

Sala Mae Nam

Chef Pisit, our executive Chef's much in-demand culinary skill and creativity in both Asian and Western cuisine come from his more than 25 years' experience as a chef in top establishments from Macau to Maldives and from Singapore to Thailand. During this time he also broadened his horizons of creativity and innovation whilst working as a guest chef in many hotels in Europe. As native of the region, Chef Pisit is an avid aficionado of Lanna cuisine, his culinary journey began early on, inspired by his parent's love and respect for local, organic ingredients and traditional ways of preparing authentic local Northern Thai food.

Like many cuisines, Thai food is regional. The Northern Thai or Lanna cuisine is named after the Lanna kingdom, of which the people of Chiang Rai are very proud.

'Lanna' is 'Lan' (a million) and 'na' (ricefields) combined, so the Lanna, a fertile agricultural region, was the land of 'a million rice fields'. We also find influences from Mon, Khmer, Shan, Lao, and Burmese cuisine in Northern Thai food and it's the unity of these disparate elements that make Lanna cuisine so distinctive.

For a good introduction to Northern Thai food, we highly recommend the Lanna Northern Cuisine section of our menu. On the list of 'must-haves' on the Northern Thai table are Kao Soi Curry Soup, Northern Spicy Sausage, Gaeng Hang Lay Moo (pork curry).

We always thrive to get seasonal, local and organic ingredients to offer a delicious culinary experience but also to be sustainable with our local community. Each month we are adding some additional seasonal dishes to our menu.

Monthly specials

We get our local Red Tilapia fish from a small province called Mae Chan which is 20 kilometers away from our resort. It is a small family run business that provides the freshest fish in the region using sustainable fishing methods.

Appetiser and Soup

O Thord ทอดสมุนไพรน้ำจิ้มสามรส

650

O Tom Som ต้มโคล้ง

280

Crispy fish with local Thai spices and herbs accompanied with a Thai spicy lime dip.

Spicy and sour soup flavored with Thai herbs, basil and tamarind sauce.

Main

O Phad King Sod ผัดขิงสด

≈ 650

Wok fried red tilapia fish with Thai mixed spices and fresh ginger.

O Nueng Num Prik Ong ปลานึ่งน้ำพริกอ่อง

750

Q Pad Prik Gaeng ผัดเครื่องแกง

Red tilapia fish cooked in red curry sauce with eggplants, chili and green pepper corn.

Red tilapia fish steamed with local herbs and spicy tomato dip.

Signature dishes / Mildly Spicy / Medium Spicy / Me V Vegetarian Dishes

▼ Purist Lifestyle

O Locally Sourced

Appetisers

Lanna Northern Cuisine

Chiang Rai spicy pork sausage, pork roll, and crispy pork crackling served with steamed organic vegetables with local green vegetable chili dip and pork-tomato dip

Hed Hom Thord เห็ดหอมทอด Q V 280

Fried local Mae Sai shiitake mushrooms with sweet chili sauce

Local favorite grilled marinated pork skewers accompanied with roasted chili dip

Authentic Thai Cuisine

Khong Wang Ruam ของว่างรวม

450

A selection of Sala Mae Nam signature Thai appetisers to share. Deep-fried chicken and mushroom roll, deep-fried curry fish patties, deep-fried chicken in pandan leaves and guava salad

Por Pha Pak ปอเปี๊ยะผัก V 250

Vegetable spring rolls served with plum, sweet chilli and cucumber sauce

Por Pia Hed Horm Gai ปอเปี๊ยะเห็ดหอมไก่ Q

350

Doi Tung Royal Project shiitake mushrooms and chicken spring rolls, served with plum, sweet chilli and cucumber sauce

Satay Gai สะเต๊ะไก่

Chicken skewers with crusty garlic bread, peanut sauce and cucumber relish

Thord Mum Pla Kai ทอดมันปลากราย

Deep fried curry fish patties served with sweet chili sauce and roasted peanuts

Gai Hor Bai Toew ไก่ห่อใบเตย

Deep-fried chicken in pandan leaves with sweet soya sauce



Salads

Lanna Northern Cuisine

Salad Ruam / A selection of Thai salad (to share) สลัดรวมรส O **► ►** 550

Spicy mango salad with deep-fried sea bass, spicy guava salad with prawns and cashew nuts, spicy papaya salad with soft shell crab and pomelo salad

Yam Som O ยำสัมโอ O **● ≈** 310

Pomelo, shredded chicken, quail eggs and roasted coconut.

Som Tam Gai Yang สัมตำไก่ย่าง Q **220**

Green papaya salad with grilled chicken in a spicy lime dressing

Papaya salad with deep-fried soft shell crab

Authentic Thai Cuisine

Yum Ma Muang Pla Thord

ยำมะม่วงกับปลากระพงทอด 🔾

380

Spicy mango salad with deep-fried local tilapia fish

Tum Fa Rang Goong ส้มตำฝรั่ง × 320

Chiang Mai's original spicy guava salad with prawns and cashew nuts

Yam Nueang Yang ยำเนื้อย่าง × 290

Grilled Chiang Rai striploin beef salad with coriander, spring onion and tomato in a spicy garlic and lime dressing



Soups

Lanna Northern Cuisine

Soup Sai Gai Yum ซูปใสไก่ยำ Q **250**

Chiang Saen chicken clear soup with locally sourced organic herbs

Authentic Thai Cuisine

360 Tom Yum Goong ต้มยำกุ้ง

Chiang Rai river prawn spicy soup with straw mushrooms, lemongrass, kaffir lime, bird eye chilli and lime juice

Tom Kha Gai ต้มข่าไก่



Coconut milk soup with chicken, galangal shoots, kaffir lime and lime juice

Tom Kha Hed ต้มข่าเห็ด

V 🛩 🛩 200

Coconut milk soup with wild mushroom, galangal shoots, kaffir lime and lime juice

Soup Nuea Tun ซุปเนื้อตุ้น 320

Braised tender beef soup with potatoes

Main Dishes

Lanna Northern Cuisine Jin Som O จิ้นสัมคั่วไข่สองสี Wok-fried sour pork with salty preserved eggs and fresh garlic	Gaeng Kiew Waan Gai แกงเขียวหวานไก่
Gaeng Hang Lay Moo แกงฮังเลหมู 260 Northern Thai curry with pork, pickled Burmese garlic, peanut and ginger	แกงเผ็ดเป็ดย่าง
Gaeng Khaw Khae Gai ด้วนคไก่ Chiang Mai wild chicken dry curry with assorted vegetables	Phad Kana Moo Krob ผัดคะน้ำหมูกรอบ ~ 290 Chinese Kale, crispy pork, garlic, bird eye chilli and oyster sauce
 Kao Soy Q ข้าวซอยไก่ / เนื้อ / กุ้ง Traditional Chiang Mai egg noodles in yellow curry soup with your choice of chicken, beef or prawn Kao Phad Lanna Q ข้าวผัดออร์เดิร์ฟเมือง ► 280 	Poo Nim Phad Pong Karee ผัดผงกระหรื่ ปูนี่
Chiang Rai fried rice with green chili paste, crispy pork crackling and northern pork spicy sausage	Gai Phad Med Ma Muang ♥ ไก่ผัดเม็ดมะม่วงหิมพานต์ Stir-fried chicken with cashew nuts, onions and dried chilies
Authentic Thai Cuisine Goong Mea Nam Sauce Makham กุ้งซอสมะขาม Chiang Rai river prawns with red onion and tamarind sauce	Phad Thai ผัดไทย Stir–fried rice noodles with your choice of prawns, beef, chicken or vegetarian V in tamarind sauce
Gaeng Massaman Nuea แกงมัสมั่นเนื้อ	Kao Pad Fried rice with your choice of prawns, chicken, beef, pork or vegetarian V
	Phad Pak Ruam Q ผัดผักรวมน้ำมันทอย280Stir fried mixed Chiang Rai Royal Project vegetables in garlic and oyster sauce