

## **Sala Mae Nam**

Chef Pisit, our executive Chef's much in-demand culinary skill and creativity in both Asian and Western cuisine come from his more than 25 years' experience as a chef in top establishments from Macau to Maldives and from Singapore to Thailand. During this time he also broadened his horizons of creativity and innovation whilst working as a guest chef in many hotels in Europe. As native of the region, Chef Pisit is an avid aficionado of Lanna cuisine, his culinary journey began early on, inspired by his parent's love and respect for local, organic ingredients and traditional ways of preparing authentic local Northern Thai food.

Like many cuisines, Thai food is regional. The Northern Thai or Lanna cuisine is named after the Lanna kingdom, of which the people of Chiang Rai are very proud.

'Lanna' is 'Lan' (a million) and 'na' (ricefields) combined, so the Lanna, a fertile agricultural region, was the land of 'a million rice fields'. We also find influences from Mon, Khmer, Shan, Lao, and Burmese cuisine in Northern Thai food and it's the unity of these disparate elements that make Lanna cuisine so distinctive.

For a good introduction to Northern Thai food, we highly recommend the **Lanna Northern Cuisine** section of our menu. On the list of 'must-haves' on the Northern Thai table are **Kao Soi Curry Soup**, **Northern Spicy Sausage**, **Gaeng Hang Lay Moo** (pork curry).

We always thrive to get seasonal, local and organic ingredients to offer a delicious culinary experience but also to be sustainable with our local community. Each month we are adding some additional seasonal dishes to our menu.

#### **Monthly specials**

We get our chickens from a small scale local farm, located less than 5 kilometers away from our resort. It is a family business producing the best organic chicken in the area.

#### **Appetiser and Soup**

ไก่เมืองทอดกระเทียมพริกไทยและเครื่องเทศ

Marinated chicken in fish sauce, Crispy herbs with garlic and spicy roasted chili dip O Tom Som Gai Bang ต้มส้มไก่บ้าน

Local chicken spices soup and freshest organic herbs

#### Main

O Aom Gai อ๋อมไก่

**≈**350

Issan style herbal and organic flowers in curried chicken and roasted rice powder

Q Gai Nueang Num Prik ไก่บ้านผัดยอดมะพร้าวอ่อน
 พริกแกง

Steamed chicken with spices, winter vegetables and local green chili dip

O Gai Phad Yod Ma Prown Prik

ไก่บ้านนึ่งน้ำพริกหนุ่ม

× × 550

×× 280

Medium spicy wok fried chicken in red curry with young coconut plum and kaffir lime leaves

Signature dishes | Mildly Spicy | Medium Spicy | Very Spicy Vegetarian Dishes | Purist Lifestyle | Q Locally Sourced

# **Appetisers**

#### **Lanna Northern Cuisine**

Lanna ออร์เดิร์ฟเมือง Q

Chiang Rai spicy pork sausage, pork roll, and crispy pork crackling served with steamed organic vegetables with local green vegetable chili dip and pork-tomato dip

Hed Hom Thord เห็ดหอมทอด Q V 280

Fried local Mae Sai shiitake mushrooms with sweet chili sauce

Local favorite grilled marinated pork skewers accompanied with roasted chili dip

#### **Authentic Thai Cuisine**

#### Khong Wang Ruam ของว่างรวม

450

350

A selection of Sala Mae Nam signature Thai appetisers to share. Deep-fried chicken and mushroom roll, deep-fried curry fish patties, deep-fried chicken in pandan leaves and guava salad

Por Pha Pak ปอเปี้ยะผัก V 250

Vegetable spring rolls served with plum, sweet chilli and cucumber sauce

## Por Pia Hed Horm Gai ปอเปี๊ยะเห็ดหอมไก่ Q

Doi Tung Royal Project shiitake mushrooms and chicken spring rolls, served with plum, sweet chilli and cucumber sauce

Satay Gai สะเต๊ะไก่

Chicken skewers with crusty garlic bread, peanut sauce and cucumber relish

Thord Mum Pla Kai ทอดมันปลากราย

Deep fried curry fish patties served with sweet chili sauce and roasted peanuts

#### Gai Hor Bai Toew ไก่ห่อใบเตย

Deep-fried chicken in pandan leaves with sweet soya sauce



#### **Lanna Northern Cuisine**

# Salad Ruam / A selection of Thai salad (to share) สลัดรวมรส Q

Spicy mango salad with deep-fried sea bass, spicy guava salad with prawns and cashew nuts, spicy papaya salad with soft shell crab and pomelo salad

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Pomelo, shredded chicken, quail eggs and roasted coconut

## Som Tam Gai Yang สัมตำไก่ย่าง Q 💆 🛩 220

Green papaya salad with grilled chicken in a spicy lime dressing

#### Som Tam Poo Nim Thord ส้มตำปูนิ่ม 🗡 🗡 380

Papaya salad with deep-fried soft shell crab

#### **Authentic Thai Cuisine**

## Yum Ma Muang Pla Thord

#### ยำมะม่วงกับปลากระพงทอด 🔾

**380** 

Spicy mango salad with deep-fried local tilapia fish

### Tum Fa Rang Goong สัมตำฝรั่ง 🔪 320

Chiang Mai's original spicy guava salad with prawns and cashew nuts

## Yam Nueang Yang ยำเนื้อย่าง 🛩 290

Grilled Chiang Rai striploin beef salad with coriander, spring onion and tomato in a spicy garlic and lime dressing



# Soups

#### **Lanna Northern Cuisine**

## Soup Sai Gai Yum ซูปใสไก่ยำ Q 🔑 250

Chiang Saen chicken clear soup with locally sourced organic herbs

#### **Authentic Thai Cuisine**

## Tom Yum Goong ตัมยำกุ้ง การ

Chiang Rai river prawn spicy soup with straw mushrooms, lemongrass, kaffir lime, bird eye chilli and lime juice

#### Tom Kha Gai ต้มข่าไก่

**≈** ≈ 200

Coconut milk soup with chicken, galangal shoots, kaffir lime and lime juice

#### Tom Kha Hed ต้มข่าเห็ด V > 200

Coconut milk soup with wild mushroom, galangal shoots, kaffir lime and lime juice

## Soup Nuea Tun ซุปเนื้อตุ้น 320

Braised tender beef soup with potatoes

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# **Main Dishes**

**Lanna Northern Cuisine** 

Jin Som ♥ จิ้นสัมคั่วไข่สองสี  Wok-fried sour pork with salty preserved eggs and fresh garlic	Gaeng Phed Ped Yang ♥ แกงเพ็ดเป็ดย่าง  Red curry roasted duck, Phulae pineapple, lychee, kaffir lime leaves and sweet basil
Gaeng Hang Lay Moo แกงฮังเลหมู  Northern Thai curry with pork, pickled Burmese garlic, peanut and ginger	Phad Kana Moo Krob ผัดคะน้ำหมูกรอบ
Gaeng Khaw Khae Gai ด้วนคไก่ 230 Chiang Mai wild chicken dry curry with assorted vegetables	bird eye chilli and oyster sauce  Poo Nim Phad Pong Karee ผัดผงกระหรี่ ปูพี่  *650
Kao Soy Q ข้าวซอยไก่ / เนื้อ / กุ้ง  Traditional Chiang Mai egg noodles in yellow curry soup with your choice of chicken, beef or prawn	Stir-fried soft shell crab with yellow curry sauce  Gai Phad Med Ma Muang
Kao Phad Lanna Q ข้าวผัดออร์เดิร์ฟเมือง 🛩 🗷 280 Chiang Rai fried rice with green chili	ไก่ผัดเม็ดมะม่วงหิมพานต์ Stir–fried chicken with cashew nuts, onions and dried chilies
paste, crispy pork crackling and northern pork spicy sausage  Authentic Thai Cuisine	Phad Thai ผัดไทย  Stir-fried rice noodles with your choice of prawns, beef, chicken or vegetarian V in
Goong Mea Nam Sauce Makham กุ้งซอสมะขาม Chiang Rai river prawns with red onion and tamarind sauce	Kao Pad  Fried rice with your choice of prawns, chicken, beef, pork or vegetarian V
Gaeng Massaman Nuea แกงมัสมันเนื้อ	Phad Pak Ruam Q ผัดผักรวมน้ำมันหอย280Stir fried mixed Chiang Rai Royal Project vegetables in garlic and oyster sauce
Gaeng Kiew Waan Gai แกงเขียวหวานไก่	

water chestnuts, sweet basil and galangal

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