


ANANTARA
KIHAVAH MALDIVES
VILLAS

December 2024

THE COCONUT

ISLAND GUIDE





Marhaba,

A warm welcome to Anantara Kihavah Maldives Villas. My team and I are excited to assist you create everlasting memories and ensure you enjoy all that our truly magical island has to offer. Brace yourself for a world of wonder as you step onto our pristine shores. Immerse yourself in the crystal clear waters to discover dazzling marine life in Kihavah's house reef. Snorkel alongside majestic manta rays for an awe inspiring encounter!

Descend into a magical world with an unforgettable underwater dining experience. Let us craft the perfect itinerary tailored to your desires. Ignite your sense of adventure with exhilarating activities and create memories that will last a lifetime. May your stay be filled with excitement, wonder and the thrill of exploration as you embark on this extraordinary journey with us.

Warm regards

STUART DE SAN NICOLAS

– Cluster General Manager –



@anantarakihavah



AnantaraKihavahMaldives



@anantarakihavahmaldives



Enhance your stay **DOWNLOAD**
THE ANANTARA APP to find out
about our promotions and activities.



Stories beneath the palms

“

My skills in art and craftsmanship are my way of connecting with guests on a deeper level. Whether it's a personalised keepsake or a hand-crafted surprise, I love using my creativity to make every moment feel extraordinary in Kihavah.

JAMBE
– Villa Host –



Tropical Christmas



Bring on the bubbles

FROM FRIDAY 20 DECEMBER TO FRIDAY 10 JANUARY

Indulge in a culinary journey where our chefs pair the finest Champagne with fresh oysters, blending creative flavours to perfection. Each sip and bite transports you to a realm of exquisite taste and refinement, a celebration of gastronomy.

Price: USD 175 per person
Time: 12:30 pm – 5:00 pm
Venue: Manzaru Restaurant

Christmas tree lighting & cocktails

FRIDAY 20 DECEMBER

Join us as we light up the towering Christmas tree, marking the start of the holiday season. Enjoy free-flowing cocktails and champagne, live music, delicious canapes, and capture unforgettable memories amidst the twinkling lights.

Venue: Manzaru Restaurant
Time: 5:30 pm – 6:30 pm

Santas painting workshop

SATURDAY 21 DECEMBER

Time: 2:30 pm – 3:30 pm
Venue: Kids Club

Friendly football match

SUNDAY 22 DECEMBER

Time: 4:00 pm – 5:00 pm
Venue: Recreation

Gingerbread house making

MONDAY 23 DECEMBER

Time: 2:30 pm – 3:30 pm
Venue: Plates Restaurant
Advance reservation is required.

Christmas cookie making

WEDNESDAY 25 DECEMBER

Time: 2:30 pm – 3:30 pm
Venue: Plates Restaurant
Advance reservation is required.



Oceanic Eden

Christmas gala dinner

TUESDAY 24 DECEMBER

CHRISTMAS EVE COCKTAILS

Time: 6:00 pm – 7:00 pm

Venue: Recreations Centre

CHRISTMAS EVE GALA DINNER

Time: 7:00 pm – 11:00 pm

Venue: Manzaru Beach





Wednesday 25 December

Here comes Santa Claus!

Join us for a grand and magical arrival as we welcome Santa Claus to Anantara Kihavah! Watch with delight as Santa Frost arrives in style, spreading joy and festive cheer to all, bearing gifts for our little VIPs. Children and adults alike will be filled with wonder as they greet Santa Frost and share their holiday wishes.

Time: 11:30 am – 12:30 pm
Venue: Recreation Centre

Christmas Champagne Brunch

Savour delectable holiday dishes while enjoying the sparkling charm of champagne, all set against the serene backdrop of the ocean.

Time: 12:30 pm – 3:30 pm
Venue: Manzaru Restaurant
Price: USD 145
USD 65 for Kids

THURSDAY 26 DECEMBER

Sandcastle making

Time: 4:30 pm – 5:30 pm

Venue: Elements Beach

Shake n' stir cocktail class

Time: 4:00 pm – 5:00 pm

Venue: SEA Restaurant

Price: USD 95 (*per couple*)

FRIDAY 27 DECEMBER

Kihavah island marathon

Time: 8:00 am – 9:00 am

Venue: Recreations Centre

Art of canvas – bubbles & brushes

Time: 4:00 pm – 5:00 pm

Venue: SEA Restaurant

Price: USD 120 (*per couple*)



SATURDAY 28 DECEMBER & FRIDAY 3 JANUARY

Palm craft session

Time: 12:00 pm
Venue: Manzaru

Maldivian drum & dance class

Time: 1:00 pm – 2:00 pm
Venue: Recreations Centre

Bashi game

Time: 4:00 pm – 2:00 pm
Venue: Recreations Centre

Maldivian cooking class

Time: 1:00 pm – 2:00 pm
Venue: Plates
Price: USD 95

Maldivian sunset fishing

Time: 1:00 pm – 2:00 pm
Venue: Elements
Price: USD 125

Boduberu sundowner ritual

Time: 6:00 pm – 6:30 pm
Venue: SKY Bar

Weekly culture day

AN IMMERSIVE EXPLORATION OF MALDIVIAN CULTURE

Join us every Thursday to experience the vibrant culture of the Maldives. Our staff don traditional Maldivian outfits, and guests can participate in a variety of cultural activities. Enjoy local cuisine at breakfast, engage in a palm leaf craft session, learn Maldivian dance and drumming, take a Maldivian cooking class, play a traditional Bashi game, visit a local island, go sunset fishing in the Maldivian way, and end the day with the Bodu-beru Sundowner Ritual.



All prices are subject to 10% service charge and 16% government tax.



SATURDAY 28 DECEMBER

Exploring the depths : SEA underwateraged wines

Experience an unparalleled underwater culinary journey at the award-winning SEA Underwater Restaurant. Indulge in a five-course dinner meticulously crafted to tantalise your taste buds, perfectly paired with rare and exquisite vintages of Dom Perignon and premium wines aged for 365 days beneath the depths of the Indian Ocean.

Time: 7:00 pm onwards

Venue: SEA Restaurant

Price: USD 595 per person

To book this experience, please contact our Villa Host.

SUNDAY 29 DECEMBER

Twilight reverie : A prelude to the new year

Let us open the door to an unforgettable evening where the magic of the New Year begins to unfold. Savour exquisite canapés and cocktails combined with vibrant live entertainment.

- Live music
- Fire show
- LED drummers

Time: 6:00 pm

Venue: Spa Beach



© Eric Diaz

Festive tennis tournament

Sunday 29 December

Take part in the spectacle of our Festive tennis tournament. With doubles and singles matches, this is the perfect chance to let off some steam and exercise some gentle competition.

Time: 4.00 pm – 6.00 pm

Venue: Tennis court

**Complimentary / Ask your Villa Host or visit the Recreation Centre to sign up in advance.*

TENNIS PROGRAMME

Private Lesson (60 minutes)

Work on the different aspects of the game and focus on cardio, technique, strategy or just have a fun hit with our LUX Tennis Pro.

Adult USD 160 / Child (up to 16 years old) USD 140

Additional player at USD 30

Beat the Pro (60 minutes) USD 160 per person

Challenge our LUX Tennis Pro in a full match. If you manage to win one set, you will receive the session for free!

Kids Tennis Clinic (45 minutes – Beginner level)

Open to children ages five to twelve years old. The tennis coach will organize fun games and various exercises to learn the basics of tennis.

Complimentary, minimum for 2 to maximum 8 children

Adult Tennis Clinic (45 minutes – Beginner level)

Discover some challenging and innovative training methods. Learn new techniques and sharpen your strategy on the tennis court.

Complimentary, minimum for 2 to maximum 8 adult

Teens Tennis Clinic (45 minutes – Beginner level)

Open to teens aged 13 to 18, offering a fun and engaging environment where our skilled coach will help sharpen techniques and enhance their game.

Complimentary, minimum for 2 to maximum 8 teens



An international tennis management company providing personalised services, Lux Tennis focuses on understanding all clients' needs to ensure a lifetime experience on the court, based on quality coaching and a tailored made programme; from beginners to high performance. Lux Tennis also oversees a repertoire of professional-level tennis coaches who are coaching private clients, VIPs and celebrities, individually and at luxury resorts worldwide.

All rates are published in USD. All prices are subject to 10% service charge and 16% government taxes. Please note that 100% cancellation fee applies when a session is cancelled less than 3 hours prior. For more information or to make a reservation, please contact the reception or book directly with our LUX Tennis Professional or your Villa Host.

Beach volleyball

Monday 30 December

Bump, set, spike! Join us for a thrilling game of Beach Volleyball at Anantara Kihavah. Feel the sand between your toes as you dive, jump, and spike your way to victory in this exhilarating beachside activity.

Time: 5.00 pm – 6.00 pm

Venue: Beach



A Winter's Tale



New Year Gala Dinner

Tuesday 31 December

COCKTAIL PARTY

Time: 7:30 pm - 8:30 pm

Venue: Manzaru

GALA DINNER & ENTERTAINMENT

Time: 8:30 pm - 10:30 pm

Venue: Elements

NEW YEAR'S EVE PARTY

Time: 10:30 pm onwards

Venue: Elements

Festive Gala

WITH POLINA GAGARINA

Orthodox Christmas

Monday 6 January

ORTHODOX COCKTAIL PARTY

Time: 6:30 pm - 7:30 pm

ORTHODOX DINNER & ENTERTAINMENT

Time: 7:30 pm - 10:30 pm

ORTHODOX PARTY

Time: 10:30 pm onwards

Culinary Journeys

SKY

With azure waters as the backdrop, enjoy tapas paired with refreshing juices and craft cocktails.

Opening Hours: 11:00 am – 12:00am

Live Music: 5:30 pm – 7:00pm/ 8:30pm-10:00pm

SPICE

Enjoy exquisite Asian haute cuisine that offers a complexity of flavours in a spectacular overwater setting as the sun sets.

Dinner: 6:30 pm – 10:00 pm

Included in half board and full board

Closed on Tuesdays

SEA

Caviar dégustation dining and fine wines await beneath the sea.

Breakfast: 8:30 am – 10:30 am

Lunch: 12:00 pm – 2:00 pm

Dinner: 7:00 pm – 10:00 pm (*Adults only*)

Family Nights on Monday

FIRE

Teppanyaki brings to life a traditional style of Japanese Teppanyaki cuisine creating a fun and lively dining experience.

Dinner: 6:30 pm – 10:00 pm

Closed on Tuesdays

MANZARU

Dine and socialise in our Mediterranean-inspired restaurant with an engaging bar offering the widest gin selection in the Maldives

Lunch: 12:00 pm – 5:00 pm

Dinner: 6:30 pm – 10:00 pm

Closed every Monday

PLATES

Breakfast at Plates: 7:30 am – 11:00 am

Taste of Asia (Tuesday)

6:30 – 10:00 pm

Included in Half Board and Full Board package

Operational timings may change.

Please make reservations via your personal Villa Host at least 24 hours prior to your mealtime.



Riviera night

Experience a culinary journey with Riviera Night, celebrating Mediterranean flavours. Enjoy live stations and a curated selection of wines and cocktails, perfectly paired to enhance the vibrant dishes and ocean views.

Date: Every Sunday

Time: 7:00 pm – 10:00 pm

Price: USD 195

*(Half board/ Full board credit of USD 50 net per adult is offered)
USD 95 per child (below 12 yrs)*

Venue: Plates Beach

For more information, please contact your personal Villa Host

Lobster & champagne nights

Sip Champagne and relish decadent lobster cuisine under the blanket of a star-studded sky, surrounded by pristine beach and serenaded by live music.

Date: Every Thursday

Time: 7:00 pm – 10:00 pm

Price: USD 245 pp

(Brut Champagne 750 ml bottle per couple)

USD 295 pp

(Rose' Champagne 750ml bottle per couple)

Venue: Plates Beach

A credit of USD 50 net per person is offered to guests on Half Board.

For more information, please contact your personal Villa Host.



All prices are subject to 10% service charge and 16% government tax.

CAVIAR INDULGENCE AT SEA

Descend six metres to SEA Restaurant, the Maldives' only luxury caviar restaurant. Savour fine caviar dishes with paired champagne.





WELLBEING PRACTITIONER

SHARATH RAM

Holistic Therapist and Ayurveda Healer

Ram is a seasoned holistic practitioner with over 16 years of experience in Healing Yoga, Energy Therapies, Dynamic Meditation, and Ayurveda. He expertly blends ancient Indian practices with modern lifestyles, guiding individuals towards physical, mental, and spiritual well-being. His unique approach makes him a sought-after therapist for holistic health and vitality.

Maderotherapy (60 mins)	USD 250
Chakra inner energy balancing (60 mins)	USD 200
Visceral manipulation -abdomen (60 mins)	USD 200
Ayurveda deep fusion therapy (60 / 90 mins)	USD 250/300
Mind body healing therapy (90 mins)	USD 250
Marma aroma bliss (90 mins)	USD 250
Therapeutic yoga (60 mins)	USD 150
Free workshops (<i>Art of Breathing/Dynamic Meditation</i>)	

Please contact your Villa Host or Spa for more information and booking.



VISITING WELLNESS PRACTITIONER

VINOD NARAYANAN

Sound Healing Practitioner and Ayurvedic Healer

Vinod Narayanan has over a decade's experience practicing traditional Ayurveda, Yoga and Pranayama, Shiatsu and Himalayan sound healing in luxury retreats around the world. Hailing from Kerala, India, home of Ayurvedic medicine, Vinod is also personal physician to the President of Guinea and mentor to Ayurvedic specialists throughout Europe.

EXPLORE 5,000-YEAR-OLD TREATMENTS TAILORED TO YOUR DOSHAS USING NATURAL HERBS AND OILS.
Meet with Vinod Narayanan for a complimentary consultation to find inner peace and reconnect.

De Armouring Body	90 mins/USD 350
Personalised Healing Massage	60 mins/USD 250 90 mins/USD 300
Access Bar Therapy	90 mins/USD 350
Himalayan Sound Healing Massage	60 mins/USD 280 90 mins/USD 350

All prices are subject to 10% service charge and 16% government tax.





Spa journey

EMPOWERING ME, A WOMAN'S JOURNEY

150 minutes USD 430

Gentle Meditation • Marma Massage with warm therapeutic oils • Facial Marma Massage

REIGNITING THE SPARK

180 minutes USD 1,000 / USD 1,250 with a bottle of Champagne

Foot Ritual • Anantara Milky Bath Collection • Guided Couple Meditation
• Choice of Subtle Energies Body Buff or Body Polish • Anantara Signature

WELLNESS ACTIVITIES

Time: 45 minutes per activity

DECEMBER 2024

SUNDAY

11:00 am LED Red Light Therapy *USD 60 per person* / 5:30 pm Group Sunset Yoga

MONDAY

7:00 am Group Sunrise Yoga / 5:30 pm Aerial Yoga *USD 55 per person (max 2 persons)*

TUESDAY

11:00 am Wellness Workshop / 5:30 pm Group Sunset Yoga

WEDNESDAY

7:00 am Group Sunrise Yoga

THURSDAY

5:30 pm Group Sunset Yoga

FRIDAY

7:00 am Group Sunrise Yoga & Breathwork / 11:00 am Wellness Workshop

* Wellness Talks and Wellness Workshops are led by our in-house wellness masters and the topics may vary depending on the specialist who is leading the session.
Please see this month's Holistic Activity Calendar brochure or ask your Villa Host for further details on this week's wellness topics.

TERMS & CONDITIONS

Advanced Booking is required. If you wish to book an activity, please contact your villa host or a member of the Spa & Wellness Team up to two hours before your chosen activity.
All group activities are required minimum of 3 participants. Cancellations of booked activities or private sessions less than 24 hours prior will be charged at 100% of the activity rate.

All prices are subject to 10% service charge and 16% government tax.



KANYARAT YOONIN (OPAL)
Senior Aesthetic and Wellness Nurse

With over 15 years of experience, Opal specialises in personalised aesthetic and wellness treatments at Cocoon Medi Spa. Known for her holistic approach, she empowers guests to feel their best through tailored care and expert techniques.

Visit our spa for a private consultation or contact your Villa Host for more information



Hydrafacial

40 minutes | USD 160

Transform your skin with a relaxing, pain-free 7-step facial that enhances hydration, texture, and tone while reducing wrinkles and fine lines:

- Exfoliation with high-frequency peel
- Deep cleanse via hydradermabrasion
- Oxygen infusion spray
- Nutrient absorption with ultrasound
- Skin tightening with radio frequency
- Collagen boosting via microcurrent
- Red light therapy for collagen renewal



Vitamin IV packages

Myer's Cocktail Saline + Vit C	USD 190
Hangover & Redemption Saline + Vit C + Vit B Complex	USD 220
Sleep Support Saline + Vit C + Vit B Complex + Magnesium	USD 250
Detox & Recharge Saline + Vit C + Vit B Complex + Glutathione	USD 250
Beauty Booster Saline + Vit C + Vit B Complex + Glutathione + ALA	USD 300
Complete Youthful Cell Saline + Vit C + Vit B Complex + ALA + Glutathione + Selenium	USD 350

Diversions

Discover a range of experiences in and around our resort and the local islands. Please find us at reception or dial '0' to make a reservation or enquire for more information. For excursions, watersports and diving experiences, please contact your Villa Host.

Recreational and sports activities

- Kayaking
- Anantara spa
- Sunset fishing
- Sunset cruise
- Volleyball
- Yoga
- Dolphin discovery
- Badminton
- Table tennis
- Scuba diving
- Turtle quest
- Wind surfing or kite surfing
- Tennis
- Cooking class
- Thiththi Boli kids' club
- Snorkelling
- Wall climbing
- Snorkel escape
- Jetski
- Cinema under the Stars

Water activities guide

BIG GAME FISHING

5:00 am – 9:00 am (*Half day*)

5:00 am – 1:00 pm (*Full day*)
from Monday to Sunday

DOUBLE DIVE

8:30 am – 12:30 pm
from Monday to Sunday

DISCOVER SCUBA DIVING (DSD)

9:00 am – 11:00 am
2:30 pm – 4:00 pm
from Monday to Sunday

MANTA QUEST

9:00 am – 12:00 pm
Sunday / Thursday
2:00 pm – 5:00 pm
Tuesday / Saturday

DOLPHINS CRUISE

10:00 am – 11:30 am
Sunday/Tuesday/Friday

TURTLE SNORKELING

10:00 am – 11:30 am
Monday/Wednesday/Saturday

SNORKEL ESCAPE

3:00 pm – 4:30 pm
Sunday/Friday

SUNSET DOLPHINS CRUISE (by Yacht)

4:30 pm – 6:30 pm
Monday/Wednesday/Saturday

MALDIVIAN SUNSET FISHING

5:30 pm – 7:30 pm
Sunday/Tuesday/Thursday

WATERSPORTS ACTIVITIES

9:00 am – 5:00 pm

All water activities are chargeable & subjected to availability and weather conditions.



Coral adoption programme

Join our Coral Adoption Programme and help reefs thrive. After a briefing, plant your coral fragments with expert guidance. Receive updates from our Marine Biologist and revisit to see your coral's growth – a lasting legacy of ocean conservation.

All prices are subject to 10% service charge and applicable government taxes. Certain activities may have a minimum participation requirement. / Cancellation of booked activities less than 12 hours prior to combined trips and less than 24 hours prior to private trips will incur a penalty fee that may amount to 100% of the price of the activity. / Please contact the Dive Centre or your Villa Host to make reservations.

All prices are subject to 10% service charge and 16% government tax.

Muay Thai boxing and personal training sessions

Get fit in the Maldives' only Muay Thai boxing ring with expert instruction. Enhance coordination, strength, and agility through personalised one-on-one or family sessions, all in a stunning island setting.

ADULT PROGRAMMES

Private Muay Thai	USD 250
Private Muay Thai (<i>Couple</i>)	USD 350
3 Private Lesson	USD 650
Personal Training	USD 100
Personal Training (<i>Couple</i>)	USD 150

All prices are subject to 10% service charge and 16% government tax.



Our Kids Muay Thai programmes offer a fun, safe way for children to learn basic techniques, improve coordination, and build confidence with expert guidance.



Encounter the 'Gentle giants' of the ocean

MANTA SNORKELLING (3 hours)


Encounter stunning manta rays in the protected environment of Raa Atoll. Hop on our Dhoni or speed boat to snorkel in the water for a breathtaking encounter with these gentle giants as they glide effortlessly below you with their graceful movements and amusing somersaults.

Minimum 8 years old to participate. All participants must know how to swim.

**Please note that manta ray sightings are subject to seasonal availability.
Ask your Villa Host for more information or reservations.*



BAA ATOLL
UNESCO
BIOSPHERE
RESERVE
MALDIVES



Love our reef? Help us protect it



Immersing guests in the spirit of giving back, Anantara Kihavah invites you to donate **USD 1** per night for our Dollar for Deeds programme. The resort will match the donations dollar for dollar during their stay to raise funds to support initiatives focusing on protecting our flourishing reefs, reducing our impact on the environment and promoting sustainability.

Kids marine biology adventures

With three exciting programmes to choose from, there will be one perfectly suited for your young mermaid or merman. Participation in our Dolphin, Turtle or Diver Programme is sure to educate, delight and inspire our younger generations. Enjoy presentations, a visit to SEA underwater restaurant, guided activities and more.

Please ask your Villa Host or Dive Centre for more information.





Snorkelling etiquette

The abundance of corals and marine life makes Anantara Kihavah's house reef one of the top snorkelling destinations in the Maldives. Due to the fascinating yet delicate environment of the reef, we do everything we can to protect it with the help of our team a Elements. You too can help by following these simple steps:

DOS



Wear proper equipment and ensure it fits correctly.



Only snorkel in designated areas. Visit Elements for your snorkel safety briefing.



Check weather and tide conditions before heading out.



Swim with a partner or guide for safety.



Stay hydrated and use sunscreen with a high SPF that is safe for marine life and coral reefs.

DON'TS



Don't touch, stand, or step on corals.



Don't disturb or harass marine life.



Don't litter in the ocean / avoid using single-use plastic.



Avoid snorkelling with a full stomach to prevent discomfort or cramps.



Don't feed marine creatures, as it can disrupt their natural behaviour and ecosystem balance.

UNFORGETTABLE JOURNEYS

ANANTARA.COM