



HEALTHY STARTERS

Fresh Palm-Heart Salad with Tomato and Extra Virgin Olive Oil (V) 600

Beetroot Carpaccio with Orange Dressing (V) 430

Fresh Avocado Salad with Asparagus, Romaine and Mustard Grain Dressing (V) 480

HEALTHY SOUP

Cantaloupe Melon Gazpacho with Feta Cheese(cold) (V) 460

Roasted and Smoked Bio Pumpkin Soup with Coconut Milk and Sunflower Seeds(hot) (V) 420

HEALTHY SANDWICHES AND WRAP

Whole Grain Bread Sandwich with Cream Cheese, Tomato, Avocado, Cucumber and Sunflower Seeds (V) 420

Brown Bread Sandwich with Arugula, hard Boiled Egg and Hummus Spread 420

Tuna Wrap with Fresh Spinach, Capers, Raisin and Greek Yoghurt 480

Gluten Free Bread with Dry Fruit served with Tomato Tapenade, Arugula and Smoked Marlin 520

Active Charcoal wrap with grilled Shrimps, Green Apple and Eggplant Chutney 580

HEALTHY BEVERAGES 265

Turmeric Wellness

Fresh Turmeric and Ginger, Carrot, Fresh Lemon Juice

Energy Booster

Beetroot, Carrot, Celery, Apple, Fresh Lemon Juice

Go Green

Cucumber, Celery, Spinach, Fresh Mint Leaves, Pineapple

Chia Fresca

Chia Seeds, Fresh Lemon Juice, Watermelon

MOCKTAILS 265

Lemongrass and Ginger Mojito

Fresh Lemongrass, Fresh Ginger, Fresh Mint, Fresh Lemon Juice

Avocado Spicy Mint Margarita

Fresh Avocado, Fresh Lemon Juice, Paprika

Creamy Banana & Papaya Smoothies

Fresh Banana, Fresh Papaya, Almond Milk, Low Fat Yogurt

Rosemary Grapefruit

Fresh Grapefruit, Fresh Lemon Juice, Rosemary, Tonic Water

HOMEMADE ICED TEA 265

Spicy Tamarind, Fresh Lemon Juice

Fresh Combava Leaves

Fresh Curry Leaves & Green Tea

FRESHLY SQUEEZED FRUIT JUICES 290

Apple Juice

Grapefruit Juice

Orange Juice

Pineapple Juice

Watermelon Juice

Papaya Juice

Fresh Coconut

FRESHLY SQUEEZED VEGETABLE JUICES 350

Carrot

Beetroot

Cucumber

WATER 160

Vital Still (750 ml)

Vital Sparkling (750 ml)

COFFEE

Espresso 175

Double Espresso 230

Cappuccino 205

Latte 205

Americano 175

Hot Chocolate 175

TEA SELECTION 160

Nuwara Eliya pekoe

Blueberry and Pomegranate

Moroccan Mint Green tea

Natural Rooibos

INFUSION 160

Fresh Lemongrass

Pure Peppermint

Pure chamomile

Ayapana

Moringa

All prices listed are in MUR and include 15% VAT
Nos prix sont indiqués en MUR et incluent 15% de TVA

As part of our commitment to environmental sustainability, Anantara is proudly plastic straw free. Natural, biodegradable straws are served with selected beverages or upon request.