




DINNER




Cold starters and salads

Togarashi tuna tartar (C, S) 

Fresh tuna | gherkins | onion | spring onion | crispy slice bread | lemon juice

Watermelon and feta salad (D, GF, N, V)

Rocca leaves | olives | feta cheese | roasted walnuts | lemon juice

Raw green salad (V) 

Mixed lettuce | beetroot | carrots | radish | tomato | cucumber | soya-ginger dressing

Grilled vegetables and halloumi anti-pasti (D, V)

Zucchini | peppers | red onions | fresh herbs | halloumi cheese | asparagus | balsamic | pumpkin

Omani papaya and prawn salad (GF, S)

Fresh sprouts | sweet chilli sauce

Halloumi anti-pasti (D, GF, V)

Zucchini | bell pepper | asparagus | pumpkin | red onion | fresh herbs | balsamic glaze

Mozzarella and veal prosciutto salad (D, GF)

Rocca leaves | mozzarella | extra virgin olive oil | tomato

Wagyu beef carpaccio (D, GF)

Parmesan cheese | fresh herbs | onion

Soups and hot starters

Traditional Omani paplou soup (S)

Fish based stock | assorted vegetables | lemon

Baked onion soup

Beef gravy | puff pastry

Crispy halloumi cheese (D)

Kunafa dough | tomato-olive salsa

Gambas al ajillo * (D, S)

Shrimps | onion | garlic | buttered lemon | herbs | garlic bread

Shared appetisers

Le bruschette (D)


Guacamole | tomato mozzarella | veal prosciutto

Cold mezze (D, N, V)

Hummus | vine leaves | babaganoush | moutabel | muhammara | fattoush salad

Crispy fried calamari * (C, S)

Cajun spice | chilli mayonnaise | lemon

Our healthy choices 

Menu Designations: C – Chilli D – Dairy GF – Gluten Free N – Nut S – Seafood V – Vegetarian
If you have any concerns regarding food allergies, please alert your server prior to ordering

LIFE IS A JOURNEY.

Al Baleed Resort Salalah by Anantara
P.O. Box 360, P.C. 214, Al Mansurah Street, Al Baleed, Salalah, Sultanate of Oman
T +968 2322 8222 F +968 2322 8111 E albaleedsalalah@anantara.com
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AL MINA Side dishes

Fries (GF, V)

Salad (GF, V)

Rice (GF, V)

Mashed potatoes (D, GF, V)

Grilled / steamed Vegetables (GF, V)

Pizza (All our pizzas have a base of tomato sauce and mozzarella cheese)

Margherita (D, V)

Basil leaves

Aromatica (D, N, V)

Mushroom | roasted nuts | leeks | olives | artichoke

Blue cheese (D, N, V)

Buffalo mozzarella | Rocca leaves | basil | extra virgin olive oil | balsamic vinegar

Diavola (C, D)

Beef pepperoni | oregano | mushrooms | black olives

Don Pollo (D)

Grilled chicken | beef bacon | mushroom | bbq sauce

Gluten-free pizza (D)

Your choice of pizza on our gluten-free crust

Pasta

Ravioli with vegetables (N, V)

Vegetables and cheese stuffed pasta | warm vegetables | pine nut

Grilled chicken penne (D)

Mushroom | onion | cream sauce

Minute-made risotto (D, S)

Your choice of: chicken, seafood or mushroom

Seafood linguine (C, D, S)

Mussels | calamari | prawns | fresh fish | tomato sauce | chilli | garlic



منتجع البليد - صلاحة
AL BALEED RESORT
SALALAH
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Fish and seafood

Fresh caught grilled sardines (D, GF)

Spices | lemon | mixed lettuce salad | lemon butter sauce

Crispy local fish and chips (S)

Soda batter | tartar sauce | lemon | mushy peas

Bouillabaisse

Lobster bisque | mussels | fresh fish | scallops | prawns | root vegetables | garlic bread

Locally caught grilled tuna steak

Fondant potato | mango salsa

Grilled jumbo prawns * (D, GF, S)

Mixed lettuce salad | lemon butter sauce

Seafood platter * (D, GF, S)

Lobster | scallops | prawns | local fish | lemon butter sauce | calamari | buttered vegetables | roasted potatoes

Mahi Mahi (D, S)

Crispy veal ham | white beans | capers | baby potatoes

Meat

Angus beef burger (D)

Brioche bun | bbq mayonnaise | beef bacon | lettuce | tomato | onion | pickles | white cheddar cheese | fries

Roasted half chicken (D, GF)

Mixed lettuce | ranch dressing | fries

New Zealand lamb chops (D, GF)

Sweet potatoes | green peas | carrots

Cordon bleu (D)

Veal ham | chicken breast | emmental cheese | creamy spaghetti mushroom

Arabic mixed grill (GF)

Lamb kofta | chicken shish tawook | beef kebab | grilled tomato

Onion salad | saffron rice

Beef short ribs (GF)

Bbq sauce | corn on the cob | coleslaw

Australian prime cut Angus beef (D, GF)

With choice of one side and sauce: Peppercorn | Béarnaise | Mushroom | Chanterelle Roquefort

200g Tenderloin *

325g Ribeye

Australian prime cut Wagyu beef (D, GF)

With choice of one side and sauce: Peppercorn | Béarnaise | Mushroom | Chanterelle Roquefort

200g Tenderloin ***

325g Ribeye ***

1.5 kg Angus Tomahawk ****

Served on the bone to your table

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Dessert

Crème brûlée (D, GF)

Akawi cheese | butter | sugar syrup

Tiramisu (D)

Italian mascarpone | coffee

Choco lava* (D)

Vanilla ice cream | crumble

Opera cake (D, N)

French butter cream | coffee

Tres leches cake (D)

Milk | vanilla

Date pudding (D)

Caramel sauce | vanilla ice cream

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