

IMMERSE IN A SERENE SPA EXPERIENCE  
AT ANANTARA DESARU



**ANANTARA**

SPA

# A SERENE GARDEN SPA, EMBRACED BY MALAYSIA'S COASTAL BEAUTY

Originating in Thailand, traversing the globe, and now arriving on Malaysia's golden shores, Anantara Spa's award-winning touch heals body, mind and soul. Each treatment is bespoke, luxurious and holistic, with signature experiences that are rooted in indigenous healing traditions.

**Drop in for an express beauty treatment or linger for a spa journey for all the senses.**

AT ANANTARA SPA, THE GREATEST JOURNEYS  
ARE FELT, NOT TOLD.

OPENING HOURS:

MONDAY - THURSDAY : 10 AM – 8 PM

FRIDAY - SUNDAY : 10 AM – 10 PM

For enquiries and reservations, please contact the Guest Service Centre at ext. "0".

## SIGNATURE EXPERIENCES

Drawing on Anantara Spa's world class expertise, the finest indigenous wellness traditions and unique holistic therapies, our selection of highly specialist rituals blend luxurious pampering with powerful, long lasting benefits for body, mind and soul.

### ANANTARA SIGNATURE MASSAGE

60/90 MINUTES

Revered Eastern and Western massage techniques, combined with a signature oil blend, stimulate the circulation, promote deep relaxation and restore energy flow for overall wellbeing.

### BESPOKE SPA EXPERIENCE

60/90 MINUTES

Indulge in an exclusive spa journey designed around your needs and mood. Highlight the areas you wish to focus on, then let us tailor the perfect treatment.

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# MASSAGES

## THE ROOTS OF MALAYSIA

60/90 MINUTES

A signature massage that combines the healing traditions and techniques of Malaysia. Your treatment begins with a foot soak and guided breathing techniques. This is followed by full body palm work combined with light foot pressure points and passive stretching.

## CHROMO-AROMA WELLNESS BODY MASSAGE

60/90 MINUTES

A holistic blend of aroma and colour therapy treats body and soul. Choose from our selection of premium oils to suit your mood, then lay back for a gentle and soothing massage.

## FOOT MASSAGE

60/90 MINUTES

Specific thumb, finger and hand techniques are applied to various reflex points on the feet, enhanced with warm stones to remove stagnant qi flow and improve circulation.

## EXPRESS MASSAGE

30 MINUTES

A quick fix designed to relieve stress and tension by concentrating on specific areas of your request, whether head, neck, shoulders or back.

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# FACIAL

## 24K LUXURIOUS GOLD FACIAL

120 MINUTES

An ancient treatment for anti-ageing and beautifying, 24k gold stimulates natural cellular repair and promotes greater cellular longevity. Minimise wrinkles, stimulate collagen, lift and glow.

## CHROMO-AROMA HOLISTIC FACIAL

90 MINUTES

Choose the ideal essential oil according to your mood. 100% natural plant extracts, free from harmful chemicals, give you that glow from within.

## HYDRAMEMORY COMPLETE FACIAL

90 MINUTES

For the ultimate in hydration for the face, neck and décolleté. Moringa oil, apple, lentil, watermelon and hyaluronic acid provide 24-hour moisture while also restructuring the cutaneous barrier.

## SACRED NATURE ECO-VEGAN FACIAL

75 MINUTES

Ideal for sensitive, dehydrated and chemically treated skin, natural botanics formulated according to ecocertification standards detoxify, nourish and protect.

## EXPRESS FACIAL

30 MINUTES

For the client on the go. Renew and maintain a healthy complexion, with a deeply hydrating treatment to rejuvenate in a flash.

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## SPA ETIQUETTE

- Please arrive 30 minutes prior to your treatment in order to complete your health assessment form and take time to relax in our tranquil surroundings.
- Please note that the spa is for adults to ensure the tranquil surroundings is maintained.
- We recommend you leave all jewellery in your room before coming to the spa.
- Treatments can be charged to your room and will appear on your account at the time of check-out.
- Please give five hours cancellation notice on individual treatments, otherwise 50% of the price may be charged to your account. Full charges will be incurred when appointments are cancelled less than five hours prior to treatment time or for no shows.
- We recommend you do not sunbathe after any oil treatments.
- For men, please shave prior to all facial treatments to ensure that maximum results are achieved.
- Smoking and the use of mobile phones is prohibited in the spa.
- Arriving late will decrease the duration of your treatment.
- Guests who have high blood pressure, heart conditions, allergies, who are pregnant or have any other medical complications are advised to consult a doctor before signing up for any treatments.
- Please notify our spa receptionists of any existing medical conditions.
- Last appointment is 90 minutes before closing time.

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# PRICE LIST

	DURATION (MIN)	PRICE (RM)
<b>SIGNATURE TREATMENTS</b>		
Anantara Signature Massage	60/90	450/600
Bespoke Spa Experience	60/90	400/550
<b>MASSAGE</b>		
The Roots Of Malaysia	60/90	400/550
Chromo-aroma Wellness Body Massage	60/90	350/500
Foot Massage	60/90	300/450
Express Massage	30	200
<b>FACIAL</b>		
24K Luxurious Gold Facial	120	700
Chromo-aroma Holistic Facial	90	550
Hydramemory Complete Facial	90	500
Sacred Nature Eco-Vegan Facial	75	400
Express Facial	30	200

- All prices are in Malaysian Ringgit and subject to 6% Sales tax
- Prices are subject to change without prior notice
- Opening hours: Monday to Thursday : 10 AM - 8 PM  
Friday to Sunday : 10 AM - 10 PM

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