



ANANTARA

SPA

Treatments

| | MINS | THB |
|----------------------------|-------|-------------|
| SPA JOURNEYS | | |
| Mahout relaxation package | 130 | 6,200 |
| Golden Triangle experience | 150 | 8,200 |
| Journey of Siam | 180 | 7,500 |
| SIGNATURE MESSAGES | | |
| Anantara Signature massage | 60/90 | 3,900/4,900 |
| Poo Loey massage | 60/90 | 3,900/4,900 |
| Bamboo massage | 60/90 | 3,900/4,900 |
| Four-hand massage | 60/90 | 6,400/7,400 |
| MASSAGES | | |
| Stress release massage | 60/90 | 3,900/4,900 |
| Thai herbal compress | 60/90 | 3,900/4,900 |
| Hot stone massage | 60/90 | 3,900/4,900 |
| Traditional Thai massage | 60/90 | 3,600/4,400 |
| Foot massage | 60 | 3,500 |
| BODY TREATMENTS | | |
| Poo Loey scrub | 30/60 | 1,600/3,000 |
| Coconut mint scrub | 30/60 | 1,600/3,000 |
| Green tea scrub | 30/60 | 1,600/3,000 |
| Poo Loey wrap | 30/60 | 1,600/3,000 |
| Coconut mint wrap | 30/60 | 1,600/3,000 |
| Green tea wrap | 30/60 | 1,600/3,000 |



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| FACIALS | | |
| Anantara facial treatment | 30/60 | 2,000/4,000 |
| Elemis Pro - collagen age defy | 30/60 | 2,500/4,500 |
| Elemis Pro - collagen radiance | 30/60 | 2,500/4,500 |
| Gua Sha facial treatment | 60 | 3,500 |
| STEAM AND BATH RITUALS | | |
| Herbal steam | 30 | 1,300 |
| Cannabis herbal bath | 30 | 1,300 |
| Anantara milky bath | 30 | 1,700 |
| EXPRESS ADD - ONS | | |
| Pick me up facial | 30 | 1,900 |
| Neck & shoulder massage | 30 | 1,900 |
| Foot massage | 30 | 1,900 |
| SPA FOR KIDS | | |
| Back & shoulder massage | 45/60 | 1,800/2,000 |
| Foot massage | 45/60 | 1,800/2,000 |
| Head & foot massage | 45/60 | 1,800/2,000 |
| Relaxing full body massage | 60 | 2,000 |
| Coconut body scrub | 30 | 1,500 |
| Coconut body wrap | 30 | 1,500 |
| Anantara signature facial | 30 | 2,000 |

| Wellness | MINS | THB |
|---|------|-------|
| THE NATURAL HEALING POWERS OF CANNABIS | | |
| Head to toe calming journey | 90 | 4,900 |
| Restful slumber journey | 90 | 4,900 |
| Stress release journey | 90 | 4,900 |
| INDIGENOUS WELLNESS | | |
| Yam Khang massage | 90 | 4,900 |
| Ya-Pao therapy | 60 | 3,900 |
| BALANCE WELLNESS | | |
| Shirodhara treatment | 60 | 3,500 |
| Indian head massage | 60 | 3,500 |
| Gua Sha back detox massage | 60 | 3,900 |
| MINDFULNESS PRACTICES | | |
| Mindfulness Monk Meditation | 60 | 3,500 |
| Traditional meditation | 60 | 2,500 |
| WELLNESS ACTIVITIES | | |
| Yin yoga | 60 | 2,500 |
| Hatha yoga | 60 | 2,500 |
| Restorative yoga | 60 | 2,500 |
| Power yoga | 60 | 2,500 |
| Stretching | 60 | 2,500 |
| Pilates | 60 | 2,500 |