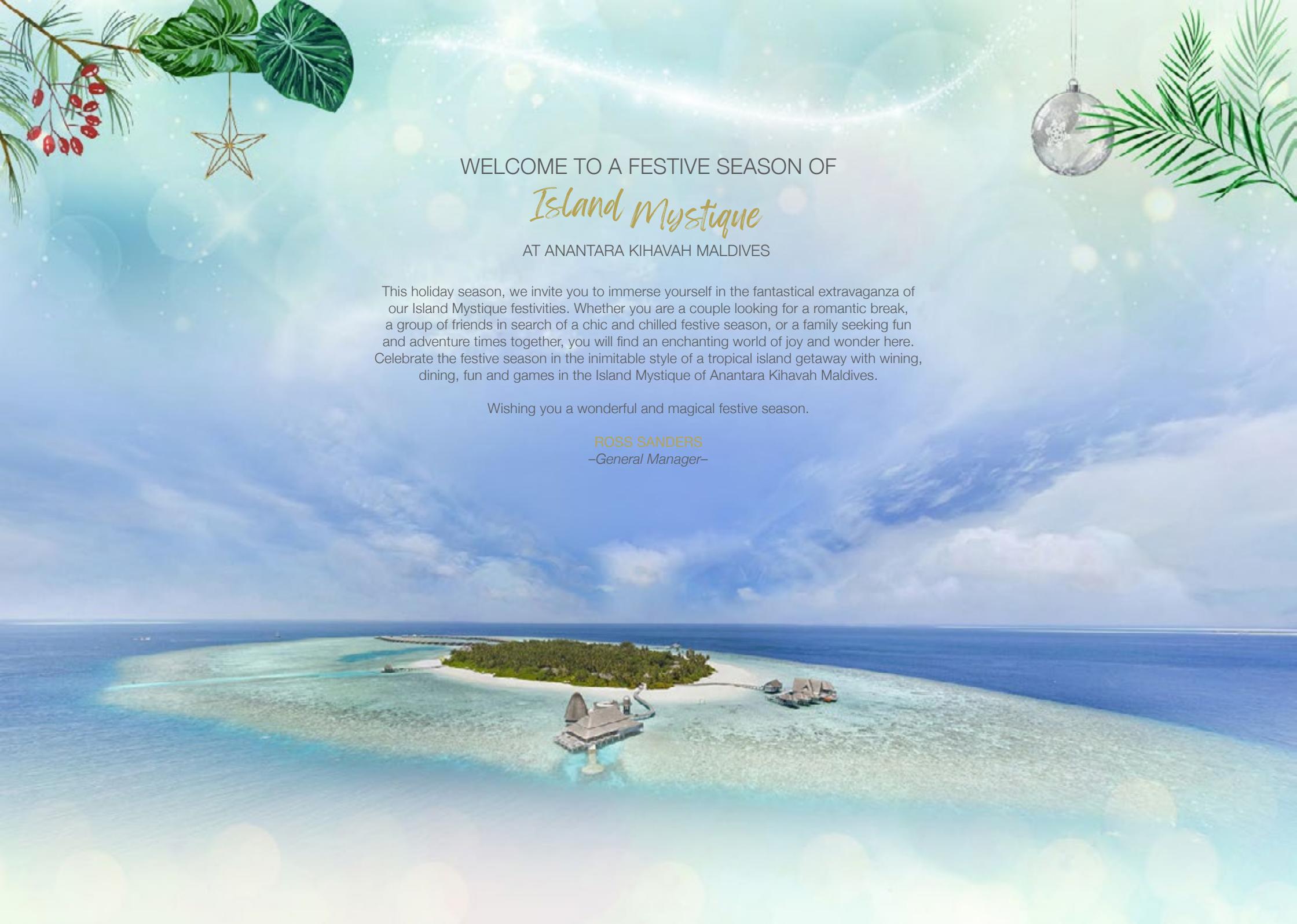


ANANTARA  
KIHAVAH · MALDIVES  
VILLAS

# Island Mystique

FESTIVE CELEBRATIONS AT ANANTARA KIHAVAH





WELCOME TO A FESTIVE SEASON OF

## *Island Mystique*

AT ANANTARA KIHAVAH MALDIVES

This holiday season, we invite you to immerse yourself in the fantastical extravaganza of our Island Mystique festivities. Whether you are a couple looking for a romantic break, a group of friends in search of a chic and chilled festive season, or a family seeking fun and adventure times together, you will find an enchanting world of joy and wonder here. Celebrate the festive season in the inimitable style of a tropical island getaway with wining, dining, fun and games in the Island Mystique of Anantara Kihavah Maldives.

Wishing you a wonderful and magical festive season.

**ROSS SANDERS**  
—General Manager—



Tuesday 20 December 2022

## LIGHT IT UP!

### *Awakening the wonderment*

Get the festivities off to an enchanting start by joining us to watch our island Christmas tree come to life. The official lighting event includes live entertainment, pass around canapes and a selection of cocktails.

Time: 6.00 pm

Venue: Recreation Centre



# A Taste of the Tropics

Saturday 24 December 2022

## **Christmas Eve Cocktails and Gala Dinner on the beach**

Feel the festive spirit rising as you sip cocktails on Christmas Eve. It's that most wonderful time of year when excitement and anticipation fill the air. Continue savouring the enchantment of Island Mystique with a festive feast on the beach at the Christmas Eve Gala Dinner. With a full evening of entertainment and activities, it's time to eat, drink and be merry.

### **CHRISTMAS EVE COCKTAILS**

Time: 6.30 pm – 7.30 pm

Venue: Recreation Centre

### **CHRISTMAS EVE GALA DINNER**

Time: 7.30 pm – 10.00 pm

Venue: Elements Beach



Sunday 25 December 2022

## SANTA CLAUS IS COMING TO KIHAVAH!

**ON CHRISTMAS DAY**, keep a look out for Santa as he visits the island bringing festive cheer and gifts for our little VIPs.

Time: 11.00 am at SEA

4.00 pm Main event and gift giving at Recreation Centre



## 6-METRES BELOW SIP & SAVOUR DINNER

For a truly unique Island Mystique experience, this amazing underwater wine dinner is not to be missed. Feast on a decadent five-course gastronomic dinner paired with curated wines as you marvel at the local marine life swimming by your window.

The highlight of the evening – a selection underwater aged champagne bottles, which has been resting 6 metres undersea for over 365 days and retrieved for this special event.

Wednesday 28 December 2022 and Wednesday 4 January 2023

Time: 7:00 pm

Venue: SEA Underwater Restaurant

*Reservation required one day ahead*





Thursday 29 December 2022 and Thursday 5 January 2023

## A SAND-SATIONAL POOL PARTY AT MANZARU

Jump in and soak up the fun at the Pool Party at Manzaru. While the DJ keeps the party mood flowing, food is available at the live food counter and extra entertainment is served up in regular fun-filled activities.

Time: 12.00 noon – 4.00 pm

Venue: Manzaru Pool

An aerial night view of the Island Mystique resort. The central feature is a large, illuminated pool or lagoon reflecting the vibrant colors of a fireworks display in the dark sky. The fireworks are in shades of orange, yellow, green, blue, and purple. The resort buildings, including a prominent glass-enclosed structure, are lit up with warm and cool lights. The surrounding landscape is dark, with some trees and pathways visible. The overall atmosphere is festive and magical.

Saturday 31 December 2022

## THE *Island Mystique* YEAR-END EXTRAVAGANZA

### **New Year's Eve Gala Dinner and Party**

It's time to start the countdown with a full evening of exciting activities. After a Cocktail Party on Spa Beach, the Gala Dinner on Elements Beach includes entertainment provided by performers from all over the world. As the year draws to a close, the New Year's Eve Party on Elements Beach reaches a spectacular conclusion as the clock ticks into 2023 against the Island Mystique backdrop of a magical fireworks display.

#### Cocktail Party

Time: 8.00 pm – 8.30 pm

Venue: Spa Beach

#### Gala Dinner and Entertainment

Time: 8.30 pm – 10.30 pm

Venue: Elements Beach

#### New Year's Eve Party

Time: 10.30 pm onwards

Venue: Elements beach

*Reservations required.*

A decorative graphic at the bottom of the page featuring white, stylized floral and leaf patterns on a dark background. The patterns include various types of leaves and branches, some resembling ferns and others more delicate, all set against a backdrop of small white stars and bokeh light effects.



A BRAND NEW YEAR TO BEGIN  
NEW JOURNEYS AND TO CELEBRATE  
AND EXPERIENCE NEW MOMENTS.



## JOURNEYS OF WELLNESS

Anantara Spa offers a world of wellness and beauty therapies set over the ocean. Explore the health benefits and the journey of emotional wellbeing with Ayurveda, Himalayan Sound Healing and physiotherapy massage with our international wellness experts. Beautify from the inside out with holistic transformative treatments at Cocoon Medi Spa. Glam up for New Year's with hair and make-up styling by our Senior Stylist at our over water beauty salon.



## VISITING WELLNESS PRACTITIONER



**VINOD NARAYANAN**  
*Sound Healing Practitioner and Ayurvedic Healer*  
Saturday 10 September 2022 – Friday 31 March 2023

Vinod Narayanan has over a decade's experience practicing traditional Ayurveda, Yoga and Pranayama, Shiatsu and Himalayan sound healing in luxury retreats around the world. Hailing from Kerala, India, home of Ayurvedic medicine, Vinod is also personal physician to the President of Guinea and mentor to Ayurvedic specialists throughout Europe.



### DE ARMOURING BODY

This session is the liberation of trauma, stuck energy and undigested emotions from our past. The aim is to reconnect with the essential beauty and joy of life.

This process uses specific pressure points, breathing techniques and movement of your kundalini energy to loosen, break up and remove your body's armour.

### ACCESS BAR THERAPY

An energy healing process accessing the 32 bars points in your brain to release the electromagnetic or polarity of the thoughts, feeling, emotions, ideas, beliefs, considerations and decisions. Effective in creating a sense of deep relaxation, ease of sleep, releasing trauma, reducing overwhelm, decreasing negative and limiting thought patterns to improve overall wellbeing, inner peace, happiness and gratitude.

### ABDOMINAL DETOX THERAPY

A blend of Chi Nei Tsang, diaphragmatic release and Vagus Nerve re-setting techniques. It removes the physical, emotional, Energetic stagnations at various deeper levels. Detoxification of internal organs & clarity of mind and good digestion.

### HIMALAYAN SOUND HEALING MASSAGE

### SHIRODARA UPGRADE

In the Himalayas, sound is used as a powerful tool for healing, meditation and self-transformation. Unwind to the vibrations of a Tibetan singing bowl as an oil massage brings deep levels of relaxation and release. \* Upgrade your experience with the Shirodara, as Tibetan singing bowls calm, warm medicated oil is poured on the forehead or third eye, to eliminate stress and insomnia by balancing the pineal gland.

## BALANCE WELLNESS CONSULTATIONS

### KELLY MANNING

*Naturopath, Nutritional Therapist and Wellness Consultant*

Kelly Manning is our Balance Wellness Consultant and Nutritionist, she holds post graduate qualifications in Naturopathy and Nutritional Therapy and has extensive experience in personalised wellness retreats and consulting. Kelly looks forward to guiding you on your journey to greater wellbeing.

### CELL WELLBEING EPIGENETIC ANALYSIS

Dig deeper into your genetic data. Undergo an epigenetic hair test, through a bio profiler, which provides information about your body's levels of nutrients, vitamins, minerals, essential amino acids, fatty acids, antioxidants, and contaminants. Discover which daily nutritional and environmental factors are impacting your body's cells and learn through a personalised reading with our Balance Wellness Consultant on how to reverse your epigenetic expression and live a healthier more resilient life.

Special consultation add-on: Epigenetic Analysis

*For more information or to book your private complimentary consultation, please contact your Villa Host or contact Anantara Spa ext. 355  
Balance Wellness Consultations include a personalised report and handouts. A complimentary 15 minute pre-consultation session is available on request.*



**NUR LAILI**  
*Senior Aesthetic and Wellness Nurse*

Nur has been providing hands-on artistry and expertise in the areas of beauty, wellness and anti-ageing for more than 12 years. With a driving passion to help others achieve a higher level of self-confidence, she is devoted to empowering others to look and feel their absolute best. Nur takes pride in helping her patients achieve their desired results with customised treatment plans and individual attention.

**VITAMIN IV**  
**GLOW FROM THE INSIDE OUT**

A mixture of vitamins and minerals are administered intravenously while you relax. This treatment boosts immune system, improves energy, and alleviates hormonal problems and hangovers.

- Vitamin C (5000mg) - for skin brightening
- Vitamin B Complex (B1 / B6 / B12) - for blood circulation
- Saline - for rehydration
- Tationil - for detoxification

Glutathione: antioxidant, detox, and reduce cell damage  
Alpha Lipoic Acid: reduces inflammation, attacks free radicals to give a healthy glow  
Selenium: powerful mineral that stops cells damage and brightens the skin  
Zinc: essential mineral for immune system and skin repair

**VITAMIN IV INFUSIONS**  
**JET LAG HYDRATION**

Don't let a long flight ruin your holiday with tiredness and sleepless nights. A therapeutic cocktail of high-dose Vitamin C and saline will reboot your system.

**DETOX AND RECHARGE**

Similar to the famous Myers Cocktail from Johns Hopkins, Vitamins C, B1, B6, B12, and Glutathione detox the liver, improve your immune system and provide a much needed energy boost.

**ANTI-AGEING**

The ultimate combination of vitamins and minerals bring back youthful skin: Vitamins B1, B6, B12, Glutathione, and the miracle skin ingredient Alpha-Lipoic Acid with collagen and Vitamin C.



**SUPER CHARGE AND IMMUNITY "PROTECT AGAINST COVID AND FLU"**

Give your body the ultimate protection boost against Covid the natural way. This formula has extra immune boosting minerals along with a strong dose of the body's most powerful antioxidant – Glutathione. If you are feeling tired and run down, or have a compromised immune system, this cocktail of vitamins will help you feel better faster naturally.

**BEAUTY BOOSTER FOR SKIN, HAIR AND NAILS**

This powerful nutrient and mineral cocktail of Vitamin C, Alpha Lipoic Acid, Glutathione, Selenium will hydrate, brighten and strengthen hair, skin and nails. It provides anti-inflammatory benefits to reduce breakouts, while providing moisture retention and improved skin elasticity. This formula will also detoxify and cleanse vital organs, beautifying from the inside out.

**VELASHAPE FAT BLAST**

This is a fast, safe and effective weight loss solution offering a harmonious blend of the latest scientific technologies to remove stubborn fat that diet and exercise alone are unable to shift. This treatment reduces cellulite, shapes and firms the skin resulting in a reduction of body fat from abdomen, hips, thighs, and arm areas. The advanced treatment works by using a combination of technologies, including cavitation and radio frequency to target and destroy fat cells, while normal body tissue remains unaffected. Once fat cells are broken down, they are naturally removed through the body's normal elimination process. Expect results with just one session.

- Eliminate stubborn fat
- Reshape 'problem' areas
- Perfect for those last pockets of fat that diet and exercise alone simply cannot move
- No downtime: the fat blaster is a walk-in, walk-out procedure and you may resume your normal routine the same day

**EPIGENETIC ANALYSIS**

Dig deeper into your genetic data. Undergo an epigenetic hair test, through a bio profiler, which provides information about your body's levels of nutrients, vitamins, minerals, essential amino acids, fatty acids, antioxidants, and contaminants. Discover which daily nutritional and environmental factors are impacting your body's cells. The epigenetic test gives you lifestyle and diet recommendations to optimise your health.



## SAIL INTO A NEW YEAR

Cruise into the sunset aboard the Ocean Whisperer, enjoying cocktails, canapes and the hues of the ocean. Private charters are also available, with visits to local islands, untouched sandbanks and sparkling lagoons.

### Sunset Cruise

Time: 5.00 pm – 6.30 pm

Price: Upon request

## NEW YEAR'S EVE COUNTDOWN PRIVATE CRUISE

Charter the luxury yacht just for you and your loved ones and countdown in style from the tranquil lagoon. The best views of the fireworks can be seen from the Ocean Whisperer yacht. Savour chilled Champagne onboard as you toast to new year celebrations.

Time: 11.30 pm – 12.30 am

Price: Upon request





## PRIVATE DINING IN A SECLUDED PARADISE

We invite you to join us for an unforgettable experience at a destination of your choice where you can select your favourite cuisine from our Dining by Design menu, or simply create your own menu in collaboration with our Executive Chef. The Food and Beverage team is delighted to be able to offer you the opportunity to take your dining experience to a new level, be it a romantic candle lit dinner on the beach while watching the sunset or on a sand bank, a yacht or in the beautiful surroundings of your own villa.





## FESTIVE FUN FOR OUR JUNIOR VIPS

Christmas is bursting with family excitement and treats for our youngest guests. Watch all the glam at a kids' fashion show. Enjoy special kids' shows, interactive Marine Biology programmes, festive creativity and plenty of presents from Santa.

# THITHTHI BOLI

## THITHTHI BOLI ACTIVITY CALENDAR FRIDAY 23 - THURSDAY 29 DECEMBER 2022

(For ages 4 - 12 years)

FRI 23 DEC DIY CREATION	SAT 24 DEC CHRISTMAS EVE	SUN 25 DEC CHRISTMAS DAY	MON 26 DEC PIRATE DAY	TUE 27 DEC SUPER SPORTS	WED 28 DEC OCEAN DAY	THU 29 DEC FUN DAY
Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am	Mocktails at SEA Restaurant** 10.30 am – 11.00 am	Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am
Activity How Creative You Are? 11.00 am – 12.00 noon	Activity Express Yourself 11.00 am – 12.00 noon	Activity Christmas Banner Making 11.00 am – 12.00 noon	Activity Pirate Flag 11.00 am – 12.00 noon	Activity Corn Whole 11.00 am – 12.00 noon	Activity Pass the Hat 11.00 am – 12.00 noon	Activity Tropical Crafts 11.00 am – 12.00 noon
LUNCH BREAK ft. Just Dance 12.00 noon – 2.00 pm	LUNCH BREAK ft. Memory Game 12.00 noon – 2.00 pm	LUNCH BREAK ft. Movie Viewing 12.00 noon – 2.00 pm	LUNCH BREAK ft. Just Dance 12.00 noon – 2.00 pm	LUNCH BREAK ft. Henna Tattoo 12.00 noon – 2.00 pm	LUNCH BREAK ft. Nintendo Switch Game 12.00 noon – 2.00 pm	Pool Party at Manzaru 12.00 noon – 4.30 pm
Activity Cotton Balls Santa 2.00 pm – 2.30 pm	Activity Christmas Card 2.00 pm – 2.30 pm	Activity Christmas Tree 2.00 pm – 2.30 pm	Activity Skeleton Hunting 2.00 pm – 2.30 pm	Activity Paint Ball 2.00 pm – 2.30 pm	Activity Kids Animal Yoga 2.00 pm – 2.30 pm	
Cooking Class Holiday Cookie** 2.30 pm – 3.30 pm	Activity Secret Letter to Santa 2.30 pm – 3.30 pm	Cooking Class Gingerbread House** 2.30 pm – 3.30 pm	Activity Foot, Foot, Hand 2.30 pm – 3.30 pm	Cooking Class Sushi Making** 2.30 pm – 3.30 pm	Activity Wellness Presentation 2.30 pm – 3.30 pm	
Activity Snow Flakes Making 4.00 pm – 5.00 pm	Activity Poke a Tree 4.00 pm – 5.00 pm	Santa Arrival at Manzaru 4.00 pm – 5.00 pm	Activity Pirate Cruise Preparation 4.00 pm – 4.30 pm	Activity Beach Zumba 4.00 pm – 5.00 pm	Activity Kihavah Family Adventure** 4.00 pm – 6.00 pm	
Activity Scavenger Hunt 5.00 pm – 6.00 pm	Activity Local Island Visit USD 30++ 5.00 pm – 6.00 pm	Photo with Santa at Recreation 5.00 pm – 6.00 pm	New Year Pirate Cruise USD 30+++** 4.30 pm – 5.30 pm	Activity Football 5.00 pm – 6.00 pm	Activity Movie Viewing 5.00 pm – 6.00 pm	
				Kid's Beach Cinema USD 65+++** 7.00 pm – 9.00 pm		

*This activity schedule may be subject to change. Please request for the most updated schedule from Thiththi Boli Kids' Club.*

*\*\*Advance booking of 24 hours is required. Prices are subject to 10% service charge and 12% government taxes.*

# THITHTHI BOLI

## THITHTHI BOLI ACTIVITY CALENDAR FRIDAY 30 DECEMBER 2022 - THURSDAY 5 JANUARY 2023

(For ages 4 - 12 years)

FRI 30 DEC FASHION SHOW	SAT 31 DEC NEW YEAR'S EVE	SUN 1 JAN FUN DAY	MON 2 JAN PIRATE DAY	TUE 3 JAN KIHAWAH DAY	WED 4 JAN OCEAN DAY	THU 5 JAN POOL DAY
Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am	Stay and Play 10.00 am – 11.00 am
Activity Costume Fitting 11.00 am – 12.00 noon	Activity New Year Banner 11.00 am – 12.00 noon	Activity Create Your Own Holiday Book 11.00 am – 12.00 noon	Activity Crown Making 11.00 am – 12.00 noon	Activity Garden Tour 11.00 am – 12.00 noon	Activity Ocean Mural 11.00 am – 12.00 noon	Activity Bingo 11.00 am – 12.00 noon
LUNCH BREAK ft. Festive Movie 12.00 noon – 2.00 pm	LUNCH BREAK ft. Memory Game 12.00 noon – 2.00 pm	LUNCH BREAK ft. Just Dance 12.00 noon – 2.00 pm	LUNCH BREAK ft. Board Game 12.00 noon – 2.00 pm	LUNCH BREAK ft. Henna Tattoo 12.00 noon – 2.00 pm	LUNCH BREAK ft. Mario Kart 12.00 noon – 2.00 pm	Pool Party at Manzaru 12.00 noon – 4.30 pm
Hide and Seek 2.00 pm – 2.30 pm	Activity New Year Wish Card 2.00 pm – 2.30 pm	Activity Finding Animals 2.00 pm – 2.30 pm	Activity Skeleton Making 2.00 pm – 2.30 pm	Activity Language Fun 2.00 pm – 2.30 pm	Activity Coffee Painting 2.00 pm – 2.30 pm	
Cooking Class Pizza Making** 2.30 pm – 3.30 pm	Activity Musical Heart 2.30 pm – 3.30 pm	Cooking Class Cupcake Decoration** 2.30 pm – 3.30 pm	Activity Mystery Box 2.30 pm – 3.30 pm	Activity Coconut Painting 2.30 pm – 3.30 pm	Cooking Class Cookies Making** 2.30 pm – 3.30 pm	
Fashion Show Rehearsal 3.30 pm – 4.00 pm	Activity Yoga 4.00 pm – 5.00 pm	Activity Mastermind Challenge 4.00 pm – 5.00 pm	Activity Pirate Cruise Preparation 4.00 pm – 4.30 pm	Activity Coconut Opening 4.00 pm – 5.00 pm	Activity Finding Fishes 4.00 pm – 4.30 pm	
Fashion Show Preparation 4.30 pm – 5.30 pm	Activity UNO Master 5.00 pm – 6.00 pm	Activity Beach Walk 5.00 pm – 6.00 pm	New Year Pirate Cruise USD 30+*** 4.30 pm – 5.30 pm	Activity Coconut Tree Painting 5.00 pm – 6.00 pm	Activity Sea Life Discovery 4.30 pm – 5.30 pm	Activity Movie Viewing 5.00 pm – 6.00 pm
Kids Fashion and Talent Show at Beach** 5.30 pm – 6.30 pm				Kid's Beach Cinema USD 65+** 7.00 pm – 9.00 pm		

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LIFE IS A JOURNEY. Visit [anantara.com](http://anantara.com)