

asiaSpa

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THE HEALTH ISSUE

VEGAN ATHLETICISM
BOOZE-FREE BARS

+10
TOP
WELLNESS
PREDICTIONS

MYANMAR
ADVENTURE
HOW HEALTHY
ARE YOU?
WELLNESS IN
COPENHAGEN



Hong Kong, China HK\$48 • Singapore S\$8 (inc GST)
Malaysia M\$28 • Thailand B\$30 • China Rmb\$8
Philippines P\$25 • Indonesia Rp\$5,000 (inc tax)
Australia A\$38 • New Zealand NZ\$8 • Japan ¥1,200 • South Korea ₩4,000
Taiwan, China NT\$28 • Rest of Asia US\$7 • USA US\$9 • Rest of world £7

GLADOW NEAD
COMMUNICATIONS

ASIA SPA
JANUARY/FEBRUARY 2017

Latest Escapes

DHIGU

Over the Bridge

Anantara Dhigu Maldives unveils 132sqm Over Water Suites with natural rattan decorative panels, Italian ceramic tiling and outdoor lanterns along floor-to-ceiling windows where guests can marvel at the dazzling turquoise sea from the comfort of their king-sized beds. A revamp allows for more natural light and a greater sense of space; an outdoor sun terrace with loungers and daybeds for guests who want to up their vitamin D intake. To access crystal waters of the lagoon and colourful marine life, guests only need to cross a ladder connecting the deck and the big blue. www.anantara.com

