

SPICE SPOONS

BY ANANTARA



SPICE SPOONS

Much more than just a cooking class, Spice Spoons offers a rich and interactive immersion in Thailand's world famous gastronomy, renowned for its artistry and unique four flavour balance of salty, sweet, spicy and pungent.

Enjoy the opportunity to explore a local market with an expert Thai chef. earn about Thai and Southern Thai cuisine's cultural significance and health benefits, indigenous ingredients and cooking equipment, as well as convenient replacements to use at home. Choose from a menu of authentic regional recipes from across Thailand, including age old southern specialties. Cook your favourites in a step by step class in our Spice Spoons show kitchen outside Thin Tai restaurant, and then savour your creations for lunch in tropical surroundings.

Leave with wonderful memories and impressive new skills to entertain family and friends back home, as well as a Spice Spoons shopping bag containing a certificate, apron and a USB flash drive with all recipes.

To book, please contact the Discovery Host at least 24 hours in advance.



COOKING CLASS PROGRAMMES

THAI CULINARY JOURNEY

THB 2,600++ per person 11:30 am - 1:30 pm

- Welcome drink (non-alcoholic)
- Ingredient shopping
- Spice Spoons cooking session
- Savour your creations for lunch with a glass of wine

THAI CULINARY JOURNEY WITH LOCAL MARKET VISIT

THB 3,500++ per person

10:00 am - 1:30 pm

- Welcome drink (non-alcoholic)
- Transfer to fresh market by hotel car
- Ingredient shopping
- Transfer back to the resort by hotel car
- Spice Spoons cooking session
- Savour your creations for lunch with a glass of wine

PROGRAMME ENHANCEMENTS

EXTRA RECIPES

Add one recipe THB 200++ per person
Add two recipes THB 300++ per person
Add three recipes THB 350++ per person

HEALTH & SPA CULINARY JOURNEY

THB 4,399++ per person 11:30 am - 3:30 pm

- Welcome drink (non-alcoholic)
- · Ingredient shopping
- Spice Spoons cooking session
- Savour your creations for lunch with a glass of wine
- Relax and enjoy a one-hour Thai massage

HEALTH & SPA CULINARY JOURNEY WITH LOCAL MARKET VISIT

THB 5,399++ per person

10:00 am - 3:30 pm

- Welcome drink (non-alcoholic)
- Transfer to fresh market by hotel car
- Guided market tour and ingredient shopping
- Ingredient shopping
- Spice Spoons cooking session
- Savour your creations for lunch with a glass of wine
- Relax and enjoy a one-hour Thai massage

TERMS AND CONDITION

Prices are subject to 10% service charge and applicable government tax. Classes are available for a maximum of four guests per class with the same chosen recipes. Reservations must be made at least 24 hours in advance. Cancellations must be made at least 12 hours in advance, otherwise a 50% charge applies.

^{*} All Spice Spoons participants receive a Spice Spoons shopping bag containing a certificate, apron and a USB flash drive containing all recipes.



MENU OPTIONS

Select any three dishes from the list for your class.

APPETISERS

Krathong Thong Light crispy, golden cups with various savoury fillings

Tod Man Pla Thai fishcakes Satay Gai Chicken satay

SOUPS

Tom Yum Goong Spicy prawn soup
Tom Kha Gai Coconut chicken soup

MAINS

Khao Soi Gai Chiang Mai noodles Som Tum Tai Green papaya salad

Yam Mamuang Pla Krob Crispy fish with spicy mango salad

Pla Goong Spicy prawn salad

Pla Kapong Nung Manow Steamed sea bass with lemon
Gai Pad Med Mamuang Chicken and cashew nut stir fry
Phad Thai Goong Sod Thai fried noodles with prawns

Chu Chee Goong Prawn chu chee curry
Massaman Nuea Massaman beef curry
Gang Kiew Wan Gai Chicken green curry

DESSERTS

Khao Niew Mamuang Mango with sweet sticky rice



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