





Introduction

California is all about beauty, health and longevity. This is why celebrities are flocking to Beverly Hills IV Therapy. Our specially formulated IV infusions help promote all aspects of wellness and beauty. Come and find out why we have taken Hollywood by storm! While on vacation, enjoy and rejuvenate. Do so, at our luxurious spa while receiving another treatment, or in the comfort of your own Villa. Also, ask about our IV packages.

What is IV Therapy?

Most people are deficient in much needed vitamins and minerals. Everyone thinks they can correct this with multivitamins. Doing so will only help partly. IV Therapy replaces the missing nutrients, minerals and vitamins in a pleasant setting via an intravenous solution (IV). Our menu includes a wellness approach for several life situations.

What are the Benefits of IV Therapy?

In most cultures today people push their bodies to the absolute limit. IV Therapy is crucial in addressing deficiencies at the cellular level. Unlike when vitamins and minerals are introduced via the digestive system, there's no need to wait for our formulations to work. IV Therapy is delivered directly to the bloodstream and is effective immediately.

Does IV Therapy work?

There is a growing body of scientific evidence documenting the efficacy of vitamin / nutrient IV Therapy. Plus, just ask our many happy clients.

IV Therapy Menu

ANANTARA B WELL: **\$175**

Stay hydrated and tickle your cells with a B12 infusion. It's great for your brain and supports your immune system.

FRUIT INFUSION: **\$185**

Continue to be beautiful. Maintain your skin and health with an ascorbic acid-based IV that will also give much-needed fluids. It will also give your body's collagen and hair a boost.

JUMP START: **\$185**

Start your vacation with a Taurine boost that will help with energy levels to get up and go.

GLOW: **\$195**

Restore your glow by correcting the mineral imbalance we all have from life stresses. Go home feeling balanced.

HYDRATION QUENCHER: **\$220**

Your hydration status is often overlooked as a cause for many symptoms. With a full day of fun on the beach, dehydration can occur. Hydration therapy can alleviate fatigue, stress, hunger, flush out toxins, moisturize the skin and support the immune system.

ANANTARA JETLAG BUSTER: **\$235**

Kick your jetlag after a flight from Dubai, Moscow, Beijing or New York. Everyone will need to recover with this solution of vitamins, minerals and energy boosters. Either arrival or departure, enjoy your trip to the fullest.

SUNBURN HEALER: **\$235**

A wee bit of extra time in the sun? Don't be red-Be happy. The hydration and antioxidants in our sunburn IV will keep your skin and attitude healthy!

METABOLISM BURNER: **\$245**

Need some help burning off those extra holiday calories? Our metabolism booster is just the answer. The combination of vitamins and taurine booster will get your basic metabolic rate ramped up and keep fat from being deposited.

IV Therapy Menu

WEIGHT LOSS MAGIC: **\$315**

Don't want to be seen on the beach with love handles? Come get a weight loss infusion. Amino acids including Arginine help to reduce toxins and give your cells good nutrients. Also, with Taurine, digestion is improved and fats are broken down. This is the perfect start to a diet that works.

IMMUNITY BOOST: **\$325**

Boost your immune system to help fight whatever life throws at you. A high dose of ascorbic acid has been shown to fight off the effects of infections. Our proprietary blend of vitamins will get your immune system up and running! Also, great if you have a cold or flu.

BEAUTY SOLUTION: \$325

The IV facial is a mainstay of our celebrity clientele. Start your vacation being beautiful inside and out. Rehydrate, replenish and restore with the Beverly Hills solution that includes antioxidants which have been shown to inhibit aging of the skin. Also, the vitamins and electrolytes aid in the anti-aging process. Lastly, high-dose vitamin C and glutathione will brighten your skin.

FITNESS RECOVERY: **\$335**

Ideal for the weekend warrior, to the pro athlete, or the active one on the beach. Hydration combined with electrolytes, vitamins, amino acids (protein building blocks) and more will assist in recovery and muscle building.

NAD+ YOUTH BUILDER - THE ROLLS ROYCE OF IVS: \$795

Many vital mitochondrial components decrease with age. Combining our NAD plus beauty booster with amino acids and brain phospholipids will help to establish brain and muscle youthfulness again. This also helps to treat sun-damaged skin, insomnia, loss of muscle mass, brain fog, memory loss, sagging skin, heart health, beer belly, bad liver, metabolic issues, ear function and chronic fatigue. NAD will make you feel youthful again. This treatment is 2 hrs long.

Why don't you try reflexology or a hair massage while having one of our IVs Please contact the spa for an in-villa IV.

BOOSTER SHOTS:

\$30 - Vitamin B12\$35 - Anti-inflammatory*\$40 - Slimming Boost

\$45 - Anti-nausea*\$60 - Anti-inflammatory Wonder Drug*\$95 - Glutathione

Note: *Requires Physicians Permission

What does IV Therapy treat? IV Therapy is a safe and effective treatment for a

IV Therapy is a safe and effective treatment for a wide range of modern health concerns, including stress and fatigue.

FAQ's

1. How does IV Therapy work?

IV Therapy is a procedure that uses an intravenous drip to infuse essential vitamins, minerals and amino acids directly into the body. The advantage of this is that higher levels of nutrients can often be introduced into the body (at 100% absorption rate) than would be possible if taken orally (which is usually 10% - 30%).

2. How often should I get IV Therapy?

How often or at what intervals you should get intravenous therapy depends on the specific type of treatment you are getting, since each patient's treatment is customized.

3. I'm scared of needles will it HURT?

Most people barely feel the IV placement, and many don't feel it at all. A specialized Nurse or Doctor will place a small 22 gauge needle, after pre-treating the skin with a very cold "freeze" spray called "Pain Ease" to minimize discomfort.

4. What can I expect during my treatment?

Most of the IV drips take anywhere between 15-30 minutes during which time a patient can combine another spa treatment, read a book, listen to music or just relax in the comfort of your own Villa. Once the IV Therapy procedure has started, you will be reclined in a comfortable chair as the drip is administered.

5. Does IV Therapy work?

There is a growing body of scientific evidence documenting the efficacy of vitamin/nutrient IV Therapy. Plus, just ask our many happy clients!





Deborah Alessi, a Scottish born businesswoman, and CEO to several international brands has had a keen interest in health and beauty her entire life. Living a very active and busy lifestyle, and having worked with numerous global enterprises and Fortune 500 businesses throughout the years, Deborah has searched the world for the best concepts and treatments when it comes to health, wellness and beauty.

Along with her husband, a biochemist, longevity expert and Plastic Surgeon to the stars, together they have developed a unique combination of formulas for IV vitamin infusions that help to rejuvenate, revive and beautify.

Anantara Dhigu Resort South Male Atoll 20109, Maldives Phone: +960 664-4100

Anantara Veli Resort Veligandu, South Male Atoll 20109, Maldives Phone: +960 664-4100

Naladhu Private Island Maldives

Veligandu Huraa, South Male Atoll 20109, Maldives Phone: +960 664-4105

Alessi Institute

9735 Wilshire Boulevard, Suite 300, Beverly Hills, CA 90212 Phone: +1 (310) 746 4060 | www.beverlyhillsivtherapy.com