

/ Eastern Mangroves Hotel & Spa by Anantara, Abu Dhabi

Not only is this hotel a natural haven, surrounded by the lush waters of the mangrove lagoon on one side and the waves of the ocean on the other, but it also offers adventures for the whole family. Whether you choose to head outdoors, kayaking through the natural habitat of the lagoon, where there is a whole array of local flora and fauna to explore, or you prefer indoor lounging, Eastern Mangroves Hotel & Spa by Anantara makes for an ideal escape. It's hard to imagine how a property nestled amidst the capital's buzz still manages to feel like a world away from all your worries. Add to it the experience promised at the award-winning Anantara Spa and you have yourself the perfect getaway. Your therapist will help while away any stresses and strains while the relaxing hydrotherapy facilities will ensure you leave feeling truly rejuvenated. Diners will be impressed with the extensive choice of gastronomic delights on offer. A feast for the senses, explore the world without leaving the hotel as you try our various flavours from signature Thai fare to traditional Middle Eastern specialities across five unique venues. [anantara.com](#)



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