





WHAT IS IV THERAPY

Most people are deficient in much-needed vitamins and minerals. Everyone thinks they can correct this with multivitamins. Doing so will only help partly. IV therapy replaces the missing nutrients, minerals, and vitamins in a pleasant setting via an intravenous solution (IV).

Our menu includes a wellness approach for several life situations.

BENEFITS OF IV THERAPY

In most cultures today, people push their bodies to the absolute limit. IV therapy is crucial in addressing deficiencies at the cellular level. Unlike when vitamins and minerals are introduced via the digestive system, there's no need to wait for our formulations to work.

IV therapy is delivered directly to the bloodstream and is effective immediately.

IV THERAPY PROCESSES

01

OLIGOSCAN ANALYSIS

Rapid and pain-free analysis for instant noninvasive measurements of minerals, trace elements, oxidative stress, and toxic metals to ensure you receive the right IV vitamins / detox drips.

02

IV THERAPY

Delivering needed vitamins, minerals, amino acids, and other vital nutrients into the bloodstream for 100% absorption and instant results. To improve brain functions, skin, hair, nails, gut health, weight loss, muscle building, anti-aging, etc.

03

OXYGEN THERAPY (OPTIONAL)

Provides an uplifting refreshed feeling, as well as increased energy, stress relief, detoxification, and general overall well-being.

EXPRESS IV DRIPS



OCEAN EXPRESS HYDRATION

AED 325 (15 - 20 mins)

- · Instant hydration
- · Radiate and glow skin
- · Perfect for detox



IRONMAN EXPRESS FITNESS BOOST

AED 437 (15 - 20 mins)

- · Muscle buildup for athletic performance
- · Improves metabolism
- · Relieves muscle soreness



SIMBA EXPRESS ENERGY

AED 437 (15 - 20 mins)

- Energy booster
- · Reduce tiredness and fatigue



BAGIRA EXPRESS IMMUNITY

AED 549 (15 - 20 mins)

- · Boost immune system
- Improve your ability to heal and prevent infections

COSMETIC IV DRIPS



PHANTOM WEIGHT LOSS

AED 1624 (45 mins)

- · Supports weight loss
- · Boosts metabolism
- · Improve liver health



GLAM SKIN, HAIR & NAILS

AED 1624 (45 mins)

- Improves appearance of your skin, hair and nails
- · Stimulates the keratin production in hair
- Increase the rate of folicle growth
- · Provides radiant glowing skin



HEALTHY GUT

AED 1781 (45 mins)

- Provides energy for digestive system and immune cells
- Prevents bloating and improves acidity



IRONMAN FITNESS BOOST

AED 1736 (45 mins)

- Helps muscle buildup for athletic performance
- Improves metabolism
- · Relieves muscle soreness

FUNCTIONAL IV DRIPS



HAKUNA ORIGINAL MYERS COCKTAIL

AED 885 (45 mins)

- · Improves energy and immunity
- · Improves brain function



GLUTATHIONE

AED 885 (45 mins)

- Perfect for skin
- · Provides radiant glowing skin
- · Treats acne and hyperpigmentation





THUNDER BUZZ PRE/POST PARTY

AED 1221 (45 mins)

- · Relieves headache and jetlag instantly
- · Eliminates nausea and tiredness
- Improves hydration in the body



SUPER FLUSH DETOX

AED 1288 (45 mins)

- Boosts immunity and hydration in the body
- · Detoxify all heavy metals
- Flushes out radicals using antioxidant powers



BRAINIAC MEMORY BOOST

AED 1400 (45 mins)

- Supports weight loss
- · Boosts metabolism
- · Improve liver health



JAGUAR IMMUNITY BOOST

AED 1400 (45 mins)

- Improves appearance of your skin, hair and nails
- · Stimulates the keratin production in hair
- Increase the rate of folicle growth
- · Provides radiant glowing skin





TORNADO ENERGY BOOST

AED 1400 (45 mins)

- Provides energy for digestive system and immune cells
- · Prevents bloating and improves acidity



OXYGEN THERAPY

AED 325 (15 - 20 mins)

- Helps muscle buildup for athletic performance
- · Improves metabolism
- · Relieves muscle soreness

SPECIALIZED & ANTI-AGING IV DRIPS









CÉ LA VIE ULTIMATE

AED 1893 (45 - 60 mins)

- · Improves overall well-being
- Provides more energy
- · strengthens your immune system
- Gives more hydration
- · Improves the appearance of your skin, hair and nails
- A detoxifying IV drip that improves mood and provides better sleep











NAD +

AED 2464 (1 - 2 hrs)

- Next generation anti-oxidant that promotes anti-aging
- · Helps lessen wrinkles and fine lines
- Boosts energy
- · Improves metabolism
- · Perfect to maintain radiant skin

HOW DOES IV THERAPY WORK?

Therapy is a procedure that uses an intravenous drip to infuse essential vitamins, minerals, and amino acids directly into the body. The advantage of this is that higher levels of nutrients can often be introduced into the body (at a 100% absorption rate) than would be possible if taken orally (which is usually 10% to 30%).

I'M SCARED OF NEEDLES. WILL IT HURT?

Most people barely feel the IV placement and many don't feel it at all. A specialized Nurse or Doctor will place a small 22-gauge needle, after pre-treating the skin with a very cold "freeze" spray called "Pain Ease" to minimize discomfort.

HOW OFTEN SHOULD I GET IT?

How often or at what intervals you should get intravenous therapy depends on the specific type of treatment you are getting since each patient's treatment is customized.

DOES IV THERAPY WORK?

There is a growing body of scientific evidence documenting the efficacy of vitamin/nutrient IV Therapy. Plus, just ask our many happy clients!

WHAT CAN I EXPECT DURING MY TREATMENT?

Most of the IV Drips take anywhere between 15 - 30 minutes during which time a patient can combine another spa treatment, read a book, listen to music or just relax in the comfort of your own Villa. Once the IV Therapy procedure has started, you will be reclined in a comfortable chair as the drip is administered.



Reserve your experience
Call +971 (4) 444 1410 for Anantara Spa or email
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