



ANANTARA

SPA

In-Residence Spa Menu



In Residence Spa Menu

We bring Anantara Spa to you.

Experience the ultimate relaxation without leaving the comfort of your residence. Our exclusive in-residence spa menu features a curated selection of treatments delivered directly to your doorstep. Let our professional therapists transform your space into a serene wellness sanctuary designed for complete rejuvenation.

All in residence spa treatments require booking at least 24 hours in advance to ensure availability and proper preparation.

Opening Hours : 10.00 AM - 8.00 PM

Romantic Gateway-Couples

Our Spa Journey Includes:

Foot Ritual: Begin with a soothing foot wash using warm aromatic water to ground and refresh your senses.

Music Selection: Choose your preferred relaxation music to accompany your journey.

90-minute Signature Massage: Melt away tension with our unique blend of Eastern and Western techniques designed for deep relaxation.

30-minute Hibiscus & Rose Body Scrub:
Gently exfoliate and renew the skin, leaving it smooth and radiant.

Romance Bubble Milk Bath with Flower:
A sensual soak surrounded by rose petals, a celebration of togetherness.

Refreshment: A glass of Sparkling Wine or fresh Juice served with chocolate praline to complete your romantic escape.

150 MINUTES

MYR 2750++ per couple





The Ultimate Glow

Experience head-to-toe relaxation and radiant renewal in the comfort of your residence.

Your Spa Journey Includes:

Foot Ritual: Begin with a warm aromatic foot wash to cleanse, relax, and prepare your senses for the journey ahead.

Music Selection: Personalize your ambiance by choosing your preferred relaxation music.

60-minute Aroma Wellness Body Massage: A soothing massage designed to relieve tension, ease stress, and restore harmony throughout your body.

60-minute Rejuvenating Facial by Phytomer: A revitalizing facial treatment that hydrates and illuminates your skin for the ultimate post-spa glow.

120 MINUTES

MYR 1250++ per person

MYR 2300++ per couple

Signature Experiences

Our Spa Journey Includes:

Foot Ritual: Begin with a soothing foot wash using warm aromatic water to ground and refresh your senses.

Music Selection: Choose your preferred relaxation music to accompany your journey.

Combining Eastern and Western techniques with our signature oil blend, this massage stimulates the circulation and deeply relaxes muscles. This unique technique will help clear energy blockages and promote overall wellbeing.

ANANTARA SIGNATURE
MASSAGE

90 minutes
MYR 800

Using aromatic oil and a set of warmed bamboo sticks in various sizes, this distinctive massage incorporates stroking and rolling techniques to release muscular knots and tension, reduce toxin accumulation and fluid retention, and encourage healthy circulation.

BAMBOO MASSAGE

90 MINUTES
MYR 800

Harnessing the ancient energy of the Himalayas, this treatment combines the benefits of heat therapy massage with hand-carved salt stones. These stones restore essential minerals and trace elements to the body, encouraging natural detoxification and melting away tension. This holistic approach aims to promote overall well-being.

HIMALAYAN THERMAL
THERAPY

90 MINUTES
MYR 800

Release tension both physically and emotionally, this treatment also will harmonise energy flow, this unique technique will stimulate blood circulation and the body's natural detoxification. This will coax you into a deep state of meditative relaxation, singing bowls are used to begin and conclude this ritual.

CHAKRA-BALANCING
THERAPY

90 MINUTES
MYR 800

Surrender yourself to a deep and firm pressure using the elbow technique. This restorative treatment is specifically designed to enhance muscle recovery and flexibility after a long day of golf or an intense workout.

GOLF REMEDIAL
MASSAGE

90 | 120 MINUTES
MYR 800 | 900

Indulge in an exclusive spa massage journey designed around your needs and mood. Highlight the areas you wish to focus on, then let us tailor the perfect treatment.

BESPOKE EXPERIENCE
BODY MASSAGE

60 | 90 MINUTES
MYR 700 | 800



Supplementary Treatment

A soothing foot therapy designed to ease tension, improve circulation, and restore overall balance. Perfect for relieving fatigue and bringing deep relaxation to tired feet.

FOOT MASSAGE

MYR 600 | 60 Minutes

A focused, quick-relief massage targeting key areas of stress and muscle tightness. Ideal for busy guests seeking immediate comfort and revitalisation.

EXPRESS REMEDY MASSAGE

MYR 600 | 45 Minutes

A revitalising facial treatment tailored to refresh and brighten the complexion. Gently restores hydration, radiance and skin vitality for a naturally healthy glow.

SIGNATURE FACIAL

MYR 780 | 60 Minutes

A meticulous nail treatment that shapes, buffs, and polishes with long-lasting gel colour. Leaves hands looking elegant, glossy and perfectly groomed.

GEL MANICURE

MYR 650 | 60 Minutes

A pampering foot treatment that smooths, hydrates, and finishes with a durable gel polish. Provides beautifully refreshed feet with a flawless shine.

GEL PEDICURE

MYR 700 | 60 Minutes



Supplementary Treatment

Our Spa Journey Includes:

Foot Ritual: Begin with a soothing foot wash using warm aromatic water to ground and refresh your senses.

Music Selection: Choose your preferred relaxation music to accompany your journey.

A full-body exfoliation that gently polishes the skin, removes dullness, and boosts circulation. Leaves your skin silky-smooth, refreshed, and beautifully radiant.

BODY SCRUB

MYR 500 | 60 Minutes

Immerse in a warm infusion of traditional herbs designed to soothe the body, calm the mind, and promote deep relaxation. A serene bathing ritual perfect for couples.

TRADITIONAL HERBAL BATH

MYR 500 Per Couple

A refreshing aromatic soak enriched with eucalyptus essence to clear the senses, ease muscle tension, and invigorate the body. Ideal for revitalising together.

EUCALYPTUS BATH

MYR 480 Per Couple

A luxurious mineral-rich bath enhanced with natural salts and fragrant dried flowers. Helps to soften the skin, relieve fatigue, and promote peaceful relaxation.

BATH SALT SPA WITH
DRIED FLOWERS

MYR 480

A therapeutic soak infused with magnesium to relieve aching muscles, reduce stress, and restore mineral balance. Ideal after travel or strenuous activity.

MAGNESIUM BATH

MYR 500

JUST FOR KIDS

A gentle, soothing massage designed especially for young guests, helping to relax the body and calm the mind in a fun, comforting way.

SHINE LIKE A STAR MASSAGE

MYR 380 | 60 Minutes

A soft, nourishing facial created for delicate young skin, leaving it clean, fresh and glowing.

PRINCE & PRINCESS
MINI FACIAL

MYR 350 | 30 Minutes

A playful mini nail treatment that shapes, smooths and finishes with a gentle polish for perfectly neat little nails.

LITTLE ME MANICURE
OR PEDICURE

MYR 250 | 30 Minutes