

IMMERSE IN A TRUE SERENE SPA EXPERIENCE
BY THE COAST AT ANANTARA DESARU.



ANANTARA

SPA

A SERENE GARDEN SPA, EMBRACED BY MALAYSIAN COASTAL BEAUTY

Originating in Thailand, traversing the globe, and now arriving on Malaysia's golden shores, Anantara Spa's award-winning touch heals body, mind and soul. Each treatment is bespoke, luxurious and holistic, with signature experiences that are rooted in indigenous healing traditions.

Drop in for an express beauty treatment or linger for a spa journey for all the senses.

AT ANANTARA SPA, THE GREATEST JOURNEYS
ARE FELT, NOT TOLD.

OPENING HOURS: 10.00 AM – 10.00 PM

For enquiries and reservations, please contact the Guest Service Centre at ext. "0".

SIGNATURE EXPERIENCES

Drawing on Anantara Spa's world class expertise, the finest indigenous wellness traditions and unique holistic therapies, our selection of highly specialist rituals blend luxurious pampering with powerful, long lasting benefits for body, mind and soul.

ANANTARA SIGNATURE MASSAGE

60 MINUTES

Revered Eastern and Western massage techniques, combined with a signature oil blend, stimulate the circulation, promote deep relaxation and restore energy flow for supreme wellbeing.

BESPOKE SPA EXPERIENCE

60 MINUTES

Indulge in an exclusive spa journey designed around your needs and mood. Highlight the areas you wish to focus on, then let us tailor the perfect treatment.

For enquiries and reservations, please contact the Guest Service Centre at ext. "0".

MASSAGES

THE ROOTS OF MALAYSIA

60 MINUTES

A signature massage that combines the healing traditions and techniques of Malaysia. Your treatment begins with a foot soak and guided breathing techniques. This is followed by full body palm work combined with light foot pressure points and passive stretching.

CHROMO-AROMA WELLNESS BODY MASSAGE

60 MINUTES

A holistic blend of aroma and colour therapy treats body and soul. Choose from our selection of high-energy oils to suit your mood, then lay back for a gentle and soothing massage.

FOOT MASSAGE

60 MINUTES

Specific thumb, finger and hand techniques are applied to various reflex points on the feet, enhanced with warm stones to remove stagnant qi flow and improve circulation.

For enquiries and reservations, please contact the Guest Service Centre at ext. "0".

SPA ETIQUETTE

- Please arrive 30 minutes prior to your treatment in order to complete your health assessment form and take time to relax in our tranquil surroundings.
- Please note that the spa is unsuitable for small children and babies, unless receiving a treatment as we try to ensure that all our guests benefit from the tranquil surroundings.
- We recommend you leave all jewellery in your room before coming to the spa.
- Treatments can be charged to your room and will appear on your account at the time of check-out.
- Please give five hours cancellation notice on individual treatments, otherwise 50% of the price may be charged to your account. Full charges will be incurred when appointments are cancelled less than five hours prior to treatment time or for no shows.
- We recommend you do not sunbathe after any oil treatments.
- For men, please shave prior to all facial treatments to ensure that maximum results are achieved.
- Smoking and the use of mobile phones is not permitted in the spa.
- Arriving late will decrease the duration of your treatment.
- Guests who have high blood pressure, heart conditions, allergies, who are pregnant or have any other medical complications are advised to consult a doctor before signing up for any treatments.
- Please notify our spa receptionists of any existing medical conditions.

For enquiries and reservations, please contact the Guest Service Centre at ext. "0".

PRICE LIST

	DURATION	PRICE (RM)
SIGNATURE TREATMENTS		
Anantara Signature Massage	60 Min	450
Bespoke Spa Experience	60 Min	400
MASSAGE		
The Roots Of Malaysia	60 Min	400
Chromo-aroma Wellness Body Massage	60 Min	350
Foot Massage	60 Min	300

- All prices are in Malaysian Ringgit and are subject to 6% Sales and Service Charge
- Prices are subject to change without prior notice
- Treatments are available from 10.00 am - 10.00 pm

For enquiries and reservations, please contact the Guest Service Centre at ext. "0".